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CALM BEFORE THE STORM

THE SAN GABRIEL mountains will likely look whiter than this Thursday picture, an atmospheric river is fueling a storm expected to bring two days of rain, snow and downpours. Winter storm warnings and flash flood watches are in effect until early Saturday. Photo by Brian Hews

BY BRIAN HEWS

An atmospheric river is powering a winter storm expected to bring two days of rain, snow and downpours that could release debris flows in Southern California's wildfire burn areas.

Winter storm warnings and flash flood watches are in effect for a most of Southern California as the storm moves slowly down the coast. It is Southern California's third storm in the last seven days after a mostly dry winter.

A flash flood watch was issued for the recent burn areas in LA County, including the Bobcat, Lake, and Ranch2 fire areas. Flood watches also were issued in Orange, Riverside and San Bernardino counties.

Atmospheric rivers are like rivers in the sky. They're behind some of California's wettest winters

The storm will enter Los Angeles County and other parts of Southern California Thursday afternoon with the heaviest rain expected Thursday night and well into Friday.

A winter storm warning

Aquarium of the Pacific Opens Outdoors



THE AQUARIUM OF THE PACIFIC located in Long Beach will be reopening their outdoor areas beginning January 30. Gift stores and some food service will also be made available.

BY TAMMYE MCDUFF

The Aquarium of the Pacific located in Long Beach will be reopening their outdoor areas beginning January 30, with indoor areas remaining temporarily closed to the public.

The outdoor areas opening on Saturday include the Harbor Terrace, Shark Lagoon, Lorikeet

"We thank you very much for your understanding during this unprecedented time, stated Dr. Peter Kareiva, president and CEO, "We look forward to reopening our outdoor areas so we can continue to instill a sense of wonder and discovery for the Pacific Ocean and its inhabitants." With the idea of keeping guests and staff safe a top priority, the Aquarium is limiting the number of daily visitors, and is now taking advanced timed reservations. To manage traffic flow and ensure social distancing, face masks are required for each visitor over

Lakewood Putting Measure L Funds to Work

BY TAMMYE MCDUFF

At the Tuesday evening meeting, January 26, the Lakewood City Council approved an initial appropriation of funds for repairs and other capital improvements to Lakewood parks and community buildings.

Most of the funding was made possible by Measure L, passed by Lakewood voters in March 2020. Much of the work will be to repair and modernize electrical, roofing, and HVAC systems at aging park and community buildings, many of which date to the 1950s and '60s. Disability access

Man Used Pico Rivera Home to Secure **Bogus PPP Loan**

BY BRIAN HEWS

A Santa Clarita Vallev using a Pico Rivera address pleaded guilty this week to charges that he created sham companies to fraudulently acquire more than \$1 million in COVID-19 relief loans.

Raymond Magana, 40, used The Building Circle LLC supposedly headquartered in Pico Rivera address but in reality it was a 980-square-foot, singlefamily home that appeared to be a residence, not a business.

The scam that took place between May and June 2020.

Magana drew up bogus paperwork to show a large number of employees so he could get reimbursed submitting equally bogus financial statements when requested.

Magana submitted fraudulent tax documents that reported \$4,400,000 in payroll in 2019 and \$850,000 in 2020.

improvements will also be made at the same time.

San Martin Park will receive some added upgrades in the initial round of improvements including a new pre-school play area, air conditioning for the first time in the community building, and two new picnic shelters, which will be partially funded through a state grant received from Lakewood's Assembly Member Anthony Rendon.

Lakewood City Council members approved a multipoint Action Plan based on over 150 comments and recommendations from residents as part of the recent Community Dialogue.

The council also took action to implement its Action Plan including the discussion and creation of a Lakewood International Food Festival/ Multicultural Festival.

City staff will begin planning the event soon, in accordance with public health safeguards. Exact details of the event are still under consideration, but the goal will be to highlight the

See LAKEWOOD page 13

Cerritos College Closes Women's Soccer Investigation

BY DANIEL SUAREZ JR. TALON MARKS

After a six-month investigation, the Office of Human Resources at Cerritos College says some of the sexual harassment allegations against several Cerritos College women's soccer coaches were "sustained."

Former players made accusations against Head Coach Ruben Gonzalez, assistant coaches Memo Gonzalez, Ana Ramirez, Octavio Marquez and Pat Rossi. Ruben Gonzalez was placed on administrative leave and the assistant coaches were not rehired. "The Office of Human Resources determined that some See COLLEGE page 14

went into yesterday at 3 p.m. and will continue into today for most of SoCal. The warning also was in effect for Orange, Riverside and San Bernardino counties.

In Riverside County, evacuation warnings were issued for the Apple and El

See STORM page 14

Forest, 'Our Water Future', Steelhead Story, Molina Animal Care Center, June Keyes Penguin Habitat as well as the Sting Ray, Seals and Sea Lions Habitats. The Moon Jelly and Ray Touch areas will also be open for visitor interaction. Gift stores and some food service will also be made available.

See **AQUARIUM** page 13

Page 7.

Magana landed a loan for \$940,000 on June 4.

But Magana did not stop there, starting another bogus company called Forward Builders, LLC claiming \$1.73 million in payroll landing a \$360,000 PPP loan.

See MAGANA page 13





I Want to Ride My Bicycle Norwalk lands grant to improve bike network. Page 3.



Virtual Exercise for Kids An O.C non-profit works with many school districts. Page 6.





View From the Couch Visit the Metropolitan Museum online. Page 8-9.

Community Sports

Whitney student accepted to Brown University soccer. Page 10.

Koops Bellflower Mayor Juan Garza recognized as Mayor during COVID.

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TOUGH TIMES Cerritos' Cheesecake Factory revenues dropped 12%.



PANDEMIC

Restaurants choosing between safety and survival

Newsom lifted the order for the 13-county Sacramento region on Jan. 12, but L.A. County and Orange County remain restricted. BY EMILY MELGAR TALON MARKS

s most of California remains under COVID-19 restriction, with cases continuing to rise seven weeks after the latest stay-at-home order, bars, wineries, and restaurant dining remain open for takeout only. Small businesses continue to struggle as the pandemic's surge continues. Newsom lifted the order for the

13-county Sacramento region on Jan. 12, but Los Angeles County and Orange County remain restricted. Among those struggling

businesses that have chosen to adhere to the closure is Fronk's, a Bellflower restaurant that opened in 2010. The local favorite initially laid off their entire staff during March's stay-athome order and have only hired back a few employees since then.

Tony Acero, the general manager,

has taken it upon himself to work virtually every day as a cost-cutting measure. He said the rest of the staff are working minimum hours as they figure out ways to stay open.

Although Fronk's was able to open in July when the state opened outdoor dining, Acero says they closed immediately on Nov. 25.

"We have an innate responsibility as one of the biggest restaurants in the city to set the example to assure not only the customers but also other businesses, [so they] realize we are taking this seriously. We are trying to keep people safe," Acero said. "Opening isn't an option."

Acero and Fronk's owner, Craig Frisinger, have plans to reopen one day, but they are not looking to do so as COVID-19 cases continue to rise.

Fronk's is on Instagram @ eatafronks.

While restaurants throughout Los Angeles County closed in-person dining, many restaurants in Orange County have chosen to defy orders and remain open to stay afloat.

Cypress restaurant, Joe Schmoe's, has chosen to allow outdoor dining to continue.

Megan Rice, the general manager, said it is a matter of survival for the small business. Keeping their staff safe and customers comfortable have been their top priorities.

Employees are temperature checked before their shift, however, customers are not checked. A high fever is a very common symptom of the coronavirus.

The OC restaurant has kept its doors open to customers after taking a significant hit in revenue during the initial shut down in March.

The establishment has added more doors and entryways to control traffic flow, installed glass dividers, and placed hand sanitizer stations throughout their outdoor patio. They also worked closely with the Health Department to ensure CDC guidelines are being followed.

The restaurant noted they see teachers come in regularly, who choose to go during their lunch.

Rice said teachers and other patrons alike are required to wear masks, given their food in boxes and told to sit where they'd like.

Rice said that they "wouldn't kick anyone out." She added that the restaurant is not seeing the business they usually get and is not shocked they are still closed.

Joe Schmoe's has received mainly positive feedback from clientele who are supportive and appreciative of the little bit of normalcy at their two locations.

Rice said she had to lay off 46 staff members before the holidays at their second location, Gourmet Pie & Café.

"I was sick to my stomach choosing who to lay off or not lay off," Rice explained. "It's been very stressful."

Despite the rising cases in Orange County and warnings from health officials, Gourmet Pie & Café also remains open for outdoor dining.

Other Orange County cities with restaurants choosing to stay open despite the closures include Fullerton, Tustin, Costa Mesa and Newport Beach.

As of Jan. 16, Orange County has reached 209,365 cases and 2,320 total deaths.

According to the Los Angeles County Department of Public Health, as of Jan. 16., the county reported 1,003,923 total cases and 13,741 deaths.

Both Fronk's and Joe Schmoe's are waiting to hear if they qualify for a second Paycheck Protection Program loan as part of the \$900 billion stimulus bill passed on Dec. 27.



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Norwalk Plans to Improve Bicycle Network



NORWALK will develop a bicycle master plan to improve connections to local and regional bicycle networks.

BY TAMMYE MCDUFF

The city of Norwalk has obtained nearly \$164,000 through a Caltrans Sustainable Transportation Planning Grant that included a local match of \$21,200. This grant will develop a comprehensive Bicycle Master Plan [BMP] to improve connections to the local and regional bicycle network while providing safer travel paths for commuters and cyclists.

This past May, the City Council awarded the contract to Kittelson for professional engineering services to prepare the BMP with the assistance of city staff. The anticipated completion date is on or before February 28, 2022.

On September 30, 2020 a kick off meeting was held between staff, Kittelson and Caltrans to discuss the City's goals and objectives. Since this meeting Kittelson has made an inventory of existing regional and local plans, existing street conditions and bike lanes, reviewed a ten year bicycle collision history and prepared a community outreach plan. The goal of the the outreach meeting is to understand the community's needs, values and insight of current and potential bikeway networks in order to create a plan that increases the use of bicycles, improves safety and promotes community health.

Past public outreach efforts for various other projects have been in the form of interviews, in person workshops, focus groups and surveys. Since in-person meetings and group gatherings have been modified, public outreach efforts will include information and outreach via website survey; virtual community workshops; social media campaign; focused workshops with stakeholders and virtual workshops.

Kittelson will set up a website and online surveys to inform the public of the BMP and gather public input. Together with city staff, the campaign will be publicized both in print and digital platforms to drive online traffic to planned community engagement. Should in-person events resume then the consultant will host two informational popup events to obtain feedback.

Moderna: Covid Vaccine Works Against Variants

STAFF REPORT

Moderna has said it believes its COVID-19 vaccine is effective against new variants of the coronavirus, although it will test a new booster shot aimed at the strain discovered in South Africa after tests showed the antibody response could be reduced.

Moderna said in a press release this week that the move was out of "an abundance of caution" after preliminary lab tests suggested its shot produced a Even so, it remained above the quantity that was shown to be protective in earlier tests on primates that were infected on purpose.

No 'escape'

Dr Ali Fattom, senior vice president of vaccines research at BlueWillow Biologics and an adjunct associate research professor at the University of Michigan, said that the study appeared to show the virus variants would not "escape" the vaccines that are currently being rolled out.

"We are not losing the protective efficacy of the vaccine because of these variants," he said.

Cerritos Library Offers Reading Challenges Through Beanstack

STAFF REPORT

Cerritos Library now offers a variety of reading challenges for children, teens and adults through the online Beanstack reading tracking program.

The Beanstack service provides participants with tools to track reading goals and earn digital badges by participating in reading challenges. The inaugural challenges include 1,000 Books before Kindergarten, Winter Wonderland and African American History Month.

A link for Cerritos Library cardholders to sign up for Beanstack is available on the library's website at cerritoslibrary.us. Parents will need to register their children who are age 12 or younger.

A free Beanstack app for mobile phones is also available and can be

downloaded from the App Store or Google Play. The app can scan ISBN barcodes to quickly add titles to the reading log and manage family reading logs. Any logging in the app is automatically tied to the reader's progress in the library's reading challenges.

The California State Library and California Library Association have partnered to provide every California public library jurisdiction with a subscription to the Beanstack platform at no charge. This partnership uses CARES Act funding, made available through the Institute of Museum and Library Services.

For more information or to sign up for Beanstack, visit the Cerritos Library's website at cerritoslibrary.us.

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weaker immune response to that variant.

We are encouraged by these new data, which reinforce our confidence that the Moderna vaccine should be protective against these newly detected variants," said Stephane Bancel, Moderna's CEO. **Study findings**

Vaccine manufacturers have been testing their shots against the mutated strains including two that first emerged in the United Kingdom and South Africa. To study the effect of the existing vaccine, Moderna took blood samples from eight people who had received two doses of the vaccine and two primates that had also been immunized

For the variant first identified in the UK, there was no impact on the level of neutralising antibodies – which bind to the virus and prevent it from invading human cells – that were produced by the shots.

But for the South African variant, there was a sixfold reduction in the neutralising antibody level.

"It means that you may need a stronger immune response to tackle this virus, but still the virus is susceptible to the immune response. " Dr Fattom noted that the variants would be covered by other vaccines that produce a similar immune response as the Moderna shot.

"The immune response that the Moderna vaccine induces is similar to other vaccines. Therefore any good news from one place is good news for the others," he said.

Dr Paul Offit, an infectious disease expert at the University of Pennsylvania said that he was only mildly concerned that the vaccine would not be protective against the variants. "The goal of this vaccine is to keep you out of the hospital and to keep you out of the morgue. If you get asymptomatic infection or mildly symptomatic infection that is not a burden to the healthcare system," Offit said. AAA TRAVELS WITH YOU CALL: 562.461.3500 CLICK: AAA.com/Travel VISIT: 18642 S. Gridley Rd. Artesia, CA 90701

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JANUARY 29, 2021

Oregon health-care workers stuck in a snowstorm with expiring vaccines, give shots to strangers

Washington Post (January 28, 2021)~After a day of giving coronavirus vaccinations, Michael Weber and his team were headed back to Grants Pass, Ore., to administer their last doses on Tuesday when traffic suddenly came to a halt. Authorities had closed the snow-covered highway because of a car accident, and it would be hours before traffic could resume.

But Weber and his team of 20 staff members and volunteers didn't have that much time to use the six Moderna doses they had left before the vaccines expired.

That's when Weber had an idea: If he couldn't make it to the clinic on time, he could bring the clinic to six other drivers stranded on the highway.

"I decided to start going door-to-door,





Probate, Wills & Trusts Conservatorship, Guardianship, Dispute Mediation 562-404-4039 car-to-car, offering" the vaccine, Weber, who is Josephine County's public health director, told The Washington Post on Wednesday night.

The impromptu vaccination session amid a snowstorm is the latest example of health-care workers scrambling to make use of leftover doses during a sometimes chaotic rollout that's seen around 21.1 million people receive one or both doses of the vaccine in the United States.

Weber's six leftover Moderna doses, which already had been transferred to syringes earlier on Tuesday, needed to be used quickly or discarded. Like the Pfizer version, the Moderna vaccine must be used within six hours after being removed from subzero storage and reaching room temperature.

"We knew the vaccine would not make it back to Grants Pass," said Weber, 40. "In all likelihood, it was going to expire."

After consulting with his team, Weber and four staff members trekked through the snow, knocking on car windows in search of six lucky arms.

One team member carried a bin with the vaccine doses, alcohol, gauze and other medical supplies. Weber, who was in charge of the vaccination paperwork, carried the forms inside his coat. Others carried a container for used needles and an umbrella for the heavy snow.

An ambulance that had accompanied them during a vaccination session at a high school earlier that day was also present and



WHEN OREGON health-care workers stuck in traffic during a snowstorm were running out of time to administer leftover doses of COVID vaccine, one local public health official had an idea: Vaccinate strangers in the middle of the highway.

ready to treat anyone in the rare case of an allergic reaction, Weber added.

But finding six people who wanted the shots wasn't that easy, David Candelaria, a health officer with Josephine County Public Health, told The Post.

"We were a little nervous because not a lot of people in this part of the state are eager to get the vaccine at this point in time," said Candelaria, 61.

The team went car-to-car and introduced themselves as county health officials stuck in the snowstorm, who, incidentally, had vaccine doses for a virus that has killed more than 427,000 Americans, including close to 2,000 in Oregon.

It took Weber and his team about 45 minutes to administer the six vaccine doses.

"We went through a lot of cars before

we found six yeses," Weber said.

While most people politely declined, Weber said, those who said yes could hardly contain their excitement.

"I can't imagine a better way to spend four hours stuck in a snowstorm," Weber said.

One man, Candelaria recalled, was so ecstatic that he got out of his car and took his shirt off in the middle of the snowstorm so the team could inoculate him. Another woman was so taken aback by the surprise vaccine that she could hardly sign the paperwork because her hands were trembling so much from excitement. The last person to get a leftover vaccination was a woman who didn't make it on time to her appointment earlier that day.

"It was meant to be for her," Candelaria said.

Cerritos College Offers a Low Cost Route to a Degree

STAFF REPORT

Cerritos College will launch their Early College Program [ECP] this summer in partnership with three local high schools: Bellflower High School [Bellflower Unified School District], Norwalk High School [Norwalk-La Mirada Unified School District], and Whitney High School [ABC Unified School District]. Currently there are thirty freshman students in each high school who will be participating.

The ECP provides high school students the opportunity to earn up to 46 UC/ CSU transferrable units. Students who finish the entire program will earn a high school diploma while completing the entire Intersegmental General Education Transfer Curriculum (IGETC). This is a series of courses that California community college students can complete to satisfy freshman and sophomore level general education requirements before transferring to most colleges and majors at CSU and UC campuses. Cerritos College tuition is waived for the program, and each school district pays for participating students' textbooks.

Students who complete the program will shorten their time in college, saving college tuition costs for approximately one or two academic years, which could translate to tuition cost savings up to \$26,000. Students will also have the option to earn an associate degree by taking additional Cerritos College classes.

"We are excited to offer the Early College Program to our area high school students," said Dr. Jose Fierro, President and Superintendent of Cerritos College, "Exposing youth to an early college education will help them build confidence and the positive mindset they need to achieve academic and career success later on. This is especially crucial for underserved students."

"Continued education is important for

our students, and the Early College Program helps our students fulfill their educational goals. We are very proud to partner with Cerritos College to provide this excellent opportunity for our students," said Dr. Mary Sieu, Superintendent, ABC Unified School District.

The Early College program will add a well defined pathway to the current range of class options our students have to learn and grow as students and individuals by creating an accelerated program that will open doors, and opportunities for our students," echoed Laura Sanchez-Ramirez, BUSD Board President.

"For the past several years, our students have benefited from enrolling in dual enrollment classes, participating in the President Scholars Academy, and by taking high school courses articulated with Cerritos College. The addition of the Early College Program presents another opportunity for our students to gain valuable college and career experience at no cost that will benefit their future," said John M. Lopez, Superintendent, Norwalk-La Mirada Unified School District.

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t was a historic time for our nation as we witnessed the peaceful transition of power in our Nation's Capital. The events demonstrated to all of us that despite our political differences and the turmoil experienced earlier this month, we are and will continue to be one nation under God and indivisible. We continue to be a beacon to the world, one of freedom, liberty, and justice. Our local municipalities must continue moving forward focused on working collaboratively in a non-partisan way, with a shared vision of hope.

As I mentioned previously, 2021 will continue to bring challenges for us, and we will remain ready, pivoting where needed and adjusting our priorities to meet your needs. This month also marked historic numbers with the ongoing pandemic. Earlier this week, our country reached a grim milestone with 400,000 lives lost to Covid-19. In our city, we continue to see climbing numbers with 14,919 positive cases and 161 deaths.

On Covid-19 Vaccines

We are hopeful that more people will be inoculated against the virus given the five new mass vaccination sites that opened in L.A. County over the last

several days. One of them opened in our city earlier this week, at the L.A. County Office of Education (LACOE) on Imperial Hwy and Bellflower Blvd. We are grateful to the efforts of L.A.

A HISTORIC TIME FOR OUR COUNTRY

By Downey Mayor Claudia Frometa

County Supervisor Janice Hahn and Chairwoman Hilda Solis for signing an executive order this week directing county health officials to make Covid-19 vaccination appointments available to residents 65 years and older beginning.

If your household has been financially impacted by the pandemic, emergency rental assistance grants are available on a first come, first-served basis. To qualify, households must have been adversely impacted by Covid-19 through job loss, furlough, reduction in hours or pay, and the household income must meet eligibility. You must reside in the City of Downey to qualify. For more information, please visit downeyca.org/ rentalassistance or call 562-299-6706.

To advertise call 562-407-3873

January is Human Trafficking Awareness month. It is crucial municipalities, law enforcement agencies, houses of worship, non-profits, and school districts work together in the battle against it. I want to invite our residents to join us at a free online event on Saturday, January 30th, from 12 pm-1:30 pm to learn more about Human Trafficking and how it affects our community. For more information, please register at htleadersreg.eventbrite. com

A reminder to all residents that our Downey Police Department will continue conducting Speed Enforcement throughout our city, please be mindful of speed limits.

Thank you, Downey for allowing me to serve you. I am humbled, grateful, and here to help our community stay strong, united, and moving forward. Stay healthy, stay safe and be well.

Re: Trump & capitol riot Dear Editor:

Another sterling bit of journalism in the rag this week. You not only had one biased article, but 3 under your name. What happened at the Capitol was deplorable and has been rightly condemned by most freedom loving individuals. I'm glad to see you have been consistent in condemning mob violence when it has presented itself. By most estimates the protesters at the Capitol numbered way above 20,000. By some left wing estimates, more than a thousand people actually laid siege by entering the Capitol and deserve the title of a "mob". Unless my math is flawed, that leaves 19,000, or greater, peaceful protesters gathered at the Capitol steps and grounds displaying their displeasure over an election that they felt was flawed which under the first amendment was their right. You deemed the entire crowd "rioters" and "domestic terrorists". By the way, I commend you for getting so many "domestic terrorists" references in one short article. Portland had 100 consecutive nights of protests, violence, burning, and looting during the summer. On one point we do agree and that is there needs to be a 9/11 like commission to look into how this happened since it appears it was pre-planned according to the FBI. So much for Trump's inciting! I'm glad you apparently like the fact that Trump

Letters to the Editor

had his social media accounts frozen. That certainly is not a threat to the first amendment!

John Transue

Cerritos

Re: Economic Impact Payments

Dear Editor:

They keep saying payments are mailed, on site they say the sized it was mailed, some people site keep saying error wrong information.why are they playing games,we are broke out here living from check to check,or \$100 unemployment which covers nothing but a phone bill and a little food. We need some real answers.

Carlos Osborne Pico Rivera

Dear Editor:

I have been waiting on my EP that was supposedly mailed out on Jan 6th, 2021. As of today's date,still nothing. It is all a lie.TheI.R.S.website is giving false information misleading the public.

Melissa Espinoza Whittier

Dear Editor:

I was one of the first people to get a stimulus payment 2020 deposited into my checking account. This year how i the IRS going to send me a debit card when they claim they don't have the right address why not just deposit it into my checking account like you did last time? *Theresa S.*

Carsom

Re: Electoral College Dear Editor:

The Electoral College debate has started again. Some promote eliminating the EC for a direct popular vote for president while others believe the EC should remain unchanged. Just as compromise solved the initial problems of the framers so it is that compromise can solve this problem. The solution is to change the electoral votes to electoral points and reward each candidate a percentage of points based on the percentage of popular votes received in each state. This would eliminate the "winner take all" system thus allowing for all the votes to count. A voter is more apt to believe their vote counted when a percentage of popular votes are taken into account rather than the "all or nothing" system currently in existence. Further, this new system would integrate the desire for a popular vote for president with the need for the individual states to determine who actually gets elected.

Joe Bialek

Cleveland, Ohio Letters to the Editor can be sent to editor@ cerritosnews.net or mailed to PO Box 788, Artesia, Ca., 90702. HMG-Cn reserves the right to edit for length and grammar.



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Pico Rivera Kids Get Fit Using Virtual Sports Program

BY JOSEPH PIMENTEL

With her school, Rivera Middle School, physically closed due to the coronavirus pandemic, the seventh-grader has found another way to stay fit virtually and connect with some of her school friends, her mom, Margarita Torres said.

A USC study found kids are not getting any physical activity and more sedentary since the start of the pandemic

The long-term effects of not exercising could lead to mental health issues, childhood obesity, and other health ailments down the road

"I like it," Margarita Torres said of her daughter participating in the program. "This is a way for her to socialize with new friends since she can't do it in person."

As the pandemic continues, forcing many school campuses to remain closed across California, many school-aged children are stuck at home with distance learning. There is no recess, lunchtime, or P.E. Many kids are in front of their computers and not getting any form of exercise and that could have a long-term effect on their health down the road, health researchers said.

A study by USC Keck School of Medicine found that children were less physically active in the first couple of months of the pandemic and more sedentary than the months before. Lowincome and minority students are most atrisk, the study found.

According to the USC study, the lack of exercise by children could lead to shortterm and long-term health impacts that include mental health issues, childhood obesity and other health ailments down the road.

Fitness is an essential component in education, said Randy Barth, founder, and



CEO of Think Together. With no fitness or physical activity since the pandemic began, some kids are falling behind physically and mentally.

Barth and his nonprofit aims to change that.

Think Together, which provides afterschool tutoring and summer education programs at schools across Southern California, received a \$291,400 grant from the LA84 Foundation, to expand its learning offering to create a virtual sports program for middle schools. The program is being rolled out at 81 public schools across Los Angeles, Riverside, and San Bernardino counties.

"Kids are isolated," Barth said. "They are depressed and anxious, so that physical fitness gets you out of that. You're moving. You're focused on something else. You're doing something physical. It's great for your mental health and physical health, and it's virtual with other kids in the class, and your engaging [with other kids] and engaging with a coach, so it gets you out of your depression and isolation."

Think Together received the award last fall and began piloting the program at some schools before fully rolling it out. Parents at participating middle schools sign up their children to participate in the program for free. The program runs 30 to 40 minutes long three to four times a week, depending on the school district's schedule. Kids participate in 15 different sports types, including martial arts, kickboxing, yoga, general fitness, and basketball. A coach guides them on the exercises to perform.

While the LA84 program is virtual, Think Together also offers another different in-person sports program at some campuses following social distancing and other health guidelines.

"With our virtual programming, we're trying to make it as normal as possible," Barth said.

Frances Esparza, the school superintendent at El Rancho Unified School District, said the program has been a blessing for the district in the Pico Rivera community. Pico Rivera, a mostly Latinx neighborhood, has been hit hard by the coronavirus, with more than 9,500 positive cases and 147 deaths as of Wednesday, according to County of Los Angeles Public Health.

Esparza said due to the high rate of positive cases in the community, the district had to shut down the schools to slow the spread.

Esparza said she encouraged parents to keep their kids active and follow safety protocols if they exercise outside. With the Think Together program, kids can exercise from the safety of their home, she said.

"Parents are happy that their kids are remaining active at home and [Think Together does] talk about health and eating healthy and things of that nature so kids



PICO RIVERA 12-year-old Ivonnie Torres stands in front of her computer and pantomimes kicks in the air. She shadow punches and makes other martial arts moves next to her bed.

aren't just sitting around eating their hot Cheetos all day long," she said. "They are actually trying to eat healthily and get fit."

"Their program is really helping us," she said. "I don't want this to sound cliché; our kids need a lot of support right now, socially and emotionally."

For Margarita Torres, the pandemic and distance learning have been a struggle for her and her daughter.

"It's been hard, especially with the online learning and having to adjust through all of that," she said. "It's hard, but we're getting through this."

Torres said it's been especially hard for her child, who loves being at school and misses her friends.

But the virtual sports program is a way for her child to stay healthy and remain safe during the pandemic.

"I think it's a good program," she said. "Since kids are not attending school, it's a way for them to socialize and keep in touch with their friends because again, who knows how long this is going to go on for."

Lynwood Unified Makes Plans to Shift Campus Instruction to Address Lynwood High School Structural Concerns

STAFF REPORT

Lynwood – In an effort to support student and staff safety, Lynwood Unified is planning to physically move instruction off Lynwood High School's campus in 2021-22 as the District works to resolve structural issues discovered after exterior ceiling panels collapsed on campus in June 2020.

The Board of Education discussed plans moving forward based on a staff facilities update and recommendation during a Jan. 24 special Board of Education meeting.

Students have been learning virtually due to the COVID-19 pandemic since March 2020.

Following the breach in June, the District hired an engineering team to review the reliability of the school's G Building, built in July 2000, and to determine the extent of repairs.

Out of an abundance of caution, the District is also assessing all other LHS campus structures to ensure they are structurally sound and to identify other repair needs. While the review is underway, the District is making plans to shift instruction now since staff is currently developing the class schedule and programs for the 2021-22 school year.

laboration.

"Our goal is to ensure our students and employees are safe and feel safe while minimizing disruption during the instructional day," Board of Education President Maria G. Lopez said. "Our team will have a seamless plan in place to facilitate the move. Our school administrators, teachers and staff will work collaboratively to make the shift as painless as possible for parents and students."

The District has committed to augment the Lynwood Middle School facilities to accommodate the community's high school students, following a configuration used during the campus' original function as Lynwood High School. The District's rigorous instructional programs and strong extra-curricular programs will remain intact.

"Our teachers are strong and every decision is student-focused, so there is no question that our students will continue to receive the highest quality instruction regardless of logistics," Lynwood Unified Superintendent Gudiel R. Crosthwaite said. "We are committed to supporting each and every student in this process. We will have the same teachers teaching the same highquality courses across the District we will augment LMS facilities to accommodate our high school students, and we will ensure our logistics and counseling resources are in place to support all of our students and their families.' Lynwood Unified will continue to provide regular updates via the District website, facilities newsletters, social media and community eblast messages as new information becomes available. Additional details on the realignment will be available at school websites as well as in upcoming information meetings. "We want to thank our students and our community for their patience and understanding as we pursue remedies and repairs as expeditiously as possible. As we conduct this structural assessment, if there is any wrongdoing found, we will hold accountable those deemed responsible," said Lopez. "We will aggressively move forward with construction and repairs to get our students back to their home campuses as quickly as possible."



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The shift at Lynwood High School will affect other District campuses, with Lynwood High School students utilizing the Lynwood Middle School campus for classroom instruction, and seventh- and eighth-grade instruction consolidated into Hosler and Chavez middle school campuses. While more details are forthcoming, the current plan includes the following:

Current fifth-graders will remain at elementary schools for sixth grade instruction. Chavez and Hosler middle schools will teach seventh and eighth grades, with most Lynwood Middle School students shifted to Hosler.

Teachers and staff will shift campuses with students as appropriate.

District officials will hold grade- and school-specific information sessions for parents throughout February. The District is placing a high priority on communicating the campus shifts and facilities information to staff and parents to support the District's culture of transparency and col-

Bellflower Mayoral Transition, Dan Koops is Mayor

BY TAMMYE MCDUFF

The city of Bellflower paid tribute to Mayor Juan Garza at a virtual outgoing ceremony on Monday, January 25, honoring him for his numerous achievements and outstanding leadership during this past year.

Newly appointed Mayor Dan Koops stated, "It has definitely been a year like any other and Mayor Garza helped to guide the city through the onset of a global pandemic with compassion, strength and courage."

As a mayor, Garza had a task unlike any other mayor since the city's incorporation.

Beginning his term as mayor in December 2019, he stated that 2020 would be a year unlike any other, he led the city through the arrival of CoVID-19, and although the city struggled through difficult times Koops stated that Garza did an exceptional job.

"He has taken the initiative on all fronts, including the State and the County," Koops added.

Some of Garza's accomplishments over the past year include opening the New Hope Homeless Shelter and hosting the 26th Annual Bravo Awards.

Garza took the lead to establish online and virtual services for city staff and develop new services for the city.

A special moment for Garza, as a veteran was the dedication of the new armed forces memorial as well as hosting the annual State of the City and Christmas tree lighting virtually and with panache.

A video tribute was played of Garza's numerous accomplishments, with friends, family and colleagues contributing.

L.A. County 4th District Supervisor Janice Hahn added, "2020 was certainly not a good year to assume the responsibility and role as Mayor, but you went above and beyond for the city through the pandemic, shouldering its challenges with determination, while continuing to improve the quality of life for Bellflower residents. Congratulations on a successful term as mayor."

"It means a great deal to me, considering the times we live in, that everyone would join virtually this evening," laughed Garza, "I did say that 2020 would be a year like no other and boy this was not what I had in mind! The unprecedented challenges of social unrest and economic upheaval and to have it all happen in such a short time frame, is a scenario that only Hollywood could have made up."

He went on to say that the reality of it all is that it takes a community cooperating together to get the city and resident through such a year.

"Resilience is a word that resonates with me and our community, "Garza added, "We came together to do what was necessary to not just survive, but thrive through this pandemic. Our community supporting each other and stepping up every single day to make things happen was really a beautiful thing to watch."



FORMER BELLFLOWER MAYOR Juan Garza talks with friends and well-wishers at the city's Mayoral transition last year. Garza said of his outgoing event this year, "It means a great deal to me, considering the times we live in, that everyone would join virtually this evening."

Cerritos Parking Enforcement Resumes on Feb. 1

The City's overnight parking restrictions and enforcement will resume on Monday, February 1. City parking enforcement staff will issue warnings for two weeks and will then begin issuing citations on Monday, February 15. This includes citations issued for vehicles parked on the street on street sweeping days. Permits are required to park on City streets between 3 and 5 a.m. to help keep streets clear and allow residents and deputies to quickly spot suspicious vehicles.

Overnight parking permit renewals for 2021 are taking place now. Residents can submit their annual parking permit application or request an overnight parking permit 24-hoursa-day, seven-days-a-week, by visiting cerritos.us and clicking on "Parking Permits" under the Featured Links section.

The Cerritos City Council recently amended the parking permit criteria to allow two-car garage households with five vehicles and four licensed drivers to qualify for a second annual parking permit. Three-car garage households would require seven vehicles and six licensed drivers to qualify for a second parking permit. The Council also temporarily allowed all Cerritos residents and students with a driver's license and vehicle to be issued a limited "Special Circumstance" parking permit that is valid for 90 days.

For more information, call the Community Safety Division at (562) 916-1266.



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View From The Couch

New York Met offers art & culture in online tours and videos

The Met launched their K-12 distance learning program Virtual School Tours early in the summer of 2020, to engage students remotely. **BY LAURIE HANSON**



virtually during COVID-19 with The Metropolitan Museum of Art in New York.

Visitors can discover all that is offered at both the museum's two iconic sites in New York City - The Met Fifth Avenue and The Met Cloisters – viewable online through their virtual tours and videos.

"During this challenging time, when the lives of families and school communities continue to face disruptions due to the COVID-19 pandemic, it is

TEMPLE OF DENDUR Part of the 360° Project

videos for online public viewing.

mperative that the Museum's collection and all it has to offer remains accessible for educational enrichment," explained Educator-In-Charge Emily Blumenthal, who has been involved with teaching and learning with the museum for more than 7 years.

Founded in 1870, The Met aspires to be more than a treasury of rare and beautiful objects. Every day, art comes alive in the Museum's galleries and through its exhibitions and events, revealing new ideas and unexpected connections across time and across cultures, according to www.metmuseum.

"Education has been at the heart of The Metropolitan Museum of Art's mission since its founding 150 years ago," said Blumenthal. "The Met's educational programming engages people of all ages and abilities.³

Currently, their virtual programming includes tours and videos, classes and workshops, at-home art making activities, weekly story times, curriculum resources, virtual internships and programming for high school and college students, and much more.

"As New York's largest arts classroom, we believe that we have a responsibility to meet the needs of educators and students, especially in times of uncertainty and distance, when the arts have the power to connect, heal, and inspire," she said. "We have expanded our reach to serve schools and educators virtually, through artsrich programs and resources applicable in a classroom or virtual learning environment."



The Museum's virtual tours and online programs feature their inspired collections at The Met Fifth Avenue and The Met Cloisters, a branch dedicated to medieval European art and architecture. Even featured is their now closed The Met Breuer site which was dedicated to contemporary art.

The Met launched their K-12 distance learning program Virtual School Tours early in the summer of 2020, to engage students remotely with 45-minute virtual tours offered on request from local schools in New York as well as across the country. The tours offer opportunities for students to have inquiry-based and interactive conversations. They are offered free for NYC public schools and all Title 1 public schools, according to Blumenthal. Other virtual activities including art making workshops, classes, talks, performances and more which can be found online at www.metmuseum.org/events/whats-on.

"Our most popular virtual tour topic for K-12 school groups this year has been 'Exploring Art Across Cultures," said Blumenthal. "Our virtual Museum Highlights tour has been the

most popular topic for adult audiences, followed by tours of the special exhibition, About Time: Fashion and Duration (on view at The Met through February 7, 2021)."

Adult and university group tours are led with online discussions by a museum guide. They run 60 minutes, are for groups of 40 or less people and are available weekdays from 10 a.m. to 3 p.m., with some limited appointments available on Saturdays. Fees are \$300 per adult group, and \$200 flat fee per university student groups. Under-resourced organizations may qualify for the Met's reduced rates or waivers.

An award-winning online series that has been viewed more than 11 million times is The Met 360° Project. It features six videos with 360° views of the museum's most revered art and architectural spaces through spherical 360° technology.

what it is like standing in an empty gallery after-hours, seeing a bustling gallery through a time-lapsed video, or getting a bird's-eye view above The Met Cloisters. It takes viewers on



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Project 360° enables viewers to experience

GRAND ENTRANCE The 140 year-old museum is a NY treasure.

visits also to the Great Hall, The Temple of Dendur, The Met Breuer, The Charles Engelhard Court, and the Arms and Armor Galleries. All videos can be seen with music via smartphone, desktop, or laptop computers, on a Google Cardboard or a VR headset.

In the Great Hall, designed in 1902 by architect Richard Morris Hunt, viewers experience the majestic museum's main entry which greets more than 6 million visitors a year. They will soar past colonnades, up towards the oculus ceiling and look down over the Grand Staircase and balcony while viewing gigantic flower arrangements.

The Met Cloisters video shows viewers European medieval art, architecture, and gardens with New York City viewable across the Hudson River. The Medieval cloisters are also viewable but inside the building.

In the Temple of Dendur video, you can experience a day in an Egyptian temple that was built around 15 B.C., when Roman Emperor Augustus ruled. The temple was a gift from Egypt to the United States in 1968, in recognition of the U.S.'s support to save Egyptian monuments threatened by the Nile River.

Although now closed, The Met Breuer's modern and contemporary art can be viewed. It had opened in 2016 at Madison Avenue and 75th Street in a building designed by Marcel Breuer. The Frick Collection took over the building during a renovation after it was open for only 4 years. However, in the video viewers will see a trapezoidal window while hovering inside the entrance over a garden courtyard.

The Met's American Wing can be

explored in the Charles Engelhard Court video where you can see sculptures, timelapsed crowds visiting, and view working artists' easels. You will also see Tiffany stained-glass windows, and mosaics along with other works.

In their last video, The Met features the Arms and Armor Galleries where viewers see real arms and armor collections from Europe, the Middle East. Asia, and America.

The Metropolitan Museum of Art got its start in 1866 in Paris, France. A group of Americans wanted to create a "national institution and gallery of art" to bring works of art and art education to the United States.

In 1870, The Met was incorporated and opened to the public at the Dodworth Building on Fifth Avenue in New York. After a brief move to Douglas Mansion on 14th Street, the museum opened at its site today on Fifth Avenue and 82nd Street. It became one of the world's greatest centers for art by the 20th century. Some of the works acquired were those of Renoir and Matisse. Other works they acquired in 1917 included an Egyptian hippopotamus statuette that is now the museum's unofficial mascot. "William"

It was not until 1938 that The Met Cloisters opened to the public. Its collection continues to grow today thanks to a Rockefeller endowment and other significant gifts.

In 2011, the museum opened new galleries to the public for the Art of the Arab Lands, Turkey, Iran, Central Asia. The following year, The Met's New American Wing Galleries for Paintings,

> **GREEK GOD** The enormous Greek fragmented head at the Met.

Sculpture, and Decorative Arts reopened in 2012. It was the completion of the third and final phase of The American Wing's renovation of the Charles Engelhard Court.

For more than 140 years, the Metropolitan Museum of Art has been guided in its purpose to collect, study, and conserve art while presenting significant works across all times and cultures. They do so as a way of connecting people through creativity, knowledge, and ideas. For more information about the museum's virtual tours and videos or to donate, please visit online at www.metmuseum org.



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Whitney athlete commits to Brown University for soccer

Gamero, whose position is forward, plays for the Beach Futbol Club out of Long Beach; the only club team she has played for. BY LOREN KOPFF @LORENKOPFF ON TWITTER masiolu Gamero won't have to change her color scheme too much when she begins her

freshman year of college. For the past four years, she has worn the brown and gold of Whitney High and will be donning brown and red apparel when she begins her college life at Brown University in the fall.

Gamero has made a verbal commitment to the Ivy League institution but has already received her acceptance letter to the school. She will be going to Brown for soccer, but has never played one minute of the sport for the Lady Wildcats during her high school years.

"I wanted to go to Brown after I met the coaching staff and a few of the players at a Brown soccer camp that took place in San Diego," Gamero said. "I had known since the ninth grade that I wanted to play soccer at an Ivy League school, but it was difficult to choose which one out of the eight I wanted to go to. After talking to different schools, heading out to camps and talking with the **BROWN UNIVERSITY** Gamero will major in biology aiming for medical school.

coaches, I thought Brown and Rhode Island may be the best fit for me. The campus is breathtaking and all of my teammates that are also graduating with the high school class of 2021 are super kind and easy to get along with."

Gamero has been going to soccer camps since she was a freshman with the Brown camp being her first camp. During her time as a soccer player, Gamero has been to about half a dozen soccer camps put on by some of the Ivy League schools. The last Brown camp she went to was on Mar. 8, 2020 and was a one-day event that lasted six hours.

"A lot of these camps bring college coaches from other schools to evaluate players," Gamero said. "So, while you may be at the Princeton camp, you'll probably run into coaches from other schools like Columbia."

Gamero, who plans to major in biology because she wants to go to medical school, made her decision official during the summer between her sophomore and junior years but admitted she had been leaning towards Brown since her freshman year. She also said that her mom really stressed the importance of an education growing up, which is what got her interested in going to an Ivy League school.

She had also considered Columbia University, the University of Pennsylvania and Princeton Universities. One of Gamero's club teammates for six years is also going to Brown.

"The friendliness, the competitiveness and the fun made me decide that Brown had to be it," Gamero said. "They also have won the Ivy League women's soccer championship 13 times and I love to win."

Whitney athletic director Jeff Day had her in his physical education class during her seventh and eighth grade years and was in awe the first few times he saw her.

"I was like, 'wow, what an athlete'," Day remembered. "[She's] just powerful [with] her strength, explosiveness, quickness. It's no wonder she's going to be a great soccer player. She has all the ingredients she needs for soccer."

He added that she's very modest,

won't brag about herself or flaunt her athletic achievements, is well-liked and popular on campus and blends in with the student body.

Gamero, whose position is forward, plays for the Beach Futbol Club out of Long Beach; the only club team she has played for. With most of their games played in Southern California, the Beach Futbol Club trains at El Camino Community College and plays their home games at the ECC football stadium. When the pandemic halted all outdoor activities, she had started 18 of 19 games during her most recent season, scoring 17 goals, both marks ranking second on the team.

The fact that Gamero has never played soccer for Whitney isn't unusual for many club soccer players. Since she was a freshman, she has played for the United States Soccer Development Academy, which doesn't allow its players to play for their high school teams. And while she missed out playing for the Lady Wildcats, Gamero said playing for the U.S. Soccer Development Academy has benefited her at the same time. She did get to travel the country to play in numerous showcases and games in Arizona, Colorado, Florida, Nevada, North Carolina and Washington.

"Unfortunately, playing out of state made it so I had to miss days and even weeks of school," Gamero said. "But it was a lot of fun and something I really enjoyed. It was at these showcases and through game film that I got recruited instead of at high school games."

"I wasn't disappointed," Day said of Gamero not playing at Whitney. "I get it now; sports are specialized and to be wanted and allowed to play at that level of play...good for her. It does make you wonder what if. But we were lucky enough to have her on the track team for a couple of years and I think she was part of one of our school record relay [teams] as a sophomore."

Gamero's father, who hails from Spain, was the one instrumental in getting her involved in the sport. She said growing up, school and soccer was all he did. She first started playing in the American Youth Soccer Organization (AYSO) at around the age of nine and eventually made her way to club soccer.

"I play more of a center forward role but can play anywhere across the front line," she said. "One of my biggest accomplishments was

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Supervisor Hahn Supports Reopening Outdoor Dining

Supervisor Janice Hahn released the following statement in response to Governor Newsom lifting the statewide stay-at-home orders:

"Now that Governor Newsom has lifted the statewide stay-at-home order, the question is what is L.A. County going to do? We should align ourselves with the state as much as possible which means, among other things, reopening outdoor dining with commonsense health protocols in place as soon as possible. The restaurant industry was devastated by this lengthy shutdown and I know this would be welcome news."

CarePortal Information Night February 9th by ROSEMARY LEWALLEN

Let's keep the holiday spirit of giving going throughout the year! St. Irenaeus Catholic Church, through their Health Ministry, has recently become a member of the CarePortal network, joining 2,419 other faith communities in the United States. The final CarePortal Information Night presentation will be held via Zoom on Tuesday, February 9th at 7 p.m. It will be led by Joe Ash of the Peace Plan, as well as our St. Irenaeus CarePortal Leadership Team. This presentation is open to St. Irenaeus parishioners and the community-at-large. At this meeting, we'll be encouraging individuals to sign up as Responders. You may be thinking, "What is this all about, and what is a Responder?" CarePortal is a tech platform that supports vulnerable youth by connecting people who have needs with people who can fulfill those needs. Responders play a part in supporting biological and foster families, helping to keep biological families together, assisting foster youth who have aged out of the foster care system and are at high risk for human trafficking, and helping human trafficking survivors become self-sufficient. This ecumenical organization utilizes online technology to connect vulnerable youth and their families in need with people who can help.

All requests are vetted and submitted by either a case worker, social worker, county or child welfare professional to the CarePortal network. Next, Response Teams or individual Responders determine if they can fulfill this need, either partially or fully. CarePortal will also show who has responded, so everyone can easily see what needs remain to be fulfilled.

There are several alternative levels of response. Level One provides resources to stabilize the situation of children and their caregivers. Level Two provides support for children and families through sharing your time and developing caring relationships. Level 3 welcomes children or families either temporarily or permanently into your home.

There are a variety of ways you can help meet the needs of vulnerable youth and their families through CarePortal. First, pray that those in need experience God's compassion through these acts of kindness. Second, discern whether or not you and your family want to serve as part of a Response Team or as individual Responders. Parents might choose to join a Response Team as a family unit to teach the virtues of caring and mercy to their children. Philanthropic organizations or faith groups could join as a group, so the responsibility is not on just one individual or family. When a request is received, the Response Team decides if this is a need they can fulfill, either fully or partially.

To advertise call 562-407-3873

If you have interest in becoming a CarePortal Responder or would like to find out more about CarePortal itself, we encourage you to register for the February 9th presentation by sending an email to healthministry@sticypress.org and note "CarePortal Feb. 9th" on the subject line. That way we can send you the access link to the Zoom presentation. For questions or concerns, please contact Jennifer Dagarag, RN, St. Irenaeus' Faith Community Nurse, at 714-826-0760, Extension 124. CarePortal is a wonderful opportunity to put your faith into action.

Whitney High Tree Sale to Combat Climate Change

Did you know that if you stacked 850,000 sheets of paper, the stack would be taller than the Statue of Liberty? The passionate students of the Ecology and Wildlife Club at Whitney High School know this quirky piece of information because that's exactly how much paper their school used during the 2018-19 school year! They've decided to take action to replenish the natural resources the school consumed and fight global warming at the same time.

As a service to the Cerritos community, the Whitney's Ecology and Wildlife Club is partnering with the non-profits, Tree-Plenish and Grades of Green to host an online tree sale. Trees are critical for balancing the earth's temperature because they absorb the greenhouse gas carbon dioxide and can store it safely in their roots, branches, and trunks for decades.

The students are striving to sell at least 110 Gala apple trees to offset Whitney High School's paper usage and create a healthier community. The sale will run through February 13th and customers will be able to pick-up their tree(s) at a socially distanced drive-thru pick-up at Whitney High School on March 13th. Currently, the Gala trees are being offered at a 25% discount of \$7.30 and supply is limited! To purchase a tree visit: www.tree-plenish.org/whitney. For more information refer to the club's FAQ: www.tinyurl.com/whstrees. The student's project has the potential carbon sequestration power of 220,000 pounds of CO2 over the lifespan of the trees.

How Can Students Get

Involved With Grades Of Green? Find more information and sign up your student team at www.gradesofgreen.org or email info@gradesofgreen.org.

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Gamero from page 10

probably scoring a hat trick in a Development Academy showcase game that determined whether we moved on to the quarterfinals or not. That game was the most stressful I had ever played."

Gamero posted her hat trick in the second half of that game after missing on a penalty kick and her team would go on for a 4-0 win. She would lead her team in scoring during the 2017-2018 and 2018-2019 seasons. The 2019-2020 season was never completed because of the pandemic and her 2020-2021 campaign has yet to begin. Gamero's 2017-2018 team won the Southwest Division and her2018-2019 team was ranked fourth in the nation.

"Club soccer has been so much fun." Gamero said. "For the last four years, we have been training four days a week and playing games almost every weekend with short breaks during the winter holidays and for summer once our biggest showcase is done. [The] Coronavirus [pandemic] has made it so we now only train twice a week and we don't play games. Training for an hour and a half four days a week was intense and with that came a sense of accountability. Because every single teammate was showing up and working extremely hard, none of us wanted to slack off."

To keep in shape for soccer while at Whitney, Gamero has been a member of the track and field team since she was a freshman. She says that soccer and track and field go hand in hand and to play center forward, one needs to be fast and enjoy sprinting. Gamero became interested in track since her elementary school days and that interest encouraged her to join the Lady Wildcats team.

"It was difficult considering I already had school and soccer which took up basically all my time," Gamero recalls. "But it was well worth it to get to know all the other runners and the coaching staff."

One of her highlights in her brief time on the team came during her sophomore season when she was part of the 4 x 100 relay team, which knocked off favorite and city rival Cerritos High in the 605 League finals. Last season, Gamero didn't spend too much time with Whitney because soccer became more demanding and she was beginning to fall behind in her schoolwork. But if there is a season, which is scheduled to begin in late March, she'll definitely be ready.

"It's obviously sad that we won't get to run and compete like we usually do, but I think there are larger issues, like the pandemic, that have to be dealt with first," she said. "While I wish I could see my teammates and hang out at the track with my friends, especially since we are seniors and this is our last year, I'd much rather be safe than sorry. If the season does start around March 20, and it's safe, I'll definitely be the first one at the track ready to tackle whatever crazy workout the coaches have planned for us."

"It just shows that Whitney is a well-balanced school," Day said. "If you look back, we've had tennis greats go to UCLA that were CIF all-around champs. We've had other athletes go to USC [and] we've had athletes [go to] all levels of NAIA and NCAA. It says a lot about the community too, just with the support and the facilities."

Commerce Students Athletes Commit to College



COLLEGE BOUND: Bianca Becerra (left) and Victoria Padilla both play water polo and are going to ASU and Marist college respectively.

BY TAMMYE MCDUFF

Two female high school athletes, Victoria 'Tori' Padilla and Bianca Becerra are members of the city of Commerce's Women's Water Polo team. After years of playing their hard work paid off in the form of acceptance to college.

Padilla, a high school senior, has committed to Marist College in upstate New York. Padilla began playing water polo for the City of Commerce at a young age.

Her hard work ethic gave her the success in and out of the water and the opportunity to continue that same success at Marist College.

With the help of Padilla the team was able to see success at major tournaments around the country.

Her favorite quote is from singer and song writer Harry Styles which states if you're happy doing what you love; nobody can tell you you're not successful. "Without the City of Commerce Aquatic Program I would not have all the memories I've made," stated Padilla, "nor would I be as successful as I've been in water polo. Now, I'm on my way to play at Marist College. I will be fulfilling my dream of playing at a Division 1 team and pursuing a college education."

Becerra has committed to Arizona State University as a member of the ASU Women's Water Polo Team.

"First and foremost, I would like to thank the City of Commerce Parks and Recreation for continuously supporting the Water Polo Program. Along the way, I learned many skills in and out of the water; I developed discipline, composure, and a strong work ethic. Being a part of this program opened up the doors that helped me achieve my childhood dreams of continuing my academic and athletic journeys at a Division 1 school. My favorite memory was spending time in between games with my teammates during summer tournaments!"



By DAVID OUELLET

HOW TO PLAY: First, read the list of words, then look at the puzzle. The words are found in all directions - vertically, horizontally, diagonally, backward. Circle each letter of a word found and strike it off the list. The letters are often used more than once so do not cross them out. It is best to find the big words first. When you find all the words listed in the clues you'll have a number of letters left over that spell out the WONDERWORD. To see the answer use the link below the puzzle.

Pickle Away

G	L	S	Т	К	В	Μ	F	Ο	S	Μ	R	А	F	Ρ
R	Ν	L	Е	R	Ν	Ο	Е	С	R	Е	Т	R	Е	Ο
S	Т	Ι	I	L	Ο	U	L	Α	W	Е	А	L	S	н
Е	Ν	Ν	D	D	В	Е	Н	0	S	G	G	Е	А	С
С	Е	Ο	G	Ν	А	Α	L	С	Е	U	Ρ	А	U	Μ
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Р	R	R	U	S	С	G	R	Ο	В	Е	W	I	Ρ	G
Т	Е	Α	Е	Е	Е	S	Ν	Е	Т	Α	V	I	Ν	
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Jan. 31 is Early Registration Deadline for Virtual Lakewood Run

Register for the 2021 Virtual Lakewood Run by Jan. 31 to get the earlybird rates for this unique 30th Anniversary Lakewood Run that kicks off on Saturday, March 6, 2021.

As COVID considerations prevent the Lakewood Run from offering its traditional activities, this year's participants will download a virtual "race map" and have 30 days to complete the "30 for 30th Challenge" by visiting local businesses for fun giveaways and discounts.

Registration is online only at www. lakewoodrun.com/registration. Sign

up and get your choice of a specially designed T-shirt (\$35) or half-zip (\$45).

Blending, Bottles, Brine, Canning, Cauliflower, Celery, Chop, Chunk, Clean, Cloves, Cooking, Cucumbers, Cups, Curry, Dice, Diet, Dill, Farms, Food, Jars, Malt, Measuring, Onions, Oregano, Pared, Peppers, Pots, Preparation, Preserving, Recipes, Scan, Scent, Simmer, Slices, Spices, Sprigs, Tart, Vats, Vegetables, Vinegar, Washing, Wax, Ways. Early registration ends Jan. 31; registration fees increase to \$45 and \$55 from Feb. 1 through March 5. *www.lakewoodrun.com for full details.*

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Lakewood from page 1

wide range of ethnicities, cultures and residents that call Lakewood home.

The Action Plan also included a planned increase in publicity and continue events where residents can meet and talk with their Lakewood Deputy Sheriffs and public safety leaders.

Over the past three years, the city has conducted talks including Coffee with a Deputy, Ice Cream with a Deputy, and 10 other community meetings with deputies and public safety staff during 2019. Many of these gatherings could not take place in 2020 once COVID hit. The city will be holding virtual meetings with deputies in 2021, with one slated in the coming weeks.

Following the death of George Floyd in May 2020, City Council created a Community Dialogue process with residents to discuss ideas related to building on all the good in Lakewood. The Mayor convened an Interfaith Council of religious leaders that meet regularly to discuss issues.

The city organized two virtual town hall meetings. During the weekend dialogue in September 2020, nine religious congregations joined the discussion; over 350 residents participated in the overall process and more than 150 comments and recommendations were submitted.

With the agreement of City Council committees and city staff the Council has projects and ideas for implementation. The Action Plan includes the following:

1. Create a Council Committee on race, equity, diversity and inclusion [REDI] to discuss and recommend action related to racial equity and goals.

Create a public quarterly 2. roundtable. This REDI roundtable would allow residents to attend, discuss and recommend actions as an ongoing mechanism for input.

3. Create a Lakewood Multicultural Festival / International Food Festival, which city staff agreed could offer value. The festival is slated for Fall 2021

4. Provide training on racial sensitivity. The City has provided antidiscrimination training to city staff for many years. However following the Community Dialogue, the City will join with the Government Alliance on Race and Equity to provide access to best practices.

5. Enhance Lakewood work with youth on racial equity. The City operates two teen center and manages a teen action committee. The committee has not meet since March 2020, but staff will incorporate racial equity discussion to publicize participation and knowledge of programs.

Organize more community talks 6. with the Sherriff's department such as coffee meetings.

7. Create neighborhood and park events for residents to meet neighbors.

8. Several residents raised concerns regarding the complaint and business discrimination process of state and federal governments. The city plans to increase the publicity for its longstanding fair housing; Sheriff's department complaints and make sure residents are aware of how to protect their rights.

9. The City will look into ways of intermixing members of different community groups at future volunteer days and service projects.

10. The City's motto "Times Change, Values Don't" which was created in 2004 was meant to convey timeless community values such as recreation for all, beautiful neighborhood parks, well maintained streets and public safety. Public education effort will be an opportunity to articulate the diversity of Lakewood residents.

11. One recommendation was the creation of a Bridge Builder Award, similar to the 2021 Award of Valor and the major education initiative to promote the teachings of Dr. Martin Luther King, Jr.

"The feeling I got from these residents was not that Lakewood is a bad place," said Mayor Todd Rogers, "but rather a community, like many others around the nation that can do better in making sure that all of its residents are treated with equal respect under the law and equally embraced as fellow neighbors by all. We've started the process of our community dialogue and action plan in Lakewood and we look forward to continuing to report back to residents on our progress and on how they can get involved."

Aquarium from page 1

the age of two years old and temperature checks will be made before entrance is allowed. Hand washing stations and hand sanitizer dispensers are located through the Aquarium and all surfaces are regularly cleaned and sanitized by an environmental service.

Each year approximately 1.7 million people visit the Aquarium, making it consistently one of the leading attractions in the Los Angeles region. Beyond its world-class animal exhibits, the Aquarium offers educational programs for people of all ages from hands-on activities to lectures by leading scientists. Through these programs and a variety of

multimedia experiences, the Aquarium provides opportunities to delve deeper into ocean science and learn more about our planet.

Tickets may be purchased online, you must designate a visit date and time at purchase. www.aquariumofpacific.org

Magana from page 1

Magana first found out of the investigation when his bank told him his account had been frozen due to what prosecutors called "suspicious activity."

The bank was able to freeze \$940,000, but \$360,000 lost in the scam. Magana admitted.

Magana is scheduled to go back to court for sentencing May 11 and faces a possible maximum sentence of 30 years in federal prison.

Free tax preparation offered

Beginning Saturday, February 13, the Buddhist Tzu Chi Foundation will offer free tax preparation for taxpayers who meet the following qualifications for 2020: total income less than \$56,000; interest income less than \$10,000; fewer than five stock transactions; selfemployment expenses less than \$5,000; and no rental income.

Registration is required with the taxpayer's name, telephone number and email address.

No in-person tax preparation. Taxpayers will drop off copies of related tax documents at the Norwalk Social Service Center, located at 11929 Alondra Boulevard in Norwalk.

Call (562) 929-5961 or email info. vita.freefile@tzuchi.us.



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It's A Grind 13295 South St. Lakewood Regional 3700 South St. Liberty Park 19211 Studebaker Long Beach Memorial 2801 Atlantic Ave. Medipost 13299 E South Street Mimi's 12727 Towne Ctr. Dr. Norwalk Arts and Sports Complex 13000 Clarkdale Norwalk Senior Center 14040 San Antonio Dr. Norwalk City Hall **Offstreet** Café 11020 Artesia Blvd. Prescott 11840 Artesia Blvd. Rosewood 10769 South St. **WRD** 4040 Paramount

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CerritosNews



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Cerritos from page 1

of the allegations were sustained," said Adriana Flores-Church, the vice president of Human Resources and assistant superintendent. Later on Wednesday afternoon, a public statement was posted on the college's website. Neither the letter nor the statement detailed which allegations or which coaches were implicated in the investigation.

A Jan. 19 letter addressed to Ash Webb, the first former player to come forward and speak on her experiences while attending Cerritos, was posted on the alumni's social media account.

Most of the coaches, such as former L.A. Galaxy competitor Memo Gonzales, are themselves accomplished and accoladed soccer players who, along with Cerritos, coach for other girls soccer programs in colleges, high schools and youth clubs.

Ruben Gonzalez, Ramirez, Rossi and Whitfield were all involved in several youth and competitive soccer programs in the Southern California region.

On Aug. 12 of last year, Webb posted a series of videos titled "sexual harassment I encountered at Cerritos College" on her Instagram account. She detailed a number of alleged incidents with coaches from her first time practicing on the pitch.

Several former players reached out to Webb afterwards sharing experiences of their own in the women's soccer program. Webb also posted screenshots of their testimonial on Instagram.

From lewd comments to inappropriate invitations to one coaches home, Webb described an environment of unchecked sexual harassment and verbal abuse created by the coaches' behavior and the lack of accountability within the program.

Talon Marks' reporting found that the coaches were previously investigated for an earlier incident in 2018, following an incident that took place on one of the program's annual trips to play in other regions of the U.S.

On a trip to Seattle, a former coach for the women's soccer program, Jose Alfredo, alleges that he witnessed the coaching staff "drinking with five student athletes" while occupying multiple hotel rooms. A former player and team captain of the team, Alixandria Zabal, was on this trip, and corroborated stories of private get-togethers in coaches' hotel rooms, players getting their phones taken at night and tape being placed on the outside of hotel doors.

While the team was under investigation, Zabal recalls Gonzalez instructing the team not to implicate him or the coaching staff or they would be jeopardizing their next trip to an out of state tournament.

Zabal also alleges incidents where one coach, Brett Whitfield, made inappropriate and unwarranted advances on her on another trip via text message.

In August of last year, a statement in support of the coaches with a dozen signatories, all former players, was released. It was later discovered that many of the names on the document were forged, with at least five players claiming they didn't even know the document existed. It is unclear who compiled the written statement, but one writer, Ruby Nichols, could not be reached for comment.

Early in September, Dr. Valyncia C. Raphael, the campus Diversity, Compliance, and Title IX coordinator, stepped down from her position without publicly explaining why. Administration also revised the Title IX policy, extending the 90-day investigation period to 180. She was later replaced by Dr. Lauren Elan Helsper.

"Any personnel actions which may occur as a result are pending and cannot be disclosed at this time. We also cannot disclose specific details of any allegations as their confidentiality is protected by law," Flores-Church said, "When pending personnel actions become final, we will be able to share the fact that they occurred with you and the campus community."

Webb, who has been facing legal challenges from some of the accused coaches, said she feels relieved that the investigation is finally over, but she is still awaiting the details of the investigation for her pending lawsuits.

"It's been a long past months [sic] but I'm thankful," Webb said.

La Mirada

Notable Arrests

Two suspects were arrested in possession of a stolen vehicle.

A suspect was arrested for possession of a concealed firearm, driving under the influence, and possession of burglary tools.

Thirteen suspects were arrested throughout La Mirada for various warrants and narcotics violations. Aggravated Assault

A suspect attempted to use their vehicle as a weapon during an incident on the 15700 block of Hayford St. No injuries were sustained.

Other Structure Burglary

A late night window smash burglary was reported on the 15600 block of Imperial Hwy. A six pack of soda was reported stolen.

Vehicle Burglary

Tools were reported stolen during an afternoon burglary from a work van on the 15500 block of Oakbury Dr. **Grand Theft**

A catalytic converter was reported stolen during an early morning theft on the 15000 block of Greenworth Dr. **Grand Theft Auto**

A van was reported stolen on the 14700 block of Firestone Blvd.

An attempt vehicle theft of a SUV was reported on the 14400 block of Valeda Dr.

A truck was reported stolen on the 16300 block of Trojan Wy.

A stolen sedan was recovered on the 14200 block of Firestone Blvd.

Other Cities City of Downey - 01/27/21 – Catalytic Converter

DPD was patrolling the residential areas around Brookshire Avenue and Cleta Street when they spotted two men working their way underneath a parked vehicle. The two had tools and saws with them. They were about to cut off and steal the vehicle's catalytic converter. DPD was able to take the two into custody before they were able

to do any damage to the vehicle. City of Norwalk – 01/23/21 – Family Disturbance

Crime Summary

Deputies responded to 12800 Stage Coach Road in Norwalk for a family disturbance call. The call indicated that a male at the address currently had a restraining order against him by his parents. The male was located and arrested for violating the court order and stalk-ing.

City of Bellflower – 01/23/21 – Vehicle Damage

A Chevy Yukon was broken into late Saturday night at the cross streets Rosecrans and Ar-dis. The vehicle reportedly was locked and the suspects punched the driver side door lock. After speaking with neighbors, a White GMC SUV, maybe 2005 was seen parked right in front with the engine running, male Hispanic driver wearing a baseball cap. The same vehicle and driver were seen trying to break into an SUV further down the street. Police responded quickly and filed a report. **City of Downey - 01/23/21 – Illegal Soliciting**

It was brought to the attention of Downey Crime Watch that incidents of unauthorized fund-raising have occurred within the city of Downey. People are posing as Downey High School and Warren High School students and waling door to door soliciting money for various clubs, sports teams and organizations. These two high schools are not sponsoring any door to door fundraising events.

Storm from page 1

Dorado burn scar areas, where residents were asked to be prepared for possible downpours that could trigger debris flows.

The low-pressure system gathered strength in the north. Rain fell steadily Wednesday in San Luis Obispo County, where the system remained largely stalled.

CITY OF ARTESIA NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN THAT the City Council of the City of Artesia will hold a Public Hearing to consider the following item at the Adjourned Regular City Council Meeting at **7:00 p.m.** on **February 8, 2021.** The meeting will be held by teleconference only and can be viewed live over the internet at <u>https://artesia.12milesout.com/livevideo</u> Public comments may be submitted by email to <u>publiccomments@cityofartesia.us</u>, or by voicemail to (562) 865-6262, extension 200. Please submit email and voicemail public comments by 5:00 p.m. on the date of the meeting to ensure that the comments are read into the record.

AN ORDINANCE OF THE CITY OF ARTESIA, CALIFORNIA, AMENDING THE ARTESIA MUNICIPAL CODE CONCERNING ACCESSORY DWELLING UNIT REGULATIONS, AND MAKING A DETERMINATION OF STATUTORY EXEMPTION NOTICE OF PETITION TO ADMINISTER ESTATE OF JOSE RIVERA

CASE NO. 21STPB00405

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of JOSE RIVERA

A PETITION FOR PROBATE has been filed by ARACELI BONILLA RIVERA in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that ARACELI BONILLA RIVERA be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

UNDER CEQA

If you challenge the City's actions in regard to this matter in court, you may be limited to raising only those issues you or someone else raised at the public hearing described in the notice, or in written correspondence delivered to the City at, or prior, to the public hearing.

PUBLISHED: January 29, 2021

Ernesto Sanchez City Clerk

Published at Los Cerritos Community News 1/29/21

CITY OF LA MIRADA NOTICE OF PUBLIC HEARING ESTABLISHING ADMINISTRATIVE FEES FOR SMALL WIRELESS FACILITY PERMITS

NOTICE IS HEREBY GIVEN that the La Mirada City Council will conduct a public hearing in order to allow comments from local residents and businesses regarding establishing administrative fees for small wireless facility permits. The City will review and discuss a proposal to establish administrative fees for small wireless facilities permits.

administrative fees for small wireless facilities permits. The City will review and discuss a proposal to establish administrative fees for small wireless facilities permits. Said hearing will be held on February 9, 2021 at 6:30 p.m. in the City Hall Council Chambers, 13700 La Mirada Boulevard, La Mirada, California, 90638. All interested persons are invited to attend, and public testimony will be heard at that time. Additional information on establishing administrative fees for small wireless facility per-

Additional information on establishing administrative fees for small wireless facility permits can be obtained by calling the Public Works Department at (562) 902-2372. In compliance with the Americans With Disabilities Act, individuals in need of special assistance at the public hearing should contact the City Clerk at (562) 943-0131, extension 2309 three days prior to the date of the hearing.

Anne Haraksin, City Clerk

Published at La Mirada Lamplighter 1/29/21

A HEARING on the petition will be held on MARCH 2, 2021 at 8:30 A.M. in Dept.: "44" located at: 111 N. Hill Street, Los Angeles, CA Central District

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

OTHER CALIFORNIA statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

PETER A. SAHIN, ESQ., SB# 222207 Attorney for Petitioner VELASCO LAW GROUP, APC

333 W. Broadway, Suite 100

Long Beach, CA 90802

PNSB# 107240

Published in: Los Cerritos Community News Pub Dates: January 29, February 5, 12, 2021

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NOTICE IS HEREBY GIVEN that the Southeast Los Angeles County Workforce Development	NOTICE INVITING BIDS				
Board is requesting proposals for INDEPENDENT AUDIT SERVICES for fiscal year ending June 30, 2021, with an option to extend services, upon mutual agreement, for two (2) additional years thereafter, for a total of a three year contract.	ELECTRICAL SWITCHBOARD REPLACEMENT AT PLANT NO. 3				
Each proposal must be in accordance with the provisions of the Request for Proposal (RFP). The	Project number: <u>50027</u>				
RFP can be accessed in its entirety at <u>www.selacowdb.com</u>	NOTICE IS HEREBY GIVEN that the City of Pico Rivera, California ("City") invites sealed Bids for the Project. The City will receive such Bids at the City Clerk's office, City Hall, 6615 Passons Boulevard, Bigs Rivera, California 00660 up to 2:00 p m. March 2: 2011 at which time they will be				
For consideration, Proposals must be submitted no later than 3:00 PM (Pacific Time) on February 28, 2021.	Boulevard, Pico Rivera, California 90660 up to 2:00 p.m. March 2, 2021, at which time they will be publicly opened and read aloud.				
Proposals received after the deadline will not be considered.	All Bids must be made on the form furnished by the City. Each Bid must be submitted in a sealed envelope addressed to the City Clerk with the Project name and identification number typed or clearly				
Proposal Submittals must be sent via email, with a subject title <u>Response to Request for Proposal for</u> <u>Audit Services</u> to:	printed on the lower left corner of the envelope. Bids must remain valid and shall not be subject to withdrawal for 90 calendar days after the Bid opening date.				
Maria Jennings: maria.jennings@selaco.com	SCOPE OF WORK. The Project includes, without limitation, furnishing all necessary labor, materials, equipment and other incidental and appurtenant Work necessary to satisfactorily complete the Project,				
All questions, interpretations, or clarifications, either administrative or technical pertaining to this Re- quest for Proposal (RFP) must be communicated in writing via email, with a subject title <u>Questions</u> to <u>Request for Proposal for Audit Services</u> and received by February 1, 2021, by 5:00 PM (Pacific Time). Questions must be sent to the email address below and should include the Proposer's name and reference to the appropriate page and section number of the RFP. Address questions to: Technical questions regarding the SOW: Chau Diep: chaud@selaco.com For administrative questions regarding the RFP process: Maria Jennings: Maria.Jennings@selaco.	as more specifically described in the Contract Documents. The quantity of Work to be performed and materials to be furnished are approximations only, being given as a basis for the comparison of Bids. Actual quantities of Work to be performed may vary at the discretion of the City Engineer. Time for completion of the Work is one hundred eighty (180) total Calendar Days from the date specified in the Notice to Proceed and shall be inclusive of the procurement time to furnish and install all materials associated with this project.				
com All questions will be answered in writing and conveyed to all firms on SELACO WDB's Offeror's List and posted on the SELACO WDB webpage no later than February 9, 2021 by 3:00pm. Published at Los Cerritos Community News 1/28/19	LICENSES. Each Bidder shall possess a valid Class "A" or "C10" Contractor's license issued by the California State Contractors License Board necessary for the performance of all Work to be performed at the time of the Bid submission, unless this Project has any federal funding, in which case the successful Bidder must possess such a license at the time of Contract award. The successful Contractor must also possess a current City business license.				
	MATERIALS SUBSTITUTIONS AND OTHER QUESTIONS. Bidders are required to e-mail their				
NOTICE OF PETITION TO ADMINISTER ESTATE OF: BETTY E. TOWNS AKA BETTY TOWNS, BETTY EVELYN TOWNS CASE NO. 21STPB00195 To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of BETTY E. TOWNS AKA BETTY TOWNS, BETTY EVELYN TOWNS. A PETITION FOR PROBATE has been filed by MELVIN G. VENABLE in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that MELVIN G. VENABLE be appointed as personal representative to administer the estate of the decedent. THE PETITION FOR PROBATE the decedent's WILL and codicils, if any, be admitted to probate. The WILL and any codicils are available for examination in the file kept by the court.	questions or equivalent material or substitution request of construction materials to the City Project Manager until 4:00 pm on or before February 22, 2021. Any questions or equivalent material or substitution request of construction materials submitted after February 22, 2021 will not be answered. Questions and answers and/or any responses to material substitution request will be issued by February 25, 2021 as an addendum. It is the Consultant's responsibility to check online for any addenda that are released. Any changes or corrections to the original Bid Documents or any other information that will affect the completion of the award will be disseminated and posted on the City's website (<u>http://www.pico-rivera.org/rfps/</u>). Bidders shall acknowledge receipt of all addenda documentation (if any) with the submitted bid proposal.				
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions,	CITY PROJECT MANAGER CONTACT INFORMATION:				
however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and here used the use the state the perited to retrain the state of the state.	Name: Nadia Carrasco Contact Number: 562-801-4221				
and shows good cause why the court should not grant the authority. A HEARING on the petition will be held in this court as follows: 02/25/21 at 8:30AM in Dept. 67 located at 111 N. HILL ST., LOS ANGELES, CA 90012	E-mail address: ncarrasco@pico-rivera.org By: Monica Heredia 1/21/2021				
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.	Published at Los Cerritos Community News 1/29 and 2/5/21				
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the per- sonal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general					
personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.					
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.	NOTICE OF PETITION TO ADMINISTER ES-TATE OF ELIE G. MALOUF aka ELIE GEORGE MALOUF aka ELIE MALOUF				
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Spe- cial Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.	Case No. 21STPB00149 To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be inter-ested in the will or estate, or both, of ELIE G. MALOUF aka ELIE GEORGE MALOUF aka ELIE MALOUF				
Attorney for Petitioner JENNIFER N. SAWDAY - SBN 228320, TREDWAY, LUMSDAINE & DOYLE, LLP	A PETITION FOR PROBATE has been filed by George E. Malouf aka Georges E. Malouf in the Superior Court of California, County of LOS ANGE-LES.				
3900 KILROY AIRPORT WAY STE. 240 LONG BEACH CA 90806	THE PETITION FOR PROBATE requests that George E. Malouf be appointed as personal repre-sentative to administer the estate of the decedent.				
BSC 219292 1/22, 1/29, 2/5/21	THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority				
CNS-3432156# LOS CERRITOS COMMUNITY NEWS	will allow the personal representative to take many actions without obtain-ing court approval. Before taking certain very im-portant actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or con-sented to the				
NOTICE OF SHERIFF'S SALE	proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.				
THE BEST SERVICE CO., ETC VS OKAMOTO, MITSUMASA/ AKIKO CASE NO: VC032122R	A HEARING on the petition will be held on Feb. 18, 2021 at 8:30 AM in Dept. No. 5 located at 111 N. Hill St., Los Angeles, CA 90012.				
Under a writ of Execution issued on 03/17/20. Out of the L.A. SUPERIOR COURT, NORWALK, of the SOUTHEAST DISTRICT, County of Los Angeles, State of California, on a judgment entered on 10/15/2002; judgment renewed on 7/9/2008 and 6/26/2018. In favor of WV SPE 2018-3A, LLC, AS ASSIGNEE and against OKAMOTO, MITSUMASA; OKAMOTO, AKIKO show-	IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objec- tions with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal rep-resentative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general				
ing a net balance of \$204,268.60 actually due on said judgment. (Amount subject to revision) I have leviced upon all the right, title and interest of said judgment debtor(s) in the property in the County of Los Angeles,	personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowl-				
State of California, described as follows: LOT 60 OF TRACT 30003 AS PER MAP RECORDED IN BOOK 801, PAGES 41 TO 43 INCLUSIVE OF MAPS, IN THE OFFICE OF THE LOS ANGELES COUNTY RECORDER, REAL PROPERTY LOCATED IN THE CITY OF CERRITOS. APN: 7055-020-019	edgeable in Cali-fornia law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as pro-vided in Probate				
Commonly known as: 12046 BERTHA STREET, CERRITOS, CA 90703-7519 Public notice is hereby given that I will sell at public auction to the highest bidder for cash in lawful money of the United	Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for petitioner: ROBERT L COHEN ESQ				
States all the right, title and interest of the debtor(s) in the above-described property or so much as will be sufficient to satisfy said writ or warrant with interest and all costs on 03/03/21, 10:00 AM at the following location.	SBN 150913 LAW OFFICES OF				
STANLEY MOSK COURTHOUSE 111 N. HILL STREET, ROOM 125B	ROBERT L. COHEN INC 8081 ORANGETHORPE AVE				
LOS ANGELES, CA 90012 (XXX) This sale is subject to a minimum bid which must exceed \$175,440.58 CCP 704.800(a); and a minimum bid in the amount	BUENA PARK CA 90621 CN974727 MALOUF Jan 15,22,29, 2021				
of \$765,000.00 CCP 704.800(b). (Subject to revision) Prospective bidders should refer to sections 701.510 to 701.680, inclusive, of the Code of Civil Procedure for provisions					
governing the terms, conditions and effect of the sale and the liability of defaulting bidders. Creditor's Attorney	NOTICE IS HEREBY GIVEN that the Southeast Los Angeles County Workforce Development Board is requesting proposals for INDEPENDENT AUDIT SERVICES for fiscal year ending June				
VERUS LAW GROUP, APC HOLLY WALKER	30, 2021, with an option to extend services, upon mutual agreement, for two (2) additional years				
2623 W. MANCHESTER BLVD. INGLEWOOD, CA 90305	thereafter, for a total of a three year contract.				
Dated: 01/05/21 Branch: Los Angeles ALEX VILLANUEVA, Sheriff	Each proposal must be in accordance with the provisions of the Request for Proposal (RFP). The RFP can be accessed in its entirety at <u>www.selacowdb.com</u>				
By: MISTY DOUGLAS, Deputy	For consideration, Proposals must be submitted no later than 3:00 PM (Pacific Time) on February 28,				
Operator Id: 533834	For consideration. Proposals must be submitted no later than 3 00 PM (Pacific Time) on February 78 1				

NOTE: IT IS A MISDEMEANOR TO TAKE DOWN OR DEFACE A POSTED NOTICE BEFORE THE DATE OF SALE

CN974980 VC032122R Jan 22,29, Feb 5, 2021

Notice of Self Storage Sale

Please take notice US Storage Centers - Cerritos located at 16015 Piuma Ave. Cerritos, CA 90703 intends to hold an auction to sell the goods stored by the following tenants at the storage facility. The sale will occur as an online auction via <u>www.storagetreasures.com</u> on 2/18/2021 at 10:00AM. Unless stated otherwise the description of the contents are household goods and furnishings. Robert Allen Marks; Johnnie Moore. All property is being stored at the above self-storage facility. This sale may be withdrawn at any time without notice. Certain terms and conditions apply. See manager for details.

Published at Los Cerritos Community News 1/29 and 2/5/21

Notice of Self Storage Sale

Please take notice US Storage Centers - Commerce - Olympic located at 5415 E. Olympic Blvd. Commerce CA 90022 intends to hold an auction to sell the goods stored by the following tenants at the storage facility. The sale will occur as an online auction via www.storagetreasures.com on 2/18/2021 at 10:00AM. Unless stated otherwise the description of the contents are household goods and furnishings. Ma Guadalupe Ayala Mendoza; Sylvia Stopani; Jared Michael Haynes Levius; Federico Morales; Iveth A Espinoza Castro; Rene Flores (2 units); Angelica M Barajas; Luz Adriana Pacheco Rangel; Marisela Julia Gonzalez; Oswaldo Herrera Patino; Maria Martinez Salazar; Alberto Rolando Garcia Alpizar; Glenda Esperanza Rodriguez Zuniga; Araceli Alvarado; Stacey Marie Padilla; Edwin Ramon Ramirez; Cynthia Grogan; Maria del Rosario Cruz Nunez. All property is being stored at the above self-storage facility. This sale may be withdrawn at any time without notice. Certain terms and conditions apply. See manager for details.

Published at Los Cerritos Community News 1/29 and 2/5/21

Proposals received after the deadline will not be considered.

Proposal Submittals must be sent via email, with a subject title Response to Request for Proposal for <u>Audit Services to:</u>

Maria Jennings: maria.jennings@selaco.com

All questions, interpretations, or clarifications, either administrative or technical pertaining to this Request for Proposal (RFP) must be communicated in writing via email, with a subject title <u>Questions</u> to Request for Proposal for Audit Services and received by February 1, 2021, by 5:00 PM (Pacific Time). Questions must be sent to the email address below and should include the Proposer's name and reference to the appropriate page and section number of the RFP. Address questions to: Technical questions regarding the SOW: Chau Diep: chaud@selaco.com For administrative questions regarding the RFP process: Maria Jennings: Maria.Jennings@selaco. com

All questions will be answered in writing and conveyed to all firms on SELACO WDB's Offeror's List and posted on the SELACO WDB webpage no later than February 9, 2021 by 3:00pm.

Published at La Mirada Lampllighter 1/29/19

PLEASE PATRONIZE THE ADVERTISERS IN THIS NEWSPAPER! Their advertising support keeps this paper in operation. Thank you! HEWS MEDIA GROUP

Lynwood Unified School District Information Sessions



Lynwood Unified invites District families

to information sessions regarding Lynwood High School facilities and plans to shift student instruction across the District during the 2021-22 school year.

BACKGROUND: In June 2020, a section of exterior roofing panels fell on campus at Lynwood High School. The school district immediately launched an engineering review of construction at the campus, which is ongoing. The District is now planning to move all student instruction off campus during the 2021-22 school year, which will impact middle- and elementary-school students as well. The information sessions will outline how the District plans to shift instruction to best serve the instructional needs of Lynwood's students.

Current plans would have:

- Lynwood High School students attend Lynwood Middle School.
- Fifth-graders remain at elementary schools for sixth grade.
- Cesar Chavez and Hosler middle schools will teach seventh and eighth grades, with most Lynwood Middle School students attending Hosler.

Meeting Schedule:

Feb. 4:	Lynwood High School families
Feb. 5:	Lynwood Middle School families
Feb. 10:	Cesar Chavez and Hosler middle school families
Feb. 12:	Elementary school families
TBA:	Special Education families
Sessions a	at 9 a.m. and 6 p.m. on each day.
Sessions wil	Linclude a short presentation followed by

Sessions will include a short presentation followed by a Q&A session.

Please check the District Website at

myLUSD.org

for Zoom meeting details and to confirm event dates and times.

