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# **Metro Lawyers Slam Cerritos' Lawsuit to Delay** the Light Rail from Artesia to Downtown L.A.

#### By Brian Hews

A public records request by Los Cerritos Community News in January of this year revealed that Cerritos Mayor pro tem Bruce Barrows, who was appointed and not elected, was the catalyst behind a lawsuit filed by Cerritos against Metro that would unnecessarily delay the construction of the muchneeded West Santa Ana Branch Light Rail Line (WSAB) that will run from Artesia to Union

Barrows and Cerritos alleged a California Public Records Act violation due to Metro's nonresponse for documents related

to the construction of Cerritos' preferred underground "cut and cover" station.

It was yet another contemptible maneuver by Barrows directed at the WSAB; when he was mayor of Cerritos a few years ago, he suddenly pulled the city from the Eco-Rapid Transit Joint Powers Authority, a twelve-city member JPA that works in concert with Metro to build the WSAB, with all twelve cities on the proposed rail line. Barrows also told the JPA they could not build a station in Cerritos.

When Barrows, who has never owned a business, was [See **METRO** page 1]



### ABC EDUCATION FOUNDATION TO PROVIDE \$61,359 IN GRANTS.

FUNDING a record \$61,359 in mini-grants to support classrooms and programs across ABCUSD. Pictured here is the team from Carmenita MS accepting \$10,000 to fund the school's production and managerial arts Career Technical Education pathway with members of the Foundation's board.

# L.A. County Housing Services Offers \$40k in Grants to Build ADU's

### By Fatima Drrani

Neighborhood Housing Services of Los Angeles County, a nonprofit 'community,' announced it is awarding \$40,000 grants to families who want to build Accessory Dwelling Units.

NHS is partnering with Cal-HFA to create a rehabilitation program to allow southern California families affordable financing options for ADUs and home improvements.

ADU is a legal term for a

secondary house or apartment that shares the building lot of a larger primary home. The unit cannot be bought or sold separately, but they are often used to provide additional income through rent or to house a family member. For example, an elderly parent could live in a small unit and avoid having to move to an assisted living facility.

To access the ADU grant funds, CalHFA requires borrower information, proof of income, property information and addi-

[See **DWELLING** page 8]



**NHS** is partnering with CalHFA to allow southern California families affordable financing options for ADUs and home improvements.

# **Cerritos Council Discusses Accessibility**, **Residents Concerned About Gold's Gym Opening**

Implemented in 2022, the program has been developing accessibility for disabled people with the goal of creating open space recreation facilities.

### By Fatima Durrani

The Cerritos City Council held its meeting on Thursday, Feb. 23 where they discussed its ongoing plans to implement resources to remove barriers for those with disabilities along with ongoing low-income housing plans.

Implemented in 2022, the program has been developing accessibility for disabled people with the goal of creating open space recreation facilities. More than 69,000 square feet of rubberized surface materials have been installed in 17 city parks to give disabled people playground access.

Safety protocols have also been an ongoing development by the city. Partnering with the ABCUSD, the city has provided students with protocols such as active shooting drills, 26 more crossing guards and programs on crime towards the youth with the help of the Cerritos Sheriff's Department.

At public comment, Cerritos residents expressed concern regarding their negative experiences in the city and how, even though people have complained, the city council hasn't taken ac-

Jerry Jenson, a Cerritos resident for more than 50 years, expressed his concern for existing tenants and access to parking for

customers regarding the opening of Gold's Gym inside the South Street Plaza at South St. and Carmenita in Cerritos. Jenson said he doesn't know how current businesses will survive with this.

"Small businesses are just as important as large ones to our community and city," Jenson

[See **CERRITOS** page 9]

# Vietnam Veterans 'Wall That Heals' Exhibit Coming to Hawaiian Gardens

### By Brian Hews

A 75-foot replica of the Vietnam Veterans Memorial in Washington DC will be coming to Hawaiian Gardens and Fedde Middle School March 23-26,

The Wall That Heals consists of two components; The Wall replica and a mobile Education Center.

"The memorial wall is a

somber reminder. Each name on the wall represents the ultimate sacrifice of the men and women who did what our country asked of them," said Mayor Teresa Del Rio. "There is a saying that a man does not die until he is forgotten. The Vietnam Memorial Wall That Heals is a monument to ensure we will never forget."

The wall was unvieled in 1996, since then, The Wall That Heals has been displayed at nearly 700 communities throughout Brad Beach. "The Wall is more the nation.

Students from across the ABC Unified School District will visit The Wall, learning more about this significant time in our nation's history. The Wall provides an extracurricular opportunity for students who are in history

"I'm so glad to see The Wall here in our school district," said Board of Education President

than a memorial, but a reminder of the high cost of war, while paying homage to the brave men and women who gave their finest measure of courage."

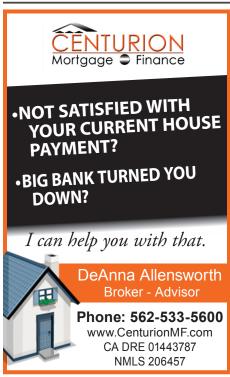
The Wall That Heals exhibit was on the road for more than 13,000 miles and visited 26 communities from coast to coast during its 2021 season.

The Wall was escorted by [See WALL page 11]



THE SEMI-TRUCK that carries the Wall That Heels Education Center coming to Hawaiian Gardens in March 2023. It is a huge honor for the city; the 2023 exhibit will visit only 32 cities in the United States.

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## L.A. Metro Launches New Ambassador Pilot Program



**AMBASSADORS** are available seven days a week 6 a.m. to 10 p.m. on weekdays and 8 a.m. to 10 p.m. on weekends. They wear special green polo shirts and vests for easy identification and are equipped with communication devices to communicat and report maintenance and safety concerns via Metro's Transit Watch App.

### **Staff Report**

The Los Angeles County Metropolitan Transportation Authority (Metro) this week announced that it has trained nearly 300 new Metro Ambassadors in preparation for their deployment on the Metro Bus and Rail System. The program is now one of the largest of its kind in the country, and is one part of the agency's multi-layered approach to public safety.

Metro Ambassadors help riders navigate the transit system, provide extra eyes and ears and support riders who need assistance. They will welcome riders to Metro, answer their questions, connect them to the resources they need and report issues they

Metro Ambassadors have been deployed along certain routes of the Metro Rail System since the first cohort was trained in October 2022, providing critical customer support first on the K (Crenshaw) Line, and then gradual expansion to the A Line (Blue), B and D Lines (Red, Purple), and L Line (Gold, as well as key bus lines where they are needed most, including Bus Line 20, 720, 40, 210 and the J Line (Silver). As more are trained, their deployment will expand across more areas of the Metro system as they are needed

Ambassadors are available seven days a week to help Metro customers. Work shifts will cover 14-16 hours of the day: 6 a.m. to 10 p.m. on weekdays and 8 a.m. to 10 p.m. on weekends.

They wear special green polo shirts and vests for easy identification and are equipped with communication devices like cell phones or iPads to contact appropriate staff to connect customers with resources and report maintenance and safety concerns via Metro's Transit Watch App.

The new Metro Ambassadors are diverse and come from the communities Metro serves. All have either lived or professional experiences with the various types of challenges experienced by many

Metro customers, which makes it possible for them to perform their job with empathy, respect and skill.

Ambassadors are not security officers and are not replacing existing security staff or law enforcement. Their specific responsibilities are to support riders as they navigate the system by providing a welcoming and visible presence and support that customers can rely on or to connect people experiencing homelessness with the services available through Metro's homeless outreach teams.

To best prepare them to help transit customers, Metro Ambassadors had to successfully complete a thorough classroom and field training program that was specially designed by Metro based on the collective experience of multiple agency departments, including Bus an Rail Operations, Office of Civil Rights and Inclusion, Customer Experience and System Security and Law Enforcement, among others.

Metro Ambassadors were trained on a wide range of critical customer-facing issues they will likely experience on a daily basis, including conflict de-escalation, disability awareness, trauma-informed care, cultural and situational awareness, Metro Operations and other personal and public safety issues.

Metro is using a \$122.8 million pilot vendor contract for up to five years to operate the ambassador program.

The contract is split between Strive Well-Being Inc., a Small Business Enterprise firm for \$27.76 million, and RMI International Inc. for \$95.09 million.

The pilot program is an important component of Metro's multilayered public safety plan that includes Transit Security Officers, law enforcement, improved cameras and lighting, more frequent cleaning as well as homeless outreach and crisis intervention teams.

For more information, please visit metro.net/riding/ambassadors/.

# Tesla Probe Looks at Steering Wheels Falling Off, Response to Emergency Vehicles Parked On Highways

**Associated Press** 

U.S. safety regulators announced investigations into steering wheels coming off some Tesla SUVs and a fatal crash involving a Tesla suspected of using an automated driving system when it ran into a parked firetruck in California.

The NHTSA said it is investigating a Feb. 18 crash involving a Tesla Model S and a ladder truck from the Contra Costa County Fire Department.

NHTSA has become more aggressive in pursuing safety problems with Teslas in the past year, announcing multiple recalls and investigations.

The firetruck probe is part of a larger investigation by the agency into multiple instances of Teslas using the automaker's Autopilot system crashing into parked emergency vehicles that are tending to other crashes.

The driver of the 2014 Tesla Model S was killed in the crash and a passenger critically injured. Four firefighters were treated for minor injuries, and the \$1.4 million ladder truck was damaged.

At least 14 Teslas have crashed into emergency vehicles nationwide while using the system.

Earlier Wednesday, the agency posted documents revealing that it's investigating steering wheels that can detach from the steering column on as many as 120,000 Model Y SUVs.

The agency said it received two complaints in which 2023 Model Ys were delivered to customers with a missing bolt that holds the wheel to the steering column. A friction fit held the steering wheels on, but they separated when force was exerted while the SUVs were being driven.

The agency says in documents posted on its website Wednesday that both incidents happened while the SUVs had low mileage on them.

In one complaint filed with NHTSA, an owner said he was driving with his family on Route 1 in Woodbridge, New Jersey, when the steering wheel suddenly came off on Jan. 29, five days after the vehicle was purchased. The owner wrote that there were no cars behind him, and he was able to pull toward the road divider. There were no injuries.

It was a "horrible experience," the car's owner, Prerak Patel, told The Associated Press. He said he was in the freeway's left lane when the steering wheel came off and was lucky the road was straight and he was able to stop the car at the divider.

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## La Mirada VFW Recognizes Supervisor Janice Hahn



**LA MIRADA VFW** Sr. Vice Commander Dr. Rob Cancio (left) and Commander Angelo Maldonado present Supervisor Hahn with award of commendation. **Photo by Diandra Jay.** 

La Mirada, CA – On Thursday, March 2, 2023, La Mirada Veterans of Foreign Wars Post 9148 presented an award to Los Angeles County Supervisor Janice Hahn in recognition of her career-long commitment to supporting veterans.

"After military service, we never stop fighting, and neither has our Supervisor," said VFW Post 9148 Sr. Vice Commander Dr. Rob Cancio before presenting Hahn the VFW Award of Commendation. "Supervisor Hahn has given her whole life to her community and to us. Janice, you are our fighter. We are your veterans, and we will continue to support you today tomorrow and always. In the words of our Supervisor, thank you for your service, your bravery, and your sacrifice for your veterans."

Cancio touted Supervisor Hahn's work bringing resources to local veterans, her efforts as a Member of Congress to assist homeless veterans fleeing domestic violence, her successful 2019 fight to preserve the name of the Los Angeles Memorial Coliseum, and her ongoing efforts to assist veterans across LA County experiencing homelessness.

"This is one of the more special awards I have ever received," said Hahn to La Mirada VFW members. "I am not worthy, standing in this room with those who have actually worn the uniform in service of this country, but I appreciate it greatly. I will continue to do everything I can to support our veterans, honor their sacrifices, and get overdue help to those who are experiencing homelessness."

Last year, Supervisor Hahn provided VFW Post 9148 with a \$60,000 grant from her office to help the organization pay for building repairs for their headquarters which needed roof work, upgrades to the kitchen, and a new refrig-

erator

Post 9148 is a large organization with over 350 members and 260 auxiliary members.

They currently have a monthly food bank, offer services to unhoused veterans, and host PTSD support groups at their facility

"This VFW does so much to support local veterans and their families," said Supervisor Janice Hahn at the time. "That is what they should be focused on, and I am more than happy to help them pay for the repairs they need to their building."

# New Interim Housing for Veterans experiencing Homelessness

In January, Supervisor Hahn partnered with Volunteers of America to convert a 60-room hotel in San Pedro into interim housing for veterans who have experienced homelessness. The veterans living in the building get free meals, mental healthcare, job training, and the support they need to move onto permanent housing

### Preserving the Los Angeles Memorial Coliseum

Sr. Vice Commander Dr. Rob Cancio also emphasized Supervisor Hahn's 2019 fight to prevent the renaming of the Los Angeles Memorial Coliseum to the United Airlines Memorial Coliseum. The stadium was built as a war memorial after World War I and, as a member of the Coliseum Commission, Hahn argued that removing "Los Angeles" and replacing it with a corporate sponsor would insult the memories of the servicemembers the stadium was built to honor. With the help and support of veterans groups, Hahn successfully prevented the name change.

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# Free Tax Preparation Services Available

Business students from Cal State Long Beach are providing free in-person tax preparation assistance to families who make \$60,000 or less, low-income students, elderly, non-residents and individuals with limited English proficiency. All volunteer students are certified by the IRS.

The free service is part of the Volunteer Income Tax Assistance clinic (VITA), an IRS-sponsored program. Last year student volunteers filed state and federal tax returns that resulted in more than \$1 million in refunds.

Professor Sudha Krishnan, faculty advisor for the Volunteer Income Tax Assistance program said, "The students get hands-on experience while also helping those in the community who may not have the disposable income to pay for a professional tax preparer."

The VITA service offers both face-to-face or Zoom (virtual) services. An appointment is recommended, but not required. Walk-ins and those dropping off documents should go to room 243 in the College of Business Building. There is a fee to park except for Saturday, March 11. Masks are required for in-person assistance.

The hours of service are Monday through Thursday from 10 a.m. to 8 p.m. and Friday 9 a.m. to 3 p.m. On Saturday, March 11, the service will be open from 10 a.m. to 3 p.m. The preparation service will be closed February 20 and March 27 through March 31 for Spring Break.

Contact VITA coordinator Heather Anne Eusebio, at vita.csulb@gmail.com or call (562) 354-0805.

## **Buddhist Tzu Chi Foundation**

The Buddhist Tzu Chi Foundation has been assisting eligible taxpayers across the United States file their annual income tax through the Volunteer Income Tax Assistance (VITA) program. Virtual & Drop off only. No appointment needed. Please call 877-889-8244.

Please ensure you satisfy the following requirements for eligibility:

Total household income less than \$60,000; Less than 5 stock transactions in 2022; No rental income; No 1040 NR (Nonresident Alien); No 1099-MISC claiming expenses; No separate filing for married couples

Please be prepared with the following required documents for your appointment: Photo ID for you, spouse and/or dependent(s); Social Security card or ITIN card for all family members; All forms of W-2, 1099, and other income; All forms and documentation for deductions, such as 1098 (Mortgage Interest), 1098T (Tuition Statement) and expenses, child care expenses and provider's Tax ID number; Last year's tax return; Copy of voided check; Health Insurance Card and/or 1095 form; Identity Protection Pin # (if you have). For any other questions, please call 877-889-8244 or email.

# All services at the Cerritos Service Center 14618 (& 14620) Carmenita Rd., Norwalk, CA. 90650.

March 11, 2023 · 09:00 a.m. - 03:00 p.m. March 12, 2023 · 09:00 a.m. - 12:00 p.m. March 18, 2023 · 09:00 a.m. - 03:00 p.m. March 18, 2023 · 09:00 a.m. - 03:00 p.m. March 19, 2023 · 09:00 a.m. - 12:00 p.m. March 25, 2023 · 09:00 a.m. - 03:00 p.m. March 26, 2023 · 09:00 a.m. - 12:00 p.m. April 1, 2023 · 09:00 a.m. - 03:00 p.m. April 2, 2023 · 09:00 a.m. - 12:00 p.m. April 8, 2023 · 09:00 a.m. - 03:00 p.m. April 9, 2023 · 09:00 a.m. - 03:00 p.m. April 15, 2023 · 09:00 a.m. - 12:00 p.m.



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# **Local Residents Enjoy 'Flamenco Nights' at the CCPA**



LOCAL RESIDENTS from (1-r) Linda Hernandez and Angelita Ramirez meet and greet famed Flamenco Guitarist Benise and some of his dancers after their March 5 performance at CCPA.

### By Linda Hernandez

The evening of March 5 saw the triumphant return of Emmy-winning flamenco guitarist Roni Benise and his show to Cerritos Center for the Performing Arts. Starting as a street performer, Benise told the sold-out crowd that he has a special fondness for Cerritos for being one of his first theatre venues. He has returned every year for 20 years, much to the delight of his many fans. Downey residents Art and Sandy Nevarez were first-time audience members and were equally enchanted.

This was La Mirada resident Angelita Ramirez's third time seeing Benise at Cerritos. She recalls, "My first time seeing him was at the L.A. County Fair in Pomona. He performed in the outdoor pavilion. Benise drew big crowds and many of them danced to his music." She also has seen him perform at the Nokia Theatre in Los Angeles. "Every concert was enjoyable, but his first one at CCPA was the most memorable one for me," she adds.

Benise's mesmerizing musical journey includes Flamenco, Salsa, Waltz and Tango sets. He and his four fellow musicians and troupe of dancers often go out in the audience and select fortunate members to dance with or serenade. Starting as a strolling street musician, he and his company now perform worldwide. Benise's captivating Nouveau Flamenco style engages audiences with a Las Vegas-style production. His newest one, "Spanish Nights", showcases classic Rock songs, which he merges with his virtuoso performances on the Spanish guitar.

Self-taught on the guitar since age 11, Roni Benise doesn't read music but quickly earned the moniker of "Pied Piper of the Spanish Guitar." He and his talented troupe of musicians and dancers now perform worldwide and their PBS special, "Nights of Fire", has won an Emmy Award.

# The California Wine **Festival Returns** to Dana Point

DANA POINT ~Wine enthusiasts, it's that time of the year again. The California Wine Festival is returning to Dana Point for one day tasting events this April, and residents are encouraged to attend the festival as it debuts its new location at the Laguna Cliffs Marriott Resort & Spa.

Those who attend the festival can experience offerings from winemaking regions across California, all paired with diverse food selections from restaurants and eateries across Orange County.

Residents can also expect an array of lifestyle exhibitors, life entertainment and

a silent auction.

"We had such a successful event last year and are ecstatic to be back in Dana Point, this time at the majestic Laguna Cliffs Marriott Resort & Spa overlooking the gorgeous Southern California Riviera. This is such a wonderful way to kick off our 20th year celebrating the finest wines that this beautiful state has to offer," Emily Kaufmann, Executive Director of the California Wine Festival said in a news release.

Tickets are \$124.30, including fees until April 1, then \$145 at the gate. Sunset Rare & Reserve Tasting takes place Friday, April 14, 2023 from 6:30-9:00pm at Laguna Cliffs Marriott & Spa's Richard Henry Dana Ballroom overlooking the Pacific Ocean. Includes sparkling wine reception, all wine and food samples, live music and an 18 oz keepsake wine glass.

# **Nominations for Spring Beautification Awards Staff Report**

City of Artesia Seeking

The City of Artesia is pleased to announce nominations can now be made for the Spring Beautification Awards. The Beautification and Maintenance Commission, which promotes the City's efforts to maintain Artesia as an attractive community, will help select the properties that do an outstanding job helping beautify Artesia neighborhoods through the upkeep of their home or

Don't miss the opportunity to nominate someone who positively impacts Artesia, through the outstanding maintenance of their property, or self-nominate your own home or business! Nominations will be accepted through 5 p.m. on Thursday, May 11. Entry forms are available on the City's website at www. cityofartesia.us.

All entries must include digital photos of the property, which will be used for judging by the Beautification and Maintenance Commission. The photos should highlight the best features of the property/landscaping/etc. for the entry category selected. The categories available for entry are as follows:

### **Residential Entry**

Landscape Beautification Award: This award will recognize homes that exhibit exceptional pride of ownership through well-maintained and exceptional landscaping of their property. This includes an attractive landscaping design of the front yard and parkway, a clean and well-maintained exterior, and overall good curb appeal.

Sustainable Landscape Beautification Award: This award will recognize homes that exhibit exceptional pride of ownership through the use of water conservation practices as part of their landscaping design. This includes the use of drought-tolerant or native plants, water-friendly irrigation systems, and energy-efficient or solar lighting.

### **Business Entries**

Storefront Beautification Award: This award will recognize businesses that contribute to the overall beautification of the community by demonstrating exceptional pride of ownership through the outstanding maintenance of their property. This includes an attractive façade, storefront, a clean and wellmaintained exterior, and an attractive landscaping design.

Sustainable Landscape Beautification Award: This award will recognize businesses that contribute to the overall beautification of the community by demonstrating exceptional pride of ownership through the use of water conservation practices as part of their landscaping design. This includes the use of drought-tolerant or native plants, water-friendly irrigation systems, and energy-efficient or solar lighting.

To be considered for an award, all nominated properties are required to be in compliance with the City's building codes. The City will award up to five recipients in each category, and will invite all selected recipients to be recognized at a City Council meeting.

To download the form visit the page on the City's website at

bit.ly/Artesiabeauty23 or call (562)865-6262, Ext. 261 for more information.

# **Mariachi Festival** Saturday in Artesia

**Staff Report** 

Attend Artesia's Mariachi festival happening at Artesia Park located at 18750 Clark Dale Ave., Saturday March 11.

The festival will occur between 5 and 10 PM and will feature live music, food, a beer garden, vendors, and more.

Artesia's electric bus will also be running until 11 PM on Saturday to assist with transportation.

> For more information call 562-860-3361.



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## **Lakewood Equestrian Center Welcomes Barnyard Buddies**



**BARNYARD BUDDIES** offers riding lessons for ages 3-7, trail rides for kids, and an animal interaction space with a variety of farm animals.

The Lakewood Equestrian Center is a 19-acre horse boarding and training facility that also offers fun activities for families and youth.

But the grounds also include Barnyard Buddies, which offers riding lessons for ages 3-7, trail rides for kids, and an animal interaction space with a variety of farm animals.

Barnyard Buddies also offers sum-

mer camps, birthday party packages and field trips for families and is open Wed.-Sun., 10 a.m. to 5 p.m. Trail rides and lessons for children are available by appointment. The Center is located at 11369 East Carson St.

For questions and pricing or to make an appointment, contact Barnyard Buddies at 562-405-1010 or lakewoodbarnyardbuddies@gmail.com.

### Cerritos' Arbor Week Poster Contest

Cerritos is hosting an Arbor Week art poster contest with the theme "Healthy Trees, Healthy People." The contest is open to Cerritos residents ages 5 to 14 and students in the ABCUSD, Valley Christian Schools or Bellflower USD.

Entries must be original artwork, no larger than 11 inches by 17 inches, and may feature any drawing or painting ma-

terials (pencils, chalks, pastels, crayons, watercolors and/or acrylics). Do not mat, mount or frame the posters. Include the artist's name, age, address and phone number on the back of the poster or use the official entry form, available at cerritos.us. Completed entries must be dropped off at the Recreation Services Division at City Hall by 5 p.m. on Friday, April 7.

First place winners' artwork will be displayed on the City's website at cerritos.us starting Mon. Apr.17-Mon. May 29. For more information, call the Recreation Services Division at (562) 916-1254.

## **Daylight Savings Sleep Advice**

Sleep expert shares practical tips for coping with time shift and minimizing negative effects on your health.

#### **Staff Report**

Whether we like it or not, daylight saving time will begin at 2 a.m., Sunday, March 12, when clocks are moved forward one hour. Light will last longer into the evening, but the sun will rise later in the morning than during standard time.

Many welcome the opportunity to spend more time outdoors with an extra hour of daylight. But the start of the annual ritual of "springing forward" also means we're losing an hour of sleep, leaving many of us feeling sluggish and tired.

Dr. Kendra Becker, a sleep medicine physician with Kaiser Permanente Southern California, says preparing your body for the time change helps you better cope. She notes the effects of switching to daylight say-

effects of switching to daylight saving time on your sleep cycle could have dangerous consequences unless you take certain steps to minimize the impact.

"This temporary loss of sleep can increase your tiredness, worsen your performance of tasks, and studies have shown it could also increase your risk of heart attacks and car accidents,"

Dr. Becker cautioned. "Children affected by sleep deprivation also have a more difficult time in school with potentially worsened behavior."

Dr. Becker notes that our internal sleep cycle often normalizes within a few days or up to one week after daylight saving time starts. To help you cope with the daylight saving time shift, Dr. Becker shared four practical tips that can help you adjust to the time change and minimize any potential negative effects. She stressed getting adequate sleep is essential to good health

Gradually adjust your sleep schedule. You should shift your bedtime and wake-up time a few days before

time a few days before the time change to help your body adjust.

Create a bedtime routine. Establishing a relaxing bedtime routine can help your body recognize when the time is right

to wind down and prepare for sleep.

Spring Forward

Practice good sleep hygiene. Avoid electronics, late snacks, caffeine, and alcohol before going to bed. These things can disrupt your sleep patterns, making it more difficult to fall asleep or stay asleep.

"Losing an hour of sleep may be challenging for many in the beginning, but it doesn't have to be hard," Dr. Becker said. "It's all about embracing the change and taking steps to minimize the impact. After all, we don't have a choice. The time change will take place whether we want it to or not, so from a health standpoint, we need to adjust and embrace it!"





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**SNOW PLOW** works the drifts on California route 120.

**David McNew-Getty** 

THE OPEN SIGN was still on at a business despite the fact that it had been shut down by the weather, on March 1, 2023, in Running Springs. David McNew-Getty



# **The 2023 So Cal Snowmageddon in Pictures**



**HEAVY SNOW** backs traffic up on the State Route 14 freeway after it was shut down in both directions on February 25, 2023. David McNew / Getty

**DAWN REVEALED** a blanket of

snow at an unusually low elevation,

after a powerful storm on February

26, 2023, in Palmdale

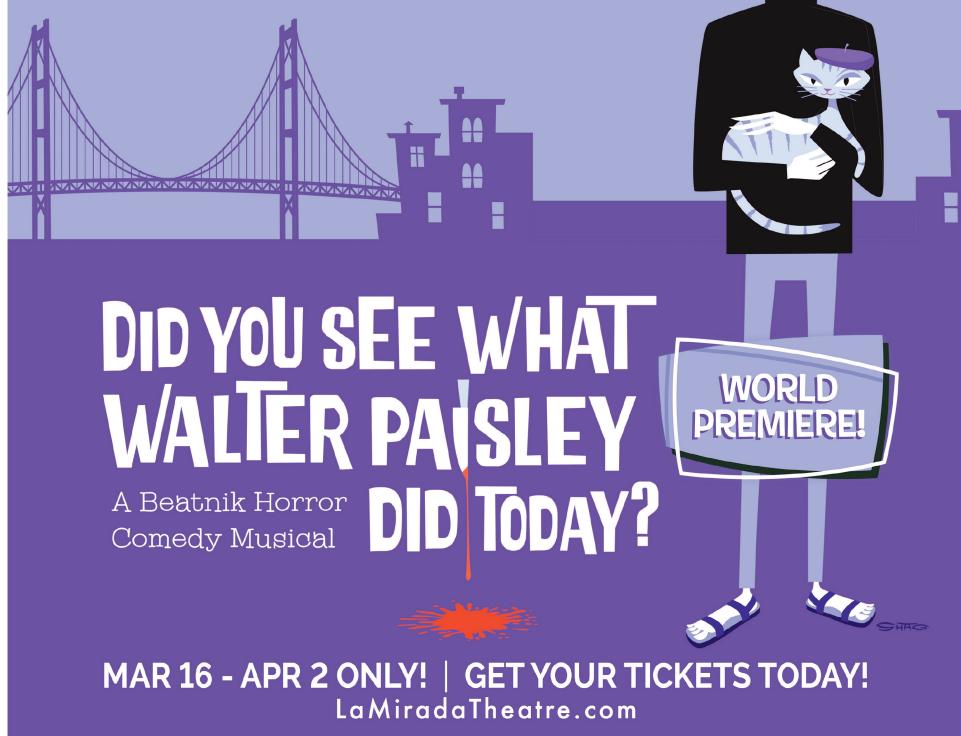
**David McNew-Getty** 

Josh Edelson-AFP-Getty





**SNOW COVERS** homes in the Haven Estates neighborhood of Rancho Cucamonga on February 25, 2023. # Josh Edelson / AFP / Getty









### LA MIRADA from back page

one-and-one gave the Matadores a better chance as senior Anegi Castillo fed a pass to sophomore Julien Gomez, who hit a three-pointer with 16.4 seconds left. Right after La Mirada's final timeout, Reese Wilderburg sealed the game with a pair of free throws before a desperation three-point attempt from Cervantes with 7.6 seconds did not go in.

After Oxnard had a pair of leads in the first 2:17 of the game, the Matadores reeled off seven straight points with Cervantes getting the first five. The Yellowjackets would tie the game at 10-10 with 87 seconds left in the quarter, but the hosts went on an 8-0 run to hold their largest lead of the game. However, Julien Gomez, who had been held to single digits in scoring twice this season, was heading for a third time early on. He was one of five from the field in the first half, missed three more shots in a high-scoring third quarter, and was in foul trouble in the second quarter.

"Everyone expects Julien to be great because he is, a lot," said Oronoz. "When he has an off game like this, people like to ask what's wrong. He's only a sophomore; he's going to go through these droughts. On the year, he had about 860 points, so when he doesn't score, it kind of sticks out like a sore thumb. But he had a great season. When you're playing in the state, everyone is focused on him. I think he had a great sophomore campaign."

Even with Gomez not his usual self, Cervantes was picking up the slack, collecting a steal and dishing the ball off to junior Isaiah Valenzuela who drained a trifecta with 4:08 left in the half. That would be the last basket for La Mirada as it would shoot three more times the remainder of the way while turning the ball over four times in the second quarter.

"They went on a 16-5 run to end the half [and] Gomez was in foul trouble," said Oronoz. "He wasn't really locked in. He went for a block that gave him his second and that's where the drought started happening. Not having in there, we turned it over a couple of times. We were a little frustrated with the way we ended that half."

Senior Athan Sierra began the second half with a three-pointer 10 seconds in and sophomore Morgan Smith tied the game with a pair of free throws nearly a minute later. But Oxnard (31-4), which lost to Orange Lutheran High in the Division 2AA semifinals, then fell to Pacifica Christian High of Orange County last Saturday night, opened a five point lead again and never looked back. La Mirada would get as close as three points in the stanza, but Widerburg connected on three downtown shots in the quarter and ended the game with six three-pointers.

"It seemed like we were a step late," said Oronoz. "We were for sure a step late tonight. Everyone has a long season, so there's no excuse. They took a long drive, and we should have been more fresh, I think we started off fresh, but when adversity hit, we didn't answer the call soon enough, and they just built off momentum."

Widerburg would lead everyone with 24 points and Bobby Barajas added 13 points while Cervantes posted a seasonhigh 20 points, had four rebounds and two assists. Julien Gomez rebounded to finish with 14 points and grabbed a team-high seven rebounds while Sierra, Smith and Valenzuela all had half a dozen points.

"I think if people understood how hard Sean works, they wouldn't be surprised by what he does on the court," said Oronoz. "The amount of work he has put in in this gym in the past year and a half is really a testament to the type of season he's had, and I think he's going to be a special college player. For sure, he's my favorite point guard I've had in my 13 years of coaching, and I've had some pretty good guards. We're going to miss him a lot here."

This season was a vast improvement from the 18-15 campaign of last season in which La Mirada lost seven of its first 11 games, nine of its first 14 and 13 of its first 19. But an undefeated Suburban League season put the team at .500 entering the playoffs where the Matadores fell to San Juan Hills High in the Division 2A championship game, and Los Altos High in the Division 2 second round.

"It's just a credit to our guys," said Oronoz. "We're not easy to play for; we expect excellence and them to play as hard as they can. You guys see the finished product in games, but we make them play that hard in practice, if not harder. So, I'm just proud of the guys and how hard they practice and how hard they play. Their reward was having a phenomenal season."

### **DWELLING** from page 1

tional escrow instructions if they choose to move forward.

The program is available to any household in L.A. County. It's open to families earning up to \$180,000 annually who want to build ADUs.

NHS also offers workshops and events to local communities to help with finance and marketing services; visit their website for more information.

First Time Homebuyer Program

The California Association Of Realtors is also pairing with NHSLA to help close homeownership gaps for underserved communities.

"The program helps first-time homebuyers bridge the affordability gap by providing them with a maximum grant amount of \$10,000 in closing cost assistance," NHSLA wrote. "Each grant is provided to low-to-moderate income firsttime homebuyers who utilize services of a CA REALTOR."

NHSLA has helped more than 4 million families be on their way to homeownership, according to their website. The organization's affiliates have developed and rehabilitated more than 25,600 housing units

Those interested should sign up for NHSLA's HOPE Homebuyer Workshop to participate in the program. The NHS-LA website gives further information on how to participate.

### **METRO** from page 1

told years later of the future economic impact of the WSAB, the city requested - and was granted - re-entry to the JPA, with the organization magnanimously forfeiting over \$60,000 in annual fees.

But local politicians who know Bruce Barrows, and the flush-with-cash city of Cerritos, understand that if they don't get what they want, the litigious City Council will sue, no matter the collateral damage to other cities or residents.

That is the aim of this current lawsuit filed by Cerritos using the Pasadena-based law firm of Colantuono, Highsmith, and Whatley; to delay a light rail train that will benefit many residents and ease traffic, delay much-needed tax revenues for cities along the line, and hurt businesses eager to sell to riders, all under the guise of a trumped-up California Public Records Act violation lawsuit.

In the lawsuit, the city alleges that Metro is withholding public documents that will show Cerritos' underground option "is not cost-prohibitive" compared to Metro's above-ground option - despite Metro's study completed by its consultants

But the documentation can be found online.

That study estimated Metro's preferred above-ground option would cost a minimum of \$246 million, with the Cerritos underground option tabbed at a minimum of \$398 million, or \$152 million in additional taxpayer dollars.

That study also estimated maximum costs at \$687 million for above-ground and \$1.1 billion for the underground option, a difference of \$413 million dollars.... just for one Cerritos station.

The lawsuit then accused Metro's Board of malfeasance, "Cerritos believes Metro's Board instructed its staff to determine whether Cerritos' proposed underground alternative was 'feasible.' Metro sought no input from Cerritos,

allowing a consultant hired by Metro to conclude the underground alternative was too costly and 'infeasible.'

"By doing so, the Metro staff purposefully 'put a thumb on the scale' of the analysis to weigh in favor of the aboveground construction, avoiding an honest evaluation of Cerritos' underground proposal."

Inside sources are telling HMG-CN that Barrows, who is best known for selling printing-press jobs, was pushing for the consulting job so he could get paid to estimate the cost of the underground station, but Metro justifiably declined.

"Cerritos believes Metro based its analysis on implausible assumptions to protect its preferred aerial bridge option from informed scrutiny. However, because Metro has refused to timely disclose public records to Cerritos as required by law, the Metro Board and the Federal Transportation Administration are now poised to approve a final project alignment before Cerritos has had the opportunity to evaluate."

Cerritos, Artesia and Metro have held numerous public outreach meetings, including Charrettes, which is a process that assembles an interdisciplinary team—typically consisting of planners, citizens, city officials, architects, landscape architects, transportation engineers, parks and recreation officials, and other stakeholders—to create a design and implementation plan for a specific project; the cities and Metro were firmly convinced at the meetings the residents wanted the above-ground station.

Ignoring the obvious economic benefits to a nearby Metro station in their lawsuit, Cerritos and Colantuano blatantly stretched the truth calling the intersection at 183rd and Gridley "one of the busiest in Cerritos" which is patently false.

They also stated that the intersection "will alter the main entrance to the Los Cerritos Center," which is again false - the main entrance is nearly a mile and

four street lights away on South Street.

Another falsity was that the station would alter the entrance to the Cerritos Auto Square. The "entrance" to the Auto Square is nearly one mile from the station, while the main entrance for most people shopping for cars is the South Street offramp off the 605 Freeway, which is 1.5 miles from the station.

The lawsuit also alleged "adverse impacts" in the area, "the above-ground station will cause trains to pass through every five minutes during peak commuting hours at a height likely allowing riders, among other things, to peer into second-story bedroom windows of residences along the line in both Cerritos and Artesia, they will also be noisy."

This from Barrows, who pushed for an above-ground extremely noisy magnetic levitation train - Mag-Lev - along the same line with a Cerritos station at Gridley years ago.

And if Barrows does not get his station, he will attempt to torpedo the construction of two stations, one in his own city and the other in Artesia, robbing both cities of visitors, economic growth, and tax revenue.

Sources have told HMG-CN that Barrows is working behind the scene to terminate the train at Bellflower, bypassing both Cerritos and Artesia if the Cerritos is not granted the costly underground

Meanwhile, Cerritos is spending thousands alleging Metro is violating the California Public Records Act. The lawsuit demands declaratory relief, meaning Metro must turn over the requested documents.

As LCCN wrote back in January, that was likely another delay tactic because of what is known in legal circles as the deliberative process; and that turned out to be true.

LCCN has obtained the response from Metro to Cerritos' lawsuit listing seventeen affirmative defenses, of which one is deliberative process.

The deliberative process privilege protects certain pre-decisional, internal agency information, such as recommendations and analysis, from disclosure during litigation. The documents Cerritos is demanding clearly fall under the deliberative process.

The response also affirmed Cerritos failed to state a cause of action, meaning Metro is questioning the legal basis for the lawsuit.

Metro also slammed Cerritos for waiting too long to file the lawsuit and acting unethically while during the process affirming, respectively, the "doctrine of laches" and that Cerritos has "unclean hands."

Metro also claimed it was immune from liability under certain government codes that protect public entities; that Metro acted in good faith at all times; that documents Cerritos asked for were exempt from disclosure under the CA. Public Records Act, the CA. Constitution and the CA. Evidence Code.

Metro asked for the complaint to be dismissed and reimbursement for its legal fees.

The case is set for another hearing on Wednesday, March 15.

Los Angeles County Supervisor Janice Hahn, a staunch advocate of the WSAB, told LCCN, "This rail project offers us the opportunity to finally deliver high-quality transit to some of our most transit-dependent and traffic-choked communities. They deserve this project, and I am doing everything I can – in partnership with leaders across the region to make the West Santa Ana Branch a reality. The communities all along the project corridor, from Huntington Park to Artesia, have been paying in to our local transportation sales taxes - both Measure R and then Measure M - for decades, and they deserve to finally see this project get built. I am committed to getting it done."

### 2022-2023 HMG-COMMUNITY NEWS BASKETBALL ALL-AREA TEAMS

# WINTER TO REMEMBER FOR LA MIRADA AND WHITNEY BOYS, GAHR GIRLS HIGHLIGHT BASKETBALL SEASON

By Loren Kopff

@LorenKopff on Twitter

When one looks at the 2022-2023 basketball season for the Gahr High girls team and the Whitney High boys team, you can write the "who would have thought" question in your notebook. Both teams ended long droughts of getting back to a CIF-Southern Section divisional championship game. For the La Mirada High boys, it was a second straight trip back to the title game. League champions were crowned to the Artesia High and La Mirada boys and Gahr and Whitney girls. Here are the newest members of the 2022-2023 HMG-Community News basketball All-Area Teams.

# BOYS BASKETBALL FIRST TEAM

Aaron Banks (Artesia High) Sean Cervantes (La Mirada High) Julien Gomez (La Mirada High) Zion Staples (Artesia High) Ethan Wong (Whitney High)

### **SECOND TEAM**

Jacob Bayla (Valley Christian High) Dayvon Gates (Gahr High) Tobeanna Ozoagu (Cerritos High) Shay Pema (Cerritos High) Jakhari Ramey (Norwalk High)

#### **THIRD TEAM**

Steven Anderson Jr. (Artesia High) Miles Harvey (Valley Christian High) Athan Sierra (La Mirada High) David Song (Whitney High) Evan Spurlin-Renfroe (Gahr High)

### **HONORABLE MENTION**

Christian Carreon (Whitney High) Dominic DelaCruz (Cerritos High) Vincent Hernandez (Norwalk High) Michael Saucedo (John Glenn High) T.J. Waters (Valley Christian High)

# PLAYERS TO LOOK FOR IN 2023-2024 SEASON

Joshua Martinez (Artesia High) Masiah Morizane (Artesia High) Jaylen Reed (Artesia High) Tyler Robinson (Artesia High) Osinachi Agaranna (Cerritos High) Benson Cho (Cerritos High) Jaden Ribac (Cerritos High) Luke Rigor (Cerritos High) Jared Joseph (Gahr High) Uchenna Okoli (Gahr High) Joshua Pearson (Gahr High) Trey Reyes (Gahr High) Noah Taylor (Gahr High) Sean DeLeon (John Glenn High) Nathan Serrano (John Glenn High) Christopher Cuevas (La Mirada High) Chris Perez (La Mirada High)
Morgan Smith (La Mirada High)
Michael Torres (La Mirada High)
Isaiah Valenzuela (La Mirada High)
Aaron Reyes (Norwalk High)
Ryan Caracoza (Valley Christian)
Josiah James (Valley Christian High)
Gavin Stahl (Valley Christian High)
Morgan Marks (Whitney High)
Peter Poitras (Whitney High)
Sakeef Sekender (Whitney High)
Joseph Whitaker (Whitney High)

**Player of the Year:** Two season down, two more to go for La Mirada superstar Julien Gomez, who gets this



Player of the year Julien Gomez.

award. Gomez is the next La Mirada player to etch his name as one of the best to put on a Matadores jersey. Gomez led the area with nearly 900 points, easily over 300 more than the next area player. Through 30 games, Gomez was leading the Matadores with 236 rebounds and 45 steals and was second with 51 assists.

"When it's all said and done, Julien is going to be the all-time leading scorer in La Mirada history," said La Mirada head coach Randy Oronoz. "He might break it next year. He's already at 1,800 points. Our thing is just to keep him humble and keep him working hard; not let him get complacent. I think he has the character to do that as a young man."

**Coach of the Year:** One of the biggest turnarounds in the area's history

is the job done by Whitney coach Joseph Webber. In his second season of his second stint with the Wildcats, Webber coached the team to a 22-10 record, which included a 13-2 start to begin the season. Webber also guided the Wildcats to a CIF-Southern Section Division 5AA semifinal appearance, the farthest the program had gone since 1987 and over the last 26 seasons, no Whitney team had won more than 18 games. Last season, the Wildcats went 8-16 and missed the playoffs for the seventh straight season.

# GIRLS BASKETBALL FIRST YEAR

Keilani Ganancial (Norwalk High) Kameryn Mitchell (Gahr High) Lauren Teramoto (Gahr High) Haylie Wang (Whitney High) Kylie Wang (Whitney High)

### **SECOND TEAM**

Carissa Kamstra (Valley Christian) Christine Ho (Gahr High) Layla Lacorte (Whitney High) Amanda Rangel (Norwalk High) Mia Rivera (Cerritos High)

### **THIRD TEAM**

Jody Colbert (Gahr High)
Jirah Domingo (La Mirada High)
Molly Fortney (Valley Christian High)
Mady Macaraeg (Whitney High)
Kaitlyn Sugita (Cerritos High)

### **HONORABLE MENTION**

Jael Arreguin (La Mirada High) Julieta Castellanos (Norwalk High) Ashlee Chung (Artesia High) Areli Gonzalez (Norwalk High) Rose Felix (John Glenn High)

# PLAYERS TO LOOK FOR IN 2023-2024 SEASON

Kaelah Daniels (Artesia High) Arianne Delgado (Artesia High) Mya Reamer (Artesia High) Mailee Dizon (Cerritos High) Cameron Lacorte (Cerritos High) Ambar Multani (Cerritos High) Kishan Saberon (Cerritos High) Sophie Watanabe (Cerritos High) Simar Sogi (Gahr High) Maritza Corona (John Glenn High) Emily Garcia (John Glenn High) Janessa Leal (John Glenn High) Aaliyah Ramirez (John Glenn High) Emily Gonzalez (La Mirada High) Nayeli Tamayo (La Mirada High) Janii McGarrah (Norwalk High) Chayse Chambers (Valley Christian) Jocelyn Tani (Valley Christian High) Jada Thompson (Valley Christian) Aniyah Peoples (Valley Christian) Rachel Moyher (Whitney High)

Allie Yamaguchi (Whitney High)

Player of the Year: Whitney girls basketball has been a solid program since the 2007-2008 campaign because of such talented players like junior Kylie Wang. She scored nearly 350 points and was one of five area players to eclipse the 300-point total this season.



Player of the year Kylie Wang.

But Wang is a true all-around player who can put up high numbers in assists, rebounds and steals. She scored a careerhigh 31 points in the season-opener at Santa Fe High and was in double figures in 11 of her last 13 games, helping the 'Cats to a share of the 605 League title.

Coach of the Year: The true Cinderella story came out of Gahr where first-year head coach Al Howard took a team that went 5-23 last season and transformed that group to a 26-8 campaign this season, a share of the Mid-Cities League title and a berth in the Division 5AA championship game. The 26 victories are the most for the Gladiators in over 26 seasons, and the league title was the program's first since 1999. At one point, Gahr was sitting at 5-5 but quickly reeled off eight straight

victories.

### **CERRITOS** from page 1

said. "How do the tenants that were there before Gold's Gym and their customers have a chance to come there?"

The grand opening of Gold's Gym Cerritos was Saturday, Feb. 25. Jenson said that customers of previously existing businesses should have their own reserved parking.

Mayor Vo said that the positivity to the grand opening is exposure of previously existing businesses to the public; Councilwoman Lynda Johnson suggested revisiting the issue if it doesn't resolve within months. Next, the city council spent time discussing projects of existing conditions for the pavement condition index. The city of Cerritos has an average PCI of 78.32.

The pavement condition index ( PCI) is a numerical index between 0 and 100,

which is used to indicate the general condition of a pavement section. The PCI is widely used in transportation civil engineering and asset management, and many municipalities use it to measure the performance of their road infrastructure and their levels of service.

Projects such as the Studebaker Road Rehabilitation were completed in 2022. Asphalt, concrete, and trees were made to refurbish the conditions of the road. Inflation continues to be a growing concern; the city council has decided to move the review of employee salaries to closed session as they discuss salary and benefit adjustments.

The Cerritos city council public meetings in April will be held in the Sierra Room and Main Theater at the Cerritos Center for the Performing Arts while the city chamber undergoes audio and visual system upgrades.

# Join Cerritos Neighborhood Watch

Residents are encouraged to join the Neighborhood Watch in Cerritos, a joint effort by community members and the Cerritos Sheriff's to fight crime and protect property. One of the oldest crimeprevention programs, it serves as the eyes and ears of the Sheriff's and has proven instrumental in keeping communities safe.

Contact the Community Safety Division at (562) 916-1266 to see if a Neighborhood Watch group has been formed in your neighborhood. If there is an established group, you will be given the name and phone number of the Watch Captain.

If there is no active group yet in your area, the Community Safety Division will help you and your neighbors start one. Ideal Neighborhood Watch groups are

typically small – usually 15 to 20 households – to simplify communication among participants. A designated block captain will be responsible for acting as the liaison between a neighborhood and the Cerritos Sheriff. While the Community Safety Division and Sheriff will assist in many ways, the success of Neighborhood Watch depends largely on citizen involvement. Participants will receive Neighborhood Watch signs to post, alerting potential criminals that others are watching out for your home. Members of the watch group monitor their neighborhoods, communicate regularly with deputies and meet with neighbors routinely to stay current on new information. If a residential crime pattern is identified in the area, deputies will notify the group of what to look out for and suggest prevention strategies.

Join the City's Neighborhood Watch program at safercerritos.com.

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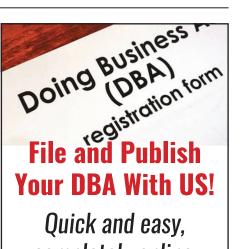
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Costa Rica



### **WALL** from page 1

more than 3,000 vehicles into those communities, seen by nearly 200,000 visitors. Guided tours of the exhibit were provided to more than 12,000 students.

Bringing The Wall to Hawaiian Gardens was a community effort led by members of the Veterans of Foreign Wars Post

"On the 50th anniversary of the removal of troops from Vietnam, we look forward to the opportunity to honor the men and women of the Vietnam War and are humbled to be chosen as one of four locations in California and 31 across the nation." Mike Laughlin, Veterans of Foreign Wars Immediate Past 4th District Commander/ Committee Chairman.

Laughlin stated "the Wall will arrive in March, we already cleared it with the ABCUSD School Board, and we will be putting it at Fedde. We approved the escort route and the Moskowitz Foundation gave us permission to meet up at the Bingo Club; we will tour around the city on the route approved by the committee. We've already got a number of groups, veteran motorcycle groups and classic car groups that are going to participate in escorting



MOBILE EDUCATION CENTER The Wall That Heals is transported from community to community in a 53-foot trailer. When parked, the trailer opens with exhibits built into its sides, allowing it to serve as a mobile Education Center telling the story of the Vietnam War,

The Wall around the city. The installation will be on Wednesday the 22nd and then it's open to the public 24 hours a day until Sunday at 2 o'clock.

The three-quarter scale Wall replica is 375 feet in length and stands 7.5 feet high at its tallest point. With the replica at this size, visitors are able to experience The Wall rising above them as they walk towards the apex, a key feature of the design

of The Wall in D.C.

Like the original Memorial, The Wall That Heals is erected in a chevron-shape and visitors are able to do name rubbings of individual service member's names on The Wall. The names are listed in order of date of casualty and alphabetically on each day. Beginning at the center/apex, the names start on the East Wall (right-hand side) working their way out to the end of

that wing, picking up again at the far end of the West Wall (left-hand side) and working their way back in to the center/apex. The first and last casualties are side by side at the apex of the Memorial.

The replica is constructed of Avonite, a synthetic granite, and its 144 individual panels are supported by an aluminum frame. Modern LED lighting from the top of The Wall provides readability of The Wall at night.

#### **The Mobile Education Center**

The Wall That Heals is transported from community to community in a 53foot trailer. When parked, the trailer opens with exhibits built into its sides, allowing it to serve as a mobile Education Center telling the story of the Vietnam War, The Wall and the divisive era in American history.

The Wall will be open to the public -24 hours a day - beginning on Wednesday, March 22, 2023, and ending on Sunday, March 26, 2023, at 2:00 p.m. Volunteers are needed to assemble the wall, then greet visitors during the Wall's time in Hawaiian Gardens. Contact the Veterans of Foreign Wars at (562) 714-5155 to volunteer. You can find out more about The Wall's visit to Hawaiian Gardens at: www.hgcity.org/ our-city/wall-that-heals.

#### CITY OF BELLFLOWER NOTICE OF PUBLIC HEARING REGARDING THE HOME-ARP ALLOCATION PLAN

TAKE NOTICE that the Bellflower City Council will hold a Public Hearing on Monday, March 27, 2023, at 7:00 p.m. in the Council Chambers located at 16600 Civic Center Drive, Bellflower, CA 90706 to consider comments on the City of Bellflower's Draft HOME-ARP Allocation Plan. The City is required to prepare and submit to the United States Department of Housing and Urban Development (HUD) a HOME-ARP allocation plan for funds appropriated under section 3205 of the American Rescue Plan Act of 2021 (P.L. 117-2) ("ARP") for the HOME Investment Partnerships Program (HOME). The program established for the use of these funds is the HOME-American Rescue Plan or "HOME-ARP" program. The HOME-ARP Allocation Plan generally describes how the City will utilize and distribute funds for eligible activities during the term of the program.

These formula grants funds provide cities with flexible funding to reach populations experiencing homelessness or those currently at risk of homelessness and address local affordable housing, noncongregate shelters, and supportive services needs within respective communities.

The City of Bellflower expects to receive approximately \$1.3 million in HOME-ARP funding. These funds are intended to address homelessness assistance and supportive services. The following are eligible HOME-ARP uses:

- 1. Development and Support of Affordable Housing;
- 2. Tenant-Based Rental Assistance (TBRA);
- 3. Supportive Services for Qualifying Populations; and 4. Acquisition and Development of Non-Congregate Shelter

The City of Bellflower HOME-ARP Allocation Plan will be available for a 15-day public review and comment period beginning on March 13, 2023 and ending on March 27, 2023. This document will be available for public review on the City's website (www.bellflower.org).

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's office at (562) 804-1424, extension 2220 or cclerk@bellflower.org. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. To request language interpretation contact the City Clerk's office at least 72 hours prior to the scheduled meeting. Those desiring further information regarding the HOME-ARP Allocation Plan should contact Management Analyst II, Eduardo Lizarraga, at (562) 804-1424 Ext. 2286 or elizarraga@bellflower.org.

The City of Bellflower invites members of the public to review and comment on this item. Copies of the staff report and supporting documents regarding this matter may be inspected by the public on the City's website at www.bellflower.org, or by appointment in the City Clerk's Office at Bellflower City Hall, 16600 Civic Center Drive, Bellflower, California; telephone number (562) 804-1424, extension 2220. All written comments concerning this may be submitted to the City Clerk's Office at 16600 Civic Center Drive, Bellflower, CA 90706; or by email at cclerk@bellflower.org.

If you wish to challenge this item in court, you may be limited to raising only those issues you or someone else raised at the Public Hearing described in this notice, or in written correspondence delivered to the City at or before the Public Hearing.

MAYRA OCHIQUI, CITY CLERK

Published at Los Cerritos Community Newspaper 3/10/23

NOTICE OF PETITION TO ADMINISTER ESTATE OF LINDA R. SETTLES

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of LINDA R. SETTLES

A PETITION FOR PROBATE has been filed by Mary Kathryn Bowles in the Superior Court of California, County of LOS THE PETITION FOR PROBATE requests that Mary Kathryn Bowles be appointed as personal representative to administer

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act (This author ity will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition

and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on April 3, 2023 at 8:30 AM in Dept. No. 4 located at 111 N. Hill St., Los Angeles,

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters

to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner: PAUL HORN ESO SBN 243227 PAUL HORN LAW GROUP PC 11404 SOUTH STREET CERRITOS CA 90703 CN994744 SETTLES Mar 10,17,23, 2023 NOTICE OF PETITION TO ADMINISTER ESTATE OF

AGUSTIN G. MORAN

CASE NO. 23STPB01864

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of AGUSTIN G. MORAN.

A PETITION FOR PROBATE has been filed by MATTHEW S. MORAN in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that MATTHEW S. MORAN be appointed as personal representative to administer the estate of

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act with limited authority. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or conented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 03/28/23 at 8:30AM in Dept. 79 located at 111 N. HILL ST., LOS ANGE-

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal epresentative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner

JUVENTINO B. CASAS JR. - SBN 44445. LAW OFFICE OF J.B. CASAS JR.

2520 WEST BEVERLY BLVD.

MONTEBELLO CA 90640 3/3, 3/10, 3/17/23

COMMERCE COMMUNITY NEWS

### NOTICE TO CONTRACTORS CALLING FOR BIDS

NOTICE IS HEREBY GIVEN that the ABC UNIFIED SCHOOL will receive up to, but not later than 11:00 AM of the 24th of March 2023, sealed bids for the award of a contract for:

Bid #ABC- 1615 Artesia High School Gym HVAC and Marquee

All bids shall be made and presented on a form furnished by the District. Bids submitted shall conform to the terms and conditions stated on said form. Prospective bidders must attend a mandatory jobwalk on March 13, 2023 9:00 AM Sharp, to meet at Artesia HS by the flagpole at 12108 E Del Amo Blvd., Lakewood. Bids shall be received in the office of the Purchasing Department at 16700 Norwalk Blvd., Cerritos, CA 90703 and shall be opened and publicly read aloud at the above-stated time and place. Bidders may obtain bid documents by request to Esthela Perez (562) 926-5566 x 21218. This work is subject to DIR Registration, prevailing wage payments, Valid License Class B and DIR Registration will be required will be required. Additional requirements stated in the bid documents

Los Cerritos News

March 3, 2023

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CITY OF CERRITOS. NOTICE OF REQUEST FOR PROPOSALS. Project Identification: CITY MANAGER RECRUITMENT SERVICES, RFP NO. 1492-23. Project Description: The City of Cerritos (City) is seeking proposals from qualified executive recruitment consulting firms to assist the City in identifying a well-qualified individual to serve as the City's next City Manager. Firms submitting proposals are expected to have significant experience and expertise in conducting public sector executive management recruitment services, including, but not limited to conducting recruitments for city manager positions. Project Specifications: A brochure listing the detailed specifications for this Request for Proposals and Statements of Qualifications (RFP) is available on the City's website at: www.cerritos.us. Questions regarding this Request for Proposals should be directed to: Bill Ihrke, contract City Attorney, (562) 916-1314, bihrke@rutan.com. Proposals must be received on or before: 4:00 p.m., Monday, March 20, 2023. Place of proposal receipt: Responses to the RFP must be received in the: Office of the City Clerk, 1st Floor, 18125 Bloomfield Avenue, Cerritos, CA 90703. It is the responsibility of the responder to the RFP to ensure that the response is received in the appropriate location by the stated deadline. Proposals in response to the RFP not received in the Office of the City Clerk by the stated deadline provided will not be considered. Proposals must be marked: "PROPOSAL - CITY MANAGER RECRUITMENT SERVICES, RFP NO. 1492-23-DO NOT OPEN." Final selection criteria: The City of Cerritos will select an executive recruitment consulting firm on the basis of qualifications, experience, timeline and cost. Specific qualifications that will be used to evaluate responses are in the RFP, available at the City's website at: www.cerritos. us. The City reserves the right to reject any and all proposals, or portions thereof, or to waive any informality or irregularity in a proposal to the extent allowed by law. By order of the City of Cerritos.

Published at Los Cerritos Community Newspaper 3/10/23

# COMMUNITYSPORTS



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Photos by Armando Vargas, Contributing photographer

**LA MIRADA HIGH** senior Sean Cervantes drives around Oxnard High's E.J. Gomez in the second half of last Thursday night's CIF Southern California Regional Divisional 2 second round game. Cervantes scored a season-high 20 points but the Matadores came up short in a 61-58 contest.

### CIF SOUTHERN CALIFORNIA BOYS BASKETBALL REGIONALS

### La Mirada's second quarter drought stings them in one-possession setback to Oxnard

By Loren Kopff @LorenKopff on Twitter

La Mirada High head coach Randy Oronoz said his team came out ready to go against Oxnard High last Thursday in a CIF Southern California second round regional boys basketball game. But he also admitted with a state playoff run, he knew it wasn't go-

ing to come easy to advance one step farther than the Matadores went last season.

A 21-13 lead neatly midway through the second quarter quickly turned to a 13-0 run by the Yellowjackets and that was the spark Oxnard needed to hold on for a 61-58 win. La Mirada concludes another fantastic season at 25-10.

Six of the 10 losses have been by one possession, four of which by a point, and the other four setbacks were by 10 points or fewer.

"Credit to our team; credit to them, too," said Oronoz. "They're a tough team; a carbon-copy of us. They shoot three's well and do a lot of tough defense sets. We just needed to see it go through one time and credit to our guys. They fought to the end."

La Mirada was down 57-47 with 3:20 remaining before staging a desperate rally, which began with senior Sean Cervantes converting a three-point play with 1:43 left. He would then nail a three-pointer with 57.1 seconds left to make it 57-53 and after a basket from Nathaniel Gomez 14 seconds later, Cervantes added his final basket in his high school career with half a minute left.

A La Mirada timeout and a missed free throw from Dominik Contreras on the front end of a

[See **LA MIRADA** page 8]

### LA MIRADA HIGH

sophomore Morgan Smith goes up for a shot but was fouled by Dominick Contreras of Oxnard High early in the third quarter in last Thursday night's CIF Southern California Division 2 Regional second round game. Smith would convert both free throws, which tied the game at 26-26. La Mirada went on to lose 61-58, ending its season at 25-10.

# La Mirada's Head Football Coach Moschetti Leaves to Take Same Position at St. Paul

By Loren Kopff @LorenKopff on Twitter

Mike Moschetti, who spent 13 seasons over two stints as the head coach for La Mirada High's football team, was hired last Friday to become the new head coach at St. Paul High. La Mirada is coming off a 4-6 season last fall and missed the CIF-SS-playoffs for the first time in over 40 years.

"My faith is very important to me," said Moschetti. "My mom and dad went to Catholic school. I've never talked about this to anybody, but each night I pray. I do the rosary every night and I've always, from a far, respected and watched St. Paul High School, Cantwell [Sacred Heart of Mary] High School, Verbum Dei High School."

Moschetti was a co-head coach with Ollie Lynch in the 2008-2009 seasons before assuming the head coaching duties from 2010-2016. During his first stint, the Matadores won the 2009 Southern Division championship, defeating Garden Grove High 49-47. La Mirada also won the 2015 CIF Division III-AA state title, defeating Campolindo High 27-3. The next season, the Matadores fell to Edison High 44-24 in the Division 3 championship game. He came back as the head coach in 2019 and in the last four seasons, went 20-18, winning a pair of playoff games. While coaching the Matadores, he went 57-11 in league action, won six league championships, and had a 17-9 postseason re-

"It took a lot of work; we're proud of it, and as a coach, you're only as good as your players, number one and your staff, number two," said Moschetti. "I was really blessed to have really good players and a really good coaching staff. There were a lot of good things that we did and there was a lot of heartache also."

He coached against former St, Paul head coach Marijon Ancich 2009-2011, defeating the Swordsmen 15-7 before losing the next two seasons 24-17 and 24-7 respectively. He said he loved the atmosphere, and the players were always disciplined and tough.

Moschetti grew up in La Mirada, went to a lot of La Mirada football games as a kid, was on the campus as an eighth grader before there were junior high schools and said it is a special place to him.

"When the coach [Rick] Zepeda news was pretty shocking to everybody, I got a phone call from [St. Paul athletic director] Rich Avina and the principal, Robert Miller," said Moschetti.



Mike Moschetti

"He asked me if I had any interest, and I did. I just didn't know exactly how it would work. There were a lot of moving parts that needed to happen."

Rumors were flying around for weeks, and he said 99.9 percent of them were not true. He said he needed to think about his decision with his family, his uncles and his brothers as well as his coaching staff, which is coming with Moschetti to the Santa Fe Springs-based school.

"If you would have told me two weeks ago if this would have happened, I probably would have said no," said Moschetti. "It seemed like there were too many things that needed to happen for it to happen. But late last Wednesday, and really Thursday night really solidified it that I was all in and I was ready to go."

Moschetti received a phone call from former Mayfair High legendary head coach Mike Fitch last Thursday to congratulate him on taking over the St. Paul job. For the longest time, La Mirada and Mayfair would battle for supremacy in the Suburban League and even faced each other twice for the CIF championship. The games with Mayfair are just one of many things Moschetti will miss about being associated with La Mirada, further saying that 'La Mirada is in my DNA'.

"I was nine years old with my dad at the 1984 CIF championship game at La Mirada High School," he remembered. "La Mirada played Fullerton and La Mirada was 13-0 and Fullerton upset them and I remembered getting in the car and I was heartbroken because I looked at La Mirada like it was Notre Dame. I remembered getting in the car and crying because they lost. The next day, I went to the Pop Warner championship at La Mirada High School. From my backyard, when the field gets built after five years [of renovations]... when the lights are on and La Mirada Stadium shines into my backyard, that's how close I live to the school."

Moschetti, who will still remain at La Mirada as a physical education teacher, will bring all but one member of his coaching staff with him but will also interview some of the current St. Paul coaching staff. He also stepped down as assistant athletic director.

