



## HISTORIC CERRITOS ELECTION 2017:

# GRACE HU, MARK PULIDO, AND FRANK YOKOYAMA MOVE TO TAKE CONTROL OF CITY COUNCIL

By Brian Hews

Fireworks erupted at this week's Cerritos City Council Transition event, as newly elected Council members Grace Hu, Frank Yokoyama, and incumbent Mark Pulido moved to take control of a City Council ruled by the same Republican leadership group for over 25 years.

City Clerk Vida Barone declared the Mayor's chair vacant; immediately after that Yokoyama nominated Hu, with Pulido seconding the motion.

An audible gasp could be heard from some of the councilmembers and the chambers.

Councilman Jim Edwards then nominated Solanki as Mayor,

saying "the natural progression is for him to be our next Mayor."

In a 3-2 vote, with Hu, Yokoyama, and Pulido voting yes, Hu was appointed as Mayor of Cerritos.

A loud and long applause filled the Council chambers.

Hu then addressed the crowd and said, "she was very honored to be here;" she also thanked all who helped in her election.

Hu then opened the nomination for Mayor pro tem, Yokoyama once again, in quick fashion, nominated Pulido as Mayor pro tem; Solanki nominated Edwards.

Only a roll call is needed to confirm the Mayor pro tem, and in a 3-2 vote, with Hu, Yokoyama,

and Pulido voting yes, Pulido was appointed as Mayor pro-tem.

An audible gasp along with another loud and long applause filled the Council chambers.

As officials were changing the placards that designate position on the council, Edwards asked Mayor Hu if he could speak.

A visibly shocked Edwards, who did not congratulate Hu or Pulido, spoke out saying, "in the 61 year history of this council each member has been given the opportunity to serve as Mayor Pro Tem and then Mayor, this has been the order of all coming into office, with very few exceptions." Edwards went on to say, "I feel this is a sad day in many respects. What are we saying about tradition

and respect? What has been done this evening is wrong. It is not about personalities. What are we telling our children? The natural progression has been interrupted and Solanki has not been given his fair opportunity. This is not the Cerritos I have lived in. I am very disappointed in what has transpired tonight."

The applause for Edwards was not nearly as loud as those for Hu, Yokoyama, and Pulido.

Edwards omitted the fact that in 2013, then Cerritos Mayor Barrows and Councilpersons Carol Chen and George Ray denied Pulido his appointment of Yokoyama to the Planning Commission.



In a 3-2 vote, with Hu, Yokoyama, and Pulido voting yes, Hu (top) was appointed as Mayor of Cerritos, removing Naresh Solanki from his Mayor pro tem position. Later, the three, including Yokoyama (bottom), voted to place Pulido (center) as Mayor pro tem.

See **COUNCIL** page 8

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## NORWALK HOME TO WORLD'S FIRST HYBRID BATTERY-GAS TURBINE SYSTEM

Pictured (l-r): Margarita Rios, Norwalk councilmember; Mary Nichols, California Air Resources Board chair; Tom Doughty, CAISO vice president; Norwalk Mayor Luigi Vernola; SCE President Ron Nichols; Stéphane Cai, GE vice president for Commercial Solutions, Grid Solutions, Energy Connections; and Yahaira Ortiz, senior district representative for Sen. Tony Mendoza.

Staff Report

Hybrid technology is being used for the first time at two existing Southern California Edison "peaker" plants including Norwalk.

"We are watching the future unfold right before our eyes," said Norwalk Mayor Luigi Vernola. "This is something fantastic to look forward to. This is the future for California, Norwalk, and the world."

"It is like a hybrid car," said Vernola,

"a lithium-ion battery provides energy to the grid immediately, allowing time for the gas turbine to ramp up and take over, if needed. The battery is later recharged."

The system is called the Hybrid Enhanced Gas Turbine system, or Hybrid EGT, and results from a partnership between SCE, General Electric and Wellhead Power Solutions.

"This is the world's first for a plant of this type. We are marrying battery storage with peaking generation," said SCE

See **NORWALK** page 8

## LA MIRADA GARNERS PRESTIGIOUS ECONOMIC DEVELOPMENT AWARD

Staff Report

The City of Mirada was recognized by the California Association for Local Economic Development (CALED) for the Shop! See! Splash! and Shop La Mirada! Holiday Edition promotions.

The award recognizes the City's efforts and achievements in economic development advertising, marketing and promotion.

The emphasis for the Economic Development category was on effective public relations and ongoing business development campaigns that use special websites, print and collateral materials.

The Shop! See! Splash! and Shop! La Mirada Holiday Edition programs encouraged residents to shop locally.

Residents were rewarded with discounts for La Mirada Theatre for the Performing Arts, Splash! La Mirada Regional Aquatics Center, and recreation classes.

Hundreds of shoppers participated in the programs.

"Shopping in La Mirada helps local businesses to thrive and improve the community's economy," says Community Development Manager Alison Moore. "Shopping locally also assists the City in proving important local services."

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Ana Maria Villalobos

The month of April has been proclaimed 'DMV Donate Life California'. Donate Life California [DLC] is the state-authorized non profit

organization responsible for managing the organ, eye and tissue donor registry. Their sole mission is to save more lives by reminding all Californians to sign up on the official state organ, eye and tissue donor registry. Their vision is that one day all Californians will embrace this concept as a personal responsibility.

"With 14 million registrants, California has the largest organ, eye, and tissue donor registry in the world, but currently less than half the population of our state has signed up," notes Monica Johnson, President of the Donate Life California Board and Executive Director of Sierra Donor Services.

Ana Maria Villalobos, a Whittier resident has experienced this first hand. Villalobos was diagnosed with rheumatoid arthritis, a disease that causes inflammation of the lining of the joints. Over time, the illness destroyed the cartilage in many of her extremities and was the cause of agonizing pain and severe mobility restrictions.

A Mexico City native, Villalobos had a left hip replacement in 2002, a left knee replacement in 2007, a right knee replacement in 2008, and a right hip replacement in 2011. "I was told by my doctor that the bone of tissue donors was made into a cement paste that glued my bones and allowed me to heal better and faster," said a grateful Villalobos. "If it wasn't for the people who said yes to tissue donation and my surgeries, I would be in a wheelchair today."

Her son Moises Barrios, was diagnosed with kidney failure, only in his early

## ORGAN DONATION SAVES ONE RESIDENT'S LIFE

By Tammye McDuff

thirties, the diagnosis was devastating. Dialysis turned his life upside down.

"He was on dialysis for nine years. They were the most difficult and painful years of my life. Every time he would leave for the treatment, he would say 'I'll see you in a while!' I would close the door and pray to God that he would come back to me. Some days he would come back with his eyes down, looking sad, and he would tell me, 'Remember such and such person I told you about? He lost the fight.' We did not talk about it, but I would wonder when his time would come up," recalls Villalobos.

It was during those long years of waiting that her search for information and resources to help her son, found an opportunity to educate the Latino community about the need for donation. As an Embajadora de Done Vida volunteer for Donate Life California, she devoted countless hours sharing her experiences as the mother of a dialysis patient on the waiting list. Villalobos volunteered weekly at the Mexican Consulate in Los Angeles, educating her compatriots about donation and transplantation, and visited churches and health fairs to spread the message.

On the ninth anniversary of Barrios dialysis treatment, he received call from a transplant center stating that a kidney had been matched to him. However, the success of a transplant is impossible to predict, and in the transplant did not take. One year after his surgery Barrios passed away.

Villalobos is still doing what she loves best: introducing people to the need for organ and tissue donation at a community

event, "I do it for Moises," she says, "I know what it means to those people on the waiting list and to their families. I don't want anyone to experience that. If I can help, only one life, I've done my purpose."

Currently 21,911 Californians, approximately one in five people, are on the United States Waiting List for an organ transplant to survive. Last year, 939 Californians became organ donors saving the lives of nearly 3,200 people. Sadly 1,045 Californians died last year waiting for a transplant because there were not enough donors.

It is the goal of DLC for organ tissue marrow and blood donation to become a worldwide recognized worldwide expression of compassion. More than 118,000 individuals nationwide are currently on the National Organ Transplant waiting list and an average of 22 people die each day due to the shortage of donated organs.

More than 600,000 units of blood per year are needed to meet the need in California and at any given time, 6,000 patients are in need of volunteer marrow donors. A single individuals organ donation can save up to eight lives and the donation of tissue can save and heal the lives of another 50 lives, while a single blood donation can help three people in need.

The spirit of giving and decision to donate are not restricted by age or medical condition. Nearly 13 million Californians have signed up with the state authorized Donate Life California Registry to ensure their wishes to be organ and tissue donors are honored.

California residents can sign up with the Donate Life California Registry when applying for or renewing their driver's license or ID cards at the California Department of Motor vehicles or go to [donateLLIFCalifornia.org](http://donateLLIFCalifornia.org).

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## Cerritos College Trustee Area #3 Vacancy

The Cerritos Community College District Board of Trustees invites applications from interested candidates who reside in Trustee Area #3 to fill a Board vacancy. Area #3 includes portions of the cities of Bellflower, Cerritos, Downey, and South Gate.

Those interested may submit an application package directly to Dr. Jose Fierro, president/superintendent, Cerritos Community College District, 11110 Alondra Boulevard, Norwalk, California 90650-6298 **no later than 4 p.m. on Thursday, May 18, 2017.**

For more information, visit [www.cerritos.edu/boardvacancy](http://www.cerritos.edu/boardvacancy), contact the President's Office at (562) 860-2451, Ext. 2204 or email [awittig@cerritos.edu](mailto:awittig@cerritos.edu).

## DR. SIEU HONORED AS SUPERINTENDENT OF THE YEAR



Pictured are Dr. Mary Sieu with Cabinet Members: (l-r) Dr. Susan Hixson, Dr. Colin Sprigg, Valencia Mayfield, Dr. Rhonda Buss, Dr. Cheryl Bodger, and Toan Nguyen. Photo courtesy ABCUSD.

On April 26, ACSA Region XIV honored ABC Unified School District Superintendent, Dr. Mary Sieu as "Superintendent of the Year" at the Grand Event Center in Long Beach. Joining her were Board President Chris Apodaca, Vice President Soo Yoo, Board Members

Maynard Law and Olympia Chen. Former Board Member Celia Spitzer as well as Dr. Sieu's son and daughter in law joined in the ACSA Awards Ceremony. Over 300 participants attended the Awards Ceremony and Dinner to celebrate with Dr. Mary Sieu

## FESTIVAL OF ASIAN CULTURES AT CERRITOS COLLEGE



Japanese drum performance at the festival.

By Tammye McDuff

Cerritos College values their diverse student body. On Wednesday, April 19th was no different. The college community celebrated another successful Festival of Asian Cultures and Global Village. A number of performances from Korea, India, China, Taiwan, and Japan were featured bringing together the community and varied Asian traditions.


The Festival was held at Falcon Square, outside of the Student Center,

which is located in the middle of Cerritos College. Entertainment began with the sound of Taiko Drum by Hikari Taiko Drummers from the Southeast Japanese School and Community Center. Local community members presented various folk dance and song on the main stage inside the Student Center. Performances included Chinese Folk Dance, Dragon Dance, Erhu instrument performance, Puppet Shows, Korean Taekwondo, Korean Hip Pop Dance, Indian compositions and Filipino presentations.

## Artesia Mariachi Festival, Downtown Artesia

The City of Artesia is holding their first Mariachi Street Festival on Saturday, May 6, from 4 to 11pm on Pioneer Boulevard in Downtown Artesia. In addition to music, there will be food booths, food trucks and gift vendors with a variety to please everyone in the family.

Scheduled entertainment includes: Mariachi Los Jaguares de Middleton St. Elementary School, Blanca Amanzo y Mariachi Guadalajara, El Lucero Ballet Folklorico, Mariachi Academy of Carson, Miguel & Mariachi Los Amigos, and more. For more information contact the City of Artesia (562) 860-3361, or email: jomartinez@cityofartesia.us. www.cityofartesia.us




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## BARRY QUILL APPOINTED TO LA MIRADA PUBLIC SAFETY COMMISSION

Staff Report

The La Mirada City Council recently appointed Barry Quill to the Public Safety Commission.

Quill has been a La Mirada resident since 2014 and he currently serves as a police officer with a local law enforcement agency.

Quill was interviewed by the City Council at its Study Session meeting on April 11, and formally appointed on April 25.

The City's advisory bodies serve as an important part of the City's policy-making process.

Advisory body members are appointed by the City Council and are responsible for performing studies on municipal issues and rendering opinions and advice to the City Council, as well as providing input on community goals.

La Mirada has seven advisory bodies including the Community Services Commission, Planning Commission, Public Safety Commission, Historical Preservation Advisory Council, Senior Council, Youth Council, and the La Mirada Community Foundation.

The City Council also reappointed Dr. Rick Bee, John Grotz, Hal Malkin, Lesley Watkins and Dr. Ray Yutani to the La Mirada Community Foundation. The La Mirada Community Foundation is a nonprofit public benefit corporation established for charitable and public purposes.

For more information on the City's advisory bodies and how to join, contact City Hall at (562) 943-0131.



Barry Quill taking Oath of Office.


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## CALIFORNIA CRYO OPENS IN DOWNEY



Pictured (l-r) Downey Mayor Fernando Vasquez, Council Member Rick Rodriguez, California Cryo owners Johnny and Monique Miranda, Mayor Pro Tem Sean Ashton, and Council Member Alex Saab with Downey Chamber of Commerce officials as they officially open the business.

By Tammye McDuff

Downey welcomed the most advanced recovery technology in the United States, with a ribbon cutting Thursday, April 20th.

Cryotherapy is leading the modernization of whole body treatment using walk-in cold chambers. It is a pain treatment that uses a method of localized freezing temperatures to deaden an irritated nerve. Cryotherapy is also used as a method of treating localized areas of some cancers and to treat abnormal skin cells by dermatologists.

The temperature of the probe drops -230 degrees to then effectively freeze the nerve. The freezing inactivates the nerve and, as a result, painful nerve irritation is relieved. Cryotherapy is a relatively safe and effective means of treating localized nerve irritation.

Cryotherapy can be used to treat conditions that involve irritation of an isolated nerve. In general, such conditions include benign nerve growths (neuromas)

and pinched nerves (nerve entrapments).

Specific examples include nerve irritation between the ribs (intercostal neuralgia), cluneal nerve entrapment, ilioinguinal neuroma, hypogastric neuromas, lateral femoral cutaneous nerve entrapment, and interdigital neuromas. Many forms of nerve entrapment can often be treated with Cryotherapy.

While Cryotherapy can reduce unwanted nerve irritation, it sometimes can leave the tissue affected with unusual sensations, such as numbness or tingling, or with redness and irritation of the skin. These effects are generally temporary lasting only four to five minutes.

Owners Johnny and Monique Miranda have already helped numerous residents, Warren High sport players, and NFL player and professional boxers. A whole body session begins at \$60 with special pricing for students, and multiple sessions. California Cryo is located at 8036 3rd Street, Suite 102, in Downey.

## NEW GREEN WASTE RECYCLING FOR LAKEWOOD

By Tammye McDuff

Lakewood City Council approved the proposal from the city's trash and recycling contractor, EDCO Disposal, to provide free green waste rolling carts on Tuesday, April 25, 2017. Lakewood residents will receive automated curbside collection of green waste, similar to how trash and recycling is collected. This free upgrade to Lakewood trash and recycling services is set to begin August 2017.

Green waste makes up approximately 20% to 30% of the waste stream. In order to comply with the State of California's mandate to divert about 50% of the waste stream from landfills, EDCO is enhancing the recycling program to include a separate green-waste collection. Collecting green waste separately will help preserve the life of landfills.

The change in green waste collection will be preceded by several written communications to residents from EDCO and from City Hall explaining how the new system will work. Residents will receive one new green waste cart for free. The new receptacle will be the same size as the standard 95-gallon trash cart residents currently have. If residents desire EDCO will remove existing green waste containers that residents own free of charge, or residents can keep those for other uses. After the initial delivery and upon request, EDCO will provide up to three 95-gallon green waste carts to residents and also provide smaller rolling green waste carts to residents who have space constraints at their home.

EDCO's green waste cart is usually offered for a nominal fee. However Lakewood residents will be receiving one convenient 95-gallon Automated Green

Waste Cart free of charge. This new 95-gallon capacity cart will hold as much green waste as three standard trash cans. The new carts have an attached lid that is great for sealing your green waste and keeping animals out. The attached lids are also good for storm water pollution prevention. Each cart comes with a set of wheels which will help make moving containers to the street much easier.

The new green automated container is for green waste only. Continue to separate trash using your grey trash cart and recyclables in your blue recycling cart. Roll your green waste cart out to the curb on your designated collection day. Place trash and recycling carts next to your green waste cart. According to EDCO's website, if residents have more yard waste than will fit in a green waste cart, they can still set out 30-gallon rigid containers or plastic bags collectively used for separated yard waste.

Recyclable green waste includes: grass clippings, brush, weeds, hedge trimmings, branches, leaves, palm fronds, floral decorations, Halloween pumpkins, Christmas trees, untreated and non-lead based painted wood.

The new automated green waste collection system is expected to reduce injuries to EDCO workers that can result from lifting the wide variety of often unpredictably heavy green waste containers that residents have been setting out. The automated system, using larger green waste containers, is also expected to increase the amount of green waste recycling achieved by Lakewood residents.

Contact EDCO for further information at 619-287-7555 or email [chorne@edcodisposal.com](mailto:chorne@edcodisposal.com).

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# EARTH DAY TOUR OF LA MIRADA'S NEFF ESTATE



Part of the Neff Estate in La Mirada.

By Tammy McDuff

In celebration of Arbor Day and Earth Day, residents were invited to tour the grounds and gardens of the historic Neff Estate in La Mirada.

In 1888, Andrew McNally, owner of the Rand-McNally Publishing Company purchased 2,378 acres from the Able Sterns Rancho Trust for a whopping \$115,000. McNally was interested in nature, and at one time planted over 100 different types of trees on the property. However through time, transition and encroaching development only 31 species remain.

The Historical Preservation Advisory Council was established to assist the City of La Mirada's Historical Heritage Commission to preserve and restore the Neff Estate. Working to increase community

awareness of this rich heritage of the estate which includes the Neff House [1895]; the George House [1885]; and the Carriage Barn, visitors receive an arboretum guide and a tour of the home.

The gardens feature a variety of palm trees, oak, elm and exotic botanicals. Two of the most noteworthy tree are the California Pepper tree and the Flame tree which are mentioned in Donald Hodels book "Exceptional Trees in Los Angeles". Other unusual specimens include the Bunya-Bunya, a Fern Pine and a Weeping Bottlebrush.

In 1953 the Neff family sold the majority of the property to developers, but in 1978 in recognition of its important role as a historical and educational site, the City of La Mirada, Neff Park was placed on the National Register of Historic Places.

## ST. JOHN BOSCO HIGH SCHOOL'S 2017 GALA

### Joseph Sanchez III '70 to Receive School's Distinguished Alumnus Award

St. John Bosco High School is pleased to announce the 2017 Braves Gala will take place on Saturday, May 20 on the school's beautiful 36-acre campus grounds in Bellflower, California. St. John Bosco High School is celebrating 77 years of providing Catholic education to thousands of young men from all walks of life. The sixth Annual Braves Gala will benefit academic, athletic and service programs that support students and faculty, advance the school's mission, and keep the spirit of Don Bosco alive.

The 2017 Braves Gala "Celebrating the Bosco Man" will honor class of 1970 graduate, Joseph Sanchez III, for his achievements and contributions to Bosco. Sanchez was the founder and owner of Classic Distributing & Beverage Group, Inc. in Montebello and a long-time Bosco supporter. Sadly, Sanchez passed away in March 2017, but left a strong legacy for Bosco alumni.

"The Braves Gala is a wonderful opportunity to bring people together and showcase the impact our faculty, staff, students and families have within the Bosco community," says Dennis Mulhaupt, President, St. John Bosco High School. "We are honored to present the Distinguished Alumnus Award to legendary Brave, Joseph Sanchez III, who not only achieved excellence in his

profession but as an alumnus shared in our mission of making an impact in the lives of each of our students."

Bosco families, faculty, staff, coaches and supporters are expected to gather for the highly anticipated annual event. The Gala generates resources which strongly impact St. John Bosco High School's ability to educate more than 850 students annually, including support for tuition assistance, academic programs, faculty and staff development, and campus improvements.

The event begins at 5:30 p.m. with a cocktail reception and a silent auction featuring more than \$100,000 of items to bid on. Guests will enjoy delectable dining, entertainment and a live auction. The night will culminate with the presentation of the Distinguished Alumnus Award, the highest honor bestowed on a graduate of St. John Bosco High School, to Joseph Sanchez III.

"On behalf of the Sanchez family we are grateful that Bosco has chosen to honor Joe and his contributions and positive impact he had as an alumnus," says Victor Fiss, President of Classic Distributing & Beverage Group, Inc. "Joe would have been so happy and humbled to receive this distinguished award from a place he held so dear in his heart."

The event is open to the public. Tickets to the Braves Gala are \$175. To learn more about the Braves Gala, visit <http://www.Bosco.org/BravesGala>.

## Kennedy High School Foundation Dinner

On May 6th, the Scholarship Foundation of John F. Kennedy High School will have its 2017 fundraising drive kick-off dinner. The dinner will be held at Knott's Berry Farm Resort Hotel, located at 7675 Crescent Ave., Buena Park, CA.

The event will begin at 6:30 p.m., with a silent auction and raffle, followed by a buffet dinner. Recognition of this year's seventeen scholarship recipients along with entertainment will follow the dinner.

The Foundation, founded in 1995, has

awarded over \$129,000 in scholarships to 201 graduating seniors from John F. Kennedy High School. The proceeds from the evening's event help support this effort. Reservations can be made for \$50 per person or \$350 for a table of eight, and donations can be sent to the Foundation at P.O. Box 1371, Cypress, CA 90630. For further information, contact the Foundation at (714) 826-4537 or email at [jfkscholarshipfoundation@hotmail.com](mailto:jfkscholarshipfoundation@hotmail.com).

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# Metro Briefs

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**Metro Seeks Input on 2018 Fiscal Year Budget**  
Metro's annual budget sets transportation priorities across LA County for the coming year. Metro will gather comments on the 2018 fiscal year budget at the Regional Service Council Meetings in March and May, and a public hearing on May 17th, before formal adoption by the Board of Directors. For meeting information or to provide your comments, go to [metro.net/budgetcomments](http://metro.net/budgetcomments).

**Free DASH Rides with Metro Passes**  
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# ABCUSD'S Migrant Education Program Held in Hawaiian Gardens



Above: Over 100 parents attended the ABC's Migrant Education Program at Hawaiian ES. Below: Immigration attorney discusses the current status of the Deferred Action for Childhood Arrivals DACA. Photo courtesy ABCUSD.

### Staff Report

ABC's Migrant Education Program has held over 100 parent meetings, classes, and workshops at various school sites this year. In late March, the Parent Advisory Council (PAC) held their monthly meeting at Hawaiian Elementary School with over 100 parents in attendance. The parents, under the guidance of Angela Fernandez, Migrant

Education Program Specialist, reviewed the Migrant Education Program's District Service Agreement (DSA) and provided valuable feedback to help draft next year's plan. The meeting also featured an immigration attorney who discussed the current status of the Deferred Action for Childhood Arrivals (DACA), and key immigration issues affecting the educational environment.

# LA MIRADA'S 'LOVE A TREE' POSTER CONTEST WINNERS RECOGNIZED



La Mirada Mayor Ed Eng presents Matthew Vega, a kindergartener of Gardenhill Elementary School, with a certificate of recognition for winning 1st Place in his age group for the annual "Love a Tree" Poster Contest. Joining them is Mrs. White, a kindergarten teacher at Gardenhill Elementary.

Winners of the City of La Mirada's annual "Love a Tree" Poster Contest have been announced. Posters were judged for creativity and originality by the La Mirada Youth Council, Senior Council, and the Community Services Commission. Winners and their schools include: Lilian Won Foster Road Elementary Preschool Matthew Vega Gardenhill Elementary Kindergarten Lois Lee Heights Christian School First Grade Danica Pobre Dulles Elementary Second Grade Sophia Sychareun Escalona Elementary Third Grade Sarah Wondwosen Escalona Elementary Fourth Grade Alyssa McClure

La Pluma Elementary Fifth Grade Paris Wiideman St. Paul of the Cross Sixth Grade Eryn Cia Tandoc Benton Middle School Seventh Grade Madeline Hernandez St. Paul of the Cross Eighth Grade Maximillian Espino Benton Middle School Eighth Grade Gabriel Canonoy St. Paul of the Cross Eighth Grade More than 700 children from La Mirada pre-school, elementary and middle schools submitted posters recognizing the importance of planting trees in the community. Winning posters are on display in the La Mirada library, and winners were recognized at Tuesday's City Council meeting.

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*OUR CITIES - Send your calendar items to editor@cerritosnews.net*

**CERRITOS**

**City's Memorial Day Ceremony set for May 29**

The City of Cerritos invites the community to attend a Memorial Day Ceremony on Monday, May 29 at 10 a.m. near the Cerritos Veterans Memorial in the Cerritos Civic Center.

The event honors members of the United States armed forces who have made the ultimate sacrifice while defending our nation's freedom.

The Memorial Day Ceremony will begin with prelude music performed by the Cerritos College Community Band at 9:45 a.m. The ceremony will include a presentation of colors; comments by the City Council; laying of wreaths; and a moment of silence. Light refreshments will be served following the ceremony.

For more information, contact the Community Participation Division at (562) 865-8101.

**City facilities to observe Memorial Day**

Cerritos City Hall, Cerritos Library, the Cerritos Senior Center at Pat Nixon Park, the Community Gymnasiums at Cerritos and Whitney high schools and the Cerritos Center for the Performing Arts Ticket Office will be closed on Monday, May 29 in observance of Memorial Day.

Other City park facilities' hours will not be affected, and are as follows: Community Centers: 10 a.m. to 9:30 p.m.; Cerritos Iron-Wood Nine Golf Course: 6 a.m. to 8:30 p.m.; Cerritos Sports Complex: 2 to 8 p.m.; Cerritos Olympic Swim Center recreational swim: 11 a.m. to 9 p.m.; and adult lap swim: 7 a.m. to 2 p.m.

There will be no trash collection or street sweeping on Monday, May 29, and schedules will be delayed by one day for the remainder of the week through Saturday.

**Rabies clinics to be held in June and July**

The City of Cerritos will hold two low-cost rabies clinics for dogs and cats in Shelter 1 at Cerritos Park East from 6:30 to 8 p.m. on Tuesday, June 20 and Wednesday, July 19.

The clinics are sponsored by Long Beach Animal Care Services and Artesia Animal Hospital, in cooperation with the City of Cerritos' Community Safety and Community Participation divisions.

**LA MIRADA**

**BrickHouse "BBQ" Edition**

The City of La Mirada's quarterly Brickhouse event for local middle school students will be held on Friday, May 12 from 7 to 10 p.m. at the La Mirada Community Gymnasium.

Brickhouse provides students an opportunity to relax and enjoy a night filled with music, dancing, BBQ, and socializing with friends.

Tickets are \$5 and can be purchased at the Community Gymnasium Activity Center, or Resource Center. Students must present a valid middle school identification and signed event waiver when purchasing tickets.

For more information, contact Community Services at (562) 943-7277.

**Free Household Hazardous Waste Roundup**

The Los Angeles County Department of Public Works and Sanitation Districts of Los Angeles County will be hosting a free household hazardous waste roundup in La Mirada on Saturday, May 6 from 9 a.m. to 3 p.m.

La Mirada residents will have the opportunity to safely dispose of household hazardous waste items at La Mirada Regional Park in the Tennis Court Parking Lot, near Adelfa Drive. The event is open to all Los Angeles County residents, and proof of residency is required.

Materials such as motor oil, paint, turpentine, cleaners containing acids or lye, household and car batteries, pesticides, e-waste, and garden herbicides can all be brought to the Countywide Hazardous Waste Roundup.

For more information, contact the Sanitation Districts of Los Angeles County at (800) 238-0173 or the City of La Mirada's Public Works Department at (562) 902-2385.

**Free Paper Shredding, E-Waste Collection & Mulch Dist. Event**

Protect the security of confidential information by shredding personal documents. The City of La Mirada and EDCO Disposal are sponsoring a free paper shredding event for La Mirada residents on Saturday, May 6 from 9 a.m. to noon, at the La Mirada Community Gymnasium. Certified shredding trucks will shred all documents on site. Quantities are limited to three bankers boxes (10"x12"x15") per household.

Unwanted electronics (e-waste) including TVs, computer monitors,

printers, fax machines, and VCRs will also be collected. No household hazardous waste material will be accepted at this location.

Free mulch will also be available while supplies last. This is a self-serve, self-loading service, and participants are asked to bring their own cans/bags and shovel. A limit of 3 cans/bags per vehicle will be enforced. Those planning to haul mulch in an open truck or trailer must remember to bring a tarp to cover the material.

This event is limited to La Mirada residents only. Proof of residency is required (i.e. CA Driver's License or utility bill). The La Mirada Community Gymnasium is located at 15105 Alicante Road. Residents are asked to enter from Alicante Road.

For more information, contact the Public Works Department at (562) 902-2385.

**'4 La Mirada Kids' Community Carnival**

The annual "4 La Mirada Kids" Community Carnival will be held at Benton Middle School on Friday, May 5 through Sunday, May 7. Guests can expect a fun-filled weekend with family and friends enjoying amusement park rides, food, and entertainment.

Exciting rides and amusements will be available for those seeking thrills. Milder rides for younger children will also be offered.

The "4 La Mirada Kids" Carnival is sponsored by the La Mirada Community Foundation to raise funds for youth groups and community organizations that provide educational, cultural, and extracurricular opportunities in La Mirada.

Carnival days and hours are Friday, May 5, 5 to 11 p.m.; Saturday, May 6, noon to 11 p.m.; and Sunday, May 7, 1 to 6 p.m.

**WHITTIER**

The Whittier Time Bank is known for backyard farming workshops, urban fruit picking, block parties with homemade pizza, a bike-in movie, a free cafe, wine & painting, and summer leadership training. But, it's been three years since the Time Bank's last potluck.

Sunday: Bring a dish, visit the Whittier Free Store, tour the Artisan Work Lab, and take a peek into the future Whittier Tool Library. See old friends and meet new ones. Kids welcome.

Sunday, April 30, 12:30-2:30pm Whittier Free Store - Courtyard 12907 Hadley Street, Whittier, 90601 FREE event

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**CERRITOS**

*Continued from page 1*

Hu countered Edwards' reply saying, "things have changed, it is not a sad day for the city, it is a great day for the City. We have new council-members to work for the City and work for the people, we were elected and received the majority vote to be Mayor and Mayor pro-tem, I congratulate Mark as Mayor pro tem. Mark is a very experienced council-member who works very hard for the City, this is not a sad day."

An obviously angry Mayor pro tem Pulido then spoke. "Respectfully to my colleague Mr. Edwards, it was a sad day for me when I received an email with a spread spread sheet from someone who is no longer on the city council dictating with who should become Mayor and Mayor pro

tem, outside of the public interest."

Sources are telling HMG-CN the spreadsheet is from Bruce Barrows, sent February 10, 2016, as if Barrows was assuming he was going to get elected in 2017 and choose leaders.

"This was done in a very un-transparent and corrupt way of choosing leaders. It was a sad day when I received that email, but I knew one day, justice would prevail. And that is what we are seeing tonight."

Pulido went on to slam Barrows again, "I was most saddened recently when a former council member called into question the recent elections and the will of the people. I thought it was the most despicable and horrible act by a former member of this council."

"What you have seen here today may not be pretty or comfortable, but it is justice."

Hitting back at Edwards, Pulido finished, "and I might add one more thing, I am glad my children are here to witness this."

Yokoyama commented, "I can't believe I am here on the City Council. I was continually attacked, even up until last Monday, by lies and personal attacks about me. I have dreamt for years of receiving the privilege of serving this community. I thank you Cerritos voters for this honor to serve my hometown."

"Six years ago I was given the opportunity to serve on the Planning Commission; four years ago I was deprived of that right," (when Barrows, Chen and Ray removed Yokoyama from his Planning Commissioner seat.)

"Pulido was disrespected, he wanted to place me on the Planning Commission, his council right was disrespected, your right (Mark) to appoint was denied. Thank you Cerritos voters, I am honored to serve my home town, I will work hard for you and I will do my best for you."

**NORWALK**

*Continued from page 1*

President Ron Nichols during a ribbon-cutting ceremony Monday at the Center Peaker Plant in Norwalk. "This plant provides high environmental benefits and enables a greater integration of renewables."

Think of this as a big version of a plug-in hybrid," he added. "If we don't have to drive very far, we don't have to use gas. If we need to go further, the gas engine is there to meet our needs. It provides ready power to meet expected and sometimes unexpected energy needs."

The hybrid system, which went online March 30, combines three major enhancements to SCE's existing Norwalk peaker plant: a battery energy storage system, an upgraded emissions control system and a groundbreaking operating system. The 10-megawatt battery storage system, combined with the gas turbine, allows the peaker plant to more quickly respond to changing energy needs, thus increasing the reliability of the electrical grid.

The hybrid system reduces by half the number of times the peaker plant needs to be restarted, thus reducing greenhouse gas emissions by as much as 60 percent and helping to improve air quality. Reducing the number of restarts helps reduce operating costs and extends the life of the equipment, saving money for SCE customers. Each plant will save about 2 million gallons of water.

"The community is better off, and the customers are better off," said Mary Nichols, California Air Resources Board chair, extolling the environmental benefits of the hybrid gas turbine system. "I can't think of anything that's not to like about this."

**Lincoln Station to get upgrades, Sprouts market**

The City of Cerritos has approved upgrades to the Lincoln Station shopping center on the corner of South Street and Pioneer Boulevard.

There are four phases to the project, which is expected to span 19 months. A Sprouts Farmers Market is scheduled to open in December in the space formerly occupied by Sports Authority.

The exterior façade of the existing buildings will be updated to adopt a contemporary architectural design that includes color palettes of browns and beiges, charcoal stone tiles, metal canopies and dark-brown wood siding panels. Business signs and landscaping will be refurbished and new decorative sidewalks will also be added. The 8.3-acre center currently houses restaurants, a Chase bank, Leslie's Pool Supplies and Edible Arrangements.

**Short-term rentals banned in Cerritos**

Residents are reminded that the City of Cerritos prohibits short-term rentals. The ordinance took effect on August 13, 2016.

Short-term rentals refer to leasing or renting a residential dwelling unit (in whole or in part) for 31 days or fewer. The most common types of short-term rentals are vacation rentals and home-sharing rentals, which are now both prohibited. City-approved and permitted hotels located in commercially zoned areas are not considered short-term rentals under the ordinance. The ban strives to protect residential neighborhoods from the noise, nuisances, added traffic and other adverse factors that can arise with short-term rentals. Appropriate measures will be taken against those who violate the City ordinance.



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# HARVESTING, STORING AND PRESERVING HERBS FROM THE GARDEN

By Melinda Myers

Enjoy herbs all year round. Harvest herbs now for garden-fresh meals and preserve a few for those long winter months.

Snip a few leaves or leaf-covered stems as needed. For the same intensity of flavor, you generally need two to three times more fresh herbs than dried except for Rosemary which has an equally strong flavor fresh or dried. Continue harvesting herbs as needed throughout the growing season. And don't worry about harming the plant because regular harvesting encourages new growth which means more for you to harvest. Just be sure to leave enough foliage to maintain plant growth.

You can remove as much as fifty percent of the foliage from annual herb plants. This is about when the plants near their final height. You can remove up to one third from established perennial plants that have been in the garden for several months or more. Harvest when the plant has formed buds, but before they open into flowers for the greatest concentration of flavor. This is the perfect time to harvest herbs you plan to preserve.

Use a pair of garden scissors or pruners for faster and easier harvesting. Make your cuts above a set of healthy leaves to keep the plants looking good. Then preserve the flavor and zest of herbs with proper storage and preservation.

Store thin leafy herbs like parsley and cilantro for up to a week in the refrigerator. Place in a jar of water, like a flower arrangement, and loosely cover with a plastic bag. Keep basil out of the fridge to avoid discoloration and others on

the counter for quick and frequent use.

Wrap dry thicker-leafed herbs like sage and thyme in a paper towel, set inside a plastic bag and place in a warmer section of the refrigerator.

Freeze sprigs, whole leaves or chopped clean herbs on a cookie sheet. Or pack clean diced herbs in ice cube trays and fill the empty spaces with water. These are great for use in soups and stews. Store the frozen herbs and ice cubes in an airtight container or baggie in the freezer.

Or bundle several stems together, secure with a rubber band and use a spring type clothespin to hang them in a warm dry place to dry. Make your own drying rack from an old embroidery hoop, string and S hooks. Visit Bonnie Plants do-it-yourself Herb Drying Rack project ([bonnieplants.com](http://bonnieplants.com)) for detailed instructions.

Get creative and use some of your herbs to make a fragrant edible wreath. Use fresh herbs that are flexible and easier to shape into a wreath. They will dry in place and can be harvested as needed.

Speed up the drying process in the microwave. Place herbs on a paper towel-covered paper plate. Start with one to two minutes on high. Repeat for 30 seconds as needed until the herbs are brittle.

Store dried herbs in an airtight plastic or glass jar.

Keep enjoying these fresh-from-the-garden flavors throughout the remainder of the season. And consider preserving a few for you, your family and friends to enjoy throughout the winter.





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**SUBURBAN LEAGUE BASEBALL****CERRITOS OUTLASTS JOHN GLENN IN 10 INNINGS,  
SCORES LONE RUN ON ERROR**

By Loren Kopff  
@LorenKopff on Twitter

There are still three weeks remaining in the regular season but when Cerritos High visited John Glenn High this past Wednesday, it was a playoff atmosphere from the first pitch to the final pitch. Cerritos freshman center fielder Raul Garcia scored on an error in the top of the 10th inning to give the Dons a 1-0 road victory that tightened up the Suburban League race.

Cerritos improved to 16-10 overall and 4-3 in league play while the Eagles, who have now lost six of their last 10 games, dropped to 13-9, 4-3. Both teams are half a game behind Bellflower High. It was also the fourth straight 1-0 decision for Cerritos, three of which have been victories as it has now won six of its last eight games.

"You need luck to get into the playoffs and win a playoff game and this was a playoff game," said Cerritos assistant Brooks Walling.

The top of the 10th began with sophomore first baseman Bernie DeLeon getting hit by a pitch. On the very next pitch, Garcia met the same fate and two pitches later, sophomore left fielder Matthew Aguinaga was safe on a fielder's choice. An error allowed Garcia to move to third and when Aguinaga thought he would be caught in a rundown between first and second, another error allowed Garcia to come home.

The game was a classic pitching duel between Cerritos freshman Dee Vizcarra and Glenn sophomore Joseph Angulo, both of whom combined for 14 strikeouts.

Through the first four innings, Angulo had allowed just one hit, then got some stellar defensive plays in the next two innings to keep the game scoreless.

In the top of the fifth, freshman third baseman Evan Vasquez led off with a first-pitch single to left field. After moving to second on a sacrifice from freshman right fielder Alex Manibusan, DeLeon hit a fly ball that was tailing off but not far enough for senior left fielder Bobby Acosta to make a sensational diving catch. Garcia would then single to left but Acosta came up and threw out Vasquez at home to end the inning.

In the next inning, Aguinaga was hit by a pitch but on the next throw from Angulo, he induced senior shortstop Trevor McInerney to ground into a double play on a great snare by junior third baseman Raphael DeAvila.

"Angulo has been good," Walling said. "He kept us off-balanced. Dee matched him pitch for pitch. Dee was the better guy today."

Meanwhile, Vizcarra was going through the first five innings with relative ease, not allowing a hit until there were two outs in the fourth. That's when Glenn junior second baseman Alex Alcaraz laced a single to right. But Manibusan came up throwing and sent a rocket of a throw to DeLeon who relayed it to senior catcher Brett Wells who tagged out sophomore right fielder Joseph Figueroa to end the inning.

"It was definitely a momentum changer," Walling said. "Then the next inning, I had a

See **CERRITOS** page 12

**HIGH SCHOOL SOFTBALL****TIME OFF DOESN'T HELP VALLEY CHRISTIAN AS  
DEFENSE DOESN'T COME THROUGH AGAINST MAYFAIR**

By Loren Kopff  
@LorenKopff on Twitter

Spring Break is a time for relaxation for all, but sometimes too much relaxation isn't a good thing. Just ask the Valley Christian High softball team, which was playing its first game in exactly two weeks when it hosted Mayfair High last Thursday.

The Lady Crusaders committed a season-high eight errors and the Monsoons went on to trounce V.C. 13-3 in a six-inning game. The Lady Crusaders entered the contest with 19 errors in 17 games. The extended time off was one of the reasons for the 10-run loss, according to V.C. head coach Nicole McGahey.

"I think so," McGahey said. "I think taking all that time off... we had to refocus again and resettle. Playing a bigger school, they get nervous and that plays into it. I will say for being a young team they are, they're pretty dedicated and right on. I just think they have to just learn to get to that point quicker."

Mayfair's Makenna Stram was throwing a no-hitter through the first three innings and had walked only freshman shortstop Kate Van Kampen during that time. But in the bottom of the fourth inning and V.C. already down 9-0, the Lady Crusaders finally got to Stram. She would walk sophomore catcher Kyla Nunez-O'Leary to lead off the fourth before senior third baseman Kylie Carr reached on an error. One out later, Van Kampen doubled down the left field line to bring home both runners.

In the next inning, V.C. (6-11-1) tried to put together a two-out rally when sophomore designated player Alex Burgess-Allen singled to right, stole second and advanced one base on a single to the right field gap from Nunez-O'Leary. But Burgess-Allen was thrown out at home on the play.

"I think that's what we figured out about this team, is that they don't want to quit, they don't want to die and they don't want to give up," McGahey said. "And I appreciate that so much. Right in

the huddle before we went up to bat, I just said, 'this is your chance right now, light it up and figure it out.' I just think they just have a winning spirit about them that they want to just go for it no matter what and keep going."

In the sixth, Carr led off with a base hit to the left field gap and stole second. But she would be thrown out when freshman pitcher Caitlyn Azevedo reached on a fielder's choice. Two pitches later, Van Kampen came up with her second of V.C.'s five hits.

Meanwhile, Azevedo was overwhelmed by the hitting of the Monsoons, who collected 16 hits. Stram would go four for five in the lead-off position while Sarah Clausen collected three hits and drove in four runs. Of the 13 runs scored, eight were earned.

Last season, the Lady Crusaders went 4-19 but finished in third place in the Olympic League and advanced to the postseason. Even though the team is 1-3 in the circuit with four games remaining in the regular season, McGahey is positive that the team can have the same second half surge as it did last season. She says the key to being successful in the final two and a half weeks is working on getting on top of the hitting much earlier in the game and fixing those 'blinding' errors.

V.C., which is a game behind three teams who are tied for second place, hosted Village Christian High on Apr. 27 and will visit Whittier Christian High on Tuesday before hosting Maranatha High on Thursday. Those are the three teams tied for second place. The lone league victory came against league-leading Heritage Christian High on Apr. 6, a 2-1 win. So, according to McGahey, getting to the postseason is definitely not out of the question.

"Our girls know that too after they played Heritage and beat them," McGahey said. "They knew that it's possible, that they can do this. So, they have a dream; they have a dream to be able to get to that point and that's what they're going with right now."

**FOUR ABC SCHOOLS SELECTED AS  
2017 CALIFORNIA GOLD RIBBON SCHOOLS**

On April 18, State Superintendent of Public Instruction Tom Torlakson announced that Carmenita MS, Ross MS, Tetzlaff MS and Whitney HS successfully completed the California Gold Ribbon Schools Program application process and were recognized as California Gold Ribbon Schools for 2017. The award reflects the school's success in creating a positive learning atmosphere for students as a result of a dedicated, creative and talented staff and supportive school community.

The four secondary schools will be honored at the California School

Recognition Program Awards Ceremony held on May 15 at the Sheraton Gateway Hotel in Los Angeles. Ross MS will also be honored as a Title I Academic Achieving Award School.

Superintendent Dr. Mary Sieu said "These four schools now join the other secondary schools that were selected as Gold Ribbon Schools in 2015 including Artesia HS, Cerritos HS, Gahr HS and Haskell MS. We're pleased that all our comprehensive high schools and four of our middle schools have been selected as Gold Ribbon Schools during the past two years."

**La Mirada's Mother-Daughter Royal Princess Tea Party**

Grandmothers, mothers, daughters, and friends are invited to attend the Royal Princess Tea Party on Saturday, May 13 from 11 a.m. to 1 p.m. at the La Mirada Activity Center. Share in celebrating this special day filled with live entertainment, crafts, souvenir photos, and door prizes. Guests of all ages are encouraged to wear their favorite party outfit and strike a pose on the runway in the fashion show.

The royal tea party will include a selection of teas as well as a traditional tea lunch with finger sandwiches and pastries. Guests are encouraged to bring their own tea cup for a chance to win a prize for the most decorative, unique, or traditional tea sets. The cost is \$17 for ages 3 to 11 and \$27 for ages 12 and older. For more information and to register, call (562) 902-3160.

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Not only was the Whitney High softball team one out away from upsetting Oxford Academy, the first place team in the Academy League, it was a strike away from what would have been a 1-0 victory this past Tuesday. But the Patriots came up with five straight hits in the top of the seventh to pull out a 4-1 win.

“One error,” pondered Whitney head coach Luis Lavayen. “One error, because we already had two outs. So, when our girl didn’t cover her spot, it would have been the third out and that would have been it and we would have won the game. One mistake can cost the whole game right there.”

Whitney (7-11 overall, 1-4 in league) was up to the challenge and was going toe to toe throughout the game. Sophomore pitcher Taylor Genera had allowed three hits through five innings and got a huge defensive play to save a run early on. In the top of the second inning, Michelle Milligan tripled to deep left field, Senior left fielder Jocelyn Chou threw back to senior shortstop Ashley Iseri who relayed the throw to Genera whose throw to senior catcher Karen Kaur was just in time to keep the game scoreless. On the next pitch, Natalie Prado singled but was called out when she left first base too early.

The Patriots would have runners on second and third base in the next inning before Genera struck out the next two batters. Then in the sixth, Oxford Academy loaded the bases with one out before Genera struck out Milligan and got Prado to ground out.

Meanwhile, the Lady Wildcats couldn’t get much going offensively until the fifth. That’s when junior second baseman Heather Choe led off the frame with an infield single. Two batters later, Chou dropped a single just inside the right field line before Iseri’s base hit to the left

# WHITNEY SOFTBALL CAN'T CLOSE OUT POTENTIAL WIN AGAINST ACADEMY LEAGUE'S TOP TEAM

field gap scored Choe. But after that, Oxford Academy’s Kayla Morales retired four straight and eight of the last nine she faced, only walking junior centerfielder Janessa Alderete.

“I know we have a good team,” Lavayen said. “It’s just [the fact of] coming together; that’s what’s making it not happening. But when we were ahead 1-0, I didn’t expect that.”

In the last inning with two outs, Lizette Ureno singled on a 2-2 count. That was followed by infield knocks from Erica Perez and Anika LeDonne, the latter on a 1-2 count to load the bases. Rebecca Rocha would put the Patriots up 2-1 with a double to right field on a 2-2 count. The game was a far cry from the 12-2 loss on Mar. 31.

“I tell them constantly to go out and have some fun and be more relaxed,” Lavayen said. “That’s the key with these girls-to be relaxed.”

Genera struck out 11 batters to give her 119 for the season. The Lady Wildcats will host Calvary Chapel Downey High today before visiting last place Brethren Christian High on Tuesday and basically needs to win their final three games to have a shot of the postseason.

“Wow, it’s hard to say,” Lavayen said. “The only [win] we know we have is Brethren. Still, it’s up in the air. We’re facing good teams. Calvary is a good



HMG-CN Sports Editor Loren Kopff

## NEWS & NOTES FROM PRESS ROW

team and Crean [Lutheran] is a good team. But you saw what happened today.”

In other softball action, Artesia High begin a stretch of five straight home games on Apr. 27

against John Glenn High. The Pioneers are 6-7 overall, 3-4 in the Suburban League and in fourth place. They will also face Bellflower High on Tuesday and Cerritos High on Thursday. Artesia is sending its first trip to the playoffs since 1992.

Glenn is 6-13 overall, 1-7 in league and have dropped eight straight games. The Lady Eagles will host Norwalk High on Tuesday and visit La Mirada High on Thursday.

Cerritos stayed on the heels of first place La Mirada with an 11-1 victory over Bellflower this past Tuesday. The Lady Dons improved to 14-5 overall and 7-1 in the circuit. The Lady Dons will also host third place Mayfair High on Tuesday.

Gahr High is getting closer and closer to an undefeated season after blanking La Mirada 6-0 this past Wednesday in the championship game of the La Mirada Tournament. A day earlier, three pitches combined on a perfect game in a 15-0 win against Dominguez High. The Lady Gladiators are 19-0 and visited Lynwood High on Apr. 27. Gahr will then host Warren High on Tuesday with first place on the line and Paramount High on Wednesday before going to Paramount on

Thursday.

Norwalk dropped an 8-2 decision to La Mirada this past Tuesday to fall to 5-15 overall, 2-6 in league. The Lady Lancers visited Mayfair on Apr. 27 and a loss will most likely put the defending Suburban League champions near playoff extinction.

## BASEBALL

Artesia was blanked by Mayfair 17-0 this past Wednesday and is now 4-17 overall with one league win in nine contests. The two teams will meet today at Artesia before the Pioneers take next week off. It’s the fourth in league action that Artesia has been shutout and seventh time overall.

Gahr is continuing its dominance of the San Gabriel Valley League. The Gladiators (10-12, 5-0) blanked Paramount 3-0 this past Tuesday. All five league wins have been shutouts. The two teams will meet today at Paramount before Gahr travels to second place Downey High on Tuesday.

Norwalk (9-10, 1-8) fell to La Mirada 8-0 this past Wednesday and will visit the first place Matadores today before ending the regular season next week with two games against Cerritos.

Valley Christian High knocked off Whittier Christian High 6-1 this past Tuesday to improve to 13-9 overall and 3-4 in the Olympic League. The Crusaders will host the Heralds tonight before entertaining Maranatha High on Tuesday night.

Whitney snapped a three-game losing streak with a 9-2 win over last place Calvary Chapel Downey this past Tuesday. The Wildcats improved to 8-7 overall and 2-7 in the Academy League as they will host the Grizzlies today. The regular season will end next week with a pair of games against fourth place Oxford Academy.

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**Saturday, June 17, 2017**

**7:00 a.m. - 10:00 a.m.**

**Los Cerritos Center (mall)**

**239 Los Cerritos Center, Cerritos**

**5K begins at 7:30 a.m.**

**2K at 8:15 a.m.**

**Kid's Run at 9:00 a.m.**

**Wellness Fair from 7:00 a.m.-10:00 a.m.**

**Register Early and Save!**

**www.abcsummerfunrun.org**



## CERRITOS

*Continued from page 10*

guy get thrown out. So again, we knew that one run was going to win that game.”

Vizcarra would work eight solid innings, striking out eight and yielding just three hits while walking four. But as the game was getting into the later innings, both coaches were strategizing. Wells was put on base twice without a pitch thrown to him while the same happened to Angulo and senior first baseman Sergio Sandoval.

The Eagles would have the better chance of ending the game much sooner, loading the bases in the sixth, seventh and eighth innings on just three hit batters, two hits, two intentional walks, a regular walk and an error. But Vizcarra ended those innings with a pair of called third strikes and a groundout.

“I try to stay humble and try to take care of my team and pick them up when they weren’t getting the runs,” Vizcarra said. “I was feeling real confident, trusting my team and trusting my defense.”

Cerritos also has a few chances to push across a run before the 10th. With two outs in the eighth, Aguinaga singled and moved to second on an error. McInerney then put down an infield single and Wells was put on first without a throw. But Angulo would get sophomore designated hitter Matthew Pinal to ground out.

In the bottom of the eighth and with one out, sophomore catcher Alexis Martinez singled, moved to second on a groundout and to third when Sandoval was put on first and Vizcarra walked DeAvila on four pitches. Then Vizcarra struck out junior pinch hitter Jose Llamas looking. Glenn would strand 13 runners while the Dons would leave eight runners on the bases. Vasquez collected three hits in four at-bats while no one else on either side had multiple hits.

“With the two freshmen we have, Dee is one of the best guys around,” Walling said. “There’s no doubt. I think the big momentum changer was when we had a five-man infield and he struck [Jose Llamas] out. [They told me] just do my normal thing; to stay focused and stay in the strike zone and trust what they call,” Vizcarra said.

The two teams will meet today at Cerritos with Vasquez going for the Dons against junior Humberto Chiquito, who pitched the final inning. The winner will have sole possession of third place while the loser drops into a fourth-place tie with Bellflower. Cerritos will begin a home and home series at Norwalk High on Wednesday while the Eagles are home to Bellflower.

“You’re going to see the same game,” Walling said of today’s game. “Once again, they made a crucial error and we didn’t. One run is going to win the game.”



# VALLEY VIEW INTERCHANGE CONSTRUCTION UNDERWAY!

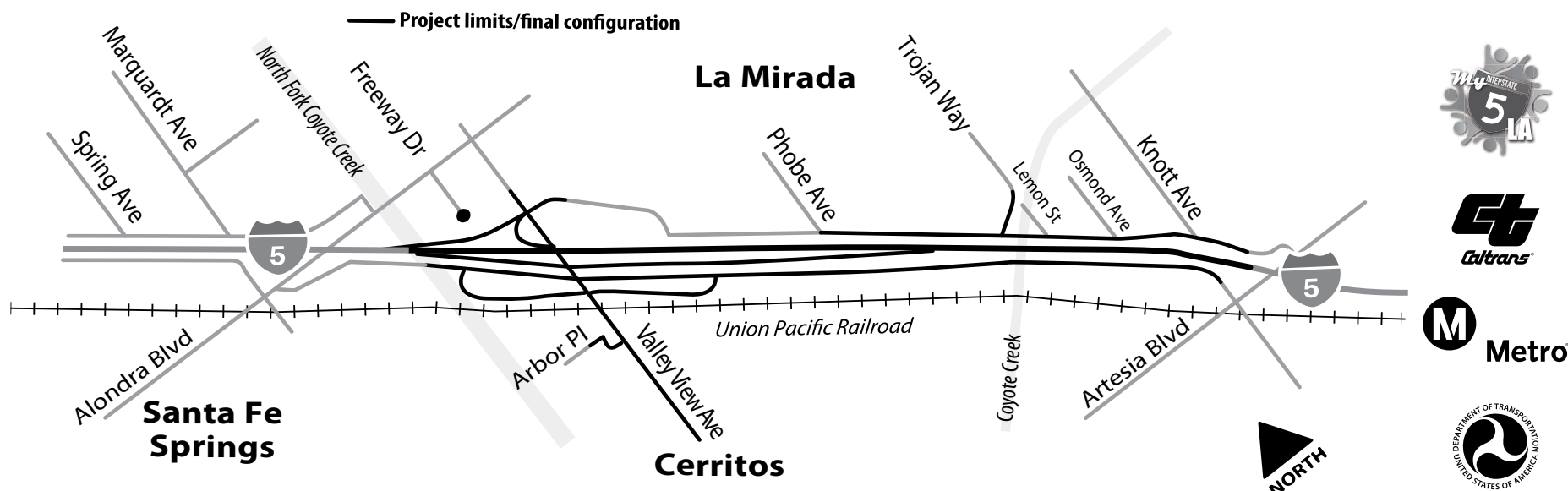
**What:** The Santa Ana Freeway (Interstate 5) Valley View Avenue Interchange Project will widen I-5 to add one High Occupancy Vehicle (HOV) or carpool lane, and one general purpose lane in each direction. The project extends from the Artesia Boulevard undercrossing to North Fork Coyote Creek approximately a mile and a half through the cities of Buena Park, La Mirada, Cerritos, and Santa Fe Springs.

**Plan Ahead:** During construction, lanes will be reduced from four lanes to two lanes (one in each direction) on the Valley View Avenue bridge over I-5 so plan ahead and leave a little early.

**When:** November 2016 through Late 2019

**Benefits:**

- Improve the overall traffic circulation along the I-5 south corridor including interchanges and ramps, as well as surface streets
- Enhance air quality and increase safety
- Accommodate future projected traffic demands and capacity
- Revitalize our I-5 community



**For more information about this project or to sign up for email alerts please visit the following:**

My5LA.com

(855) 454-6335

@My5LA

My5LA@dot.ca.gov

# NATIONAL PRESCRIPTION DRUG TAKE-BACK DAY

Staff Report

Kaiser Permanente Downey Medical Center has joined with local law enforcement to take back unwanted prescription drugs.

Kaiser and Downey PD are encouraging community members to participate in the "National Prescription Drug Take-Back Day" on Saturday, April 29, 2017 from 10:00 a.m. to 2:00 p.m.

Prescription drug take-back programs provide local residents with a convenient way to safely dispose of expired, unwanted or unused medicines. Kaiser Bellflower Medical Offices will serve as a drop site for the disposal of expired, unwanted and unused medicines. Residents may bring their medications for disposal. The service is free, easy and anonymous. Anyone unable to participate on Saturday can also purchase "mail back" postage-paid envelopes at Kaiser Permanente and many other pharmacies in Southern California.

"This program has been a tremendous success," said Pamela Tsushio, Pharm D., Pharmacy Director, "In 2016, we collected approximately 533 pounds expired or unwanted medicines from our location alone. By properly disposing of prescription drugs, we reduce the risk of abuse, accidental poisonings and environmental damage posed by such medications, especially controlled prescription drugs such as painkillers, tranquilizers and stimulants."

Medication safety is at the core of Kaiser's mission in caring for members and the communities they serve. Events like this address crucial public safety and public health concerns. They also provide health care providers and law enforcement with ways to raise

awareness about the benefits of properly storing and disposing of prescription medications.

Kaiser Permanente is committed to helping shape the future of health care and is recognized as one of America's leading health care providers and not-for-profit health plans. Founded in 1945, Kaiser Permanente has a mission to provide high-quality, affordable health care services and to improve the health of our members and the communities we serve. With more than 11.3 million members in eight states and the District of Columbia, Kaiser is focused on total health. Their expert and caring medical teams are empowered and supported by industry-leading technology advances and tools for health promotion, disease prevention, state-of-the-art care delivery and world-class chronic disease management.

Kaiser Permanente is dedicated to care innovations, clinical research, health education and the support of community health. For more information, go to: [kp.org/share](http://kp.org/share).



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**CITY OF CERRITOS  
STATE OF CALIFORNIA  
NOTICE TO BIDDERS OF  
SOUTH STREET SEWER REPAIRS  
BID NO. 1302-17**

Notice is hereby given that the City Council of the City of Cerritos, County of Los Angeles, State of California, hereby invites sealed bids for the following project:

**Project Identification:** SOUTH STREET SEWER REPAIRS, BID NO. 1302-17

**Project Description:** The work or improvement to be performed generally consists of providing all labor, material, tools and equipment necessary to complete repairs on the South Street Sewer east of Pioneer Boulevard. Damaged sections of the 8" vitrified clay pipe (VCP) sewer shall be removed and replaced. Scope of work shall include all necessary excavation, shoring, piping, backfilling, construction of full depth asphalt concrete pavement, striping restoration, and other tasks as specified in the Bid Sheet.

**Bids must be received on or before:** 11:00 a.m., May 17, 2017

**Bids will be opened on:** 11:00 a.m., May 17, 2017

**Place of bid receipt:** Office of the City Clerk, City Hall  
18125 Bloomfield Avenue, First Floor  
Cerritos, California 90703  
Bids must be marked: "SOUTH STREET SEWER REPAIRS, BID NO. 1302-17"

All bids shall be made on the form furnished by the City and shall be opened and publicly read aloud at the above-stated time in the Office of the City Clerk of the City of Cerritos, City Hall.

**Obtaining Contract Documents:** A compact disc with a set of Contract Documents, including the plans and specifications, may be purchased at the Engineering Division of the City of Cerritos for \$5.00 (\$10.00 if mailing is requested). There will be no refund for return of the Contract Documents. Return of such documents is not required.

Each bid shall be accompanied by bid security referred to in the Contract Documents and by a list of proposed subcontractors. Evidence of insurance, a performance bond, and a labor and materials bond as specified in the Contract Documents will be required prior to execution of the contract. In accordance with Public Contract Code section 22300, the bidder who is awarded the contract may substitute securities for retention moneys withheld by a public agency to ensure performance under the contract. The procedure and requirements for substituting said securities is set forth in Public Contract Code section 22300, which is incorporated by this reference as set forth herein.

The City reserves the right to reject any and all bids, or portions thereof, or to waive any informality or irregularity in a bid to the extent allowed by law.

No bid will be accepted from a contractor who has not been licensed in accordance with the provisions of Chapter 9, Division III of the California Business and Professions Code. The contractor must possess a license of the following classification at the time the contract is awarded (and must maintain this license classification through completion of the project): **A or C34**. The bidder's attention is also directed to Section 7028.15 of the Business and Professions Code for further reference. Only a contractor registered with the California Department of Industrial Relations ("DIR") to bid on public works contracts in California shall be permitted to submit a bid. Furthermore, only subcontractors registered with the DIR to bid on public works contracts in California shall be permitted to perform work or labor or render service under subcontract to the subject contractor.

Pursuant to the provisions of Section 1770, et seq., of the California Labor Code, the DIR has determined the general prevailing rate of wages and employer payments for health and welfare, vacations, pensions and similar purposes applicable to the work to be done. These rates shall be the minimum rates for this project. Copies of the prevailing wage rates are on file at City Hall, located at 18125 Bloomfield Avenue, Cerritos, California, 90703, and shall be available to any interested party upon request. In addition, rates may be obtained by visiting <http://www.dir.ca.gov/OPRL/pwd/>, calling the DIR, Division of Labor Statistics and Research's Prevailing Wage Unit at (415) 703-4774, faxing the Prevailing Wage Unit at (415) 703-4771, or writing to: DIR, Division of Labor Statistics and Research, Prevailing Wage Unit, P.O. Box 420603, San Francisco, CA, 94142. The contractor to whom the contract is awarded, and the subcontractors under him, must pay not less than these rates for this area to all workers employed in the execution of the contract.

By order of the City of Cerritos.

Dated/posted/published: April 28, 2017

Published at Los Cerritos Community Newspaper 4/28/17

**NOTICE OF PETITION TO ADMINISTER ESTATE OF DONALD H. WYKES**

Case No. 17STPB03433

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of DONALD H. WYKES

A PETITION FOR PROBATE has been filed by Stephen A. Wykes & Lesley A. Koch in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that Kelly Cox, Esq. be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on May 22, 2017 at 8:30 AM in Dept. No. 9 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner: KELLY COX ESQ  
SBN310595  
HOFER & HARRIS APC  
1611 S CATALINA AVENUE  
STE 330  
REDONDO BEACH CA 90277  
CN937005 WYKES Apr 28, May 5,12, 2017

**ABC UNIFIED SCHOOL DISTRICT  
NOTICE CALLING FOR BID**

NOTICE IS HEREBY GIVEN that the ABC Unified School District will receive up to but not later than **11:00 AM** on the **11th day of May, 2017** Bids for:

ABC Bid # 1492 Remodeling at Cabrillo Lane Adult School

All bids shall be made and presented on a form furnished by the District. Bids submitted shall conform to the terms and conditions stated on said form. Bids shall be received in the office of the Purchasing Department at 16700 Norwalk Blvd., Cerritos, CA 90703 and shall be opened and publicly read aloud at the above-stated time and place. Bidders may obtain bid documents by written request to Jessica Moon at the Purchasing Department. All public works are subject to prevailing wage payments, Valid License valid Class B Contractor's License and DIR Registration will be required.

Los Cerritos Community News

April 28, 2017  
May 5, 2017

Published at Los Cerritos Community Newspaper 4/28 and 5/5/17

**NOTICE OF ADOPTION OF ORDINANCE**

Please take notice that on April 25, 2017, the City Council of the City of La Mirada adopted the following Ordinance:

**ORDINANCE NO. 694 ADOPTING BY REFERENCE, TITLE 32 OF THE LOS ANGELES COUNTY CODE (THE 2017 FIRE CODE), INCORPORATING THE 2016 EDITION OF THE CALIFORNIA FIRE CODE AND THE 2015 EDITION OF THE INTERNATIONAL FIRE CODE, TOGETHER WITH CERTAIN AMENDMENTS AND DELETIONS, AND INCLUDING PENALTIES, AND AMENDING TITLE 16 OF THE LA MIRADA MUNICIPAL CODE**

Summary of Ordinance No. 694

Ordinance No. 694 incorporates within the La Mirada City Code, the 2016 Edition of the California Fire Code and 2015 Edition of the International Fire Code, as adopted and amended by the County of Los Angeles and codified in Title 32 of the Los Angeles County Code. These codes collectively constitute the Fire Code of the City of La Mirada.

The Ordinance adopts regulations dealing with the various aspects of administration of said Fire Code including, but not limited to, its scope of application, alternative materials and methods, applicable standards, enforcement of the Code by designated officials, right of entry to inspect premises, appeals of determinations by the Fire Chief, fees and inspection of work performed pursuant to the Code.

The Fire Code, together with certain amendments, deletions, exceptions and qualifications, generally deals with all aspects of safeguarding life and property, establishes fire and panic safety safety-related building regulations, and contains specific regulations pertaining to the hazards of fire and explosion arising from the storage, handling and use of hazardous substances, materials and devices. In addition to adopting the Fire Code, the Ordinance adopts penalties for noncompliance and related enforcement provisions.

The names of those Councilmembers voting for or against Ordinance No. 694 are as follows:

AYES: Councilmembers De Ruse, Lewis, Sarega, Mayor Pro Tem Mowles, Mayor Eng  
NOES: None  
ABSTAIN: None  
ABSENT: None

A certified copy of the entirety of the text of the Ordinance is available in the office of the City Clerk, City of La Mirada, 13700 La Mirada Boulevard, La Mirada, California, and is available for public inspection at that location.

Anne Haraksin, La Mirada City Clerk

Published at La Mirada Lamplighter Newspaper 4/28/17

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