### COMMUNITYMENS



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## ABCUSD Board Member Lynda Johnson Confronted Fellow Board Member in Parking Lot After Meeting

By Brian Hews

rea residents have contacted Hews
Media Group-Community News
concerned about the improper
behavior of ABCUSD Board Member
Lynda Johnson after the controversial July
19 meeting where Johnson singled out
ABCFT Union member Gavin Riley on a
technicality and attempted to exclude the
50-year ABC employee from a seat on the
ABC Finance and Audit Committee.

The conduct, according to one observer, should lead to ABC Board Censure or a Vote of No Confidence in Johnson.

The two residents, who wanted to remain anonymous for fear of retribution, told HMG-CN that they were in the ABCUSD parking lot after the July 19 meeting and overheard an argument between Johnson and ABC Vice President Christopher Apodaca.

"I heard some yelling and realized it was Lynda Johnson, she was yelling at [ABC Vice President] Chris Apodaca.

"Lynda did not seem to care if anyone heard, and some very inappropriate words were said. I heard a couple f\*\*\* words from her directed at Apodaca and she then said the union was crooked and that Apodaca was a union puppet."

The resident then said Apodaca "tried to walk away" but Johnson "kept after him, until he got to his car."

The argument likely stemmed from the chaotic board meeting where Johnson held up procedure for over twenty minutes trying to remove Gavin Riley from the list

See **JOHNSON** page 9

### Hawaiian Gardens Teen Visits France Thanks to Local Rotary Club



Enjoying their visit to Disneyland Paris were (I-r): Miriam Massoubre, sister of Hannah, Mickey Mouse, Hannah Massoubre and Anita Maksymchuk.

By Larry Caballero

Hawaiian Gardens teen Anita Maksymchuk was sponsored by the Rotary Club of Cerritos-Artesia to be its exchange student to France during the summer where she spent five weeks exploring and enjoying the wonders that only can be found in this beautiful European country.

"It was really helpful practicing my French in France. I learned a lot in school, my teacher is great, but actually having to speak it day in and day out really makes a difference."

She stayed with 16-year-old Hannah Massoubre in her home in Lyon, France, and loved traveling to Disneyland, outside of Paris, and visiting the Notre Dame Cathedral near Marseille.

Massoubre has traveled to the United States before, and she has visited San Francisco, as well as New Mexico where her sister was living as an exchange

student. She has already visited all of the local amusement parks, but she wants to see the Hollywood sign up close before returning to her country.

"The French people, weather and food were great, and I was surprised by how many cars are on the streets," said Maksymchuk, "I expected the residents would be riding bicycles or motorcycles."

She enjoyed participating in the everyday activities of the people she met and was surprised that so many people would want to know what she thought of Trump as a Presidential candidate.

Maksymchuk was born in the Ukraine, moved to Maryland ten years ago when she was seven-years-old, and finally settled in Hawaiian Gardens. She attends Los Alamitos High and has taken French for the last four years. She plans to start school in September and is eager to register for her fifth year of French.

### Cerritos Regional Chamber Hosts Rep. Linda Sanchez at State of Nation Luncheon

By Larry Caballero

Congresswoman Linda Sanchez was the keynote speaker for the Cerritos Chamber of Commerce State of the Nation Luncheon Aug. 17 at the Cerritos Sheraton Hotel where she reported to more than 80 in attendance that she truly believes that "we will see a breakthrough in what gets done in Washington after the November elections."

Sanchez also said that extreme partisanship is hurting the country and that "change is coming!"

She is currently the Chair of the Congressional Hispanic Caucus and said that immigration is not the only issue on the minds of Hispanics. "It's the economy and job security."

Sanchez also serves as the ranking member of the Congressional Ethics Committee, the watchdog for Congress, and she believes that a lot still has to be done to rebuild trust in our legislators.

As a member of the Select Benghazi Committee she was somewhat dismayed that it is still being funded since it has already filed its final report.

Sanchez will be termed out of the Hispanic Caucus and Ethics Committee at the end of the year and plans to launch a campaign for a House leadership spot.

According to Sanchez, the House will only be in session 111 days in 2016 because this is an election year. "This has certainly been an unpredictable campaign cycle," said Sanchez, "and when it couldn't get any nuttier, it does."

After the summer recess, the House must fund government and provide funds to eradicate the Zika virus, a growing public health crisis in the United States and in

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See **STATE OF NATION** page 9







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### ABCUSD CHILD DEVELOPMENT PROGRAM

Staff Report

ABC Unified School District's Child Development Department provides programs for students two months of age through middle school. A variety of teachers, para-educators, and support staff serve students in almost every school in the district.

Tracy Infant Center houses classes for students as young as 2 months old. This day care center runs for the entire school day and has four classrooms. All classrooms have a teacher and several para-educators to maintain a low adult to student ratio.

- Infant 1 is for children 2-9 months old. The ratio is 1:3.
- Infant 2 is for children 9-17 months old. The ratio is 1:3.
- Toddler 1 is for children 18-30 months old. The ratio is 1:4
- Toddler 2 is for children 18-36 months old with a ration of 1:4.

Parents who send their children to this program tend to very young and attending school or looking for work. Families must qualify for Tracy Infant Center.

Students 3-years and older can choose from 3 other Child Development Programs. The district offers State Preschool and Head Start programs as well as an Extended Day Program for school-age children.

Children who qualify for preschool program receive either breakfast or lunch at the beginning of the class. They are taught many skills to be ready for life



Hawaiian State Preschool during dress-up as Community Heroes day. State Preschool offers both morning and afternoon sessions at four sites: Artesia High School Children's Center, Fergeson Elementary School, Hawaiian Elementary School, and Palms Elementary School.

and school. LIfe skills practice includes washing hand, brushing teeth, and getting along with a small group of other children. School readiness includes learning skills needed to be prepared for school such as writing, recognizing numbers and letters and the sounds letter make. All of this is provided in a fun environment where children learn the best. They also have outdoor play time in well-supervised and maintained facilities.

State Preschool offers both morning and afternoon sessions at four sites: Artesia High School Children's Center, Fergeson Elementary School, Hawaiian Elementary School, and Palms Elementary School.

Head Start offers morning sessions at six sites: Aloha, Carver, Kennedy, Melbourne, Niemes, and Willow Elementary Schools. In addition to everything offered to our state preschool

and school. LIfe skills practice includes programs, parent involvement and washing hand, brushing teeth, and getting education are included in Head Start.

Extended Day Program provides extended learning time for children at many of our elementary schools and two middle schools. The Extended Day Program provides time for students to complete homework, but it is so much more than that. Students are provided snack and outdoor exercise, and they have special content and curriculum delivered by Child Development teacher and paraeducators.

To find out more about any of these programs, please call or visit us near Gahr High School at: ABC Unified School District, District Office West, 11011 Artesia Boulevard, Cerritos, CA 9070(562) 229-7985



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### AREA SCHOOLS OPEN THIS WEEK

It's that time of year! The school year begins this week for all of the local schools within the City; some schools outside the city already opened. Please remember there will be an increase in traffic congestion around all schools sites.

Some things to remember: Don't use cell phones or drive distracted around School Zones.

Don't park across the street and have your child cross. If there is no alternative to parking across the street from the school, accompany your child, using a crosswalk, as he or she crosses the street.

Learn about and use the existing

drop-off/pick-up system organized by the school.

Discuss drop-off/pick-up rules with your children.

Reduce school zone congestion by

carpooling with neighbors or friends.

Teach and encourage children to

Teach and encourage children to cross at the corner and use designated crosswalks.

Follow instructions provided by school crossing guards.

Always remember to use seat belts and appropriate child safety seats or booster seats when transporting children.

Finally, the Police Department will be issuing traffic citations to motorists who fail to obey speed laws, pedestrians who fail to obey traffic signals, and bicyclists who fail to wear bicycle helmets. Be Safe and have a good school year!





### KAISER DONATES BACKPACKS TO ABCUSD



Kaiser Permanente representatives along with Mark Anthony-Ruiz (second from left) giving backpacks to ABCUSD students, Kaiser donated over 170 backpacks.

By Tammye McDuff

Today's world, let's face it has run amuck. Every time you turn on the television or read your email or cruise Facebook, there is another community that is erupting into chaos and violence, but sometimes you run across a group of people that want to help and uplift, just because they can.

Kaiser Permanente is one of these organizations that have a team of professionals that desire to see their community lifted up and supported. For the past three years Kaiser has partnered with the ABC Education Foundation helping children begin a new school year with encouragement and support.

As part of their annual backpack and school supply drive, Kaiser Permanente Cerritos Clinic donated 170 backpacks to the ABC Unified School District.

Beginning the first of August, Kaiser Employees and staff began to gather backpacks, filled with the essentials school age students from kindergarten to 8th grade would need to start the new school year off right.

The backpack endeavor began four years ago when Mark Anthony-Ruiz, Vice President of the ABCUSD Education Foundation came to Kaiser with a need. "The first year we began the program," Anthony-Ruiz said, "it was about a week before school started, when we received information about children in need of school supplies." That first year the ABC staff filled 268 backpacks and distributed them, the number of donated backpacks this year has grown to over 700 requests. Kaisers first year to donate, they were able to gather 100 backpacks,

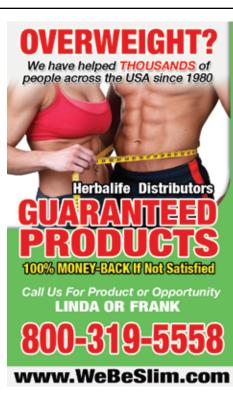
their second year 125 were donated and this year, raising the bar, they anticipated 150 but surpassed that goal and sent 170 to those kids in need.

Veronica Torres, Nurse for OB GTN / Pediatrics department noted, "I came from a family that did not always have what we needed and this is a way for us to give back. We actually work on this project year round, gathering items and encouraging our staff to donate what they can. We then put them all together and write a personal note that we hope will inspire and motivate the kids."

"When you concern yourself with others and helping the less fortunate, life become so much more rewarding, and that's what our team does," says Mark Zuiderveen, Chief Administrative Officer for Southern California Kaiser and the propelling force behind the backpack drive. ABCUSD is Kaiser's partner in their Thriving Schools initiative, working together on various health issues, providing grant funding to work on health and wellness programs, sponsoring the annual 5k and support the school district throughout the year. Over 500 backpacks are collected within the Downey service area.

"The wonderful thing about this drive," says Rhonda Buss, ABC Director of Secondary Schools, "is that these backpacks don't identify the children as 'needy'. Sometimes the generically distributed backpacks look basic and kids don't like to admit that they are in 'want' of anything. This is personalized and is very special."





### U.S. VETERANS AND SPOUSES CAN RECEIVE MONEY FOR IN-HOME CARE

By Tammye McDuff

U. S. Veterans and their spouses are invited to a free educational presentation about the Veterans Aid and Attendance Benefit Program on Monday, August 29, 2016, from 7:00 to 8:00 p.m. at St. Irenaeus Parish Hall, 5201 Evergreen Avenue in Cypress.

Presented in association with Comfort Keepers, KNR consulting will engage guest speaker Neta Wenrick, Community Outreach Coordinator in offering veterans information on over-looked benefits.

The Veterans Aid and Attendance

Benefit can be used by U.S. Veterans, their spouses or both married veterans to pay for In-Home Care service. Attendees will learn about who qualifies, War Period Eligibility, required documents, information and how to apply monthly pension benefits. Attendees will also be informed on what physical and health condition of the Veteran qualifies for the program.

For those who qualify, the Veterans Aid and Attendance Benefit would provide a supplemental tax-free income for wartime veterans and their spouses, solely to be

See **VETERANS** page 9

### **Edgar & James Specialty Store to Open in Bixby Knolls**

New Concept Store to Offer Urban Chic Collection of Apparel and Home Goods

Goodwill's new concept store – Edgar & James, A Curated Collection By Goodwill – is opening its doors in Bixby Knolls in late 2016 or early 2017 (pending permit approval). The new Edgar & James store will be located on Atlantic Avenue, just north of Carson Street in Bixby Knolls. The specialty store will offer urban, industrial and farmhouse chic all in one amazing store.

To showcase its distinct retail concept, the Edgar & James storehouse and logo are branded differently than existing stores of Goodwill, Serving the People of Southern Los Angeles County (SOLAC). Edgar & James' store design will have an on-trend industrial and urban appeal. The Edgar &

James logo is an elegantly designed mix of fonts that are followed by the phrase, "A Curated Collection By Goodwill."

An Edgar & James branded donation center will be stationed adjacent to the store. The new store and donation center will be based in the same building space that was previously occupied by a Trader Joe's store, which relocated to a nearby shopping center earlier this year.

Bixby Knolls will serve as the second site where an Edgar & James store operates. In March 2016, Goodwill SOLAC opened its very first Edgar & James store in Redondo Beach, which has been well received by local residents, community leaders and the media. The planned Edgar & James site in Bixby Knolls has already generated widespread support among the local civic community.



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### **Cerritos College Hosts 14th Annual Senior Fair**



Hundreds of local senior citizens packed the Student Center at Cerritos College for free information, screenings and health education. Photo by Tammye McDuff.

By Tammye McDuff

Representative Linda Sanchez (CA-38) held her 14th Annual Senior Fair which was attended by over 1,000 older adults along with dozens of local organizations.

Attendees had the opportunity to receive free health screenings for blood pressure, glucose, memory retention, vision, and skin/sun damage; health education and information about food assistance programs; information and advice regarding tax scams targeted at seniors, housing, and health and retirement benefits; consultation with the Social Security Administration, Department of Veterans Affairs, and senior advocacy organizations and consumer protection education.

The Cerritos College Student Center was at maximum capacity Friday, August 12th with residents waiting in line to enter and sitting on the bleachers for the numerous free screenings. Sanchez was available to discuss concerns and update senior citizens

on legislation in Congress that directly impacts Social Security, Medicare and health reform.

"This is one of the most important events of the year because it offers direct help to all of our senior citizens," Sanchez recalls a serious issue with one attendee, "One gentleman had a free prostate screening at one of the events a few years ago and was shocked to find out that he had prostate cancer. Because of the screening, he found out early enough, was able to get it treatment and has successfully recovered."

Over 50 vendors were on site with other vendors providing information to seniors regarding financial planning, reverse mortgages, elder rights, housing rights, and caregiver assistance.

"I want to make sure seniors know the facts. We need to reduce the price of prescription drug coverage; make all preventive coverage free of co-payments and ensure that doctors continue to accept Medicare patients."







### THE PROMENADE AT DOWNEY OFFICIALLY OPENS



**PROMENADE AT DOWNEY** - The Plaza is of historical significance due to the World War II aircraft manufacturing facility Vultee Aircraft Manufacturing who made their home in Downey creating eight-passenger planes and the twin engine Douglas DC-2's and DC-3's along with attack aircraft for the United States.

By Tammye McDuff

Alberta Development Partners sent invitations into the Downey community to join them in celebrating the grand opening of the Promenade at Downey on Saturday, August 13th.

The event was appropriately space themed and was held at the Apollo Plaza in front of the Cinemark NextGen Theater.

The Promenade at Downey is 656,000-square- foot shopping center and entertainment district, designed as a contemporary styled entertainment destination that acknowledges the historical significance of the 60-acre site located at the intersection of Lakewood Boulevard and Imperial Highway.

The Plaza is of historical significance due to World War II aircraft manufacturing facilit Vultee Aircraft Manufacturing who made their home in Downey creating eight-passenger planes and the twin engine Douglas DC-2's and DC-3's along with attack aircraft for the United States.

Many space programs from Apollo through the Space Shuttle era were developed on the same site. "We understand that this site is of significant historical importance to the community, so we have tried to incorporate as much of its story into The Promenade as possible," said Don Provost, principal of Alberta Development Partners. "We think the Grand Opening celebration should incorporate some of that history into fun events for everyone in the community."

Free family entertainment included face painting, balloon twisting, a magician, live music, Virtual Reality Space adventures, social media photo opportunities and even an anti-gravity human gyroscope ride.

Additionally, many of the new restaurants were tray passing delicious samples from their menus, and retailers provided gift card giveaways and prizes.

The first 1,000 people attending the event received a recyclable shopping bag stuffed with special offers from retailers at The Promenade.

A school supply drive to benefit the Downey Unified School District's TLC Family Resource Center, were collecting donations.

Donors received a coupon for \$10 off of a \$50 purchase at Famous Footwear. The TLC Center is an organization that works with children and their families on health issues, child abuse concerns, family instability and parenting skills. Retailers that have recently opened in the shopping center include Ulta, Dress Barn, and Famous Footwear, Carters, Oshkosh children's wear and Benihana Restaurant. TJ Maxx and Home Goods are set to open later this month.

At the heart of the development is Apollo Plaza, anchored by a dramatic fountain and casual seating, outdoor dining and pedestrian amenities.

The entertainment court tells the story of the space missions with a historical walk featuring large medallions depicting the patches each astronaut wore to identify the mission.

The Promenade also features additional interpretive panels near Cinemark recognizing Downey Studios, which produced movies such as Iron Man, Indiana Jones and the Kingdom of the Crystal Skull and Spider-Man movies. Alberta is developing The Promenade in partnership with Industrial Realty Group LLC, a real estate development and investment firm specializing in the acquisition, development and management of commercial and industrial real estate across the country.

### Tony Mendoza to Host Free Labor Day Family Picnic

Senator Tony Mendoza (D-Artesia) will host a free Labor Day Family Picnic for the community on Saturday, September 3rd, at Artesia Park, 18750 Clarkdale Avenue, Artesia, California. The event will take place from 10 a.m. to 1 p.m.

"It is with great pleasure that I invite the community to my 2016 Free Labor Day Family Picnic on Saturday, September 3rd at Artesia Park. We will have food and refreshments and activities for the whole family. I look forward to seeing many friends and community

members at the picnic," said Senator Tony Mendoza.

Senator Mendoza has a host of fun and entertaining activities planned for all ages, including an inflatable jumping house for children, music, a visit from the Los Angeles County Fire Department, and the California Highway Patrol. Free food and refreshments will be provided. The senator will give a brief legislative and State Capitol update.

For more information and to R.S.V.P., please contact Aldo Ramirez in Senator Mendoza's office at (562) 860-3202.

### **Weekly Crime Summaries**

August 1 – 8, 2016

### **Cerritos**

### **Aggravated Assault:**

18800 block of Prado Court (08/06 – Evening): The suspect attempted to enter the victim's patio as the victim attempted to keep her out. The suspect began to verbally attack the victim and an argument ensued. The suspect then made a slashing motion while holding a box cutter as the victim blocked with his arm. The victim felt a sharp pain and realized he had been cut. The suspect walked back into her house. She was later detained.

### **Residential Burglary:**

18600 block of Holmes Avenue (08/05 – Evening): The suspect(s) entered the home through a side door that had a window. The suspect(s) lifted the window to reach in and open the door. Stolen from the home was a safe containing several weapons and ammunition.

16800 block of Leeward Avenue (08/04 – Evening): The suspect(s) entered the home by shattering the rear sliding door. Stolen was a safe containing U.S. and Chinese currency.

16300 block of Spring Park Lane (08/01-02 – Overnight): The suspect(s) entered the attached garage of the home through the rollup door. The suspect(s) used the garage remote found in the unlocked vehicle parked in the driveway. Stolen were sports equipment and tools. No entry was made into the home.

11400 block of Bertha Street (08/05-06 – Overnight): The suspect(s) attempted to enter the home by shattering a window. No entry was made.

17800 block of Sybrandy Avenue (08/02 – Day): The suspect(s) entered the home by shattering a rear window. Stolen were valuables.

11300 block of Bertha Place (08/02-03 – Unknown): The suspect(s) entered the home by shattering the rear sliding door. It is unknown what was stolen from the home

18600 block of Cecilia Way (07/30-31 – Unknown): The suspect(s) entered the attached garage of the home through the rollup door that was possibly left open. Stolen was a rifle and rifle case.

### **Commercial/Other Structure Burglary:**

10800 block of 183rd Street (08/02 – Morning): The suspect(s) entered the location by shattering the glass front doors. Stolen was medication.

18200 block of Dumont Avenue (08/02-03 –Overnight): The suspect(s) entered the location by shattering the window on the office door. Stolen was an electronic device.

13800 block of South Street (08/01 – Evening): The suspects entered the

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location while it was open for business. One suspect posed as a paying customer to get the cashier to open the register. When the cash register was open the suspect grabbed the cash tray and ran out the door, which was being held open by a second suspect.

### **Grand Theft:**

19600 block of Donna Avenue (08/07 – Evening): The suspect(s) stole electronic devices and tools from an unlocked vehicle.

### **Vehicle Burglary:**

18600 block of Bloomfield Avenue (08/03 – Morning): The suspect(s) entered a 2000 Toyota 4Runner, parked in the parking lot, by shattering a window. Stolen was a purse.

19200 block of Studebaker Road (08/02 – Evening): The suspect(s) entered a 2016 Nissan Altima, parked in the parking lot by shattering a window. Stolen was a wallet.

11300 block of 183rd Street (08/03 – Evening): The suspect(s) entered a 2016 Honda Pilot, parked in the parking lot, by shattering a window. Stolen was a tactical bag.

13500 block of Felson Street (07/31-08/01 – Overnight): The suspects entered a 2013 Toyota Camry parked in the driveway and stole U.S. currency and lottery tickets. It is unknown how entry was made into the vehicle.

17900 block of Studebaker Road (08/05 – Morning): The suspect(s) entered a 2011 Toyota Tacoma, parked in the parking lot, by shattering a window. Stolen was a purse.

11400 block of South Street (08/06 – Evening): The suspect(s) entered a 2015 BMW 325I parked in the parking lot by shattering a window. Stolen was U.S. currency.

11500 block of Jerry Street (08/04 – Morning): The suspect(s) entered a 2013 Ford Flex parked in the driveway and stole mail. It is unknown how entry was made.

19400 block of Lusk Avenue (08/05 – Afternoon): The suspect(s) entered a 2013 Nissan Pathfinder, parked in the parking lot, by punching the door lock. Stolen were a tool box and various tools.

17200 block of Jeanette Avenue (08/02-04 – Unknown): The suspect(s) entered a 2007 Toyota Prius parked in the driveway and stole a gun duty belt, radio, and ballistic vest. It is unknown how entry was made.

20100 block of Rhonda Circle (08/02 – Morning): The suspects entered a 2003 Ford Expedition, parked in the driveway, by shattering a window. Stolen was a

19600 block of Ray Circle (07/22-08/01 – Unknown): The suspects entered a 2007 Chevrolet Impala parked in the driveway and stole miscellaneous cards. It is unknown how entry was made into

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See **CERRITOS** page 7

### ROBBERY SUSPECTS APPREHENDED IN LA MIRADA

Several suspects were arrested and charged with robbery to a business on the 14000 block of Rosecrans Ave.

During the early morning hours on August 8, one suspect entered the location and demanded money from the cash register. When the employee was unable to access the register, the suspect fled the location, making off with several cartons of cigarettes.

Responding Sheriff's deputies put out a radio broadcast describing the suspect vehicle and the direction last traveled. Minutes later, officers from the Downey Police Department spotted the vehicle in Downey and apprehended the suspect and two accomplices.

All of the merchandise was recovered and no injuries occurred.

#### **Residential Burglary**

- An early morning burglary was reported on the 16100 block of Rosecrans Ave. No items were reported stolen.
- A burglary was reported on the 13100 block of Marlette Dr. The incident is still under investigation.

### Other Structure Burglary

• A storage shed was broken into sometime overnight on the 14600 block of Mercado Ave. A golf cart and other baseball supplies were stolen.

### **Vehicle Burglary**

• A window-smash burglary occurred on the 14500 block of Imperial Hwy. The exact loss is yet to be determined.

### **Grand Theft**

• A bicycle was stolen from roof rack on 15400 block of La Mirada Blvd.

See **LA MIRADA** page 7

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The Sampler Platter - four rounds of falafel, four stuffed grape leaves, couscous medley, hummus and pita bread.

MG received an invitation to dine

By Tammye McDuff

at the new Luna Grill in Cerritos. Founded in 2004, Luna Grill offers authentic Mediterranean cuisine such as kabobs, falafel, salads, hummus, wraps, and desserts in an upscale casual atmosphere.

Founders of Luna Grill, the Pourteymour family, seeking a healthy alternative, started Luna Grill because their daughter had a severe food allergy and finding a place to eat out was usually more of a painful experience than a pleasurable one. The first restaurant opened in San Diego and it took six years to perfect the concept, "The owners really wanted a restaurant where you could sit down and enjoy good food, that was healthy and reasonably priced," says Nicole Abraham, Vice President of Marketing.

Since opening the second restaurant, the company has expanded into Riverside County, Orange County, Los Angeles and recently in Dallas, Texas.

The adopted hashtag is #EatREAL; it is on the menu, on advertising and on the back of business cards. REAL stands for Real, Epicurean, Agricultural, Leadership. The organization works in conjunction with the US Healthful Food Council to promote healthier eating, sourcing, and dining options to the public and to promote these options as the new normal. The REAL mark is a notification to consumers that this restaurant serves healthy food and uses sustainable sources.

My appointment with Abraham was just after the noon rush hour, and I had arrived a little early to check things out, unnoticed. The restaurant still had a decent number of patrons with more waiting in line to order. The staff quickly responded to customers, opened a second register and was very helpful in discussing the menu and making suggestions.

It has been suggested that I follow the South Beach Diet to gain better control of high blood pressure and this place is perfect, the manager suggested the Arugula Salad. It was a healthy serving of Quinoa

tabouleh, chickpeas, celery, tomato, feta and roasted pumpkin seeds tossed with a house vinaigrette, with just enough pita bread on the side. There is a wonderful array of beverage choices, even wine and beer if you are so inclined. Desserts are mini sized treats, choosing from mini Baklava, mini Chocolate Nut Rolls or mini cupcakes chocolate, vanilla, or red velvet.

There is ample seating inside and outside on the patio which is complete with a waterfall and a fire pit.

If you are a meat and potatoes lover, there are menu choices for you as well, chicken or Sirloin Kabobs, Mahi Mahi grilled to order, a Bistro Filet of Beef or Cornish Hen on the bone. If you are a calorie counter, all the entrees are very calorie conscious and all pricing is reasonable.

Luna Grill is a wonderful new addition to the City of Cerritos and one of those restaurants that is sure to become a family favorite.

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### **LONG BEACH SAND SCULPTURE ART & MUSIC FESTIVAL**





### By Tammye McDuff

For the past 83 years, the Great Sand Sculpture Contest has brought together Long Beach and its surrounding communities to celebrate in the City's greatest natural asset: the beach.

This year's 84th Annual Long Beach Sand Sculpture Competition featured an impressive centerpiece sculpture built by a dream team of professionals creating art from sand.

The amateur contest was held Saturday, August 14th and Sunday, August 15th at Granada Beach and the event was packed. Beginners and professionals tried their skills at designing and building sand sculptures. The annual event will compete with sculpture masterpieces of world-class professional sand artists, a semi-professional sculpting category, community competition and a kids castle contest. The contest is the longest standing of its kind in the nation and continues to be a staple of the Long Beach community.

Proceeds from the event were donated to the Ronald McDonald House helping children and their families stay together during tragic illnesses and give them a place to rest and refresh.

### **CERRITOS**

Continued from page 5

the vehicle.

12700 block of Towne Center Drive (08/05-06 – Overnight): The suspects entered a 2012 Toyota Prius, parked in the parking lot, by shattering a window. Stolen was a backpack and electronic device.

### **Grand Theft Auto:**

239 Los Cerritos Center (08/03 – Evening): The suspect(s) stole a 1994 Honda Civic from the parking lot.

16000 block of Shoemaker Avenue (08/03 – Afternoon): The suspect(s) stole a 1997 Nissan Sentra that was parked on the street in front of the residence.

13900 block of Bettencourt Street (08/03 – Day): The suspect(s) stole a 1998 Nissan Maxima that was parked at the residence.

13900 block of Rose Street (05/04 – Evening): The suspect(s) stole a 2007 Lexus LS460 that was parked at the residence.

16800 block of Sierra Vista Way (08/06-07 – Unknown): The suspect(s) stole a 1996 Honda Civic that was parked

at the residence.

10900 block of Alondra Boulevard (08/03 – Afternoon): The suspect(s) stole a 1997 Acura Integra from the parking lot

13100 block of 166th Street (08/03 – Morning): The suspect(s) stole a 1994 Infiniti G20 from the parking lot.

11300 block of South Street (08/02 – Morning): The suspect(s) stole a 2007 Chevrolet Silverado from the parking lot.

17900 block of Studebaker Road (08/03 – Afternoon): The suspect(s) stole a 2007 Chevrolet Tahoe from the parking

### **LA MIRADA**

Continued from page 5

### **Grand Theft Vehicle**

- A sedan was reported stolen on the 13900 block of Imperial Hwy.
- A sedan was recovered on the 14500 block of Imperial Hwy. The vehicle was reported stolen out of Fountain Valley PD's area.
- A stolen SUV was recovered. The vehicle was reported stolen from Garden Grove Police Department's jurisdiction.

### FATHER/SON CAMPOUT IN LA MIRADA





Fathers and sons pitched tents, enjoyed dinner, and made crafts at the Father Son Campout held at Neff Park in La Mirada on August 12-13.

The annual Father and Son Campout was held at Neff Park in La Mirada last weekend.

Fathers and their sons enjoyed a fun night of bonding and camp activities under the stars. Boy Scout Troop #438 provided assistance with setting up tents and teaching the campers knot tying

techniques and some basic first-aid skills. Following dinner, they used craft time to build toy-sized wooden toolboxes and birdhouses, which were donated by the La Mirada Home Depot. To conclude the evening, they enjoyed a hot dog dinner, roasted marshmallows, and made s'mores while watching a movie under the stars.

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### 2016 FOOTBALL PREVIEW

### **VALLEY CHRISTIAN LOADED AGAIN FOR** WHAT FIGURES TO BE A BETTER SEASON

By Loren Kopff @LorenKopff on Twitter

#### **VALLEY CHRISTIAN CRUSADERS**

9-3 overall last season, 4-0 in the Olympic League, first place, lost to Linfield Christian 35-0 in the Northwest Division second round

28-28 overall last five seasons

Head coach: Woodie Gravson (fourth season, 21-14)

Lost 14 seniors out of 33 players from 2015 opening day roster

Last time missed the playoffs: 2012

2016 schedule

Aug. 26 Gahr (3-7 overall last season)

Sept. 2 @ Bellflower (4-6)

Sept. 9 St. Margaret's (9-3)

Sept. 16 @ Mayfair (7-4)

Sept. 23 @ Ontario Christian (6-5)

**Sept. 30 St. Anthony (6-5)** 

Oct. 7 BYE

Oct. 14 @ Village Christian (5-5)

Oct. 21 Whittier Christian (3-7) Oct. 28 Heritage Christian (5-6)

Nov. 4 @ Maranatha (7-5)

In each of his first three seasons as the Valley Christian High head coach, Woodie Grayson has improved the team's record while sending his team to the California Interscholastic Federation-Southern Section divisional playoffs each time. Last season, the Crusaders ended the regular season with eight wins, the most since 2005. But V.C. also had a chance to enter the playoffs at 10-0 as its two regular season setbacks were by a combined five points. V.C. won its first four games and its last four prior to the playoffs en route to its first outright Olympic League title since 2009. Grayson still reflects on what could have been.

'Those five points probably cost us at least an extra round in the playoffs, having to face Linfield [Christian], who was the division favorite all year," Grayson said. "The second round was tough for us, even though we had them at home. But I think if we beat Ontario Christian, losing to St. Anthony or not, probably gets us a better draw. I would say all in all, last season

was very disappointing for us on the field even though we went 9-3. It was just disappointing in the fact that we lost those two games the way we did."

The Crusaders were held scoreless until the fourth quarter against Ontario Christian High and were down 7-0 after three quarters before losing 14-12. The next week, V.C. led St. Anthony High 17-13 on the road heading into the fourth quarter before the Saints scored the lone touchdown in the final stanza for a 20-17 victory. Still, last season was V.C.'s best since going 10-2 in 2005 and since 2000, the Crusaders have won at least nine games six times.

"We were able to get off to a great start and we stumbled in a couple of games," Grayson said. "And our non league schedule, to be able to bounce back and win league, was big for us. It was a big step for the program. But it was a mixed bag; it seemed like we never really were able to fully be who we thought we could be with the guys that we had on the roster versus the guys that we were able to put on the field at one time. It just never quite panned out for us to be able to hit on all cylinders."

#### **OFFENSE**

The one pleasant surprise for the Crusaders came from then-sophomore running back Gianni Hurd, a transfer from Lakewood High who had to sit out the first six games. When he became eligible, Hurd rushed for 1,037 yards on 94 carries and scored 17 touchdowns in six games, including seven against Templeton High in the first round of the playoffs.

"I don't know that you ever expect it," Grayson said of Hurd's 2015 performance. "But let's be honest; this is the state of California. We have some great, great running backs in the state. I've had guys put up those numbers in stretches before, going back to Mayfair with Mike Williams. Obviously what Gianni did last year in a stretch of six games was just amazing feat for a sophomore. But in all honesty, you have to credit those guys in front of him."

See VALLEY CHRISTIAN page 10

### 2016 FOOTBALL PREVIEW

### **GAHR HOPES THAT THE INJURY BUG WILL FINALLY STAY AWAY**

By Loren Kopff @LorenKopff on Twitter

#### **GAHR GLADIATORS**

3-7 overall last season, 1-4 in the San Gabriel Valley League, fifth place

21-29 overall last five seasons

Head coach: Greg Marshall (14th season,

Lost nine seniors out of 44 players from 2015 opening day roster

Last time made the playoffs: 2009

2016 schedule Aug. 26 @ Valley Christian (9-3 overall

last season)

Sept. 2 Millikan (3-7)

**Sept. 9** @ Cerritos (1-8)

Sept. 16 Artesia (3-7)

Sept. 23 Fullerton (4-6)

Sept. 30 BYE

Oct. 7 Lynwood (4-6) Oct. 14 @ Warren (8-3)

Oct. 21 Paramount (5-6)

Oct. 28 @ Downey (7-5)

Nov. 3 Dominguez (8-4)

Gahr High had its third straight 3-7 season in 2015 and the program has not had a winning league record since 2009. Just like the previous few seasons, Greg Marshall, the longest current tenured San Gabriel Valley League head coach, had to deal with constant injuries on a weekly basis that resulted plugging in players that may not have been quite ready. At times when Marshall would be watching game films, he would occasionally ask himself and his coaching staff why this player or that player is in the game before realizing that it's due to a starter being injured.

"Last season was a combination of everything else as far as injuries and still being very young," Marshall said. "We just can't stay healthy enough, and that's what football is all about. And we're still very young. I think this year is the first year where I would call us normal. We have "X" amount of seniors, "X" amount of juniors and "X" amount of sophomores. We have 40-something players who can actually practice."

Marshall can't even remember the

last time he went through an entire season with his starting quarterback playing more than 90 percent of the time. In fact, you have to go back to the days of Casey and Corey Nielsen from 2007-2009 when Gahr didn't have to go through more than two quarterbacks in an entire season. But Marshall projects this season's team to be better than 3-7 and feels like the program is back to where it used to be when it was contending for a postseason spot.

"We've been unlucky," Marshall said. "We're not deep. It's not like another guy can just roll in there. What do you do? You have to patch something together. But I think this group is a group that has stayed together."

#### **OFFENSE**

Last season, the Gladiators scored at least 20 points six times but only got past 30 points once. This might be one of most explosive offenses in the area and it begins with senior quarterback Robert Frutos. Unlike last season when Frutos was late coming to the team, he's now been in the program for a full year and Marshall knows what his strengths and weaknesses are. Marshall compares him to former Gahr quarterback Jesse Figueroa (2006). Frutos won't be throwing the ball 40 times because the Gladiators figure to do a lot of damage on the ground with the speed that they have. Backing up Frutos will be junior Chris Ricks.

The heart and soul of the offense begins with senior running back Latrell Stearns, a potential 1,000-yard rusher. Stearns has had some shoulder issues the past two seasons but Marshall says he's finally healthy and anticipates him to get the ball around 25 times a game.

"He was pretty good last year," Marshall said of Stearns. "The problem with last year is we ran out of quarterback and receivers and stuff, so [opponents] could focus in on him. But this year with Robert understanding the offense and the receivers

See **GAHR** page 10

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### **JOHNSON**

Continued from page 1

of committee appointees.

The controversy began when VP Apodaca nominated Hugo Enciso as his representative to the ABCUSD Facilities Committee.

After Apodaca spoke, Johnson suddenly inquired about the appointment of Riley to the ABC Finance and Audit Committee based on his "employment status" with the ABC, and how it "deviated from Board bylaws.

It was that move that threw the Board meeting into complete disarray.

Twice Johnson attempted to stop public comment on the issue; twice she was rebuked by Board President Olympia Chen

Chen told Johnson, "You have made an amendment to an agenda item, this allows for public comment."

Johnson was subsequently slammed by ABCFT Union representative Richard Hathaway who said, "You should know if you amend an agenda item, that allows for public comment."

Speaking on the subject of Gavin Riley, Hathaway said, "This is disgusting. Board member Johnson has also attempted to have me thrown off the Facilities Committee. Riley has been on Finance and Audit Committee for years, he was a teacher for 38 years, long-time community member and volunteer, you question Gavin [Riley] you question the ABCFT.

Hathaway spoke again later in the meeting, "I have never seen an appointee get refused in the 39 years I have been here. Hopefully the board will approve the list of appointees. Johnson has done a disservice to appointees. She pulls someone off the list and names him in public without talking to anybody? This is how it works, you are allowed to appoint from your area. Your [Johnson's] actions set a dangerous precedent, it's insulting... I am insulted. Your petty vendetta's need to stop."

After all the chaos and administrative maneuvers, the Board voted to approve Enciso's appointment, with Johnson voting yes along with the six other Board

than 11:00 AM on the 9th day of September, 2016 Bids for:

Members.

Apodaca then spoke about "what it is like to be a board member", which likely sparked the obscenity-laced tirade of Johnson towards Apodaca in the parking lot

Apodaca said, "Our next meeting is September, between now and then we can straighten this out without having to strain the relations between the labor group and ABCUSD. Having to drag someone through mud, it is disrespectful and lacks class."

This is not the first time Johnson has angered the Board with her unprincipled actions

On July 14, 2014, HMG-CN reported that Johnson met in secret with then-Cerritos Mayor Pro-Tem Carol Chen to begin mapping out a strategy that would derail the \$235 million dollar General Improvement Bond for the ABC School District.

Sources told HMG-CN that Johnson, who up to that point was a lifelong Democrat, "all of a sudden became a Republican to become friends with the controversial Chen just to further her political career."

In an email Chen said, "Given the facts I know of current(ly), if the bond passes it will impact/increase your property tax bill hundreds of dollars annually. ABCUSD School Board members Lynda Johnson and Soo Yoo both have reached out to me to get this information out to the public and they [Johnson and Yoo] want to share their viewpoints with residents."

The statement that "your tax bill will increase hundreds of dollars" was a complete lie. Johnson knew that at the time, but did nothing. She went on to support Chen and the lies perpetrated by her allies.

HMG-CN asked to attend the meeting but was denied.

Several other residents of Cerritos wanted to attend the meeting but were turned away including former California Assemblywoman Sally Havice.

Six months later the ABCUSD Board snubbed Johnson and elected Maynard Law as President of the Board.

Johnson was nominated for President but lost on a 3-4 vote with Law, Board Members Olympia Chen, Armin Reyes,

and Celia Spitzer voting no.

ABC members told HMG-CN that Johnson's opposition to Measure AA and her alignment with Cerritos' Carol Chen, who also opposed Measure AA, severely hurt her chance to be President of the Board

Now sources have told HMG-CN that Johnson is trying to payback Chen, asking Chen to step down as President and has "officially asked" ABC Board Members to hold a hearing to remove Chen.

"She's been very public in telling people that Olympia is senile and suffers from Alzheimer's, and she is trying to remove her," said the high-level source.

"It is really sad, Johnson has become a menace to the Board. Ever since her reelection, she has been very combative. Her latest actions are just the tip of the iceberg. With this latest stunt of trying to remove Gavin Riley, the altercation in the parking lot, working with Carol Chen to defeat the Bond, and now attempting to remove President Chen, who knows what will come next."

In a comment to HMG-CN Johnson said "the report was inaccurate, there was also a member of the union in our presence that witnessed our peaceful conversation."

HMG-CN asked Johnson for the name or contact information of the union member she claimed was with her, but she did not respond, she also did not deny the remainder of the story or the obscenities.



los cerritos community newspaper

### **STATE OF NATION**

Continued from page 1

the world. Government also will need to "overhaul the criminal justice system," said Sanchez.

Yet she is optimistic about the future. "The economy is going in the right direction, business is beginning to recover, and investments are being made in our communities."

Sanchez also stated that concerns with transportation and the infrastructure need to be solved, and more funding will need to be allocated since "reliable transportation is an economic necessity."

The Congresswoman also believes that tax reform has to be addressed since some tax breaks need to be permanent, especially in the areas of renewable energy and technology.

She was asked about the veteran hospitals and said that they provide important health care, but there are systemic problems in some states including Texas.

"More transparency and accountability, along with more funds are needed to address some of the issues that have been detected in the hospitals," said Sanchez.

The last question concerned the future of the two-party system in America. Sanchez said that she learned when she moved to Washington in 2002 that wanting one hundred per cent of anything is a waste of time. "Maybe 60% of what you want and incremental changes are better. Compromise moves our country forward," said Sanchez.

Congresswoman Linda Sanchez serves the communities of Artesia, Cerritos, Hawaiian Gardens, Lakewood, La Mirada, La Palma, Los Nietos, Montebello, Norwalk, Pico Rivera, Santa Fe Springs, South El Monte and Whittier.

### **VETERANS**

Continued from page 3

used for In-Home Care services.

All U.S. Veterans and their spouses are encouraged to attend this presentation on Veterans In-Home Care Benefit Program so that they will already have pertinent information if and when they will need it in the future

Kevin Richards, CEO of KNR consulting is an Investment Advisor. In the financial services industry, there are generally two kinds of people offering advice: Registered Representatives and Investment Advisors. Many investors aren't aware differences exist. One of the main differences is that Investment Advisors have a fiduciary duty to act in the best interest of their clients at all times.

The focus of KNR Consulting Group is to develop relationships with individuals and families in order to gain the trust and confidence in the team's financial services. At KNR Consulting Group, they preserve and protect the clients' nest eggs so they can experience their dreams without worrying about finances. "I want to be involved in my clients' lives for the long-term, not just make a quick transaction," says Richards.

Richards is passionate about educating his clients about Social Security, government benefits, and legacy planning. Providing answers to clients' questions concerning their 401(k), IRAs, life insurance, annuities, and health insurance, KNR specializes in helping medical professionals and business owners implement innovative financial strategies and planning that can lead to financial clarity and security. "Working independently means that I'm not limited to working with one product, "adds

Richards, "I have a plethora of tools at my disposal to develop a customized plan that will help you fulfill your financial dreams."

Wenrick will be available for further discussion during the Question and Answer period following her presentation.

Reservations are not required for this free educational presentation.

### Lakewood Leads Club Meeting Aug. 25

### Build your business using networking

The Lakewood Chapter of Leads Club is having a Summer Mixer on Thursday, 25 August 2016 from 6p - 8p.

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ABC UNIFIED SCHOOL DISTRICT

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ABC Bid # 1479 Trucks

Published at Los Cerritos Community Newspaper 8/12 and 8/19/16

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the Purchasing Department at 16700 Norwalk Blvd., Cerritos, CA 90703 and shall be opened

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### **VALLEY CHRISTIAN**

Senior Dominic Paul, who added 332 yards and four touchdowns on the ground, is a great complement to Hurd and between the two, they will give the Crusaders a very dangerous rushing attack.

Also in the backfield will be juniors Darian Green, whom Grayson said would have been the go-to guy if Hurd wasn't there, and Samuel Talavera. Grayson feels like he has a pretty good staple of running backs with three or four capable of rushing for over 1,000 yards.

At quarterback, V.C. will have to replace the graduated Jesse Smith (1,955 yards, 20 touchdowns, five interceptions) and junior Isaac Joseph will be called upon to be the starting signal caller this season. Joseph was Smith's backup last season and appeared in six games and threw a touchdown pass at Heritage Christian High. Junior Jaylon Tucker would be Joseph's backup.

"We did a good job of playing Isaac when we could versus just getting him only mop-up [time]," Grayson said. "He's definitely the clear leader. There are some strengths that he has that Jesse doesn't have. He's played football for most of his life, so he's more of a football player that plays quarterback. Jesse was purely a drop back passer who could run a little."

The other offensive scoring threats and/or yardage gainers will be senior wide receivers Michael Polk and R.J. Van Kampen and junior wide receivers Quory Smith and Bailey Torres. Those four combined for 881 yards and nine touchdowns last season. Grayson says his receiving corps this season, overall, is faster than it was last season.

Protecting those skilled players and creating the holes for them will be senior left tackle Ravon Chambers, who was the Olympic League's Offensive Lineman of the Year in 2015, senior center Zach Krosschell, a three-year starter, senior right guard Eric Schoonover, another three-year starter, junior left guard Robert Chatman, who started all 12 games last season and junior right tackle Tevita Makaafi.

The offensive line, which is the deepest position this season, will also have senior Austin Minnema, plus up to six other players that can easily be plugged in at any time

"It's exciting," Grayson said about his experienced offense. "I've coached at other places and I've been fortunate at other places that we've seen our entire starting offensive line come back. What we were able to do on the ground, with that situation with an amazing line coming back...we were able to do a lot of things on the ground that were really special. Obviously we have to put in the work and we have to find a way to practice at a level that we're capable of everyday."

### **DEFENSE**

The same offensive linemen will also play on the defensive line with Chambers playing at the tackle position and Minnema and Schoonover playing at the end spots. The other tackle position is still yet to be determined. Van Kampen, as he was last season with his 99 tackles and nine interceptions, will once again be the leader of the secondary and will play free safety. Polk and Smith (26 tackles last season) will be starting cornerbacks. One of the top junior varsity players in the league last season, junior Garret Williams, will also see some time here, probably at strong safety, as will Hurd and Paul.

"If he does [get nine interceptions again], that means that guys weren't paying attention to what he did last year," Grayson said of Van Kampen. "R.J. does a great job of being prepared and has a sense of where the ball is. He's a ball hog."

Rounding out the defense will be the senior Jalen Hines, juniors Gavin Fua and Jake Leue, Green and Talavera as linebackers.

### **SCHEDULE**

The first three opponents will be different than the first three of last season, but foes that the Crusaders have faced in the past.

V.C. has not faced Gahr High since 2007, a 62-42 loss. V.C. last played Bellflower High in 2007 also, a 33-13 loss and the Crusaders had a home and home series with St. Margaret's High in 2009 and 2010 with each team winning at home. Last season's 14-7 win over Mayfair High snapped a fivegame losing streak to the Monsoons. But V.C. still hasn't scored more than 14 points against Mayfair in the last six meetings. In the past 18 meetings with its longtime rival, Ontario Christian, V.C. holds an 11-7 advantage but is 6-3 in the Inland Empire. In league action, the Crusaders have won the past seven against Heritage Christian High, which also includes when it was known as Los Angeles Baptist High. Last season's final game against Maranatha High decided the league title. But Grayson is quick to remind us that things change quickly in the Olympic League. In the last four seasons, there have been three different league champions.

"We looked at our preseason schedule from the previous two seasons and figured we have a good team coming back and we need to upgrade our schedule," Grayson said. "You change a team here and you change a team there; you don't change them all at the same time. Gahr is going to be a tough game for us. They're always athletic. I don't know if that's the way we want to open the season, but we did it and so it's

"We won't see four straight games like that in the Olympic League," Grayson later added on his last four games in September. "And obviously with a five-team league, you have to prepare yourself to win every week. If you drop a week [in league], you're looking at second place."

#### **HOMECOMING**

Two seasons ago for its homecoming game, V.C. outlasted Whittier Christian High 67-44 and is 12-3 against the Heralds since 1998, including a three-game winning streak. Against the four current league opponents, V.C. is 11-0 on homecoming night. The last homecoming loss came in 2013, a 46-7 loss to San Diego-based Francis Parker High.

### **DIVISION 9**

V.C. will be situated in the new Division 9 this season along with 28 other schools including Maranatha and Mayfair. While the Crusaders won't see those two opponents in the first round, they might see Norwalk High out of the Suburban League, a playoff team of the past nine seasons.

"The best thing I can say after looking at the division is that we don't have to see Linfield which has ended our season the last two years," Grayson said. "Obviously we're still in the same division with Riverside Poly. I understand what CIF is trying to do, but I don't know that in year one that they achieved exactly what they wanted to do. I don't understand how a school of 600 students is competitively equitable to a school with 3,000 students."

we have, and knowing what we're going to do and actually practicing it for the spring and summer, I think if [opponents] are going to take him away, I think we're going to be able to hurt them in other ways and be more efficient at it."

The other main running backs will be Ricks, if he is not under center, senior Isaiah Mays, would be used more of a halfback or fullback, juniors Marquise Alexander and Ugonna Olumba, and sophomore Micah Bernard, who can also play in the slot. On the receiving end, the Gladiators return a lot of experience with seniors Alonzo Davis, Anthony Mullins and Erik Renfroe. Also in the mix will be senior Brandon Marks and junior Jake Frechette.

The offensive line, depending on how they play in practice, according to Marshall, will be handled by junior left tackle Mason Hernandez, senior left guard DeCarlos Frazier, junior center Nicholas Morales, junior right tackle Roman Niumata and senior right guard Joshua Paul, who might also play center.

### **GAHR**

"What it should look like is it should rest on the fact that we have Latrell so we don't put a lot of pressure on the quarterback," Marshall said. "Alonzo and Eric should be 15 and 20-plus plays type of guys. Plus, Eric is going to run the fly. It's pretty exciting because I see us comfortable with what we're doing."

### **DEFENSE**

After opening league action yielding six points to Lynwood High, the Gahr defense allowed at least 42 points in final four games. In fact, the Gahr defense held three opponents to single digits in scoring, but at least 28 points the other seven times, all losses. The leader of the defensive line will be junior Calvin Jones, who will probably be one of the only two-way players on the line. Jones can play either the weak side end or right tackle. Marshall adds that he's looking for good things from him. Marshall says that the ace on the line could be Olumba. Hernandez and Niumata could also see some time on the line.

Junior free safety Renso Sandoval is the top returner in the secondary, but Marshall says they're going to try to use him little. Renfroe and Ricks are also slated to play that position. The secondary, Marshall added, will be revamped with Bernard, and juniors Brandon Gibbs, Miles Johnson and Jeremy Matthews competing for the corner position. The strength of the defense will be the linebackers as Alexander, Mays, Stearns and senior Theodore Ude all come back.

"Those guys can stop the run themselves without us having to drop safeties down and bring corners [down] and all of the crazy stuff we've had to do in the past try to stop the run," Marshall said of his linebackers. "If those guys can stop the run, then we're much better off."

### **SCHEDULE**

Gahr will be put to test in its first game of the season when it travels half a mile down the street to face Valley Christian High. If the Gladiators can pull off an upset, then the next four nonleague games, on paper, seem formidable as they combined to win 11 games last season. As always, Gahr will get its bye before opening league play against Lynwood, whom the Gladiators have had the most success against of the league teams. The Gladiators are 9-5

against Lynwood since 1998. Gahr will travel to the city of Downey this season where it has been 1-13 against Downey High and Warren High since 1998.

"The Valley Christian game is going to be like playing ourselves," Marshall said. "It's going to be who plays the best first game or not the worst first game is going to win that one. That's a good game for us because they've actually turned that [program] around with [V.C. head coach] Woodie [Grayson] and those guys over there.

"I think Cerritos changed their offense, so that can give them a better shot at scoring and being in the game," Marshall continued. "And then Artesia always gives us problems. I would like to think that we'll be able to stop the run and manage the pass against Artesia."

### **HOMECOMING**

Two seasons ago, Gahr hosted Paramount on homecoming night and saw the Pirates put up 70 points, the most by any league team since at least 1998. Before that, Gahr last had Paramount as its homecoming opponent in 2006, which ended in a 30-29 Gladiator victory in overtime. Gahr has lost its last two homecoming games.

#### **DIVISION 10**

Gahr will be one of 38 teams in the new division but will not play a division team this season. But still, for the Gladiators to advance to the postseason for the first time since 2009 and just the third time since 2007, Marshall hopes his team can win at least five games in order to be considered for an at-large position, knowing the league will again be brutal. But, he did say that the new format gives his team hope.

"Beating a team like Valley Christian goes a long way because they're in a division ahead of us and they're [defending] league champs," he said. "Then going in and playing a bigger school like Millikan... all of those things that used to didn't really matter, matters now. I think there are going to be a lot of at-large [teams] in our division. We have to get to five [wins] to be a true contender for an at-large in that division. But I think once we get down in that division, I think we can wreak some havoc if we're still healthy."

T.S. No.: 9948-0747 TSG Order No.: 730-1601389-70 A.P.N.: 8038-028-007 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 01/23/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NBS Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 01/31/2007 as Document No.: 2007/2025288, of Official Records in the office of the Recorder of Los Angeles County, California, executed by: MERRILL EUGENE JONES, A WIDOW AND CHRISTINAH JONES AND TIMOTHY A JONES SR, WIFE AND HUSBAND ALL AS JOINT TENANTS, as Trustor, WILL SELL AT PUBLIC AUCTION TO THE IGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or radional bank, a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state, and as more fully described in the above referenced Deed of Trust. Sale Date & Time: 09/14/2016 at 11/00 AM Sale Location: By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766 The street address and other common designation, if any, of the real property described above is purported to be: 12806 BLUEFIELD AVENUE, LA MIRADA, CA 90638 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale undersigned Trustee disclaims any liability for any trustory of the property of the property. You should advance, if any, will increase it is figure provid

TS. No. 029521-CA APN: 8087-032-007 NOTICE OF TRUSTEE | SALE Pursuant to CA Civil Code 2923.3 IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 7/11/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER On 9/6/2016 at 10:30 AM, CLEAR RECON CORP, as duly appointed trustee under and pursuant to Deed of Trust recorded 97/2007, as Instrument No. 20072079023, and later modified by a Loan Modification Agreement recorded 6-5-12 #20120837236 of Official Records in the office of the County Recorder of Los Angeles County, State of CALIFORNIA executed by: WILLIAM BEST AND DEBORAH BEST, HUSBAND AND WIFE AS JOINT TENANTS WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: BEHIND THE FOUNTAIN LOCATED IN CUVIC CENTER PLAZA, 400 CUVIC CENTER PLAZA, POMONA, CA 91766 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property estituated in said County and State described as: MORE FULLY DESCRIBED ON SAID DEED OF TRUST The street address and other common designation, if any, of the property described above is purported to be: 14854 CHESHIRE STREET LA MIRADA, CALIFORNIA 90638 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee is unable to convey title for any reason, the successful bidder shall have no further recourse. The beneficiary under said Deed of

#### **CITY OF CERRITOS** STATE OF CALIFORNIA NOTICE TO BIDDERS

#### SUPPLY AND DELIVERY OF WET SAND (ZERO SACK SLURRY) TO MULTIPLE JOB SITES THROUGHOUT THE CITY OF CERRITOS

BID NO. 1260-17

Sealed bids will be received at the Office of the City Clerk of the City of Cerritos, 18125 Bloomfield Avenue, First Floor, Bloomfield Avenue at 183rd Street, Cerritos, California, 90703, until 11:00 a.m. on Thursday, September 1, 2016, for the supply and delivery of wet sand (zero sack slurry) to difference job sites over the course of the calendar year throughout the City of Cerritos.

Bids will be publicly opened at Cerritos City Hall at 11:00 a.m., Thursday, September 1, 2016. Bids must be made on the form provided for this purpose, addressed to the City Clerk, City of Cerritos, 18125 Bloomfield Avenue, First Floor, Bloomfield Avenue at 183rd Street, Cerritos, California, 90703, marked "SUPPLY AND DELIVERY OF WET SAND (ZERO SACK SLURRY) TO MULTIPLE JOB SITES THROUGHOUT THE CITY OF CERRITOS, BID NO. 1260-17"

No bid will be accepted unless it is made on a proposal form furnished by the City and has the bid number and project name clearly identified on the outside label.

The City of Cerritos reserves the right to reject any and all bids, or portions of any and all bids or waive the informality in a bid not affected by law.

Bid specifications are available online at

www.cerritos.us/BUSINESSES/bid\_and\_contract\_opportunities/bid\_listings.php

For additional questions please contact Support Services at (562) 916-1318.

Dated/Posted/Published: August 19, 2016

Published at Los Cerritos Community Newspaper 8/19/16

#### CITY OF CERRITOS STATE OF CALIFORNIA NOTICE TO BIDDERS OF THE IMPLEMENTATION OF BIKEWAY MASTER PLAN PROJECT NO. 13088, BID NO. 1267-17

Notice is hereby given that the City Council of the City of Cerritos, County of Los Angeles, State of California, hereby invites sealed bids for the following project:

IMPLEMENTATION OF BIKEWAY MASTER PLAN **Project Identification:** 

PROJECT NO. 13088, BID NO. 1267-17

The project provides for the implementation of the City's Bike Master Plan by installing new Class 2 and Class 3 bike lanes throughout the **Project Description:** City's arterial streets, which includes the installation of new signage and striping of new class lanes. The project also provides for the removal of conflicting signs and re-striping of existing Class 2 bike

Bids must be received on or before:

Wednesday, August 31, 2016, 11:00 a.m.

Bids will be opened on: Wednesday, August 31, 2016, 11:00 a.m.

Office of the City Clerk, City Hall Place of bid receipt:

18125 Bloomfield Avenue, First Floor

Cerritos, California 90703

Bids must be marked: "IMPLEMENTATION OF BIKEWAY MASTER PLAN, PROJECT NO. 13088, BID NO. 1267-17"

All bids shall be made on the form furnished by the City and shall be opened and publicly read aloud at the above-stated time in the Office of the City Clerk of the City of Cerritos, City Hall.

Obtaining Contract Documents: A set of Contract Documents, including the plans and specifications, may be purchased at the Engineering Division of the City of Cerritos for \$10.00 (\$15.00 if mailing is requested). There will be no refund for return of the Contract Documents. Return of such documents is not required.

Each bid shall be accompanied by bid security referred to in the Contract Documents and by a list of proposed subcontractors. Evidence of insurance, a performance bond, and a labor and materials bond as specified in the Contract Documents will be required prior to execution of the contract. In accordance with Public Contract Code section 22300, the bidder who is awarded the contract may substitute securities for retention moneys withheld by a public agency to ensure performance under the contract. The procedure and requirements for substituting said securities is set forth in Public Contract Code section 22300, which is incorporated by this reference as set forth herein.

The City reserves the right to reject any and all bids, or portions thereof, or to waive any informality or irregularity in a bid to the extent allowed by law.

No bid will be accepted from a contractor who has not been licensed in accordance with the provisions of Chapter 9, Division III of the California Business and Professions Code. The contractor must possess a license of the following classification at the time the contract is awarded (and must maintain this license classification through completion of the project):

A" or "C32." The bidder's attention is also directed to Section 7028.15 of the Business and Professions Code for further reference. Only a contractor registered with the California Department of Industrial Relations ("DIR") to bid on public works contracts in California shall be permitted to submit a bid. Furthermore, only subcontractors registered with the DIR to bid on public works contracts in California shall be permitted to perform work or labor or render service under subcontract to the subject contractor.

Pursuant to the provisions of Section 1770, et seq., of the California Labor Code, the DIR has determined the general prevailing rate of wages and employer payments for health and welfare, vacations, pensions and similar purposes applicable to the work to be done. These rates shall be the minimum rates for this project. Copies of the prevailing wage rates are on file at City Hall, located at 18125 Bloomfield Avenue, Cerritos, California, 90703, and shall be available to any interested party upon request. In addition, rates may be obtained by visiting <a href="http://www.dir.ca.gov/OPRL/pwd/">http://www.dir.ca.gov/OPRL/pwd/</a> calling the DIR, Division of Labor Statistics and Research's Prevailing Wage Unit at (415) 703-4774, faxing the Prevailing Wage Unit at (415) 703-4771, or writing to: DIR, Division of Labor Statistics and Research, Prevailing Wage Unit, P.O. Box 420603, San Francisco, CA, 94142. The contractor to whom the contract is awarded, and the subcontractors under him, must pay not less than these rates for this area to all workers employed in the execution of the contract.

By order of the City of Cerritos.

Dated/posted/published: August 19, 2016

Published at Los Cerritos Community Newspaper 8/19/16



### **Los Cerritos Community** Newspaper

#### **CITY OF CERRITOS** STATE OF CALIFORNIA NOTICE TO BIDDERS

#### CERRITOS CENTER FOR THE PERFORMING ARTS LETTERSHOP AND MAILING SERVICES

BID NO. 1266-17

Sealed bids will be received at the Office of the City Clerk of the City of Cerritos, 18125 Bloomfield Avenue, First Floor, Bloomfield Avenue at 183rd Street, Cerritos, California, 90703, until 11:00 a.m. on August 30, 2016, for Cerritos Center for the Performing Arts lettershop and mailing services.

Bids will be publicly opened at Cerritos City Hall at 11:00 a.m., Tuesday, August 30, 2016. Bids must be made on the form provided for this purpose, addressed to the City Clerk, City of Cerritos, 18125 Bloomfield Avenue, First Floor, Bloomfield Avenue at 183rd Street, Cerritos, California, 90703, marked "Bid for Cerritos Center for the Performing Arts Lettershop and Mailing Services, Bid No. 1266-17".

No bid will be accepted unless it is made on a proposal form furnished by the City and has the bid number and project name clearly identified on the outside label.

The City of Cerritos reserves the right to reject any and all bids, or portions of any and all bids or waive the informality in a bid not affected by law.

Bid specifications are available online at

www.cerritos.us/BUSINESSES/bid\_and\_contract\_opportunities/bid\_listings.php

For additional questions please contact Support Services at (562) 916-1318.

Dated/Posted/Published: August 19, 2016

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#### CITY OF CERRITOS STATE OF CALIFORNIA NOTICE TO BIDDERS OF THE CERRITOS ANNUAL MECHANICAL EQUIPMENT MAINTENANCE BID NO. 1262-17

Notice is hereby given that the City Council of the City of Cerritos, County of Los Angeles, State of California, hereby invites sealed bids for the following project:

CERRITOS ANNUAL MECHANICAL EQUIPMENT **Project Identification:** 

**MAINTENANCE, BID NO. 1262-17** 

**Project Description:** The work or improvement to be performed consists of all labor, services, tools, equipment, materials, appurtenances and incidentals necessary for performing all annual mechanical equipment

maintenance for the City of Cerritos. Typical tasks to be completed include, but are not limited to, preventive monthly maintenance of all mechanical equipment in multiple City facilities, and other similar tasks (the "Work"). Contractor shall have a minimum of 5 years

licensed experience performing similar tasks.

Bids must be received September 13, 2016 at 11:00 a.m.

Bids will be opened on: September 13, 2016 at 11:00 a.m.

Place of bid receipt: Office of the City Clerk, City Hall 18125 Bloomfield Avenue, First Floor

Cerritos, California 90703

Bids must be marked "CERRITOS ANNUAL MECHANICAL EQUIPMENT MAINTENANCE, BID NO. 1262-17, DO NOT

OPEN"

All bids shall be made on the form furnished by the City and shall be opened and publicly read aloud at the above-stated time in the Office of the City Clerk of the City of Cerritos, City Hall.

The City will hold a mandatory pre-bid conference for the CERRITOS ANNUAL MECHANICAL EQUIPMENT MAINTENANCE, BID NO. 1262-17 on August 31, 2016 at 10:00 a.m. at Cerritos City Hall, Department of Public Works,, 18125 Bloomfield Ave, California 90703.

Obtaining Contract Documents: A set of Contract Documents, including the plans and specifications, may be purchased at the Engineering Division of the City of Cerritos for \$10.00 (\$15.00 if mailing is requested). There will be no refund for return of the Contract Documents. Return of such documents is not required.

Each bid shall be accompanied by bid security referred to in the Contract Documents and by a list of proposed subcontractors. Evidence of insurance, a performance bond, and a labor and materials bond as specified in the Contract Documents will be required prior to execution of the contract. In accordance with Public Contract Code section 22300, the bidder who is awarded the contract may substitute securities for retention moneys withheld by a public agency to ensure performance under the contract. The procedure and requirements for substituting said securities is set forth in Public Contract Code section 22300, which is incorporated by this reference as set forth herein.

The City reserves the right to reject any and all bids, or portions thereof, or to waive any informality or irregularity in a bid to the extent allowed by law.

No bid will be accepted from a contractor who has not been licensed in accordance with the provisions of Chapter 9, Division III of the California Business and Professions Code. The contractor must possess a license of the following classification at the time the contract is awarded (and must maintain this license classification through completion of the project): "C4 and C20". The bidder's attention is also directed to Section 7028.15 of the Business and Professions Code for further reference. Only a contractor registered with the California Department of Industrial Relations ("DIR") to bid on public works contracts in California shall be permitted to submit a bid. Furthermore, only subcontractors registered with the DIR to bid on public works contracts in California shall be permitted to perform work or labor or render service under subcontract to the

Pursuant to the provisions of Section 1770, et seq., of the California Labor Code, the DIR has determined the general prevailing rate of wages and employer payments for health and welfare, vacations, pensions and similar purposes applicable to the work to be done. These rates shall be the minimum rates for this project. Copies of the prevailing wage rates are on file at City Hall, located at 18125 Bloomfield Avenue, Cerritos, California, 90703, and shall be available to any interested party upon request. In addition, rates may be obtained by visiting http://www.dir.ca.gov/OPRL/pwd/, calling the DIR, Division of Labor Statistics and Research's Prevailing Wage Unit at (415) 703-4774, faxing the Prevailing Wage Unit at (415) 703-4771, or writing to: DIR, Division of Labor Statistics and Research, Prevailing Wage Unit, P.O. Box 420603, San Francisco, CA, 94142. The contractor to whom the contract is awarded, and the subcontractors under him, must pay not less than these rates for this area to all workers employed in the execution of the contract.

By order of the City of Cerritos.

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