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 SEE PAGE 12

WATER AEROBICS:

CITY MEETS WITH OLDER ADULTS, EXERCISE MUSIC WILL NOT BE ALLOWED AT CPE

By Larry Caballero

More than forty disgruntled seniors came to Cerritos Park East (CPE) to share their discontent and to hear what Cerritos Recreation Services Superintendent Sherre Titus had to say about the City no longer allowing them to exercise in the pool if they are using a taped recording.

One senior said, "It must be important to a lot of us to have such a large turn-

See **POOL** page 10



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BELLFLOWER CELEBRATES 60TH ANNIVERSARY



Bellflower Mayor Schnablegger, Mayor pro tem Ray Dunton and the City Council at the city's 60th anniversary celebration. Thousands of residents packed downtown for the celebration.

Incorporated in 1957, this year marks the 60th Anniversary for the City of Bellflower. Thousands of residents came out this past Saturday, October 14th to enjoy the 60th Anniversary festivities that was held in the heart of downtown Bellflower.

The celebration featured family friend-

ly activities including a slide that measured 100 feet long, a rock climbing tower, inflatable's, game booths, crafts, face painting, balloon artists and the Parks and Recreation Department's popular Bellflower Recreation In Motion (B.R.I.M.)

See **BELLFLOWER** page 8

LYNDA JOHNSON HAS TWICE VIOLATED STATE ELECTION LAWS DURING CURRENT CAMPAIGN

One election violation was linked to an advertisement, another in a letter Johnson recently sent to voters

By Brian Hews

ABCUSD Trustee Area 3 incumbent Lynda Johnson published an election advertisement two weeks ago that could land Johnson in legal hot water and generate hefty fines under Fair Political Practice Commission laws.

Cerritos Fine Arts and Historical Commissioner Janet Beach, who designs the newsletter the ad appeared in, as well as her boss Melinda Kimsey, will also face fines.

And in another unbelievable gaff, just days after the advertisement published, Johnson sent a letter to voters that violated the same FPPC laws.

The newsletter advertisement on the bottom of the front page said, "Re-Elect Lynda Johnson... Vote Nov. 7."

However the advertisement did not contain certain state required information and violated the Political Reform Act and FPPC laws.

The FPPC mandates a "paid for by" disclaimer that contains the name, address, and committee identification number of the responsible committee.

In Johnson's case, the disclaimer on the advertisement should have read "Paid for by Lynda Johnson for ABCUSD" with Johnson's election committee address and identification number immediately after that.

Johnson's campaign manager Alan Gaff passed the buck on the ad, throwing Kimsey and Beach under the bus, "I didn't create an ad two weeks ago, so I am at low info on that."

A few days later, in another egregious error, a questionable letter from Johnson hit Area 3 voter's mailboxes that did not list her committee address as required by the FPPC.

It was the second FPPC violation in less than two weeks.

See **JOHNSON** page 10

DIRTY WATER:

APODACA FRIEND PAID \$10,000 VIA SOLE SOURCE CONTRACT TO ATTEND 'QUAGGA MUSSEL' MEETING

By Brian Hews

Hews Media Group-Community News has exclusively learned that Central Basin Municipal Water District (CB) General Manager Kevin Hunt awarded a questionable "sole source solicitation" contract to Leon Garcia, the controversial long-time friend of CB President Bob Apodaca.

The contract was for only two months and paid Garcia, who owns Southwest Management Consultants, Inc., an eye-opening \$10,000.

The contract stated, "the District requires performance services of Local Advocacy Services that was requested through 'Sole Source Solicitation,' the execution of this Agreement was approved by the District's General Manager in accordance with the District's procurement procedures through a written 'Justifi-

cation Memo' dated September 6th, 2017."

The scope and objectives of the contract were limited to one-half of a page and required Garcia to simply submit an invoice outlining his services to "Project Manager" Joseph Legaspi.

The contract also allowed for Hunt to authorize additional compensation for "extra work determined to be necessary."

"I am shocked," said CB Director Art Chacon, "Hunt was warned several times not to give Leon Garcia a contract, this is like the old days, handing out contracts to a Central Basin Director's friend."

Chacon's anger was justified as Garcia has a checkered past. In 2008 Garcia was found spending thousands on meals and travel as an Upper Valley San Gabriel Wa-

See **CENTRAL BASIN** page 11



La Mirada's L.A. County Teacher of the Year. Page 4.



Mayfair High alum Turner helps Dodgers into Series. Page 5.



Sprouts Farmers Market opening and ribbon cutting. Page 6.



Gahr running back tallies 402 yards in a single game. Page 12.

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MACY'S LAKEWOOD CELEBRATES 65 YEARS

By Tammye McDuff

On Saturday, October 21, 2017, the City of Lakewood, Lakewood Center and Macy's celebrated the 65th anniversary of the iconic Macy's building. A collection of posters including historic photos curated by Lakewood's Historian Emeritus D. J. Waldie was displayed near the Macy's mall entrance to tell the story of the innovative building and mall, and their impact on suburban culture.

Developers faced a huge task in 1950, to turn six square miles of farmland into a complete community of homes, parks, schools and places to shop. Their solution was Lakewood, the first fully planned suburban community in California to be



Since its opening in 1952, Lakewood's, signature department store has proudly served millions of shoppers. Pictured is the ground breaking for the store in 1950. Courtesy Lakewood Center.

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built after World War II.

At the heart of the community design was a new way to shop, a 154 acre retail center that would include department stores, specialty shops and entertainment attractions along a pedestrian mall.

Groundbreaking for the May company building took place on October 14, 1950 as 300 business leaders and state and county officials looked on, the Los Angeles Times described the Lakewood project as the world's largest shopping center.

In 1952, the Lakewood Center's iconic May Company building, which later changed to Macy's in 2006, opened to throngs of eager shoppers, the first to experience the concept of a regional shopping mall. Lakewood Center changed the way Californians shop, and set the pattern for the next 60 years of retailing, not just

in California but in the nation.

Among the May company departments was the west's largest youth department, a beauty salon, nurses and a doctor were on duty in the stores on clinic as well as a dentist office.

To celebrate, a drawing was held to take a unique small-group tour of special back areas of the historic Macy's building, including the rarely seen delivery tunnel under the mall that was designated as a community bomb shelter during the Cold War years.

Lakewood Center has a secret that made the car free mall possible. It's the half mile long tunnel that runs beneath the mall from Target to JC Penney. The tunnel made it possible to make deliveries to stores without interrupting the mall with cross streets and loading docks.

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ARTESIA HOLDS STATE OF THE CITY LUNCHEON AT COMMUNITY CENTER

By Tammye McDuff

The city of Artesia held its annual State of the City this past Wednesday, hosted by Artesia Mayor Ali Taj.

Mayor Taj started his keynote speech proudly proclaiming the City is fiscally sound and operating with a healthy reserve.

“We have gone from zero percent contingency reserve in 2013 to a contingency reserve equaling 110 percent of the operating budget in 2017; City Council can report that for the second year in a row the budget is balanced.”

The City established a reserve dedicated for contingencies: \$600,000 was added in 2015 and \$2.1 million was added during 2016.

The proposed fiscal year of 2017 committed to an additional \$2.3 million which would bring the total reserve to nearly \$6.4 million dollars.

Mayor Taj went on to say that Public safety expenditures have increased from \$2.6 million in 2015 to a projected \$3.4 million for 2018.

The City has implemented several new programs to keep the city clean, safe and attractive.

One Taj was most proud of was the graffiti removal program.

“We all know graffiti is detrimental to the health, safety and welfare of the community. Graffiti fosters a sense of disrespect of the law that results in an increase in crime; degrades the community and leads to urban blight. With this in mind we offer graffiti removal to property owners.”

In keeping with the beatification of the city and improve the quality of life for Artesia residents, the parks and Recreation



Welcoming guests to the Artesia State of the City Luncheon Oct. 24 at the Artesia Community Center were Mayor Ali Taj (center) with (l-r): Councilman Tony Lima, ABC Adult School Principal Dr. Pao Ling Guo, Cerritos College President Dr. Jose Fierro, ABC Superintendent Dr. Mary Sieu, Assistant Superintendent Valencia Mayfield and ABC Adult School Vice-Principal Chuck Minear.

departments services have increased programs, lengthened the hours of the parks, opened two new playgrounds within the City, re-surfaced tennis and racquetball courts, and re-surfaced soccer fields.

“We have done this all through grant funding,” said Taj, “and at no additional cost to residents.”

Infrastructure improvements have benefitted residents and visitors such as the transformation of Pioneer Boulevard in order to increase economic activity in the City’s International Shopping and Dining district; more than \$380k will be spent to repair residential streets.

New programs have also been implemented at City Hall: An Economic Devel-

opment Program, Restaurant Incentive; Business Incentive; Home Improvement; Façade Improvement; Business Recognition; the North Artesia Lot consolidation, and a three year tree trimming plan that follows the natural cycle of tree growth.

“We are on a solid trajectory of growth with a balanced budget and healthy reserves,” Taj told HMG-CN. “City Council, City Manager, City staff and employees should be proud, from where we were in 2013 to today is like night and day, and I know we can keep the upward trajectory going into the future and we will.”

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QUARTERMANIA EVENT ON NOVEMBER 12 HOSTED BY LOCAL SOROPTIMIST CLUB

By Louzana Kaku

Soroptimist International of Artesia-Cerritos will host Quartermania on November 12, 2017, from 11:30 am to 3:00 pm at St Joseph’s High School. This fun event costs only \$20 for an advance ticket and includes a box lunch and lots of fun! (A limited number of tickets will be available at the door for \$25). If you haven’t attended Quartermania before, we’ll admit it’s hard to explain. But you’re sure to have a great time at the event which includes food, raffles, and unique shopping – and the chance to win great prizes for mere quarters!

The doors open at 11:30 am so you can browse a variety vendors. Lunch will be served at 12:15. And the real fun begins at 1:00 when you can bid on items for a mere quarter on the dollar. So start saving your quarters (they will also be available for purchase on the day of the

event) and get in on the fun. Shop for yourself or for someone special! Maybe this would be a good time to start your Christmas shopping?

Vendors may include Perfectly Posh, Party Lite, The COCO Exchange, Simply Scarves, Pampered Chef, Origami Owl, Tastefully Simple, DoTerra, Hotel Life 1600 Sheets, Aloette, Bottle Lights and Company, Thirty-One Gifts and Others. (Vendors are subject to change without notice.)

You can purchase your tickets from any member of Soroptimist International of Artesia-Cerritos or call Lee Mireles at 562-394-2892. Proceeds support women and girls through our local charities and/or scholarships and support Soroptimist education. You may also direct inquiries to qm_siac@yahoo.com.

St Joseph’s High School is located at 5825 Woodruff Ave, Lakewood, CA 90713. There is ample free parking.

ATTEND VETERANS DAY CEREMONY

The community is invited to attend the City of Cerritos Veterans Day Ceremony on Saturday, November 11 near the Cerritos Veterans Memorial in the Cerritos Civic Center. The program begins at 9:45 a.m. with prelude music featuring the All American Boys Choir. The ceremony is scheduled to start at 10 a.m. The event is being held in honor of those who have defended our nation’s freedom by serving in the United States Armed Forces.

For more information about the

Veterans Day Ceremony, contact the Community Participation Division at (562) 865-8101.

RESET YOUR CLOCKS ON NOV. 5

Daylight saving time ends on Sunday, November 5, when clocks should be set back one hour. Also check batteries in smoke alarms and make sure the devices are working properly. (Smoke alarms typically have a lifespan of approximately 10 years.) A properly functioning smoke alarm can greatly reduce the risk of being injured or killed in a fire.

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ARRESTING CRIME IN OUR CITIES

By Brian Hews

Starting back in late March I began a conversation with the Mayors of Cerritos, Artesia, and Norwalk.

I also chatted with Cerritos Mayor pro tem Pulido and Councilman Yokoyama along with Artesia Councilmen Canales and Manalo; the conversations were all about crime and how to arrest its advance on the cities, pardon the pun.

We all know about crime in local cities, it seems to be getting worse, many blame AB 109 and Proposition 47.

No doubt crime of any kind hurts. It hurts residents, property values, businesses, and the city's images, while stunting economic growth.

Lately I have seen several new Internet-based home security products coming onto the market that can be accessed from an Android phone, an iPhone, or any other mobile device.

One of the products is called Ring, an Internet-based home security system that is installed on your house.

Ring markets the "floodlight cam" as the world's only motion-activated HD security camera with built-in floodlights, a siren alarm and two-way talk.

Homeowners can see, hear and

speak to anyone on their property from anywhere. The system boasts HD video, two ultra-bright LED floodlights and a 110-decibel siren alarm.

Floodlight Cam can even send instant alerts to your smartphone, tablet or PC whenever it detects motion.

I went online and contacted one of the sales associates asking how much a simple Ring security system costs.

To my surprise, the cheapest system was \$249, plus a \$3 monthly fee after thirty days. That's when I thought the idea might work.

The idea is simple and after talking to the Ring sales associate he indicated that some other cities are looking into the system too.

Cities set up a program to subsidize part of the Ring security system to be installed on any home.

The cameras are around \$249, Ring will deduct \$49 for any city program.

Cities subsidize half of the remaining \$200 with residents paying a measly \$100 to increase the security around their home.

For example, there are 15,000 homes in Cerritos, the total would be approximately \$1.5 million, or about what it cost to cut all the trees in Cerritos every

year.

It is a lot of money yes, but one must think of the many benefits this would bestow upon local cities.

A mentor once told me, "you don't sell the drill; you sell the anticipation of the hole."

Translation: you sell the benefits of the product; features come second.

The benefits of a majority of the city's homes having a Ring-type system are numerous.

Obviously crime would begin to drop, people would feel safer, would-be criminals would start avoiding the cities altogether.

Residents on the same block can actually communicate with each other through the system when they see something suspicious.

Cities could market this innovative new "city-wide security program" to businesses who might be more inclined to open up shop; increase in revenue for the cities, increase in choices for residents too.

Property values would increase reflecting the drop in crime.

The list goes on and on; bottom line, the City is safer, the local economy grows. Let's arrest crime.

JENNIFER HODGE NAMED 2017 LOS ANGELES COUNTY TEACHER OF THE YEAR

The La Mirada City Council recognized Benton Middle School teacher Jennifer Hodge during Tuesday's meeting. Jennifer was recently selected as a 2017 Los Angeles County Teacher of the Year.

Jennifer began her teaching career at the Norwalk-La Mirada Unified School District 16 years ago. She started teaching at Benton Middle School in 2010 when the campus became the School District's magnet school for visual and performing arts. Jennifer teaches 3D art, cartooning and studio art. Jennifer is known as a hard working teacher and an exemplary educator who makes a positive and lasting difference in the lives of students.

Last Spring, she was selected as the School District's Teacher of the Year and participated in the County contest. The Los Angeles County Office of Education recently announced that Jennifer is one of the 16 County Teachers of the Year. The winners were selected from a field



The La Mirada City Council recognized Benton Middle School teacher Jennifer Hodge for her achievement. Mayor Ed Eng presented Jennifer with a certificate of recognition.

of 61 teachers who participated in the 36th annual County contest. The teachers will serve as leaders for the teaching profession and their 72,000 classroom colleagues countywide.

All 16 County Teachers of the Year winners will automatically advance to the California Teacher of the Year competition sponsored by the State Department of Education. Five state winners are scheduled to be announced by State Superintendent of Public Instruction

Tom Torlakson later this fall. One winner will be selected to represent California in the National Teacher of the Year program next spring.

"The Teacher of the Year award is about celebrating teaching and the impact educators make in the lives of our students," says Mayor Ed Eng. "The City of La Mirada is proud of Jennifer and wishes her the best at the California Teacher of the Year competition."

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LA MIRADA Lamplighter

MAYFAIR HIGH ALUMNI BRINGS THE DODGERS HOME



Lakewood's Mayfair High School alumni Justin Turner celebrates with teammates after making it into the World Series. Courtesy Kingsport Times-News

By Tammye McDuff

Mayfair High School alum and Lakewood Youth Hall of Fame Baseball Player, Justin Turner, made a tremendous impact in post-season play for the Dodgers.

Turner is a Lakewood hometown sports hero that hit a towering two-run home run in the sixth inning to put the Dodgers ahead for their 3 to 1 victory over the Houston Astros.

The all American game of baseball, like the Dodgers won on Tuesday can never be reduced to one moment. However, there are those moments that slant the balance. One such moment in Game 1 of the 2017 World Series came in the sixth inning, when Justin Turner of the Dodgers stepped against Houston's Dallas Keuchel with one on, two out, and the score tied at one.

Four pitches and one implausible home run later, the Dodgers' chances of winning escalated to 84 percent. That eventual win for the Dodgers, gave them the chance of winning the World Series.

Born in Long Beach, and raised in Lakewood, Turner earned three All-Suburban first team honors as a shortstop and second baseman at Mayfair HS. He hit .514 in league play as a senior, earning most valuable player honors en route to a league title. He attended California State University, Fullerton, where he majored in kinesiology and played college baseball for the Titans. He earned freshman All-American honors from Baseball America in 2003 after quickly taking over as the starting second baseman. He was named to the 2003 College World Series all-tournament team as a shortstop. Many CWS fans that year remember him as the player who was hit in the face by a fast-ball after going 3 for 3 including a HR. The next year, Cal State Fullerton won a two-game final over Texas in the 2004 College World Series.

Turner was drafted in the 29th round of the 2005 Major League Baseball Draft by the New York Yankees, but he did not sign. He was drafted in the seventh round (204th overall) of the 2006 draft by the Cincinnati Reds, receiving a \$50,000 bonus upon signing with the organization. On May 25, 2010, Turner was claimed off waivers from the Orioles by the New York Mets.

Following his release from the Mets, Turner caught the attention of Tim Wal-

lach, Los Angeles Dodgers bench coach while hitting at a Cal State Fullerton Alumni game. Turner signed a minor league contract with the Dodgers on February 5, 2014, with an invitation to spring training. His contract was purchased by the Dodgers on March 16 and he was added to the Major League roster. On December 23, 2016, the Dodgers signed Turner to a four-year contract valued at \$64 million

Lakewood was named Sportstown USA by Sports Illustrated magazine in 2004 for the city's great recreational assets and sports programs and for the many athletes who have developed here.

In a recent interview with Justin Turner, when asked where he would take people on a tour of his hometown, the Dodger third baseman said he would show them the parks of Lakewood.

WARREN OPENS MURDOCK FRAZIER AQUATIC CENTER



The Downey vs. Warren water polo game beginning following the Grand Opening of the Murdoch Fraser Aquatics Center at Warren High School on Thursday, October 17, 2017.

By Tammye McDuff

Official opening ceremony for the Murdoch Frazier Aquatic Center was held at Warren High School Tuesday afternoon, October 17, 2017.

The new Center includes oversized blue shade covers on the north side of the pool and large scoreboard on the outer wall of the gymnasium as well as state-of-the-art lockers and outdoor showers.

Warren Athletic Director Russ Heicke was thrilled that the pool was completed just as the new fall classes began and that aquatic competitions could continue to be played at Warren High School. All Warren aquatic coaches, as well as the faculty and staff, are extremely excited to have the pool finally operational. Heicke also added how grateful he was to Downey

High School throughout the construction and thanked the Viking Nation for their accommodations and hospitality throughout this process.

At the conclusion of the speech, Martha Medford Sodetani, President of the Board of Education appropriately read the following by Character Counts! founder Michael Josephson:

"Sportsmanship is the ethical and moral dimension of sports. It is demonstrated by a number of attributes and attitudes such as fair play, respect for the rules and traditions of the sport and various traits of good character including integrity, abiding by the letter and spirit of the rules and concepts of honor; demonstrated respect for others including teammates, opponents, officials and spectators; accountability, self control and graciousness in victory or defeat."

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SPROUTS FARMERS MARKET OPENS IN CERRITOS

By Tammye McDuff

Community members, business leaders and elected officials all turned out Wednesday morning at 6:30 a.m. to welcome Sprouts Farmers Market to Cerritos.

The Cerritos High School band played the National Anthem and 'rise and shine' music while Sprouts received recognitions and certificates from the Cerritos City Council, Congresswoman Loretta Sanchez, Assemblywoman Cristina Garcia and Supervisor Janice Hahn's offices.

At Sprouts, they believe healthy living is a journey and every meal is a choice, "We love to inspire, educate and empower every person to eat healthier and live a better life," said David San Miguel, Regional Director, Orange County Region, "This

isn't just a mission, it's our passion."

Sprouts neighborhood stores offer fresh, natural and organic groceries in a setting that is akin to a farmer's market.

San Miguel noted that Sprouts is the grocery shopping experience that makes healthy living easy and affordable. It is paramount that each store is bright and cheerful, offering fresh, natural and organic groceries at great prices—all in a setting that feels like an old-fashioned farmers market.

The very first Sprouts store opened in Chandler, Arizona back in 2002, the company now boasts more than 275 stores across the U.S.

The Cerritos store is on the bigger scale of Sprouts Markets at a little over 30,000 square feet, most stores run 25,000 square



Sprouts Farmers Market executives, Cerritos City Council members and Cerritos Regional Chamber of Commerce board members and staff cut the ribbon in front of the new Sprouts Farmers Market store in Cerritos. Photo by Tammye McDuff.

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"We chose Cerritos because it is a great community and we have had numerous requests to bring our stores to the city," said Mike Boyd, Store Manager, "we had an exceptional turnout this morning, over 300 people in line, some arriving as early

as 5:00 am. This is going to be a great partnership."

Sprouts is located at 11900 South Street in Cerritos. Be sure to visit Store Manager Mike Boyd and his entire team next time you looking for a great place to shop.

OVERNIGHT PARKING RESTRICTIONS RELAXED FOR HOLIDAYS

Out-of-town guests visiting family and friends in Cerritos for the Thanksgiving holiday are welcome to park overnight on Cerritos streets without a permit during the City's annual holiday parking moratorium. No parking permit will be required from Saturday, November 18 through Monday, November 27.

A holiday parking moratorium will also be in effect from Saturday, December 9 through Monday, January 8 for the

Christmas and New Year's Day holidays.

Permits are normally required to park on City streets between 3 and 5 a.m. to help keep streets clear and allow residents and deputies to quickly spot suspicious vehicles. Overnight parking permit renewals will take place beginning in mid-November.

For more information, call the Community Safety Division at (562) 916-1266.

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CHEAPER HEALTH PLANS PROMOTED BY TRUMP HAVE A HISTORY OF FRAUD

From the NY Times

WASHINGTON — In signing a recent executive order, President Trump promised that millions of Americans could soon obtain “great, great health care” through inexpensive plans that offer consumers options they had been denied under the Affordable Care Act.

But these health plans, created for small businesses, have a darker side: They have a long history of fraud and abuse that have left employers and employees with hundreds of millions of dollars in unpaid medical bills.

The problems are described in dozens of court cases and enforcement actions taken over more than a decade by federal and state officials who regulate the type of plans Mr. Trump is encouraging, known as association health plans.

In many cases, the Labor Department said, it has targeted “unscrupulous promoters who sell the promise of inexpensive health benefit insurance, but default on their obligations.”

In several cases, it has found that people managing these health plans diverted premiums to their personal use.

The department filed suit this year against an association health plan for 300 small employers in Washington State, asserting that its officers had mismanaged the plan’s assets and charged employers more than \$3 million in excessive “administrative fees.” Operators of the health plan violated their fiduciary duty by using its assets “in their own interest,” rather than for the benefit of workers, the government said.

Marc I. Machiz, who investigated insurance fraud as a Labor Department lawyer for more than 20 years, said the executive order was “summoning back demons from the deep.”

“Fraudulent association health plans have left hundreds of thousands of people with unpaid claims,” he said. “They operate in a regulatory never-never land between the Department of Labor and state insurance regulators.”

Association health plans, properly operated, can provide a legitimate option to small employers seeking affordable coverage, and Mr. Trump and other Republicans see the plans as an important part of any replacement for the Affordable Care Act.

In the executive order, issued on Oct. 12, Mr. Trump directed the Labor Department to expand access to the plans by making it easier for small businesses to band together and insure themselves or buy insurance as a large group.

Large group plans and self-insured plans are subject to fewer federal and state requirements than individual or small group insurance. They are, for example, not required to provide “essential health benefits” like mental health care and prescription drugs.

But Mila Kofman, a former insurance superintendent in Maine who has done extensive research on association health plans, said they also often falsely claimed to be exempt from state insurance laws, as a way to explain how they could offer premiums lower than those charged by licensed insurance companies.

When small businesses having no connection with one another buy health insurance through an association today, they are still generally treated as small businesses under the law, and coverage sold to them must comply with state consumer protection laws. But that could change under the executive order.

Mr. Trump’s proposals could overturn

longstanding interpretations of federal law. In numerous advisory opinions, the Labor Department has set forth an elaborate test for association health plans, saying they can be established only by a “bona fide group or association” of employers who are tied together by genuine economic interests other than just providing insurance to their employees.

The White House has suggested that the Labor Department could loosen these requirements, allowing employers anywhere in the country to join together “for the express purpose of offering group insurance.” Mr. Trump would then be taking a first step to achieve an overarching political goal. As a candidate, he often said he wanted to let Americans buy health insurance across state lines, at lower cost with fewer rules.

But history shows the risks of an expansion of association health plans. If a plan becomes insolvent, the impact on consumers can be devastating.

Robert Loiseau, who represented fraud victims in Texas, recalled their shock when they tried to receive care. “People bought insurance coverage because it was cheap and seemed to provide them with coverage they needed,” he said. “It had a veneer of legitimacy. But when they went to the doctor, they found out all of a sudden that their insurance company, their perceived insurance company, was in receivership and that they had no coverage.”

The Labor Department filed suit last year against a Florida woman and her company to recover \$1.2 million that it said had been improperly diverted from a health plan serving dozens of employers. The defendants concealed the plan’s financial problems from plan participants and left more than \$3.6 million in unpaid claims, the department said in court papers.

In another case, a federal appeals court found that a health plan for small businesses in New Jersey was “aggressively marketed but inadequately funded.” The plan collapsed with more than \$7 million in unpaid claims.

Labor Department investigations sometimes turn into criminal cases.

A Florida man was sentenced to 57 months in prison after he pleaded guilty to embezzling about \$700,000 in premiums from a health plan that he had marketed to small businesses. The Labor Department and the Justice Department said he had used some of the plan premiums to build a home for himself.

A South Carolina man pleaded guilty after the government found that he had diverted more than \$970,000 in insurance premiums from a health plan for churches and small businesses. “His embezzlement and the plan’s consequent failure left behind approximately \$1.7 million in unpaid medical claims,” the Labor Department said.

And in Louisiana, two people pleaded guilty to conspiracy charges after the government found that they had taken money from the medical benefit fund of a trade association and used it to pay for spa treatments, diamond cuff links, evening gowns, foreign travel and other personal expenses.

#METOO SWEEPS ACROSS THE NATION & WORLD

By Tammye McDuff

This past week, Facebook became a forum for truth as women across the country quietly told their experiences of sexual harassment and abuse using the “MeToo” hashtag, #MeToo.

The movement is having wide spread real-world consequences.

It began as a tweet from actress Alyssa Milano, and spread like wildfire as women collected their courage and posted #MeToo.

Twitter confirmed over 1.7 million tweets included #MeToo, within the first 24 hours of the hashtag, there were more than 12 million posts, comments and reactions from 4.7 million people, and more than 45 percent of Facebook users in the U.S. were friends with someone who had posted #Me Too.

Some have called this just another blip in the viral outrage factory, but for the first time there seems to be real solidarity around the issue of sexual harassment. The movement has encouraged women to come forward, some for the first time ever, and tell their stories.

Yahoo News reports that Amazon Studios head Roy Price was suspended after being publicly accused of sexual harassment; he later quit the company.

Andy Signore, creator of “Honest Trailers” and the Screen Junkies fan site that is part of Defy Media, was accused of sexual harassment by at least five women and fired after a brief investigation for his “egregious and intolerable behavior.”

“The Loud House” show runner Chris Savino was fired by Nickelodeon following a brief suspension when allegations of sexual harassment, reportedly from a dozen women, surfaced.

Tech evangelist Robert Scoble was publicly accused of sexual harassment by three women and Weinstein’s brother Bob Weinstein was accused of sexual harassment by a female show runner who worked on a Weinstein Co. project.

In California, more than 140 female lawmakers, legislative aides and lobbyists issued a joint letter decrying the abuse they said they had been subjected to in the state capital. “Each of us has endured, or witnessed or worked with women who have experienced some form of dehumanizing behavior by men in power in our workplaces,” they said.

And of course, right here in Cerritos’ backyard, resident and newsletter writer Melinda Kimsey accused a fourth grade teacher of sexual harassment, putting the teacher “through hell for two years,” only to recant her entire story in court just days before trial, paying a \$20,000 fine for her false accusations.

According to US Equal Employment Opportunity Commission, sexual harassment is a form of sex discrimination that violates Title VII of the Civil Rights Act of 1964.

Unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature constitute sexual harassment when this conduct explicitly or implicitly affects an individual’s employment, unreasonably interferes with an indi-

vidual’s work performance, or creates an intimidating, hostile, or offensive work environment. Sexual harassment can occur in a variety of circumstances:

- The victim as well as the harasser may be a woman or a man. The victim does not have to be of the opposite sex.
- The harasser can be the victim’s supervisor, an agent of the employer, a supervisor in another area, a co-worker, or a non-employee.
- The victim does not have to be the person harassed but could be anyone affected by the offensive conduct.
- Unlawful sexual harassment may occur without economic injury to or discharge of the victim.
- The harasser’s conduct must be unwelcome.

While the EEOC states it is helpful for the victim to inform the harasser directly that the conduct is unwelcome and must stop, this is more often than not, something that is too intimidating for the victim.

Now, with allegations of decades of sexual harassment and assault against the once-powerful Weinstein, allegations are erupting on a near-hourly basis, Hollywood is finally assessing the level of truth behind the stereotype.

HMG was able to speak with a former employee of Warner Brothers. This gentleman wishes to remain anonymous, for fear of retribution on his pension. He stated that it was not only young ingénues, that were targeted, but those that also worked behind the scenes and were Unions. “You could be easily dismissed and replaced if you spoke out against the sexual harassment that you may have witnessed,” said our source. He went on to tell stories of outright prostitution and blatant debauchery that would happen after and sometimes during filming.

“There’s a lot of abuse in this town,” he said “Young actresses are mistreated in all sorts of ways by those who hang success in their face.”

The fact that it is being reported that, “everyone knew about Weinstein’s alleged behavior” is equally as disturbing as the allegations. Even actresses as powerful as Jane Fonda, said they knew and did not speak up for fear of retribution. #MeToo.

#MeToo



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BELFLOWER

Continued from page 1

program.

Fantasy Cakes provided 2,000 cake slices for a community cake ceremony led by the Mayor, City Council and the Los Angeles Laker Girls.

Highlighting the event were performances by "Britain's Finest" and "80z All Stars". The celebration concluded with festive fireworks.

"What began as dairy land and apple orchards has grown into to a thriving community with abundant housing, unique restaurants and businesses, beautiful parks and award winning schools. It is with great pride that we celebrate our history and look forward to the exciting ventures ahead. I can think of no better way to celebrate both the history and the future of this incredible City" said Bellflower Mayor Ron Schnablegger.



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Bellflower Blvd. circa 1960



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Paid for by Tony Mendoza for Senate 2018 ID #1373700



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Congratulations on 60 years!

LA COUNTY SUPERVISOR
JANICE HAHN
 representing the 4th district

Paid for by Janice Hahn for Supervisor ID #1376011

JOHNSON

CONTINUED FROM PAGE 1

Normally, person's responsible for placing the advertisements or mailing the letters are in charge of "proofing."

Proofing is simply checking the information for correctness prior to the advertisement's publication or mailing.

ABC UNION CALLS JOHNSON LETTER 'MISLEADING'

By Brian Hews

Lynda Johnson is not endorsed by the ABC Teacher's Union, a reflection of the union's disdain for her past actions as a board member.

But the way the content was written in her latest letter, "Educators for Johnson," voters would think the union was endorsing her.

On the side of the letter was ten educators, three who did not teach in the ABC during their career. One was Cerritos Commissioner Janet Beach, who listed herself as a retired teacher, not as a commissioner.

Johnson's letter then stated, "on behalf of the teachers and administrators who have endorsed Lynda, we urge you to re-elect Johnson."

After seeing the letter, in a series of emails to HMG-CN, Ray Gaer, President, ABC Federation of Teachers Local #2317 said, "I do think that the statement in her letter is purposefully designed to mislead the reader into believing she has the support of the majority of teachers in ABC, which is false."

Gaer continued, "in this election, ABCFT is endorsing and supporting Armin Reyes for Trustee Area 3 due to his past school board experience, his support for students and families, and his ability to work towards solutions. We would not be in support of Armin Reyes if we didn't believe that he had clearer vision of how to help steer ABCUSD into the future."

A Sept. 2016 HMG-CN investigation found that Johnson was the only Board Member taking "cash-in-lieu" totaling \$7,500.

It was only after the story broke that Johnson stopped taking the cash.

Yet in her letter Johnson says she "refuses her health insurance and donates to Deferred Maintenance."

But neither Johnson, Kimsey, nor Johnson's \$3,000 campaign manager Gafford corrected the errors.

It could be costly mistakes for Johnson and Kimsey. Johnson would be liable up to the \$5,000 maximum fine for each violation; Kimsey could be liable for three times the cost of the advertisement.

The FPPC states, "The penalty for failing to comply with the Act's disclaimer requirements can be a fine of up to \$5,000

per violation. In addition, any person who violates the disclaimer requirements may be liable for a fine of up to three times the cost of the advertisement, including placement costs.

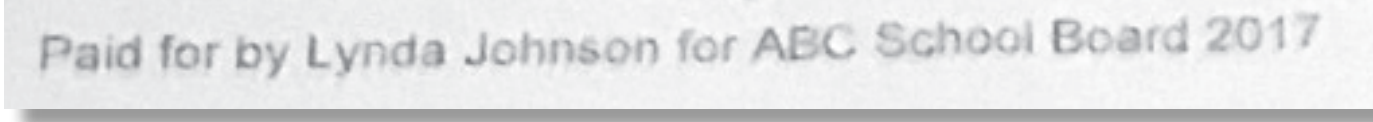
Texts into Kimsey were met with an automated message: "another request, stop sending me, Melinda Kimsey emails and text messages."

Emails into Kimsey's newsletter designer, Cerritos Fine Arts and Historical

Commissioner Janet Beach, went unanswered.

This is not the first time Kimsey has violated FPPC laws. Three years ago she failed to publish a "paid for by" disclaimer when James Kang published an election ad in her newsletter.

Kimsey was also fined \$20,000 when she falsely accused a 4th grade teacher of pedophilia and sexual harassment and completely recanted the story in court.



VIOLATION: The letter sent Oct. 19, 2017. Note the "Paid for by Lynda Johnson is missing the address of Johnson's committee, a FPPC violation which carries a maximum \$5,000 fine. It is Johnson's second violation in two weeks, Johnson published an advertisement with Melinda Kimsey that did not contain campaign information. Kimsey violated FPPC laws too.

continued success of our students. Lynda was the leading voice on the Board to create an Ad-Hoc Citizen's Facility Committee, which has met for over a year, to determine each school site's modernization needs. It is anticipated the committee's findings will be presented to the Board of Education later this fall and

GRAMMATICAL ERRORS IN CAMPAIGN LETTER: "Lynda was the {sic} leading voice on the Board to create ..." Johnson also had fought hard to exclude long-time teachers and union members Richard Hathaway and Gavin Riley from the Facilities Committee.

Finally, Lynda voluntarily refuses her district-provided health benefits and does not take "cash in-lieu of" benefits, but rather requests these funds be donated to the District's Deferred Maintenance Fund.

MISLEADING: A Sept. 2016 HMG-CN investigation found that Johnson was the only Board Member taking "cash-in-lieu" totaling \$7,500. It was only after the story broke in HMG-CN that Johnson stopped taking the cash for health.

POOL

CONTINUED FROM PAGE 1

out."

Titus explained that Cerritos is no longer allowing a water aerobics volunteer program to continue, if school is not in session, because of liability issues.

Seniors have reportedly slipped on the wet floor and have sued the City and ABC School District.

Titus was willing to admit that she had read numerous testimonials that explained the many benefits of a water aerobics class, and the seniors should not take personally the City's decision.

One senior said no senior who slipped in the shower room was listening to a tape. "We exercise in the pool-not the shower room."

Another senior said that a recording is safer "because we're all doing the same sequence of routines together at the same time."

Titus was not in the mood to reconsider. "We cannot authorize or condone the volunteer program," she said, "because we are responsible for any injury."

Consequently, boom boxes that have any kind of exercise routine tape will not be allowed at the CPE pool because "instruction is taking place even if there is no instructor physically present."

Water shoes were also a problem, but many seniors did not understand what the shoes had to do with lawsuits.

Titus did admit that the injuries "were mostly not in the shower room and none in the pool."

At this point, seniors were getting angry and wanted Titus to share what the City's final solution would be.

Titus said anyone is welcome to drop-in and exercise in the pool, but no tape will be allowed.

As seniors were becoming angrier, Titus said, "I want to come up with something that will work. A good solution with the school district."

Titus indicated that the City may offer classes in the summer months, school breaks and holidays when the school district is not offering classes. "We will do our best to augment as best we can."

Titus has been in contact with ABC Adult School Principal Dr. PaoLing Guo, who was prepared to offer one-hour summer aerobics classes, in two pool lanes for up to twenty-four students from June 11 to July 3 only, for a nominal fee per class session. Times are tentatively set for 10:00 AM to noon.

"I understand how important water aerobics can be for our seniors who need

to exercise and rehabilitate from surgeries, said Guo, "and we will try our best to accommodate their needs, but the district does not make any money from offering a summer class.

Even so, ABC Adult School values our student loyalty, and we will keep working on solutions that will be beneficial to everyone concerned."

Seniors were not completely satisfied, but they are willing to see how it all plays out in the months to come. If the solutions are not satisfactory, they plan to go back to the City Council or ABC School Board meetings to voice their concerns.

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CENTRAL BASIN

CONTINUED FROM PAGE 1

ter Board president, spending over \$35,000 in travel over a two-year period. The average cost for his fellow directors over the same period was \$13,000.

Garcia was voted out of his board position later on.

The contract was made even more questionable give that CB had awarded almost \$25,000 in contracts in July 2017 related to the quagga mussel.

A \$6,000 contract was awarded to Daniel Reynolds for "Negotiation of the Quagga Mussel Issue," and an additional \$18,574 was awarded to Ed Means Consulting for "Developing a Quagga Mussel Control Plan."

"Ed Means is a friend of Hunt's," Director Hawkins told HMG-CN.

When asked to comment, the normally talkative Hunt, at least when quoted in the Whittier Daily News, was constrained saying, "the District engaged the services of Southwest Management Consultants on a temporary basis to provide assistance and counsel on regional water issues important to Central Basin."

Garcia's purported company, Southwest Management Consultants, Inc., is not listed under the California Secretary of State's corporation search or a limited liability corporation search.

The Los Angeles, Orange, or Kern County Clerks do not list Southwest in their fictitious business name database.

Part of the scope called for Garcia to report "on the impact of leadership changes at Upper District and identifying support in the Central Basin service area for preserving the District's two seats on the Metropolitan Water District of Southern (MWD)

California Board."

But, it is another part of the scope that could have more officials crying foul about the true objectives of the contract.

Garcia was asked to provide CB "assistance and counsel" and "report to Hunt and Apodaca on the progress of the quagga mussel issue at the Upper San Gabriel Valley Municipal Water District."

According to the contract Garcia would, "attend the September and October Board Meetings of the Upper District and provide emailed summary (of the quagga mussel problem) to Central Basin General Manager (Hunt) for each meeting."

The quagga mussel is a dreaded invasive shellfish that can wreak havoc on local ecosystems, reducing the oxygen supply in water they invade and killing off local fish populations. The shellfish can also plug dam openings, creating problems in the event of heavy rain and floods.

It is unknown if Garcia has expertise in the marine biology issues surrounding the quagga mussel; emails into Garcia went unanswered.

CB Director Phil Hawkins was indignant, "if, and that is a big if, we needed information on the quagga mussel problem, we should have hired an expert and paid him hourly."

"I don't know why we hired a political hack like Leon Garcia and paid him \$10,000."

And recent events involving the quagga mussel issue will call the objective of the contract-and the money paid to Garcia - into even more question.

On October 3, it was reported that officials said the quagga mussel was not present in the state's water project channels and that basins could finally be recharged.

That same day, CB General Manager Hunt told the Whittier Daily News that the quagga problem was over saying, "they

never found quaggas in the water, there is no reason to shut off the water off now."

Under the terms of the agreement which paid a monthly retainer, Hunt could have cancelled the Garcia contract prior to Oct. 6, saving CB \$5,000.

The contract stated, "the District may immediately terminate this Agreement at any time for convenience and without cause by giving written notice to Consultant specifying the effective date of such termination. Upon termination for convenience, Consultant shall be compensated only for the Work which has been timely and adequately rendered to District up to the effective date of the termination."

Yet Hunt approved the \$10,000 payment to Garcia.

The payment to Garcia was also approved by the CB Finance and Audit Committee.

The committee includes Garcia's long time friend Bob Apodaca as Chair of the Committee, and Directors John Oskoui and Pedro Acietuno as members.

At their regular meeting this week, CB President Bob Apodaca, Vice President Pedro Aceituno, and Directors William Gedney, John Oskoui, Mark Garjeda and Leticia Vasquez voted 6-1 to approve the payment to Garcia, with Phil Hawkins the lone no vote. Director Art Chacon was absent due to illness but would also have voted no.

"The more things change, the more they remain the same," said Chacon after hearing the vote, "Directors handing out contracts to friends and getting away with it like the old days."

A former high-level employee of CB told HMG-CN, "What I find amazing is that Assemblywoman Cristina Garcia and Senator Ricardo Lara's passage of legislation expanding Central Basin's Board to include three new members consisting of

so-called "water professionals" was supposed to prevent this type of sweetheart deals from occurring."

"What this shows the water community is that votes are still available for back-room deals and trade and that now instead of just three Director's wheeling and dealing with ratepayer funds, there's now six pair of hands out."

The former employee went on to say that CB could have used Metropolitan Water District personnel to help with the quagga issue.

"With regards to the quagga mussel, as members of Metropolitan Water, Central Basin has access to their vast expertise. A third of Central Basin's staff are unnecessary given MWD's superior capabilities in the area of legislative and water quality issues. Garcia and Lara should have reduced the size of Central Basin rather than increase it. Good luck trying to fix this problem now. I'd expect to see a lot more shady deals with the likes of Leon Garcia with Apodaca's re-election coming up next year. Money don't grow in trees but it certainly flows in water."



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GAHR

CONTINUED FROM PAGE 12

we knew they couldn't run it against us. We played just good enough to win, but it was ugly."

Bernard was "limited" to 131 yards on a dozen carries in the half and despite having the wind knocked out of him several times in the game, he refused to stay on the sidelines for an extended amount of time. Four plays into the second quarter, he rumbled for a 71-yard touchdown run. Then following a three and out by the defense, Bernard touched the ball seven times in the first 11 plays of Gahr's next drive. But

after a fumble, he left the game again with another injury, only to return less than a minute later after the Bears cut into Gahr's lead, 32-28. In all, Bernard picked up 402 yards on 32 carries and has now scored a touchdown in every game, 18 for the season, with eight being at least 50 yards.

"Is that a national record," Marshall jokingly questioned of his yardage amount. "Has someone else done that? I didn't see that [coming]. And here's the deal, it was all meaningful too. It wasn't like we were just pumping him the ball and running it up. He won the game for us, literally."

"I have a good training staff here and they got me back [on the field]," Bernard said. "I was just tired. I was tired, I needed a break and they got me my energy. I just

came back, and I knew I was ready. Coach gave me the ball [and] I put it on my back. First, it was the line and then after that, I put it on my back and I got through."

Senior linebacker Marquise Alexander led the Gahr defense with four tackles while five other players all had three tackles a piece. The Gladiators also yielded 56 yards on the ground. Gahr, which is ranked fifth in the California Interscholastic Federation-Southern Section Division 10 poll, has won five of the last seven meetings with the Bears and six of the last 16. Next up for the Gladiators is a road meeting with Paramount High tonight, a team it has lost to six consecutive times. The Pirates are the second-ranked team in Division 5. One more Gahr win would match the total

it had last season as the team has also won three league games for the second straight season.

"We have to play pass defense," Marshall said. "Unlike a normal Paramount football team, they throw the football. So, we have to work on our pass defense and make sure that the run defense is still solid. I think we have a really good chance to win, I really do."

"It sends a big statement," Bernard said of the win over Warren. "We want this 'W' against Paramount. We want to win league. So, this is a big statement saying we're coming to play heavy. We're not playing lightly. We're really going to take it to them."

WEEK EIGHT FOOTBALL : NORWALK SPREADS THE WEALTH AROUND WITH PUNISHING GROUND GAME, ROUGHS UP CERRITOS

By Loren Kopff
@LorenKopff on Twitter

It's never too early to look ahead to the future and the Norwalk High football team showed Cerritos High that it can go beyond its regular players to get the job done. The visiting Lancers used nine different ball carriers to combine for 385 yards on 44 touches in a 69-6 rout over the Dons last Thursday night at Hanford Rants Stadium.

It was the widest margin of victory by Norwalk over Cerritos in a Suburban League game and the third time the Lancers have scored at least 60 points against the Dons in the past 20 seasons. The win was the 13th straight over Cerritos and final time as Suburban League foes.

"What we got was what we've been waiting on all this time," said Norwalk head coach Otis Harrison. "I think the mindset is probably the most fascinating thing on Earth because in my own opinion, I thought we were better than the teams we just got beat by the last two weeks. But, it's all about wins and losses and we didn't win those games.

"I just wanted to come out and see us not spot people 14 points and [us] just come out and execute," he continued. "The main thing is you need to want to have fun out there. You got to want to play and I try to get the guys to love the game."

Freshman running back Warren Stevens-Tayou led everyone with 93 yards on 12 carries and scored twice while sophomore running back Daniel Onopa picked up 76 yards on eight carries and found the end zone once as the Lancers continued to be one of the league's best, if not the best rushing team.

Norwalk scored on all seven first half possessions and by halftime, already had

230 yards on the ground. Stevens-Tayou scored on runs of five and one respectively in the opening quarter and came after senior Billy Moore scored on the fourth play of Norwalk's opening possession. The first quarter scoring ended with senior running back Andrew Navarro adding a 39-yard touchdown run.

Norwalk (6-3 overall, 3-2 in league) would get a one-yard scoring run from senior running back Brandon Barrett nearly midway through the second quarter and after a Navarro recovered a fumble, junior wide receiver Tyrese Allen caught a 27-yard score from junior quarterback Brionne Penny.

"Pick one, pick a biggest problem," said Cerritos head coach Barry Thomas. "We also didn't stop the power. Even when they're not throwing the football anymore, we just can't stop the most basic play in football. That's a big problem."

As if it couldn't get worse for the Dons (1-7, 0-4) senior safety Joseph Rodriguez returned an interception 53 yards for a touchdown two plays after Allen's touchdown and Onopa went in from two yards out with 24 seconds left in the half for a 55-0 lead.

"They have a fire and a passion for playing football," Harrison said of his running backs. "They're just lunch pail guys. You never hear a word out of them. Everyone in our program knows that if you're playing hard and you're practicing well, you're going to get a chance to play.

"You have to be able to run the ball to be successful and play some good defense," he continued. "And after that, I'm not too concerned with anything else."

Allen scored his second touchdown of the game, a 30-yard run in the third quarter with the running clock already in use, and

senior running back Etieni Valele closed out Norwalk's scoring barrage with a three-yard run early in the fourth quarter.

Moore would pick up 63 yards on nine carries while Navarro added another 56 yards on five touches. Penny would complete four passes in five attempts for 91 yards to four different targets.

"Hat's off to what they're doing over there," Thomas said. "They block well. Then you look at our side and we don't block well. You can put anybody in the backfield and get results when you're blocking well, not to take anything away from their backs. But when you have a guard coming clean and the first person he sees is a safety, that's a problem.

"They look good on film and they run the ball well," he continued. "They have talented backs. But we helped them out by not engaging in any of their lead blockers. That's a major issue."

As for Cerritos, it couldn't get anything going in the first half. The Dons failed to get a first down on eight first half possessions and got as far as its own 42-yard line. Senior Ryder Eddy recovered an onside kick to begin the second half, marking the first time it had reached Norwalk territory. It's initial first down came on the second possession of the half and the lone score came on the last play of the game when sophomore quarterback Stacy King barely reached the near pylon following a 14-yard run on fourth down.

"Stacy is a super, talented kid," Thomas said. "He's the future of the program; he's only a sophomore. We'll see how he develops. The sky's the limit for him."

"I was probably a little more disappointed that some starters got back in the game because I really don't think like that," Harrison said of not preserving the

shutout. "We've been coaching everyone all year and at some point, guys have to learn and grow."

Junior running back Tye Anderson led the Dons with 52 yards on 11 carries while King, in backup duties, added another 46 yards on four carries. Senior starting quarterback Colby Nielsen completed six of 17 passes for 40 yards. Senior Ryder Eddy led the defense with half a dozen tackles as the Dons will visit Artesia High tonight, hoping to end a four-game slide in which they have allowed at least 56 points in each of those losses. Cerritos is also hoping to avoid its second straight winless league season.

"We're definitely better than that," Thomas said. "Last year I thought, okay [in 2017], we're going to have the size to move the ball up front. And I'm at a loss for words to figure out why we're not moving people. The things we do at nauseum is power-stop power, and we have yet to do it. That's our staple, is stopping power and we can't do it. I don't know how many more hours I can put in on Saturday. What's funny is, we did a hell of a job of it in our scrimmage and we haven't done it since."

The Lancers, who are being considered, but not quite in the California Interscholastic Federation-Southern Section Division 9 top 10 poll, will enjoy a week off before hosting Artesia on Nov. 3 in the final regular season game. How will Harrison spend the bye week?

"Well, with the weather, we're going to be like everybody else trying to stay cool, apparently," Harrison chuckled. "But it's a great opportunity for us to get a little rest. I try to teach these guys how to work hard and I also try to teach them how to rest hard."

AREA VOLLEYBALL TEAMS END REGULAR SEASON, PREPARE FOR POSTSEASON NEXT WEEK

By Loren Kopff

The regular season for girls volleyball ended this past Tuesday with most of the matches being pushed back due to the excessive triple digit heat. Five of the area's seven high schools had already punched their tickets to the California Interscholastic Federation-Southern Section divisional playoffs before this past Tuesday. Brackets were released on Oct. 26 with wild card action, if applicable, beginning on Saturday and first round action commencing on Tuesday.

Cerritos High, which has had a rough last week of the regular season, edged La Mirada High on the road 19-25, 21-25, 25-16, 25-21, 15-13 to wind up 15-7 overall and 9-3 in the Suburban League, good for second place. The Lady Dons, who have

finished in second place three consecutive seasons with identical 9-3 league marks, will be advancing to the playoffs for the 15th straight season.

Gahr High, which had already locked down second place in the San Gabriel Valley League, fell to league champion Downey High 22-25, 25-21, 8-25, 22-25 to finish at 8-12 overall and 7-3 in the circuit. This will be the ninth straight postseason appearance for Gahr, which has moved past the first round just once during that stretch.

Norwalk High swept Artesia High 25-22, 25-22, 25-11 and will enter the playoffs



HMG-CN Sports Editor
Loren Kopff

NEWS & NOTES FROM PRESS ROW

with an overall mark of 15-10 and a league record of 7-5, good for third place with Bellflower High and La Mirada tied for fourth place. This will be Norwalk's seventh straight

trip to the playoffs.

Valley Christian High is the second place representative out of the Olympic League following a 25-16, 26-24, 22-25, victory against Heritage Christian High. The Lady Crusaders ended the regular season at 20-7 overall and 6-2 in the circuit and will be making their eighth consecutive trip to the playoffs. During that time, V.C. has advanced to the second round five

times.

For the first time since 2013, Whitney High will move on to the postseason. The Lady Wildcats, who won three of their last four matches of the regular season, conclude the regular season at 6-19 and went 5-7 in the Academy League, good for fourth place. It's the second straight season Whitney has finished with six wins in the regular season.

FOOTBALL

Cerritos (1-7 overall, 0-4 in the Suburban League) @ Artesia (3-5, 1-3)-Both teams had high aspirations of better seasons and possible playoff berths. Instead, it has been the opposite as the Dons are riding a four-game losing streak in which they have scored 51 points while the Pio-

See NEWS AND NOTES page 15

NEWS AND NOTES

CONTINUED FROM PAGE 13

neers are on a three-game slide but still scoring and staying in two of those contests. Artesia has put up at least 29 points in six of the eight games thus far. Artesia has won six straight in this series and this will be Artesia's homecoming game.

Gahr (7-1, 3-0 in the San Gabriel Valley League) @ Paramount High (7-1, 3-0)-The league title is on the line as the Gladiators,

ranked fifth in the California Interscholastic Federation-Southern Section Division 10 poll visits the second ranked team in Division 5. Gahr's defense was exposed last Friday night against Warren High, yielding a season-high 42 points. But the offense continues to surge, scoring at least 30 points in five of the last six games. Paramount has outscored their last two opponents by a combined score of 98-7 and the offense has scored at least 40 points in six of their victories. The Gladiators, who are seeing their first league title in more than 20 seasons, have lost six straight to

the Pirates.

La Mirada (4-5, 4-1) @ John Glenn (5-3, 2-2)-The Eagles have had two weeks to reflect on their stunning loss to Bellflower High on Oct. 13 and are still mathematically alive for a playoff berth. To do that, they need to win their final two games of the regular season against the top two teams in the Suburban League. The Matadores have won four straight games by a combined score of 190-70 and have defeated the Eagles at least 19 straight times.

Valley Christian (6-2, 1-0 in the Olym-

pic League) @ Whittier Christian High (3-5, 0-2)-The Crusaders are ranked fifth in Division 8 and take a big step towards their third straight league title with a win. Since 1998, V.C. is 7-1 on the road against the Heralds and has won four straight in the series. Whittier Christian has allowed over 300 points, something that bodes well for the Crusaders, who have torched the scoreboard for 251 points during their five-game winning streak and 336 for the season. A victory will set up a winner-take-all situation at Heritage Christian High the following week to end the regular season.

2017292101
FICTITIOUS BUSINESS NAME STATEMENT
The following person is doing business as HAND STONE MASSAGE AND FACIAL SPA, 13247 SOUTH STREET, CERRITOS, CA., 90703. The following business is conducted as A CORPORATION registrant's name and location is JRM WELLNESS 4652 AMBERWOOD AVE, LA PALMA CA., 90623. The company has not begun to transact business under the fictitious business name(s) listed herein N/A.
/S/ RAYMOND FAS
The statement was filed with the County Clerk of Los Angeles on 10/6/17
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see section 14400et seq. Business and Profession Code),

2017292101
FICTITIOUS BUSINESS NAME STATEMENT
The following person is doing business as ICON TILE 1300 E. FIRESTONE BLVD., SANTA FE SPRINGS, CA 90670. The following business is conducted as A CORPORATION registrant's name and location is TRS TILE, INC., 1781 S CAMPTON AVE. ANAHEIM CA 92805. The company has begun to transact business under the fictitious business name(s) listed herein 6/1/17.
/S/ MEHMET AKTAS
The statement was filed with the County Clerk of Los Angeles on 10/10/17
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see section 14400et seq. Business and Profession Code),
Published at LCCN on 10/27, 11/3, 11/10, 11/17/17

2017297989
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME STATEMENT
The following person is abandoning the fictitious business name Sandra Cleaning Service 13701 Clarkdale Ave # A Norwalk Ca 90650 The following business is conducted as AN INDIVIDUAL, registrant's name and location is 13701 Clarkdale Ave # A Norwalk Ca 90650.
/S/ SANDRA OROS CACERAS
The statement was filed with the County Clerk of Los Angeles on 10/16/17
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state or common law (see section 14400et seq. Business and Profession Code),
Published at LCCN on 10/27, 11/3, 11/10, 11/17/17

CITY OF LA MIRADA

NOTICE OF PROPOSED ADOPTION OF ORDINANCE NO. 701 MOVING CITY COUNCIL ELECTIONS TO A STATEWIDE ELECTION DATE AS REQUIRED BY LAW

PLEASE TAKE NOTICE that on November 14, 2017, at 6:30 p.m., or as soon thereafter as the matter may be heard, in the Council Chambers, 13700 La Mirada Boulevard, La Mirada, the City Council of the City of La Mirada will consider adopting its Ordinance No. 701 moving City Council elections to a statewide election date as required by law.

Summary of Ordinance No. 701

The proposed Ordinance No. 701 would move the 2019 and 2021 elections to March 2020 and March 2022, and every two years thereafter. This action would extend existing Council terms of office by 12 months. All City Council terms thereafter would remain at four year terms and elections would be held in March of even numbered years. Pursuant to Government Code Section 36937(a), the ordinance would take effect immediately upon adoption of the City Council, as it relates to an election, and it would be submitted to the Los Angeles County Board of Supervisors for approval. Following approval by the Board of Supervisors, the City as required by State law, would mail a notice within 30 days informing all registered voters in La Mirada of the change in the election date and the extension of City Council terms.

A certified copy of the entirety of the text of Ordinance No. 701 is available in the office of the City Clerk, City of La Mirada, 13700 La Mirada Boulevard, La Mirada, California, and is available for public inspection at that location.

Anne Haraksin, La Mirada City Clerk

Publisher at La Mirada Lamplighter 10/27/17

SUMMARY OF ORDINANCE NO. 17-854

AN ORDINANCE OF THE CITY OF ARTESIA, CALIFORNIA, AMENDING ARTICLE I (GARBAGE, RUBBAGE, AND WASTE MATERIALS) OF CHAPTER 2 (SOLID WASTE AND RECYCLING) OF TITLE 6 (SANITATION AND HEALTH) OF THE ARTESIA MUNICIPAL CODE, CONCERNING MANDATORY BULKY ITEM COLLECTION SERVICE

This is a summary of the above entitled Ordinance No. 17-854 of the City of Artesia. This summary has been prepared and published in accordance with the requirements of Government Code Section 36933.

Ordinance No. 17-854 establishes the proper disposal procedure of bulky ites in the City. Bulky Item shall mean of solid waste that cannot be accommodated within the container provided for collection, including: furniture (including chairs, desks, sofas, mattresses, and rugs); appliances (including refrigerators with and without Freon, ranges, washers, dryers, water heaters, dishwashers, plumbing, small household appliances and other similar items, commonly known as "white goods"); rubbish; and electronics (including stereos, televisions, computers, monitors, cellular phones, VCRs, microwaves). "Bulky item" shall not include discarded automobile or truck bodies or waste material resulting from any construction operation.

Notice is hereby given that a copy of this Ordinance No. 17-854 is available for public review at the City Clerk's Office, City Hall, 18747 Clarkdale Avenue, Artesia, and that said Ordinance was passed and adopted on October 9, 2017.

AYES: Taj, Flowers, Lima, Canales, and Manalo
NOES: None
ABSENT: None
ABSTAIN: None

This Ordinance will take effect on November 8, 2017.

Pradeepkumar Elayath, Interim City Clerk
City of Artesia, California

Published at Los Cerritos Community Newspaper 10/27/17

**CITY OF LA MIRADA
NOTICE OF ADOPTION OF ORDINANCES**

Please take notice that on October 24, 2017, the City Council of the City of La Mirada adopted the following Ordinances:

ORDINANCE NO. 700 APPROVING ZONING ORDINANCE AMENDMENT NO. 47 AND RELATED MUNICIPAL CODE AMENDMENTS, PROHIBITING ALL MEDICAL AND NON-MEDICAL COMMERCIAL CANNABIS ACTIVITY, PROHIBITING OUTDOOR CULTIVATION, AND REGULATING INDOOR CANNABIS CULTIVATION, CONSISTENT WITH STATE LAW

Summary of Ordinance No. 700

Ordinance No. 700 adds a new Chapter 9.132, "Cannabis Prohibition and Regulations," to Title 9 of the La Mirada Municipal Code (LMMC). The new chapter establishes definitions for certain terms, a list of prohibited cannabis activities, a list of exceptions and penalties for violations of these regulations. The ordinance also repeals Chapter 21.48 "Medical Marijuana Dispensaries," of Title 21 of the LMMC and replaces it with a new Chapter 21.48 "Commercial Cannabis and Cultivation." The ordinance prohibits commercial cannabis uses in all zones and overlay districts; prohibits outdoor cultivation; and establishes regulations for indoor cannabis cultivation and the transportation of cannabis through the jurisdictional limits of the City.

ORDINANCE NO. 702-U EXTENDING AN INTERIM ORDINANCE PROHIBITING ALL COMMERCIAL NON-MEDICAL MARIJUANA ACTIVITY IN THE CITY, PROHIBITING OUTDOOR MARIJUANA CULTIVATION ON PRIVATE RESIDENCES, AND DECLARING THE URGENCY THEREOF

Summary of Ordinance No. 702-U

Ordinance No. 702-U extends the restrictions/protective measures established by Interim Ordinance No's. 685-U and 687-U. Ordinance No. 702-U prohibits commercial non-medical marijuana activity in all zones and all specific plan areas in the City of La Mirada. No person shall establish, operate, maintain, conduct or allow commercial non-medical marijuana activity anywhere within the City. Additionally, marijuana shall not be cultivated outdoors upon the grounds of a private residence. Indoor marijuana cultivation is allowed consistent with State law which permits no more than six live marijuana plants to be planted, cultivated, harvested, dried, or processed within a single private residence or inside an accessory structure located upon the grounds of a private residence that is fully enclosed and secured. Any marijuana cultivation that exceeds the limits set forth in this subsection is hereby declared to be unlawful and a public nuisance.

The names of those Councilmembers voting for or against Ordinance Nos. 700 and 702-U are as follows:

AYES: Councilmembers De Ruse, Lewis, Sarega, Mayor Pro Tem Mowles, Mayor Eng
NOES: None
ABSTAIN: None
ABSENT: None

A certified copy of the entirety of the text of the Ordinances is available in the office of the City Clerk, City of La Mirada, 13700 La Mirada Boulevard, La Mirada, California, and is available for public inspection at that location.

Anne Haraksin, La Mirada City Clerk

Publisher at La Mirada Lamplighter 10/27/17

NOTICE OF SALE OF ABANDONED PROPERTY

Notice is given that pursuant to sections 21700-21713 of the Business and Professions Code, Section 2328 of the Commercial Code, Section 535 of the Penal Code. 1812.607, that Norwalk Self Storage at 11564 E. Firestone Blvd., Norwalk, CA 90650 will sell by competitive bidding by Climer's Auctions (Bond # 5181494), on or after **NOVEMBER 14th, 2017 @ 10:00 a.m.**, property belonging to those listed below. Auction is to be held at the above address. Property to be sold as follows: foot stool, fan, trash bags, boxes, totes, pillows, crutches, couches, vacuum, suite cases, glass stand, chairs, exercise equipment, plant, art work, dryer, refrigerator, microwave, ac unit, monitor, shopping cart, bikes, dollies, brooms, smoker, loose clothing, gas can, tables, ladder, rug, weight bar, brass racks, tool box, mattress, books, loose bedding, tree stand, floor lamp, fishing poles, weights, washer, bed frame, cabinets, end table, van seat, loose wood, dresser, and bags belonging to the following.

<u>NAME</u>	<u>UNIT #</u>
GLORIA BAKER	A253
DELIA H LOPEZ	B764/B770
TAMIKIA T JONES	B721
BILLIE GREEN JR	A159
PATTY A LUNDGREN TYRELL	A206
RODELLA A RODRIGUEZ	B259
TENDERLIE LAVENDER	B684
CONSUELO RODRIGUEZ	B719

This notice is given in accordance with the provisions of Section 21700 et seq. of the Business and Professions Code of the State of California.

Sales subject to prior cancellation in the event of settlement between Owner and obligated party. Publication Dates: **OCTOBER 27, 2017 and NOVEMBER 3, 2017.**

Published at Los Cerritos Community Newspaper 10/27 and 11/3/17

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