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"Donald Trump is in court so much the sketch artists are running out of orange pastels."
~Jimmy Kimmel

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THE MOBILE VIETNAM MEMORIAL WALL is a grassroots effort conceived and built by citizens of Antelope Valley. Dedicated in 2009, the wall is engraved with the names of 58,300 men and women who gave their lives or remained missing during the Vietnam War.

Mobile Vietnam Wall Memorial Coming to Pico Rivera in May 2024

The Mobile Wall is maintained by volunteers and is the only wall on the West Coast.

By Brian Hews

The Mobile Vietnam Memorial Wall [AV Wall], a half-scaled replica of the Vietnam Veterans Memorial in Washington D.C., will be making its way to Pico Rivera next spring.

The AV Wall is a grassroots effort conceived and built by citizens of Antelope Valley and was dedicated in 2009. It is engraved with the names of 58,300 men and women who gave their lives or remained missing during the Vietnam War.

Since its dedication on November 9, 2009, the AV Wall has been displayed in numerous cities throughout Southern California.

The AV Wall is maintained and traveled by an all-volunteer organization. It is one of only five traveling walls in the United States and the only one on the West Coast.

Beginning on Friday, May 24, through Monday, May 27, 2024,

the AV Wall will be on display in Pico Rivera at Smith Park. An Opening Ceremony is planned for the public to attend on Friday, May 24, with a Candlelight Ceremony scheduled for the evening of Saturday, May 25.

Access to the AV Wall will be free and available to the community for 24 hours daily until the AV Wall closes on Monday, May 27.

"This is an incredible opportunity for our community, especially our Veteran community," said City Manager Steve Carmona. "We are honored and privileged to have this Mobile Wall on display in our City."

Those with a family member on the wall are invited to carry their family member's panel and put it in place on The Wall as part of the Gold Star Family "In Memory of" program. If an immediate family member is interested in participating in the City's ceremonies and would like to register to receive certificates and pins from the Department of Defense, please submit the following information via email to Project Lead Staff - Kristin Baca at kbaca@pico-rivera.org, no lat-

[See WALL, page 12]

La Mirada Holds First-Ever Season Preview Inside La Mirada Theater

By Stepheny Gehrig

La Mirada Theatre for the Performing Arts held its first-ever sneak preview for the upcoming season on Jan. 10.



DAVIS GAINES performed at the preview.

Tickets were free to attend and were offered to La Mirada residents or those subscribed to the theater's email list.

The showcase lasted about an hour and thirty minutes, beginning at 7:30 p.m. and ending around 9 p.m. Boasting a nearly full house, the preview enticed attendees to pick up a ticket for an upcoming show for the spring season or choose a season package.

Featuring a projected video trailer of all the running musicals and the one night specialty performances to come, the preview also drew attention to the newly added Courtyard Cafe.

The Courtyard Cafe, which opened in 2023, creates an environment for audience members to relax and hang out. Fit with a bar, lounge, heaters and small meals, the revamped courtyard space is open before shows, during intermission, and for a short period after shows.

Previews were shown for all musicals for the spring season, including "Mystic Pizza", which runs Jan. 19 to Feb. 11, "Jersey Boys", which runs April 19 to May 12, and "The Little Mermaid", which runs May 31 to June 23. Tickets for all shows are currently available with discounts for military, students and seniors.

Starting off 2024 with film projections, the theater will host a quote-along to "Monty Python and the Holy Grail" on Friday, Jan. 12 at 8 p.m. Quickly following, the theater will

[See THEATER, page 5]

Eli Lilly Offers Obesity Drug Directly to Consumers

By Kathleen Doheny

Eli Lilly, maker of the anti-obesity drug Zepbound, announced this week the launch of LillyDirect, a direct-to-patient portal, allowing some patients to obtain its drug for as little as \$25 a month.

The move is seen as a major shift in the way these popular medications can reach patients.

For many of the 42 million Americans with obesity, weight loss medications such as Wegovy, Saxenda, and the brand-new Zepbound can be a godsend, helping them lose the excess pounds they've struggled with for decades or a lifetime.

But getting these medications has been a struggle for many who are eligible. Shortages of



[See ZEPBOUND, page 7]

Bellflower Fire Kills 80-Year-Old Woman, 12 Dogs

Neighbors are devastated, the deceased owned a dental practice in Long Beach.

By Brian Hews

A devastating house fire in Bellflower erupted Monday morning, killing an 80-year-old woman and her twelve dogs.

Zenaida Woodhead was identified by the Los Angeles County Department of Medical Examiner as the deceased woman Wednesday.

Woodhead, a dentist, lived by herself and owned Santo Nino Family Dentistry in Long

Beach.

Her family came from Manila, Philippines; Woodhead had lived in America for almost 45 years.

Fire officials say the fire started around 8:00 a.m. on the 8700 block of Mayne Street. It was knocked down in less than 10 minutes.

Those who live in this Bellflower community are devastated to hear of the woman's death.

"I basically saw smoke coming from the side of the house. I smelled something burning. I was on my way to go to work. I knocked on the door, called 911 and that's when the alarm started going off," neighbor Julian

[See FIRE, page 6]

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La Palma's 2024 Festival of Nations Applications Now Available

By Brian Hews

La Palma's 2024 Festival of Nations celebration showcases both the rich culture and heritage of Southern California while also honoring the unique demographics of La Palma.

The annual Festival of Nations will draw huge crowds to line Walker Street for the parade, cheering as local school marching bands and organizations walk the parade route.

Afterward, community members walk to Central Park and enjoy food and performances representing cultures from around the world while playing carnival games and enjoying other activities.

The city invites area residents to attend the vibrant festivities of the Festival of Nations Festival & Parade on Saturday, April 27, 2024.

The event promises a day of fun with carnival rides, attractions, games, and captivating cultural entertainment.

You can showcase your talents or offerings at the Festival, as the city is now accepting applications for vendors and performers.

Residents and vendors can submit a vendor application or an entertainment proposal now until February 11, 2024.

Parade applications will be posted on the city's website later this month.

To contribute as a volunteer, submit your application using the Volunteer Application 2024 form available online at www.cityoflapalma.org/festival. Please email your applications and proposals to Festival@cityoflapalma.org.

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John F. Kennedy Exhibit on S.S. Lane Victory Extended



PRESIDENT JOHN F. KENNEDY display onboard the S.S. Lane Victory museum ship in San Pedro. The exhibit runs until Jan. 27. Courtesy of Barrie Getz, Curator, Lane Victory.

By Brian Hews

An exhibit commemorating President John F. Kennedy on the SS Lane Victory, a floating museum in San Pedro, has been extended through Jan. 27.

Campaign items, photographs and video was put on display early November 2023 in memory of the 60-year anniversary of the former president's assassination on Nov. 22, 1963.

It was originally scheduled to close on Saturday January 13, but the display proved so popular throughout the holiday season that they extended it, said curator Barrie Getz.

The exhibit is open from 10 a.m. to 4 p.m. Wednesdays and Saturdays on the Lane Victory, the historic Merchant Marine ship docked at Berth 52 located at 2400 Miner St., in San Pedro's Outer Harbor at the Port of Los Angeles.

The nonprofit museum ship is one of only three Victory ships from the World

War II era. It also served during the Korean War and Vietnam War. T

he ship, built in 1945, also served during times of peace as part of the merchant fleet.

Volunteer veterans salvaged it and it now serves as a memorial docked in San Pedro.

An ongoing effort is underway to raise funds for work that volunteer supporters hope will serve to relaunch the nonprofit memorial ship's recreational sails to Catalina Island.

The ship also needs dry dock service, another expense for which donations are being collected.

The ship also needs additional volunteers, especially those with Navy ship experience and knowledge.

For information, go to the ship's website at lanevictory.org.

Cerritos to Celebrate Martin Luther King, Jr. Day

Staff Report

In celebration of Martin Luther King, Jr. Day, the Cerritos will host a special ceremony on Monday, Jan. 15 at 10 a.m. in the Sierra Room of the Cerritos Center for the Performing Arts.

The public is invited to attend the free event, which will include remarks from elected officials and community involvement.

The CCPA is located at 18000 Park Plaza Drive in Cerritos.

As part of the celebration, the Cerri-

tos Library sponsored and art and writing contests for students.

The art contest was open to students in kindergarten through grade 12.

The writing contest was open to students in grades 7 through 12.

After judging, selected entries will be recognized at the ceremony and on the City's website. For more information about the art and writing contests, call the Community Participation Division at (562) 865-8101.

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Supervisor Hahn Participates in 'Polar Bear' Swim Event



BRRRR: A few hundred brave souls were joined by Supervisor Janice Hahn at Cabrillo Beach's New Years Day Polar Bear Swim. This year the water was a balmy 56 degrees, "but at least it was sunny," said Hahn.

Staff Report

Supervisor Janice Hahn braved the cold water and participated in Cabrillo Beach's Polar Bear Swim on New Year's Day

Cabrillo Beach has had a New Year's Day Swim as far back as can be remembered under the names of King Neptune, King Nautilus and many others. It was led by the members of the Department of Parks and Recreation

and local lifeguards.

In 1953, John Olguin and Jack Cheney started the Cabrillo Beach Polar Bears. The Polar Bears were an informal gathering of individuals that would meet in October and November and elect a King and Queen from the many daily beach enthusiasts at a beach party held for that purpose.

Each year, the King comes ashore in a boat and leads the crowd back into the water at 12 o'clock noon.

Inaugural Adaptive Sports Fair Coming to Long Beach

By Brian Hews

Long Beach— Playmakers, a local non-profit that provides sports and enrichment programs for children and young adults with disabilities, announced this week that they are teaming up with SoCal Adaptive Sports, Long Beach City College, and The Long Beach City College Foundation to launch the inaugural Adaptive Sports Fair.

Scheduled for April 13, 2024, the Adaptive Sports Fair aims to establish an inclusive and accessible environment for individuals of all abilities to participate in various sports and recreational activities.

Playmakers "has a longstanding commitment to engaging community volunteers in creating a safe and inclusive space where children and young adults of all abilities can join sports and enrichment programs alongside their peers.

"We are not only amplifying our

collective impact but also fostering a community that understands the health and social benefits showcased at the fair."

The Adaptive Sports Fair will showcase a diverse array of adaptive sports and interactive sessions designed to cater to participants of all ages and abilities. Attendees will have the opportunity to experience adaptive activities such as wheelchair basketball, martial arts, baseball, dance, boccia, and much more. Beyond the sports activities, the event will feature vendors providing information on adaptive equipment, accessibility, and the overall benefits of adaptive sports for physical and mental well-being.

Playmakers invites Long Beach residents, businesses, and organizations to join them and support the event.

For more information on how to get involved, become a sponsor, or participate in the Adaptive Sports Fair, please visit www.letsbeplaymakers.org.

SCE Offers Rate Assistance for Home Used Medical Equipment

Those household that require the regular use of electrically- operated medical equipment, Southern California Edison's Medical Baseline Allowance program can provide an extra 16.5 kilowatt hours of electricity per day.

Provided at the lowest baseline rate, the rate offsets the cost of operating the equipment. Regardless of your household income, you may qualify if you meet the eligibility requirements below.

If you or another full-time resident in your home:

1. Requires the regular use of electrically-operated medical/life support equipment to sustain, replace, or restore a vital physical function, and/or
2. Is affected by a condition including multiple sclerosis, scleroderma, or is paraplegic, quadriplegic, or hemiplegic (see list on sce.com/medicalbaseline), or
3. Has a life-threatening illness or compromised immune system that requires heating and/or cooling.

Customers receiving a Medical Baseline Allowance specifically for air conditioning use related to a medical condition are not eligible to participate in SCE's Summer Discount Plan.

Any electrically-powered device that mechanically or artificially sustains life or restores or replaces a vital physical function, including mobility, is considered qualifying medical equipment. This includes but is not limited to life-support equipment. To apply for the Medical Baseline Allowance program, you can enroll online at sce.com/medicalbaseline For additional information, visit sce.com/medicalbaseline or call 1.800.655.4555.

LA Palma-Cerritos AAUW Meeting

The next meeting of the LA Palma-Cerritos branch of American Association of University Women (AAUW) will be Thurs. Jan.18 at the ABC Adult School auditorium at Cabrillo Lane Adult School, 20122 Cabrillo Lane

Social time begins at 6:30 pm, the program and business meeting is at 7:00 pm. Our speaker is Dr. Frances Marquez, who earned her PhD at Claremont Graduate School in 1995. As a mentor and teacher of the deaf, Dr. Marquez has set a goal to get more young deaf people involved in government. For info., contact Gail Ross, gailross1947@gmail.com.

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Trump Lawyers: Trump Can Murder if He Ducks Impeachment

LCCN OP-ED

Trump lawyers argued this past Tuesday that if the President of the United States orders the assassination of a politician or anyone for that matter, the POTUS can only be prosecuted if they are found guilty of impeachment in the House and convicted in the Senate.

An impeachment prerequisite of a murder ordered by the POTUS; we all know how fast government works, look how long it took to impeach Trump.

Here is a former president saying to the court that they can order the murder of somebody, and as long as they avoid getting impeached and convicted, they can't be prosecuted.

Of course, there are many ways a president can avoid impeachment; two examples would be resigning right after the murder or, worse, killing adversaries in the Senate to avoid getting convicted.

Trump's argument is the definition of preposterous.

The judge panel logically slammed Trump's lawyers for proposing their argument, asking that if POTUS used Seal Team Six under his authority as Commander in Chief to kill a rival, would he be immune from prosecution?

Trump lawyer's answered "a qualified yes."

But then the judges turned around and asked the government attorneys a crucial question caused solely by Trump's litigation, "in the future, what does the immune rule look like? Would POTUS be liable for everything while in office?"

The government lawyers argued correctly that "judges don't have to decide that question for all time, you can carve a

situation out, you can say that there might be some immunity in particular questions, for instance when POTUS relies on his lawyers to launch a drone strike."

Then, the government lawyers went one step further; they referenced an Amicus brief where a group of conservative lawyers argued that Trump's case could simply be decided as a matter of the Executive Vesting Clause of the Constitution.

Amicus means "friend-of-the-court; they are briefs written by individuals or groups who are not directly involved in a legal case but have expertise or insight to offer a court to assist in making its decision.

The Executive Vesting Clause states that there is a governmental interest in ensuring that, following each election, the control of the White House is passed on to the election winner.

The lawyers argued that in Trump's case, where a former president interferes with the Executive Vesting Clause, as Trump did during the January 6 insurrection, he is no longer immune from prosecution.

Most any United States citizen would think that was logical.

The argument allows the courts to fashion a rule that deals with Trump's preposterous case without totally binding courts in the future.

More importantly, it is an argument that SCOTUS could use when Trump (inevitably) appeals his case whom this newspaper thinks will rule unanimously against Trump.

Regardless, all of us need to step out of the legal world and ask, "When can a president have immunity to crimes?"

Never, no one is above the law.

Southern California Filipino Journalists Form New Press Cub

LOS ANGELES – A group of seasoned Filipino journalists and news photographers have formed a new media group to help professionalize the Filipino-American media industry in their efforts to serve the information needs of the Filipino community.

The Philippine Global Media Group, Inc. (PGMG) brings together journalists in print, broadcast and social media, initially in Southern California, with hopes of including media professionals from all over the United States and the global Filipino diaspora to better serve Filipinos in their respective communities, according to veteran journalist Val G. Abelgas, publisher-editor of the Philippine Post and president of the new group.

"Filipinos play a very important role in the US and in other countries all over the world, and it is paramount that the Filipino media professionals come together and help inform their countrymen in the global diaspora of news developments in their respective communities and in our homeland, the Philippines," Abelgas said.

"By sharing a common goal of rallying fellow Filipinos to play an even more pro-active role in their communities, Filipino journalists can help improve the image of Filipinos before the world and, at the same time, support the Philippines' development goals," he added.

The PGMG will hold its inaugural induction and gala night on February 10, 2024 at 6 p.m. at the Vineyard Ballroom of Double Tree by Hilton-Norwalk.

Consul General Edgar B. Badajos will be the inducting officer and keynote speaker, while T. J. Manotoc, North Amer-

ica bureau chief of ABS-CBN International, will deliver an address.

The officers of the PGMG are: Val G. Abelgas, president; Lydia V. Solis, associate editor of the Philippine Post and Weekend Balita contributor, and Nimfa U. Rueda, US Bureau chief of the Philippine Daily Inquirer, vice presidents; Dan E. Nino, columnist of the Philippine Post and freelance journalist, secretary; Rick Gavino, photographer of Philippine Post, treasurer; Manny Ilagan, former Philippine Department of Tourism regional director and freelance writer, chairman of the board; and the members of the board: Ruben V. Nepales, Rappler columnist; Meh M. Guevarra, editor of Philippine Tribune; Bobby Crisostomo, chief photographer of the Philippine Post; Marc Pijuan, publisher of San Gabriel Examiner; Julian Oriel, publisher of Philippines & Asian Reports (San Diego); Abner Galino, former news editor of Weekend Balita and now associate editor of the Post; Donnalbelle Gatdula Arevalo, correspondent of Asian Journal; Joe Cobilla, photographer of Philippine Post; and Ella Wagner, former Editor of California Examiner and freelance journalist.

The PGMG plans to hold seminars and workshops to uplift the professional and ethical standards of its members, launch scholarships for deserving Filipino journalism students, hold press forums for community organizations, Filipino-American local officials, and visiting Philippine officials in coordination with the Philippine Consulate General.

Early sponsors of the Induction Night are Philippine Airlines and Rajah Tours.

For ticket and sponsorship inquiries for the Induction and Gala Night, please call or email Val Abelgas (562) 469-8030 val.abelgas@aol.com; Manny Ilagan (213) 447-7087 manilagan@gmail.com or Rick Gavino (323) 868-9932.



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Questions, to purchase tickets, to sponsor, or to donate a prize:

Contact Monte Carlo Event Chair

Norma Williamson - NVWilliamson@gmail.com

Lakewood offers grants and loans available to low-income residents for home repair

Staff Report

Using special federal and other housing funds, the Lakewood administers a Fix-Up, Paint-Up program to paint the exterior of single-family homes as well as interest-free, deferred-payment loans of up to \$18,000 for low-income residents to repair and rehabilitate their homes.

Eligibility requirements: to qualify, your home must be a single-family, owner-occupied dwelling in Lakewood.

The family must meet the income limits set by the federal government, which are \$70,650 for a resident living alone, and \$100,900 for a household of four. \ Other restrictions apply.

Repayment information

Grant funds for approved Fix-Up, Paint-Up program projects never need to be paid back.

The interest-free, deferred payment loans only need to be paid back when the house is sold or refinanced or the title is transferred.

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THEATER from page 1

show a sing-along to Disney's "Beauty and the Beast" on Saturday, Jan. 13 at 1 p.m. Tickets for both showings range from \$13.25 to \$25.

Specialty live performances begin in March and continue through July. An extensive list of performances, dates and ticket prices can be found online at lamiradatheatre.com.

Davis Gaines on Feb. 14 at 8 p.m., \$11.25 to \$37

Mandy Patinkin on March 1 at 8 p.m., \$41.25 to \$85

"Music of the Knights" on March 15 at 8 p.m., \$18.75 to \$105.

"Feelin' Good", a Michael Bubl  tribute act on April 5 at 8 p.m., \$21.75 to \$46

Classic Albums Live Presents U2's The Joshua Tree May 16 at 8 p.m., \$15.75 to \$85

"Born on the 4th of July" on June 30 at 2 p.m., \$9 to \$34

"Neil Berg's History of Rock n Roll" on July 27 at 2 p.m. and 8 p.m., \$21.75 to \$125

The showcase ended the night with performances by Gaines, Scott Wood from "The Four Jokers", Kelli Rabke, Anthony Bernasconi and a song and tap dance experience to represent the "Born on the 4th of July" event.

The performances spanned about five minutes for each act and brightened the serious mood for the night.

Gaines offered a robust performance as he interacted with the audience and brought some light humor to the stage, along with a voice that filled the auditorium with very little help from the microphone.

Woods brought to the stage a comedy set as he used vulgar and adult humor to lighten the mood. Despite some vulgarities, Woods stated that "The Four Jokers" show will be suitable for all audiences.

Rabke returned to the La Mirada stage with one song as she performed a heartfelt rendition of "Memory". With a striking resemblance to Bubl , Bernasconi sang two beautiful songs that brought much excitement for his Bubl  tribute show. The tap dance and song performance introducing the "Born on the 4th of July" event was exquisite and got the audience clapping along to the rhythm.

When purchasing online, the code SPRING24 gives a 25% discount to all shows.

The discount code was revealed as the specialty promotional item for the showcase.

MemorialCare Surgeon and Team Complete 25 Pediatric Cardiac Surgeries on Fiji Mission Trip



DR. SHAUN P SETTY, M.D. (foreground) at the Sri Sathya Sai Sanjeevani Medical Centre in Fiji with his volunteer team that came from all around the world.

By **Brian Hews**

Memorial Care's Dr. Shaun P Setty, M.D., medical director, pediatric and adult congenital cardiac surgery, partnered with Sai Prema Foundation on an eight-day mission trip to Fiji to performing 25 back-to-back surgeries in eight days.

Dr. Setty and his care team did their surgeries at the Sri Sathya Sai Sanjeevani Medical Centre in Fiji alongside a multi-disciplinary volunteer team that came from all around the world.

"With the help of the excellent care team, all of whom came from different backgrounds to work extraordinarily together, we were able to provide children with the care they deserve and give them the opportunity to live long and healthy lives," said Dr. Setty.

Each surgery ranged from complex to severe treatment and were all performed

by Dr. Setty.

Assisting Dr. Setty was his cardiac operating room team including Sandy Tolentino, RN, Nancy Renteria, surgery technician, and Mabel Gomez, RN II.

"The intensity of the environment we were in could be exhausting at times, especially with the amount of heart surgeries we were doing, but we wanted to help out as many patients as we could," said Renteria.

The Sri Sathya Sai Sanjeevani Medical Centre in Suva, Fiji is a fully functional hospital for these children, but the disposables needed had to be pre-ordered from around the world in these challenging post-pandemic times where things like oxygenators for heart and lung machine are difficult to come by. This ensured they could provide the best advanced treatment for all pediatric surgical procedures while maintaining a safe and sterile environment.

Los Nietos SD Earns Golden Bell For Cyber Security Program

Los Nietos School District won the prestigious Golden Bell Award for its Los Nietos Middle School STEAM Academy Cyber Security Program. The program launched six years ago and now partners with Rio Hondo College and the Whittier Union High School District. The program trains students in essential cybersecurity skills such as coding and operating systems, critical thinking and problem-solving, and vital collaboration and communication abilities. The most remarkable aspect is that any 7th or 8th-grade student interested in STEM can participate. Moreover, the program has inspired students to explore STEM careers, leading to higher academic achievement and attendance rates and fewer disciplinary incidents for its participants.

Catherine Grant Wieder

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Santa Fe Springs Penny Carnival Coming in February



PENNIES: The city of Santa Fe Springs invites area residents to the annual President's Day Penny Carnival. Bring your pennies and enjoy crafts, food and games.... and great hats! Above are city employees welcoming guests in 2023.

Staff Report

The city of Santa Fe Springs invites area residents to the annual President's Day Penny Carnival at the Activity Center, 11155 Charlesworth Rd. Gather your pennies and enjoy a Presidential Putt Putt, or play one of many ring toss games and challenges.

The event will occur from 1 p.m. to 4 p.m. Monday February 19, 2024.

With over 14 different penny games to choose from, there are many chances to win cool, new prizes and spend all

those spare pennies stashed away at home.

An arts and craft station will be available for those on the creative side.

The City's White House Special - consisting of a hot dog, chips, and drink - will be available for purchase for \$5 and don't forget to snap a picture or two at one of the many photo opportunity areas.

For more information, please call the Parks & Recreation Services Division at 863-4896.

Glenn High Counselor Named LACOE Counselor of the Year



EXEMPLARY: JGHS Counselor Monica Afshar (holding award) with, from left to-right, Asst. Superintendent Ed Services (Secondary) Dr. Jessica Medrano; JGHS Assistant Principal Christine Mendoza; JGHS Principal Dr. Jennifer Padilla; Ms. Afshar; NLM Superintendent Dr. John Lopez; JGHS Counselor Paul Castanos; JGHS Counselor Lori Erbeznik (retired), JGHS Counselor Anna Sierra.

By Brian Hews

The Los Angeles County Office of Education (LACOE), which supports 80 school districts and their families, surprised the 2022-2023 School Counselor and School-Based Mental Health Professional of the Year recipients at their school sites.

Monica Afshar of John Glenn High School in the Norwalk-La Mirada School District was named the Los Angeles County School Counselor of the Year. Emily Cummins-Polk in the Lennox School District is this year's Los Angeles County School Mental Health Professional of the Year.

Ms. Afshar's nomination stood out among the 80+ applications for the award. The letter of recommendation in her application highlighted her leadership role and her reflections focused on student equity and access through counseling, increasing dual enrollment courses for students, collaborating with teachers, being one of the first schools to be RAMP Certified in California, and being a member of the JGHS Counsel-

ing team, who received the 2023 California Association of School Counselors (CASC) Exemplary School Counseling Program Award. "Congratulations to Monica and Emily, this year's distinguished recipients. These dedicated individuals have developed the type of nurturing, secure and affirming school communities that have a profound impact on the wellbeing and academic success of our students," said Los Angeles County Superintendent of Schools Dr. Debra Duardo.

Both Monica and Emily were nominated by their peers because of their unwavering dedication and commitment to their students and districts.

"I am truly honored and humbled to receive this prestigious award! I would like to express my gratitude to the Norwalk-La Mirada Unified School District Board of Education members, district leadership, and the administrators at John H. Glenn High School for their continuous support of our counseling department," said Monica.

Ms. Afshar will now apply for California Counselor of the Year.

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FIRE from page 1

Hagong told ABC News.

"It's unfortunate what happened to her, but it also could have been worse for other residents in the neighborhood," neighbor Lissette Medina told ABC News.

Southeast Area Animal Control Authority came and took the dogs away with

authorities saying they were all manager. It looks like all were shih tzus.

The cause of the fire remains under investigation.



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La Mirada

Crime Summary

From La Mirada Sheriff's

- Six suspects were arrested throughout La Mirada for various warrants and narcotics violations.
- One suspect was arrested for battery.
- Aggravated Assault**
- An assault was reported on the 16000 block of Summershade Dr. One suspect was arrested for the incident.
- An assault occurred on the 14900 block of Leffingwell Rd. This incident is still under investigation.
- An early morning assault was reported on the 14300 block of Valley View Ave. The incident is still under investigation.

Residential Burglary

- An evening burglary occurred on the 16100 block of Rosecrans Ave.

Other Structure Burglary

- A burglary was reported on the 14900 block of Valley View Ave.

Vehicle Burglary

- An early morning vehicle burglary occurred on the 16000 block of Heron.
- A laptop was stolen during a late-night vehicle burglary on the 14200 block of Firestone Blvd.

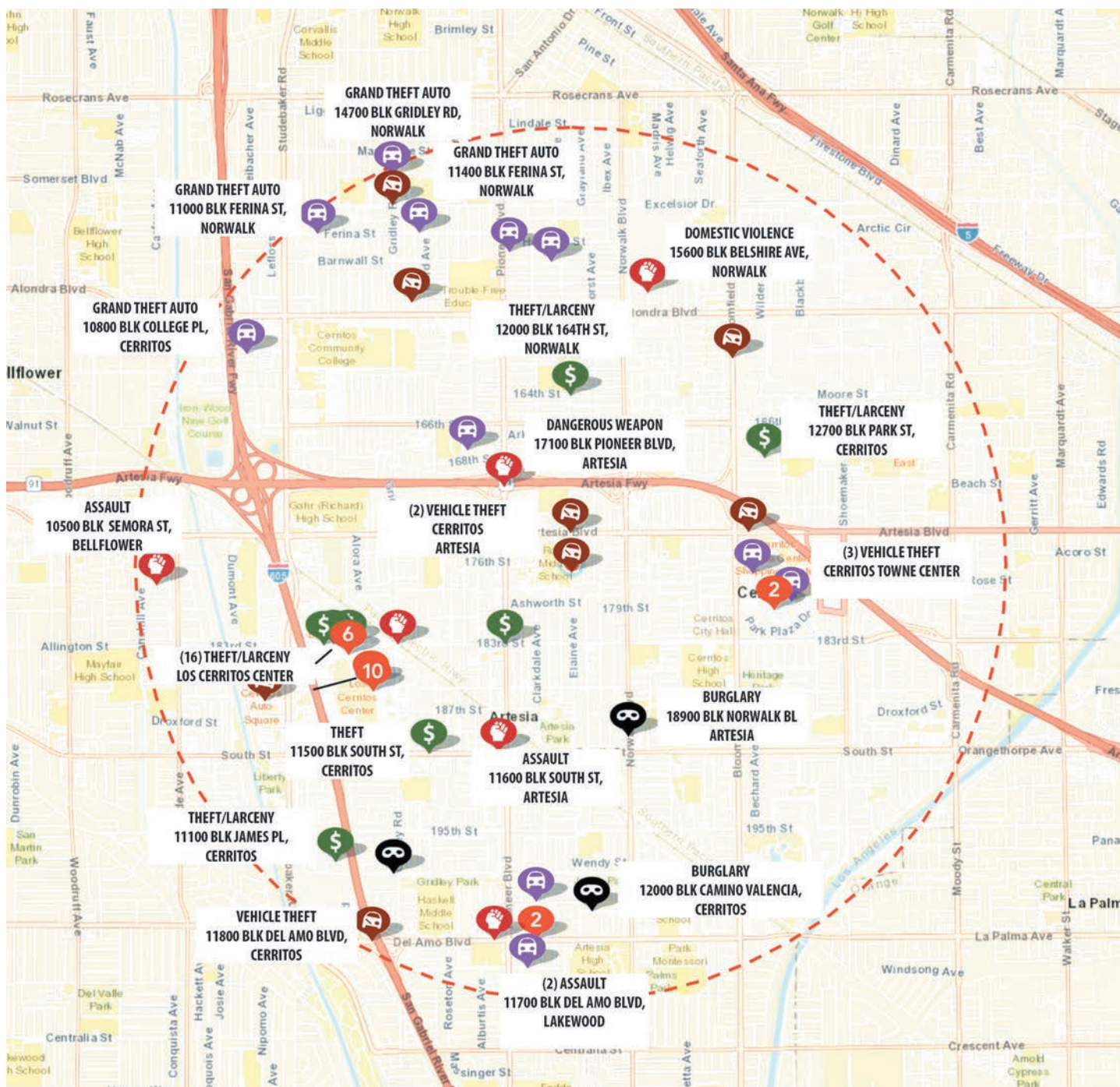
Grand Theft

- An early morning theft occurred on the 14900 block of Desman Rd.
- Clothing was reported stolen on the 16300 block of Phoebe Ave.
- A catalytic converter theft occurred on the 13900 block of Dilworth St.

Grand Theft Auto

- An attempted theft of a pickup truck occurred on the 14700 block of Weeks Dr.
- A pickup truck was reported stolen on the 16100 block of Rosecrans Ave.
- An attempt was made to steal a vehicle on the 14900 block of Greenworth Dr.
- An overnight theft of a sedan was reported on the 15200 block of Cheshire St.

Area City's Crime Summary: Jan. 1 - 7, 2023



Map created by Los Cerritos Community News. Source: Crimemapping, two mile circumference from Artesia.

ZEPBOUND from page 1

the drugs have been one barrier, and costs of up to \$1,300 monthly – the price tag without insurance coverage – are another hurdle.

But 2024 may be a much brighter year, thanks to Lilly's new portal as well as other developments:

Insurance coverage on private health plans, while still spotty, may be improving. Legislators are fighting a 2003 law that forbids Medicare from paying for the medications when prescribed for obesity.

New research found that semaglutide (Wegovy) can reduce the risk of recurrent strokes and heart attacks as well as deaths from cardiovascular events in those with obesity and preexisting cardiovascular disease, a finding experts said should get the attention of health insurers.

The medications, also referred to as GLP-1 agonists, work by activating the receptors of hormones that are naturally released after eating. That, in turn, makes you feel more full, leading to weight loss of up to 22% for some.

The medications are approved for those with a body mass index (BMI) of 30 or a BMI of 27 with at least one other weight-related health condition such as high blood pressure or high cholesterol. The medicines, injected weekly or more often, are prescribed along with advice about a reduced-calorie diet and increased physical activity.

Eli Lilly launched its direct-to-patient portal on Thursday, providing its obesity medicine direct to the consumer.

Patients can access the obesity medicines through the telehealth platform FORM. Patients reach independent telehealth providers, according to Lilly, who can complement a patient's current doctor or be an alternative to in-patient care in some cases.

Costs vary, depending on coverage, a 1-month or 3-month supply for someone with commercial insurance coverage could be as little as \$25 a month; those with an insurance plan that does not cover the drug could pay \$550 per month.

Some obesity experts welcomed the new service. "Any program that improves availability and affordability of these ground-breaking medications is welcome news for our long-suffering patients," said Louis Aronne, MD, director of the Comprehensive Weight Control Center at Weill Cornell Medicine in New York City, a long-time obesity researcher.

The study results are a "big deal," Aronne said. The results make it clear that those with obesity but not diabetes will get the cardiovascular benefits from the treatment as well. While more analysis is necessary, he said the important point is that the study showed that reducing body weight is linked to improvement in critical health outcomes.

Insurance Coverage

Coverage of medications could nearly double in 2024; according to a survey 25% of respondents said they currently offered coverage, 43% said they intend to offer coverage in 2024. Others are fighting for Medicare coverage; a bipartisan bill, the Treat and Reduce Obesity Act of 2023, would allow coverage under Medicare's prescription drug benefit.

Long-Term Picture

Research suggests the obesity medications must be taken continuously, at least for most people, to maintain the weight loss. "The majority will have to take these on a chronic basis obesity, like high blood pressure and other chronic conditions, needs continuous treatment," Aronne said. "No one would suggest withdrawing blood pressure medications that stabilize blood pressure; the same should be true for the obesity drugs."

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15745 Imperial Hwy,
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11000 New Falcon Way
Goodyear Auto
19404 Norwalk Blvd.
Gardens Casino
11871 E Carson St.
Hawaiian Gardens City Hall, Rec. Center, Library
21815 Pioneer
Holy Family Church, Artesia
iHop
15140 La Mirada Blvd
Imperial Healthcare Center
11926 La Mirada Blvd
It's A Grind
13295 South St.
Kindred Hospital
14900 Imperial Hwy.
Knabe Park
Kristens Beauty Salon
13952 Valley View Ave
La Casa de Condnera
15711 Imperial Hwy,
Lakewood Regional
3700 South St.
La Mirada City Hall, Library, Resource Center, Sheriff's
LA Nails
13239 South St | La Palma City Hall
La Palma Community Center
La Palma Intercomm. Hospital
Liberty Park
9211 Studebaker Rd,
Long Beach Memorial
2801 Atlantic Ave.
Manila Sunset
13347 South St
Massage and Stone
13247 South St.
Medipost
13299 E South Street
Norwalk Arts and Sports
13000 Clarkdale
Norwalk Senior Center
14040 San Antonio Dr.
Norwalk City Hall
Offstreet Café
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Olive Lawn
13926 La Mirada Blvd
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LATINAFest at LA Plaza de Cultura y Artes Mar. 24



LATINAFest spotlights Latina entrepreneurs, activists, and artists that amplify the Latina voice. Many companies and vendors will have booths at the fest.

Staff Report

LATINAFest®, the largest outdoor festival on the West Coast celebrating all things Latina, announced the return of its annual celebration, LATINAFest: Mind, Body & Soul, on Sunday, March 24th at LA Plaza de Cultura y Artes, located at 501 North Main Street, Los Angeles, CA 90012.

Doors open at 10 a.m. for early bird shopping, with the event running from 11 a.m. to 6 p.m.

LATINAFest® is currently offering two early bird ticket promotions to encourage festival-goers to move quickly on these offers before they expire on Jan. 31.

The General Admission promo is a “Buy One, Get One Free” deal. The VIP package includes Early Access to LATI-

NAFest at 10 a.m., a Cocktail Garden bracelet, VIP entrance, and a Swag Bag all for \$69.99. To purchase these early bird specials visit: www.latinafest.com.

LATINAFest spotlights Latina entrepreneurs, activists, and artists that amplify the Latina voice. In support of them, LATINAFest is proud to present the \$5,000 LATINAFest Hero Women Rising Entrepreneur Grant for the 4th consecutive year. This grant will be awarded to a Latina entrepreneur who has demonstrated growth, leadership, innovation, and commitment to the community.

This year, LATINAFest announced its partnership with Who Has It, a platform will spotlight the vendors at LATINAFest and will also allow vendors to sell virtually to millions of followers via the Who Has It and LATINAFest online platforms.

Artesia Council and City Manager Visit Sacramento



LEGISLATIVE TOUR: seen here with Asm. Sharon Quirk-Silva is, from (l-r), Artesia City Manager Aldo Schindler, Councilman Rene Trevino, Mayor pro tem Ali Taj, Quirk-Silva, Mayor Tony Lima, and Councilwomen Melissa Ramoso and Monica Manalo.

The Artesia City Council and City Manager, along with many other local officials, were in Sacramento this past week for the Contract Cities Association Legislative Tour.

As city officials, the tour is an opportunity to meet with state senators and assembly members to discuss with

them priority projects in their respective cities.

Meetings were conducted by State Senator Janet Nguyen and Assembly Member Sharon Quirk-Silva; Treasurer Fiona Ma also welcomed local elected officials.

~Brian Hews

Cerritos Parking Enforcement Resumed on January 9

The City’s overnight parking restrictions and enforcement resumed this past Tuesday, January 9.

Permits are required to park on City streets between 3 and 5 a.m. to help keep streets clear and allow residents

and deputies to quickly spot suspicious vehicles.

Cerritos residents can renew their annual parking permit for 2024 or request an overnight parking permit 24-hours-a-day, seven-days-a-week, online at safercerritos.com.

For more information, call the Community Safety Division at (562) 916-1266.



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Segerstrom Center Welcomes New Year 2024 With Inspiring Shows

By Lydia E. Ringwald

Area residents are in a great location, not far from to the major cultural and performing arts Segerstrom Center that welcomes world renown performances to Southern California in its stellar first quarter of the Season,

January-March 2024.

January is highlighted with three Royal Philharmonic Society performances; January 18 with violinist Anne Akiko Meyers, January 19 with concert



pianist Isata Kennedy-Mason and a performance on January 20 with Orange County Youth Symphony

World renown violinist Itzhak Perlman performs in an exclusive evening on January 24 at Segerstrom Center and the Takacs Quartet with Marc-Andre Hamelin performs on January 27 in the intimate Samueli Theater in the Segerstrom Center Performing Arts complex.

The Dance Season begins the year on January 20, with a performance of the contemporary choreographies of Alonzo King LINES Ballet.

On March 7-10, the Ballet de Monte Carlo visits Segerstrom Center with an innovative full length contemporary 'Copell-i.A' by Jean-Christophe Maillot. In this futuristic vision, Maillot transforms the 19th century ballet 'Coppelia' about a doll maker who makes a doll that comes to life, replacing the 'doll' instead with a perfect AI human replica. Maillot's unique ballet production explores the effects of rapidly developing Artificial Intelligence offering new insights into a technological phenomenon that is on the horizon our future.

JANUARY is highlighted with three Royal Philharmonic Society performances; January 18 with violinist Anne Akiko Meyers.



INNOVATIVE: On March 7-10, the Ballet de Monte Carlo visits Segerstrom Center with an innovative full length contemporary 'Copell-i.A' by Jean-Christophe Maillot.

Pacific Symphony concerts in February include Olga Kern's piano performance of Rachmaninoff's Concerto No. 3 February 3, 4 and 5th and a performance of Beethoven and Shostakovich February 22-24.

On March 2, music lovers may enjoy Sir Stephen Hough and the Castalian Quartet at the Samueli Theater and on 14-16, Pacific Symphony offers exhilarating performances of 'Mahler's Fifth'.

For those who enjoy musicals, check the Segerstrom Center site for a performance schedule of 'The Lion King' February 1-15 and 'MJ' March 19-31 that brings to life the phenomenal, legendary Michael Jackson.

WORLD RENOWN violinist Itzhak Perlman performs in an exclusive evening on January 24.

Also, on February 5, author Kristin Hannah explores the magical friendships of women in her best selling book. The first 1000 patrons will enjoy a gift copy of her publication before it's public release.

For tickets and information, visit scfta.org



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605 LEAGUE BOYS BASKETBALL

PEMA'S CLUTCH FOURTH QUARTER SHOTS HELP CERRITOS EDGE ARTESIA IN PHYSICAL BATTLE

By Loren Kopff
@LorenKopff on X

Since the inception of 605 League at the beginning of the 2018-2019 school year, the road to the boys basketball league title has gone through either Artesia High (the last two seasons) or Cerritos High (the first three seasons). The two league powers met for the first time this season last Friday night in front of a raucous crowd on Alumni Night at Cerritos.

There was an abundance of shots taken, there was a lot of rebounding and there was more than enough physical play to go around. But more importantly, there was a fourth quarter rally by the Dons that enabled the hosts to hold a temporary upper hand on the league as they got past the Pioneers 50-47.

"We just have to play; we can't make the game bigger than it was," said Cerritos head coach Jonathan Watanabe. "We came out and made this like the Super Bowl, and it's just a game.

We're trying to get nine [more] wins, and today was our number two. We just have to

make sure we keep things in perspective. And it's just a game."

Those who played and those who were in attendance would agree that the game would have been much different had it not been for an injury to Artesia senior Zion Staples. Just 23 seconds into the contest, Staples blocked a shot, which was rebounded by senior Joshua Martinez. However, Staples landed hard on the court, first on his back, then his head. After he was attended to for several

minutes, Staples left the game and would sit out the rest of the half.

"Zion is a big, strong kid, but obviously we were worried about him," said Artesia head coach Jeff Myles. "If he wasn't able to play, we wouldn't have played him. We checked him out, sat him out the first half. I think he was more scared about himself; he's never felt that hard before. But again, that was him making a play on the ball."

"I'm just glad he's okay, because that was a scary fall," said Watanabe. "I'm glad he was able to come back and play because we want everyone to be healthy. Gosh, if we've learned anything this year, it's scary. Stuff like that happens, and it's scary."

Artesia would not take its first shot until the 6:04 mark of the game and the game's first points did not happen until junior

Jaylen Reed sank two free throws with 4:40 left in the quarter to give the Pioneers the lead.

Meanwhile, the Dons missed their first eight shots and did not score until junior Jaylen Barsana nailed a

three-pointer a little over a minute after Reed opened the scoring.

Even without Staples, the Pioneers never trailed in the first quarter, though the game remained a one-possession affair. The lead would extend to six points early in the second quarter before the Dons began to pick up their game. With 5:13 remaining in the half, a three-pointer from junior Nathan Ju began a 10-0 run that lasted nearly three minutes. The Dons, who attempted 18 shots from be-



yond the arc in the half, would see junior Benson Cho and senior Luke Rigor hit trifectas in the final 1:56 as they would lead 26-23 at the half.

Artesia was eight of 24 from the field in the half, but Martinez was saddled with three fouls, all coming in the second quarter. Cerritos also made eight baskets from the field but attempted four more shots. The difference was in the three-point category where the Dons were true six times while the visitors connected on half of that.

"As far as the first half, I think our guys were more nervous at first when [Zion] went out," said Myles. "We couldn't score for a while. But a couple of plays later, another guy kind of got hurt, too. It made us really thin, but we kept it within three. I think we played hard."

"Obviously, it's sad that he was hurt and had to stay out in the first half," said Cerritos senior Shay Pema of Staples. "But I think in the first half, we were able

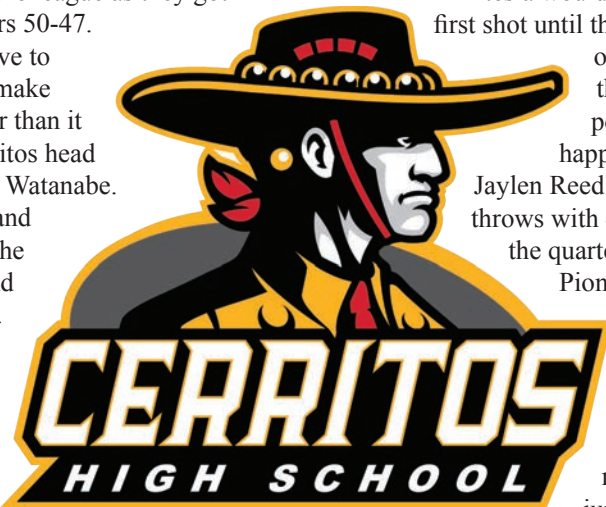
to do what we needed to and be able to play strong in the beginning, which would set us up for the second half."

The pendulum swung back in Artesia's favor in the third quarter, which went on a 12-3 run over the first six and half minutes to regain its second six-point advantage. Staples would be a force, grabbing five of his six rebounds in the stanza on the offensive end and scoring five points. All six points from Cerritos came from senior Osinachi Agaranna.

"I think it shows to go as the team who we are that even in the lowest moment, that we'll still come together and push through and do what needs to be done to make sure that we secure the win and get back from last year," said Pema.

"We couldn't hit a shot," said Watanabe. "So, we were just relying on our defense. Our defense kept us in the game. That's what we hang our hats on. We have

[See CERRITOS page 14]



CERRITOS GIRLS BASKETBALL EMPTIES THE BENCH, SHOWS NO MERCY AGAINST ARTESIA

By Loren Kopff
@LorenKopff on X

When a high school basketball team can nearly empty its bench in the first quarter, you know the game most likely will finish with the running clock utilized in the fourth quarter. That was the case when the Cerritos High girls basketball team hosted Artesia High last Friday.

Cerritos outscored the Pioneers 17-4 in the first quarter, then went on a 21-0 run over the final 6:25 of the second quarter and cruised to a 69-18 victory. It was the 24th straight win for the Dons over Artesia with the last four decided by at least 50 points.

"I think, most teams...when you get the opportunity to have multiple players play, you never know what's going to happen in the future, playoff-wise, or even in league," said Cerritos head coach Marcus Chinen. "You have to have someone that can step up and fill that spot. Just because we [have] 16 girls, we don't want to say, 'X amount get to play and the others don't'. We want everyone to get that experience because we never know. At any time, their number may be called."

Held to two points in the opening quarter, senior Oneyka Nwanze scored 11 in the second quarter and six more in the third quarter. She was the game's leading scorer and the only one to score in double figures. She also had a team-high six rebounds, along with senior Mia Rivera,

who was one of four Cerritos players to score seven points. Rivera's points came in the second quarter, and she also had six of the team's 20 assists.

"She's the one that's going to get our motor going," said Chinen. "She's the one who is going to have to facilitate the court. She's got to survey the court; she's going to have to play tough defense. We're going to expect a lot from her moving forward. We have [some] big games coming up where we're going to rely on her to play smart, both offensively and defensively."

Of the 16 players on the team, two are freshmen-Kalana Nguyen and Jordin Pulley. The former was another one who scored seven points, all coming in the opening stanza, including a three-pointer.

"The key is being patient," said Chinen. "We have that cycle, so the girls will sit, and they'll watch and learn and then we start plugging them in as the season goes along. When that happens, we want them to be ready for the playoffs."

Cerritos was up 45-7 and after Artesia senior Maya Reamer began the second half with a steal and basket before the Dons went on a 12-0 run. Not once did the Pioneers score consecutive points. They were led by Reamer (eight points, four rebounds), freshman Kimberly Ixta (eight rebounds, three steals), senior Arianne Delgado (five rebounds) and freshman Jasmine Ramirez (four rebounds). Artesia fell to Whitney High 87-21 this past

Tuesday to drop to 9-8 overall, 1-2 in the 605 League. Ixta again led the way with eight points, 13 rebounds and two assists. Artesia will host Pioneer High and Oxford Academy on Wednesday.

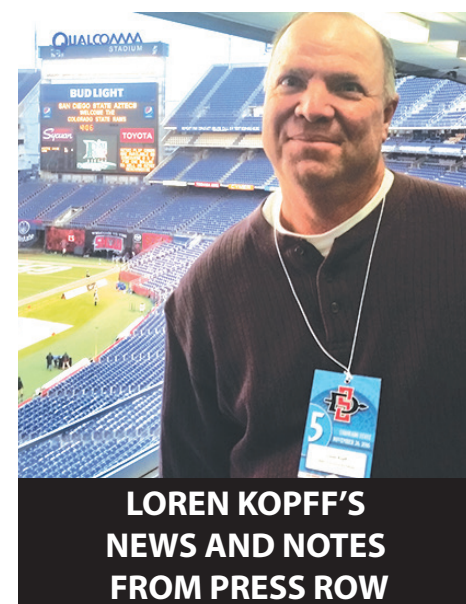
Junior Kishan Saberon and sophomore Cameron Lacorte also scored seven points each and senior Mailee Dizon had four steals against the Pioneers as Cerritos (11-8, 3-0) then defeated Pioneer 68-52 this past Tuesday and will travel to John Glenn High on Friday, face Sonora High on Saturday in the third of four games in the Matson Classic at Orange Lutheran High before hosting Whitney on Wednesday. At one point, the Dons were 5-1, then 6-3 before losing to North Torrance High and all three pool play games of the Southern California Holiday Prep Classic in San Diego.

"I think we learned a lot," said Chinen. "I believe team bonding-wise, the team bonded well. They learned from each other, and they learned from what each and every one can do on the court and why they bring to the team off the court."

605 LEAGUE

Girls soccer plays at the opposite site as boys and girls basketball and boys soccer. Whitney does not field a girls soccer team.

The Artesia boys soccer team, which has allowed three goals and has posted 10 straight shutouts, blanked Whitney 5-0 this past Tuesday to move to 12-0-2, 3-0-0. It will host Pioneer on Friday and



LOREN KOPFF'S
NEWS AND NOTES
FROM PRESS ROW

Oxford Academy on Tuesday.

The Artesia girls soccer team (9-2-2, 0-1-0) fell to Cerritos 5-0 last Friday and will travel to Pioneer and Oxford Academy on Friday and Tuesday, respectively.

The Cerritos boys soccer team got past Pioneer 2-1 this past Tuesday to move to 3-8-1, 1-1-1 as it will visit Glenn on Friday and host Whitney on Tuesday while the girls team (6-4-1, 1-0-0) will host Glenn on Friday.

The Glenn boys basketball team lost to Oxford Academy 78-18 this past Tuesday to go to 9-8, 0-3 while the girls basketball team lost to Oxford Academy 64-7 this past Tuesday and is 2-12, 0-3. The

[See NEWS & NOTES page 14]

GIRLS BASKETBALL

WHITNEY ENDS ROLLER COASTER WEEK WITH AN UNEXPECTED EASY WIN OVER BISHOP AMAT

By Loren Kopff
@LorenKopff on X

The Whitney High girls basketball team began the first week of January with a solid 58-45 win at Pioneer High to open 605 League play. It was just the third win over the Titans in 10 league contests and the first on Pioneer's court as a member of the league.

Two days later the Wildcats blasted John Glenn High by 56 points for their seventh straight win over the Eagles. Whitney was then hoping to get a better game out of visiting Bishop Amat High last Saturday, but instead, had another relatively easy victory. The 'Cats built a 22-7 first quarter lead over the Lancers and cruised to a 68-31 win in a matinee affair.

"It's actually been a good week," said Whitney head coach Myron Jacobs. "Again, me as a coach, I don't like playing the John Glenn's. I respect the program, but they're just not there, talent-wise. But the Pioneer game... I said last year I would like to open my season against those harder teams to get them out of the way. Today, we played Bishop Amat and we thought they were going to be solid. They were solid last year, but unfortunately, they were missing their big who was on the bench with a torn ACL."

Bishop Amat had a brief 3-2 lead within the first minute before sophomore Mady Macaraeg scored consecutive baskets and Whitney wouldn't trail again. A basket from Asia Bailey made it 8-5 with 5:30 left in the opening quarter before the hosts went on a 10-0 lead. Senior Kylie Wang was off and running to what would be another stellar game in her great high school career, scoring 10 points, grabbing five rebounds, blocking one shot and collecting a teal just in the first quarter alone. Her sister, junior Haylie Wang, scored half a dozen points and had three boards in the second quarter with an assist while freshman Alyssa So had a two-pointer and a three-pointer as Whitney built its lead to 35-15 by halftime.

"I think the first quarter was just let's run them," said Jacobs. "We felt like we were in better shape; no point in running the offense. People have been scouting us the last three days, and today we really didn't run our offense."

Any chance the Lancers had to creep back into the contest were dashed away in the third quarter when Whitney's de-

fense continued to apply more pressure. So scored off a steal to begin the second half as part of a 15-0 run. Bishop Amat didn't score until there were 15 seconds left in the stanza. That was the beginning of an 8-0 run that was followed

has scored at least 10 points in a dozen games. finally, having one of her better games of the season was Macaraeg, who chipped in with 12 points, grabbed eight rebounds and had three steals.

"I think this was Mady's second best

standing that the role gets bigger as she goes and grows in high school."

This past Tuesday, the Wildcats crushed Artesia High 87-21 with Macaraeg leading the way with 18 points, six rebounds and three steals, followed by Kylie Wang's 16 points, eight rebounds, four blocks, four steals and three assists. So and Haylie Wang each scored 15 points and junior Rachel Moyher came off the bench to add a season-high nine points.

Whitney improved to 14-5 overall and 3-0 in the league as it is beginning to get its groove back after going 1-3 in the NIKE Tournament of Champions from Dec. 18-21. That was part of a 3-5 stretch for the 'Cats after beginning the season with seven straight wins.

"I think that prepared us because of the height," said Jacobs of the tournament. "We don't have the biggest team, so Arizona prepared us because it humbled us. I said we were on vacation, and we weren't playing. [It brought us back to] reality here and understanding that we have business that we have to take care of."

Whitney will visit Oxford Academy on Friday, face Sonora High on Saturday in the Matson Classic at Orange Lutheran High then go to Cerritos High on Wednesday in a battle for first place to conclude the first round of league play.



by 12 straight points by the Wildcats, including three-pointers from Haylie Wang and senior Alyssa Troung.

Haylie Wang led everyone with 19 points with eight rebounds, six assists and two steals while Kylie Wang had 18 points, 17 rebounds, four assists and three steals. So provided 14 more points and through the first 18 games,

game," said Jacobs. "She had a double-double against Pioneer. I think Mady is going to unlock her full potential when Kylie leaves. I think that's when you're going to see more of the Mady and Haylie show. But she still does her part and is an elite player that's growing every year and every game. She's under-

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Cerritos College Economic Development Center for Corporate Training Receives \$500K Grant



THE GRANT will help Cerritos College provide employee training to help local and regional employers stay competitive and retain highly skilled workers.

Staff Report

The Cerritos College Economic Development Center for Corporate Training received a \$500,000 grant from the California Employment Training Panel (ETP).

The grant will allow the college to provide employee training to assist local and regional employers stay competitive, increase productivity, and retain highly skilled workers. The college will collaborate with businesses and the ETP to deliver responsive workplace education and customized training programs that enhance employees' job skills and organizational commitment.

The majority of upskill training is delivered onsite at the employer's worksite. The ETP grant may offset the training costs with no additional outside costs to eligible employers.

"We are excited to have been awarded funding geared towards investing in the

education and growth of our local labor force," said Belle Gomez, director of community advancement and economic development.

The college's Economy Development Center for Corporate Training has a proven record as a premier training provider serving businesses in the region. Every year, the Center offers various trainings, from office to technical skills, serving over 1,200 employees in collaboration with local companies such as LeFiell Manufacturing, Bristol Farms, Weber Metals, Marukan Vinegar, and many others.

These training offerings help the employees receive promotions, wage increases, and other opportunities to improve their job skill sets.

Local businesses interested in the Center's employee training programs may call (562) 860-2451 x2510 or x2511 or visit www.CerritosTrainsU.com.

Sup. of Public Instruction Tony Thurmond Issues Statement on Newsom's Proposed 2024-25 Education Budget

SACRAMENTO—State Superintendent of Public Instruction Tony Thurmond Wednesday issued the following statement in response to Governor Gavin Newsom's proposed education budget for fiscal year 2024-25:

I am grateful to Governor Newsom that there are no major reductions or pullbacks in vital education programs. By preserving our Educator Workforce Investments, Community Schools Investments, and Learning Recovery Investments, we ensure that our students, families, and educators have what they need to improve literacy, math proficiency, and social-emotional wellness. We are pleased to see the Proposition 98 guarantee slightly up from its projected value but disappointed in the Average Daily Attendance decline, with COLA at 0.76 percent when it was projected to be at 3.5 percent.

This budget also preserves every child's access to foundational resources such as school nutrition and early learning. California students will continue to have universal school meals. I sponsored the legislation to establish universal school meals and led this implementation effort because I personally know the impact of childhood hunger. Even as we tighten our belts in a tough budget year, we refuse to return to the days when children went hungry at school simply due to missing paperwork or a lack of lunch money. We must show moral clarity about the resources our children need to learn, grow, and thrive, and this budget reflects that clarity.

This budget also reflects continued investment in my strategic initiatives to improve quality instruction, especially in foundational academic skills and especially for our earliest learners.

Universal Transitional Kindergarten

continues to receive strong support, with a continued expansion of Transitional Kindergarten programs at developmentally appropriate staffing ratios of 12:1. I sponsored the legislation for Universal Transitional Kindergarten because I recognize how important it is that our youngest learners have access to high-quality early learning, especially as we work to close equity gaps in early literacy.

I also want to celebrate our ongoing investment of \$25 million for literacy screening. I have led the charge to provide universal screening for dyslexia throughout California's public schools so that every child who needs support for this common learning disability is identified and receives resources.

I am also grateful to see the one-time investment of \$20 million from Proposition 98 to support subject matter expert work in math. I have championed professional development for teachers because I know that it is one of the smartest investments we can make in our school system. We must ensure that teachers have the training that they need to provide high-quality instruction in foundational skills like math and literacy. We must close equity gaps in mathematics achievement to ensure that all of California's young people can see a future for themselves in Science, Technology, Engineering, and Math (STEM) and other high-growth fields.

This budget also reflects future-focused investments in our school operations, including \$500 million for zero-emission school buses. Combined, this investment package reflects our determination to strengthen public schools across the state and to prepare all of our youth for success in an increasingly connected and changing world.

WALL from page 1

er than March 8, 2024:

» Name, rank, date of death, and branch of Service of deceased military member

» Name of family member to be placed on the certificate

» Relationship of the family member to the military member [widow (remarried or not), each parent (mother, father, stepmother, stepfather, mother through adoption, father through adoption, and foster parents who stood in loco parentis), each child, each brother, each sister, each half-brother, each half-sister, each step-child, and each adopted child of a member

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CERRITOS from page 10

to defend, and he have to trust that we're going to hit shots when we need them."

After going one of five from the field and scoring four points through the first three quarters, Pema nearly took control of the fourth quarter, and it began with a three-pointer 51 seconds into the stanza to tie the game at 35-35. Then with five minutes left in the game, Pema again tied the game at 41-41. A half a minute later, senior Tobenna Ozoagu gave Cerritos the lead for good.

"We were waiting for him to start hitting some shots," said Watanabe of Pema. "I don't know what took him so long. But we have a lot of good pieces. I want to point out, [junior] Nathan Dawit came up huge for us on both ends of the floor. But he was able to defend and use his athleticism to defend a rebound and then he knocked down some big shots on [our] end. He was huge tonight."

Probably the dagger in the heart came with 1:41 left in the game when Dawit took a pass from Ozoagu and drained a three-pointer as the shot clock buzzer sounded. That put the black and gold up 47-41. Although a basket from Staples made it 48-47 with less than a half minute left in the game, Pema iced the victory with a pair of free throws with five and a half seconds left.

"Honestly, I don't know where the game swung," said Myles. "I have to go back and watch the film. But it's their home court; it's a Friday night. I've been here five years at the helm and every time I've been here, we play them on a Friday night at their place, it's always a great place to play. They made shots; I think they made a big shot at the buzzer [with the shot clock expiring]. I think one of their transfer kids [Dawit] made a big

shot. We know if Zion would have played [in the first half], things might have been different."

Cerritos attempted 56 shots from the field, but was 10 of 41 from three-point territory with Cho, Dawit and Pema combining to go six of 16 from long range. Meanwhile, the Pioneers were 18 of 55 from the field and connected on one trifecta in the second half.

"Our shooters are going to shoot it, and we're going to trust that percentages will play in our favor," said Watanabe. "But we've given certain players the green light to shoot it when they're open."

"That's the game of basketball," said Myles. "That's how the game was going down; there were a lot of shots. It doesn't matter if you're 10 of 100. It's a matter of when you make them, and they made some timely ones. I don't care if they shot 10 of 1,000. They made the big ones when they counted, and hat's off to them."

"We still have a chance to split for the league title, which will be okay," he continued. "We still have all our goals in front of us. So, we'll see."

Staples led the Pioneers with a dozen points and grabbed nine rebounds while Martinez added 11 points and six boards. Reed also had a solid game with seven points and three rebounds as Artesia out-rebounded Cerritos 41-33. Nine of 10 Artesia players had at least one rebound and all but two scored.

"A couple of weeks ago we went to Florida, and it was really aggressive out there, and our guys kind of got used to that [style of] play," said Myles. "We're still trying to adjust back to the California style where [the officials] call a lot of the hand checks. Out there they didn't, so Josh kind of had a couple of ticky-tack ones. I thought he stepped up when Zion wasn't there, grabbed some rebounds and kind of kept the game within striking dis-

tance and made a big shot in the second half."

Pema led the Dons with 12 points and six rebounds while Agaranna and Cho added nine and seven points respectively, with five and three rebounds respectively.

"I think this one was a step forward," said Pema. "We still need to beat them [at their place]; we still need to play them one more time to make sure we secure our league championship. This was just the beginning for us."

"Normally, we like to take the shots that we have and that are open," he later said. "Since they were playing a zone and they were keeping us out, keeping us open from the outside, we know what our capabilities are and how we're able to shoot three-pointers and make that basket. So, we just continued to shoot from the outside and do what we knew we could do."

The win ended a brief four-game winning streak by Artesia over the Dons. Before that, Cerritos had won 17 straight contests over the Pioneers. Last season, the Pioneers defeated the Dons by 11 and 31 points, respectively. This was the first meeting between the schools which was decided by less than 10 points since Apr. 20, 2021, also a Cerritos 50-47 victory.

"We're trying to get nine [more wins]," said Watanabe. "All we play for are championships. That's it. That's the only reason why I came back, is we're coming here to play for a championship. We needed nine wins, and this was just number two. It doesn't matter who they're against. But this is number two, so we need eight more."

"In this 605 League, there have been 15 championships-freshmen, [junior varsity], varsity-and we've won 12 of them," he continued. "Our goal is to win 15 of the 18; win all three levels, because we dominate this league. We took a step back last year. But we've won 12 of the 15 and Artesia has three. So, we're trying to make sure we get to 15 and keep them at three. It's not just about the varsity level. It's about developing the players at the lower levels. We're trying to win the freshmen, the j.v. and the varsity. Last year we only won the j.v. and that's not good enough for us. We need to win at all three levels."

Artesia (10-6, 2-1), which had won 20 straight league games, squeaked by Whitney High 31-27 this past Tuesday. Staples did not suit up in the rare low-scoring affair between the two. In the previous 10 league meetings with the Wildcats, Artesia had not scored fewer than 52 points and its victories ranged from 15-40 points. Martinez scored a team-high 11 points and grabbed 11 rebounds. The Pioneers faced Palm Springs High the next day at Crypto.com Arena and will host Pioneer High on Friday and Beverly Hills High on Saturday before entertaining Oxford Academy on Wednesday. Cerritos (10-10, 3-0), which began the league winning 29 of its first 30 league games, evened its mark for the sixth time this season following an 85-53 win over Pioneer this past Tuesday. The Dons will try to move over .500 for the second time this season when they visit last place John Glenn High on Friday before hosting Whitney on Wednesday.

NEWS & NOTES from page 10

Glenn boys soccer team (6-8-1, 1-2-0) was blanked by Oxford Academy 2-0 this past Tuesday as was the girls team, 1-0, to fall to 2-7-1, 0-1-0. The Eagles will face Pioneer on Tuesday.

The Whitney boys basketball team lost a defensive battle to Artesia 31-27 this past Tuesday, falling to 11-7, 2-1. Junior Morgan Marks led the Wildcats with 11

points and had four rebounds and four steals while junior Christian Carreon added six points, four rebounds, three assists and three steals. Whitney's boys soccer team is 0-15-0, 0-3-0 as the Wildcats will visit Oxford Academy on Friday.

GATEWAY LEAGUE

The Gahr High girls basketball team lost to Lynwood High 56-8 last Friday in its league opener and dropped its overall mark to 16-3. The Gladiators went to Warren High this past Wednesday, will host Downey High on Friday before travelling to Paramount High on Wednesday. The Gahr girls soccer team was blanked by La Mirada High 1-0 this past Tuesday to fall to 6-8-1, 0-2-0 as it travelled to Downey on Jan. 11 and will entertain Mayfair High on Tuesday.

La Mirada High's boys basketball team got past Rancho Cucamonga High 76-70 in double overtime last Saturday to improve to 14-7. The Matadores hosted Dominguez High this past Wednesday, hoping to go to 3-0 in league action, and will also face St. Paul High on Monday before going to Downey on Wednesday.

The La Mirada boys soccer team defeated Lynwood 2-1 this past Tuesday to improve to 5-7-1, 1-2-0 as it will go to Downey on Tuesday and Warren on Thursday while the girls went to 3-7-4, 1-1-1 with the win over Gahr and will host Downey and Warren on Tuesday and Thursday, respectively.

MID-CITIES LEAGUE

The Norwalk High basketball teams will be on the road the entire season while their new gymnasium is being built.

The Gahr boys basketball team (11-7, 1-1) visited Warren this past Wednesday, will host Bellflower High on Friday and go to Paramount on Wednesday while the Gahr boys soccer team lost to Dominguez 3-1 this past Tuesday to go to 4-9-3, 1-1-1. The Gladiators hosted Bellflower on Jan. 11 and will visit Mayfair on Tuesday and Norwalk on Thursday.

The La Mirada girls basketball team (11-4, 1-1) lost to Mayfair 65-59 last Friday and entertained Dominguez this past Wednesday. The Matadores will host Norwalk on Friday and go to Bellflower on Wednesday.


The Norwalk boys basketball team dropped a 53-42 decision to Bellflower last Friday and began the week at 9-11, 0-2 as the Lancers went to Paramount this past Wednesday. They will visit Warren on Friday and Firebaugh High on Wednesday. The girls basketball team defeated Bellflower 53-45 last Friday to improve to 8-11, 2-0. After visiting Mayfair this past Wednesday, the Lancers will go to La Mirada on Friday and Firebaugh on Wednesday.

The Norwalk boys soccer team (1-9-2, 1-2-0) picked up its first win of the season, blanking Mayfair 3-0 this past Tuesday. The Lancers went to Dominguez on Jan. 11 and will host Firebaugh on Tuesday while the girls soccer team was blasted by Paramount 8-0 this past Tuesday. Norwalk (1-9-1, 0-3-0) hosted Dominguez on Jan. 11 and will travel to Firebaugh and Lynwood on Tuesday and Thursday, respectively.

OLYMPIC LEAGUE

The Valley Christian High boys soccer plays at the opposite site as the boys and girls basketball and girls soccer teams.

The V.C. boys basketball team is 12-9, 1-2 after a 55-37 win over Whittier Christian High this past Tuesday. The girls basketball team is 8-13, 1-2 after a 69-36 loss to Whittier Christian while the boys soccer team (3-10-3, 1-1-1) lost to Whittier Christian 2-1 and the girls soccer team (7-5-2, 2-0-1) tied Whittier Christian. The Defenders will travel to Village Christian High on Friday with the boys team also hosting Ramona High on Saturday and the girls team going to Pacifica Christian High/Santa Monica on Saturday.



By **DAVID OUELLET**

HOW TO PLAY: The words are found in all directions - vertically, horizontally, diagonally, backward. Circle each letter of a word found and strike it off the list. The letters are often used more than once so do not cross them out. It is best to find the big words first. When you find all the words listed in the clues you'll have a number of letters left over that spell out the WONDERWORD.

YOUTUBERS

S	R	E	H	T	O	R	B	E	N	I	F	E	H	T
E	C	U	A	S	V	B	I	E	B	E	R	J	N	E
M	S	A	N	T	H	O	N	Y	O	V	E	V	A	P
L	T	W	L	T	F	A	R	C	E	N	I	M	I	I
I	E	O	I	M	A	C	H	I	N	I	M	A	S	C
F	E	H	B	F	A	I	L	A	L	O	H	P	P	M
A	T	S	M	Y	T	I	M	E	V	S	R	E	O	E
L	H	N	T	A	G	A	L	I	A	A	W	R	T	A
S	T	E	A	M	R	A	E	L	E	D	M	R	L	L
E	N	L	Y	B	O	S	M	G	I	O	S	Y	I	T
H	I	L	L	I	O	N	P	E	S	W	I	N	G	I
O	T	E	O	N	S	O	P	P	S	Y	Y	I	H	M
O	S	E	R	A	T	I	D	O	L	S	L	A	T	E
D	U	H	F	R	E	D	D	I	E	W	Y	R	R	M
S	J	T	S	Y	R	I	H	A	N	N	A	B	H	E

Anthony, Bieber, Binary, Brainy, Calm, EpicMealTime, Fail, Falsehoods, Filmes, FreddieW, Hola, IanH, Idols, JennaMarbles, Justin, Leads, Lion, Machinima, Mars, Meme, Messy, Minecraft, Movies, Perry, PewDiePie, Psy, RayWilliam, Rihanna, Rooster, Slate, Spotlight, Steam, Swift, Swing, Taylor, Teeth, TheEllenShow, TheFineBrothers, TobyGames, TopGear, VEVO, Vsauce

Solution on page 15

Solution: 5 letters

**CITY OF LA MIRADA
NOTICE INVITING BIDS**

**CAPITAL IMPROVEMENT PROJECT NO. 2022-09
CITY HALL ROOF REPLACEMENT**

Notice is hereby given that the City of La Mirada, California invites sealed bids for the furnishing of all labor, materials, equipment, and services for Capital Improvement Project No. 2022-09. Work includes removal of the existing roofs on the sloped and flat portions of the City Hall building and replacement with new roofs, in the City of La Mirada.

Project Documents are available online from American Reprographics Company (ARC). Bidders may obtain free copies of the Plans, Specifications and other Contract Documents online by visiting https://customer.e-arc.com/arcEOC/PWELL_Main.asp?mem=29.

Sealed bids shall be delivered to the City Clerk at or before 11 a.m. on February 26, 2024. Bids must be submitted on the blank forms, prepared and furnished for that purpose and included in the Plans and Specifications. The City reserves the right to reject any and all bids, or delete portions of any or all bids, or waive any informality or irregularity in the bid or the bid procedures.

Anne Haraksin, City Clerk

Published at La Mirada Lamplighter 1/12/24

Extra Space Storage, on behalf of itself or its affiliates, Life Storage or Storage Express, will hold a public auction to sell personal property described below belonging to those individuals listed below at location indicated.
10753 Artesia Blvd., Cerritos, CA 90703 on 02/07/2024 at 11:00 a.m.

- La Shaun Mitchell
- Makayla Davis
- Liz Smith
- Jai's Party Rentals - Liz Smith
- Raymond Vasquez
- Mike Reyes
- Jessica Basua
- Ashley Merritt
- Madhouse Creative Studio Inc - Justin Cayco
- Roosevelt Dixon
- David Kaanaana
- Natasha Castillo Madrid
- Enoch Chamberlain
- Jeffrey Pierce
- Riba Gore
- Samantha Blount
- Ehimy Namocatcat
- Brown Donald, Donald Brown
- Albert Penn
- Cynthia Lannette Baskin
- Ruby Coleman-O'Bannon
- Michael LeFevers
- Nichole Weston
- Kim Bradley
- Gregory Fernandez

The auction will be listed and advertised on www.storage-treasures.com. Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

Published at LCCN 1/12 and 1/19/2024

NOTICE OF PETITION TO ADMIN-ISTER ESTATE OF ANN MARIE ROGERS

Case No. 24STPB00159

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of ANN MARIE ROGERS

A PETITION FOR PROBATE has been filed by Cheryl Knox in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that Cheryl Knox be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on Feb. 9, 2024 at 8:30 AM in Dept. No. 44 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
MARY E MULLIN ESQ
SBN 162163
10419 BOGARDUS AVE
STE 125
WHITTIER CA 90603
CN103344 ROGERS Jan 12,19,26, 2024

NOTICE OF PETITION TO ADMINISTER ESTATE OF ANN MARIE ROGERS

Case No. 24STPB00159

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Attorney for petitioner:
MARY E MULLIN ESQ
SBN 162163
10419 BOGARDUS AVE
STE 125
WHITTIER CA 90603
CN103344 ROGERS Jan 12,19,26, 2024

NOTICE OF SALE OF ABANDONED BUSINESS PROPERTY- Notice is hereby given pursuant to California Commercial Code 7209 – 7210, the following property has been abandoned and will be sold at a public sale to satisfy liens placed on the property described below-

Ernest Engel
Z & H Percussion Press – 6' x 5' x 10' (appx. Dimensions)

Sale to be held Wednesday, January 31, 2024 between the hours of 07:00 am and 09:00 am at Dunkel Bros. Machinery Moving - 14555 Alondra Blvd. La Mirada, CA 90638

Purchases must be made with cash only
All items sold "as is" with no guarantee or warranty.
All items purchased must be removed from the property within 24 hours of the time of sale
Published at La Mirada Lamplighter 1/12 and 1/19/2024

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2023246315

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: WE BENEFIT CHILDREN 12100 WILSHIRE BLVD. STE 1150, LOS ANGELES CA 90025; P.O. BOX 35463 LOS ANGELES CA 90035 LOS ANGELES COUNTY ORGANIZATION NUMBER 1472306. REGISTERED OWNER: WATER BUFFALO CLUB, INC. 12100 WILSHIRE BLVD. STE 1150, LOS ANGELES CA 90025. INCORPORATED IN CALIFORNIA. THIS BUSINESS IS CONDUCTED AS A CORPORATION. The date registrant started to transact business under the fictitious business name or names listed above: 12/2023. I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /S/ WATER BUFFALO CLUB, INC. CEO KATE ZAROUK. This statement was filed with the County Clerk of Los Angeles on 12/21/23. In accordance with Subdivision (a) of Section 17920, a Fictitious Business Name Statement generally expires at the end of five years from the date on which it was filed in the of notice of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code). LCCN 1/5, 1/12, 1/19, 1/26/24

NOTICE OF PETITION TO ADMINISTER ESTATE OF:

JAIME HERNANDEZ ALFARO

CASE NO. 23STPB14040

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of JAIME HERNANDEZ ALFARO.

A PETITION FOR PROBATE has been filed by SANDRA A. RINCON in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that SANDRA A. RINCON be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 02/01/24 at 8:30AM in Dept. 44 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
RENEE R. CHIAPPELLONE - SBN 129351
17702 MITCHELL NORTH, STE. 100
IRVINE CA 92614
Telephone (714) 538-7820
BSC 224487
1/12, 1/19, 1/26/24
CNS-3771219#
LA MIRADA LAMPLIGHTER

Extra Space Storage, on behalf of itself or its affiliates, Life Storage or Storage Express, will hold a public auction to sell personal property described below belonging to those individuals listed below at location indicated: 17701 Ibbetson Ave. Bellflower, Ca. 90706 on January 24, 2024 at 12:30 p.m.

Nathaniel Turner

The auction will be listed and advertised on www.storage-treasures.com. Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

Published at LCCN 1/12 and 1/19/2024

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- **\$5,000 remaining tuition cost**

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*Only schools authorized by the IB Organization can offer any of its four academic programmes: the Primary Years Programme (PYP), the Middle Years Programme (MYP), the Diploma Programme, or the Career-related Programme (CP). Candidate status gives no guarantee that authorization will be granted. For further information about the IB and its programmes, visit www.ibo.org