



Cerritos Report Shows Huge Jump in Sales Tax Revenue

By Brian Hews

The Cerritos Economic Profile, released this past Tuesday, is a report that is prepared on a quarterly basis to conduct market trend analysis and to develop strategies for the city's business retention.

The profile is comprised of several sections, which includes major revenues of the City, employment, housing, and commercial real estate.

This latest report shows that the city of Cerritos is in a very strong position in relation to 2015 sales tax revenue and has been positive since 2012.

This is in stark contrast and was not mentioned in the staff report behind a proposed half-cent sales tax increase that was released last week, mostly blaming the dissolution of redevelopment for the City's budget deficit problems.

The sales tax increase was discussed at a meeting this past May 2 that was strangely neither televised nor videotaped.

In the proposed half-cent sales tax agenda report, staff cited "with nondiscretionary expenditures (contract labor, insurance, goods and materials) expected to increase – and revenues anticipated to have plateaued – the city must identify additional revenue sources in order to abate the growth of the deficit and provide funds for infrastructure maintenance."

But the current economic profile belies the statement "revenues anticipated to have plateaued."

According to the profile, sales tax revenue has risen for the past four calendar years.

From 2012 to 2013 revenue rose \$574,000; from 2013 to 2014 revenue rose

See CERRITOS REPORT page 13

Walmart Super Center Opens in Downey



Walmart recognized seven Downey organizations with donations to Columbia Memorial Space Center, Downey Los Amigos Kiwanis Foundation, Warren High School, Rotary club of Downey, Downey Police Department, Downey YMCA, and the Downey Kiwanis. Photo by Tammye McDuff. Story on page 5.

La Mirada Girls Softball All Star Team Recognized



The La Mirada Girls Softball Association 10U Gold All Star Team was recognized by the La Mirada City Council for winning the 2015 Southern California State Tournament. Mayor Steve De Ruse presented coaches and players with certificates of recognition at Tuesday's City Council meeting.

FRONTIER SWITCHOVER PROBLEMS CONTINUE TO PLAGUE CERRITOS AND ARTESIA

HMG-CN Staff Report

For the third week in a row, Los Cerritos Community News switchboard has been jammed with Cerritos and Artesia residents calling and complaining about Frontier Communications takeover of Ve-



rizon Fios, Internet, and TV services.

What was once thought to be minor glitches has turned out to be major problems for many residents, some of whom have been without service since April 28.

"Rene" and his wife from Artesia called to tell their nightmare. They came back from Las Vegas on April 28, nothing was working; TV, Internet, and phone. "We have made several appointments and they have not showed up. I have called back several times, and now they are coming on May 16. It has been over three weeks since everything went wrong. I am very disgusted with their service. I have a friend in Duarte who is having the same problems. I am 78 years old and sick, this is horrible."

Frontier is not only having problems in the Cerritos area, but also in Long Beach and in Duarte where Rene's family lives.

Several residents also emailed LCCN writing of their nightmares with the TV Internet and Fios service, while also com-

See FRONTIER page 6

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Soroptimist Live Your Dream Awards



Bottom row (l-r) Crystal Lizarraga, first place winner; Beatriz Ortiz, second place winner; Patsy Karinna Rodriguez, third place winner. Top row (l-r) Diana Needham, Assistant Chair, Anyssa Avalos, fifth place tie winner; Veronica Lopez, fourth place winner; Nichole Kinzy, fifth place tie winner, and Gayle Reidy, Live Your Dream Chair.

By Diana Needham

Sorotimist International of Artesia-Cerritos held its annual Live Your Dream Awards dinner on April 27, 2016. First place winner, Christina Lizarraga received a \$1,500 cash award, a two night stay at a Big Bear lake-front resort, and mentoring in her career goal of criminal justice.

Second place winner, Beatriz Ortiz received a \$1,000 cash award and mentoring in her career goal of nursing. Third place winner, Patsy Karinna Rodriguez received a \$500 cash award and mentoring in her career goal of psychology. Other winners were Veronica Lopez (\$200 cash award), Nichole Kinzy (\$150 cash award), and Anyssa Avalos (\$150 cash award). All winners are currently students at Cerritos Community College.

The Live Your Dream Award is Soroptimist International's signature program held each year by Soroptimist clubs, districts, and regions around the world. These awards go to women who are head

of household, low income, in college or vocational education with a clear career goal, and who have had life challenges

"We are very proud of all the Award winners and the successful track they are on for college degrees and successful careers", said Gayle Reidy, Live Your Dream Awards Chair. "Our Club's awards will be a boost to each winner in achieving their goals". "We thank the Soroptimist Club for honoring six of our Cerritos College students with these wonderful awards", said Shin Liu, President of the Cerritos College Board and a Soroptimist.

To learn about becoming a Soroptimist member, contact President Pat Law at 562-537-9117. The local service club welcomes new members. Soroptimist International of Artesia-Cerritos celebrated its 43st year of founding and a successful 2014-2015 year with over \$22,000 in giving through its Soroptimist programs and donations to many local organizations/charities.

ABCUSD NEEDS FUN RUN SPONSORS & VOLUNTEERS

Join ABCUSD on June 18th at the biggest fundraiser for ABCUSD at Cerritos Center Mall.

A wellness fair brings education, health screening, dental screening, food booths and fun activities. ABC needs participants, volunteers, and sponsors.

Invest in ABCUSD's Children and Community ABC Unified School District enjoys a reputation as one of California's top school districts.

The fourth annual Into the Summer Fun Run/Walk and Health & Wellness



Fair provides serious runners, as well as families and children an opportunity to enjoy the outdoors and raise money for a great cause with a Kid's Run, 2K Walk/Run and a 5K Walk/Run.

From beginners to elite runners, this event is for everyone. For the last 50 years, people, families and business like yours have given back to the ABC community and gained local exposure by providing support to our local schools and children.

This annual event – a fundraiser for the ABC Education Foundation, whose vision is to ensure that at ABCUSD, "every student, every school succeeds" promises to become a highly publicized event which will provide a meaningful investment for sponsorship partners.

Over 2,500 participants, from professional runners to aspiring athletes to families and community members, are expected.

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250 Norwalk High Students Raise \$10,000 for 10 Charities in Three Weeks



Nearly 250 Norwalk High School seniors raised \$10,000 by selling granola bars in three weeks, to donate \$1,000 each to 10 charities that include Mental Health America, AMVETS National Service Foundation and American Foundation for Suicide Prevention.

Staff Report

Norwalk High School senior Robert Renteria revealed to classmates how he battled Hodgkin lymphoma throughout his childhood, wracked by debilitating radiation treatments during third grade and for years to defeat the cancer that sapped his body's ability to fight infections.

It was during this tough time that the Make-A-Wish Foundation granted him a wish: a trip to Disneyworld.

"I didn't really get to have a childhood," Renteria, 17, said. "Make-A-Wish made my life feel normal, and it was the happiest day of my life."

Renteria's gripping tale persuaded his classmates to choose the Make-A-Wish Foundation as one of 10 charities to receive a \$1,000 donation from Norwalk High's annual Charity for Charities event, now in its fourth year.

As part of the effort, seniors raise money by selling granola bars, research possible charities and lobby their peers before a vote on which charities will receive the donations.

This year, nearly 250 seniors teamed up to sell granola bars for one dollar each, raising \$10,000 over three weeks.

Renteria's best friend, Senior Jesse Lotts, asked Renteria to tell his story to show why Make-A-Wish Foundation should be one of the 10 charities this year.

"Make-A-Wish enriches the children's life experiences for them to continue fighting back," Lotts, 18, said. "I wouldn't have been able to meet my best friend without Make-A-Wish."

Other winners include organizations that provide support for people battling mental illness, suicide prevention efforts and veterans.

"I am so proud of the students who really took the time to understand the charity they chose and found an organization that gave the most back to the community," NLMUSD Board of Education President Karen Morrison said.

"They are strengthening valuable social responsibility traits that they will carry for the rest of their lives."

Over the last four years, Norwalk High seniors have donated over \$45,000 to more than 40 charities.

With the exception of guidance from their advisors, students run the Charity for Charities event.

"This has become a really wonderful tradition for our whole school," Principal Ryan Smith said.

"It's great to see our students give back to the community. I am so proud of our students who took it upon themselves to do this."

The seniors and staff who nominated this year's 10 charities are as follows:

Mary Navalta – Doctors Without Borders; **Alondra Aguilar** – Court Appointed Special Advocates (CASA) of Los Angeles; **Jesse Lotts and Robert Renteria** – Make-A-Wish of Greater Los Angeles; **Pablo Gonzalez and Richard Martinez** – Semper Fi Fund; **Brenae Seals and Briana Nevarez** – United Cerebral Palsy of Los Angeles, Ventura and Santa Barbara Counties; **Victoria Lopez** – Mental Health America; **Silvia Lopez** – AMVETS National Service Foundation; **Jordan Hernandez, Brittanie Richard, Ethan Barnum, Richie Marroquin and Juan Herrera** – American Foundation for Suicide Prevention; **Patty Yarbrough** (staff) – Cancer Research Institute; **Ken Cook** (staff) – Wounded Warriors Family Support.

"Norwalk High School seniors are an example of the caliber of students who graduate with the compassion and generosity to give back to their communities," NLMUSD Superintendent Dr. Hasmik Danielian said.

"They not only recognize the issues that mean the most to them, but are ready to take action and contribute their time to help others in need."

La Palma Celebrates Grand Opening of Final Centerpointe Development



GRAND OPENING: The City of La Palma, TCP Plaza, LLC and contractors TEI-TECH Construction, Inc. celebrated a grand opening and ribbon cutting at Centerpointe La Palma. The event marks the completion of the last remaining building pad in the Centerpointe Development. The project is a 14,200 sf commercial/retail building. Pictured are (l-r) Whitmore Marin, District Representative for 65th District Assemblywoman Young Kim, Mayor Pro Tem Michele Steggell, Owner and Developer C. K. Yang, TCP Plaza, Mayor Gerard Goedhart, Council member Peter Kim, City Manager Laurie Murray, and Jeremy Tran, District Representative for Second District Board Supervisor Michelle Steel.

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Applicants selected to continue in the hiring process must complete a swim test and attend certification school on Saturday, May 28, 2016, and Sunday, May 29, 2016, from 8:00 a.m. to 5:30 p.m. Additionally, applicants must complete the online lifeguard certification component by Friday, May 27, 2016.

For more information or to apply online please visit www.cityoflamirada.org.

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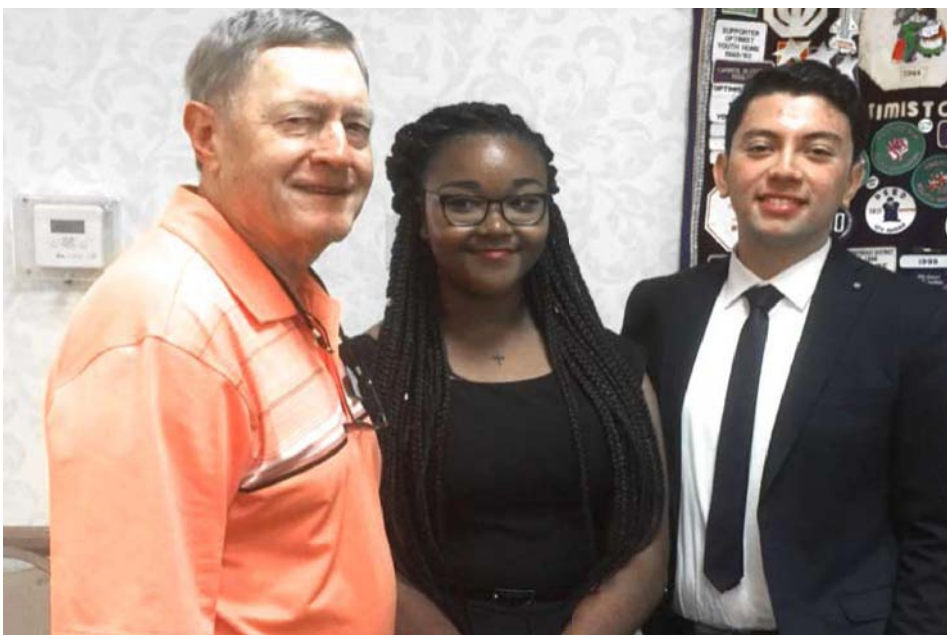
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Pictured (l-r) Gary McHatton, Cerritos Optimist Club President, Julle Ford, Club & Area Oratorical Contest Winner, and Eduardo Jimenez, Club and District Youth Appreciation Award winner.

Cerritos Optimist Club Student Winners Honored at District Competitions

By Diana Needham

Cerritos Optimist Club youth winners were honored at the annual Optimist District competitions on Sunday May 1st at the Optimist District Quarterly conference in Buena Park.

Juelle Ford was there as the Club's Oratorical winner and Optimist Area winner and was one of three finalists for the District competition. "All three girls were outstanding, said President Gary McHatton. "Although Juelle was not the District winner, I am sure she will be back next year, as she an excellent speaker, is a freshman at Cerritos High School, and eligible to compete through her senior year". Eduardo Jimenez, from Artesia High School, was the Youth Appreciation honoree. He

was also selected as the District's honoree as the best from dozens of students, including six from ABC Unified School District. He will attend the University of California at Riverside in the fall. "We are extremely proud of Eduardo's win at the District level", said Gary McHatton. "Eduardo's is an outstanding honor student and student leader. He represents the best of our local education system".

Attending the May 1 District conference were Optimist Club members, Gary McHatton, Club President; Terry Matz, Club President Elect, and Diana Needham, Club Oratorical Contest Chair.

To learn about becoming an Optimist member, contact President Gary McHatton at 562-865-4258. The mission of Optimist International is to "bring out the best in kids". The local club carries out this mission by sponsoring numerous youth programs throughout the year including a science and technology fair, Oratorical Contest, track meet, Essay Contest, Youth Appreciation Award Program, and others. Through its fundraising donations, it also assists numerous community programs including a needy family food and toy project, YMCA, Miller's Children's Hospital, Respect for Law Program and others.

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The Friends of La Palma Library will have a book sale on Saturday, May 21 from 10 a.m. to 2 p.m. to raise funds for library programs.

The sale is at the library at 7842 Walker St., La Palma, CA 90623

Hardback fiction and non-fiction start at \$1. Paperbacks are 50 cents. Children's books start at 25 cents. Biographies and memoirs are as little as 5 cents. Also available will be Coffee table books, references, dictionaries, study guides, child-rearing guides, self-help

books, diet and fitness guides, DVDs, CDs, recorded books and a variety of magazines.

A large selection of Korean- and Japanese-language books also are being sold.

The materials in the sale have been donated by area residents or culled from the library collection to make way for new books.

More information is available on the Friends' website at friendsoflapalma.wix.com/home. The email is friendsoflapalma@gmail.com

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Walmart Super Center Opens in Downey



Downey Mayor and others cut the ribbon at Walmart opening. Photo by Tammye McDuff.

By Tammye McDuff

With a great big Walmart cheer, new employees cheerfully lead anxious shoppers and VIP's into the brand new Walmart Super Center located at the Downey Promenade.

Deacon Maria Guerra dedicated the ceremony. "In May of 2010 the City received a phone call saying that we were not awarded the long awaited Tesla Plant project. We pouted, we cried, we were heartbroken. This location is special to the history of mankind. This is where the space shuttles were dreamt of and built. This is where history took place that changed the world. The next week we asked the Council 'what's next?' well folks this is what's next. This beautiful Walmart being our anchor tenant, and employing 350 people makes this company a great partner. They believe in the community and giving back."

Nelisa Blackwell, Store Manager, started with the company 16 years ago in the city of Orange. Holding numerous positions within the company and working at stores in Stanton, Buena Park, Brea and Norwalk, she opened the ceremonies by congratulating all the employees, "I began as an hourly associate stocking shelves in the pharmacy department, and I am here to tell you that the sky is the limit."

Wesley Morris, Market Manager added, "I am so proud of our associates and all the work they have put in to getting this Center up and functioning for today. Walmart employees have a long standing respect for the company. Morris noted that he thought he was taking a two month gig over the Christmas holiday saying, I have just celebrated my 25th year with Walmart. Downey we are here to offer you fresh products, with a 150,000 square foot super center."

Regional Vice President, Chad Donath, noted "First off I want to thank the city of Downey for the opportunity to be here and be part of this community. Over the last couple of years it has been a real pleasure to watch this project come to life."

Donath has a 28 year history with Walmart stating that he started by cleaning bathrooms, was promoted to pushing shopping carts, and unloading trucks, then on to cashier. "One of the great things I have the opportunity of doing now," says Donath, "is seeing promising associates who are just starting out. I was going to school to be a teacher, I did not plan on staying with Wal-Mart, now 28 years later, I am here and you are my family."

Mayor Alex Saab thanked Walmart Executives for investing in and believing in the city of Downey and added that the first thing Walmart wanted to do was give back to the community. "This property is very sacred to us. This is where dreams were reached," said Saab, "I can see that this is where dreams will continue to flourish."

Walmart recognized seven Downey organizations, with donations to Columbia Memorial Space Center, Downey Los Amigos Kiwanis Foundation, Warren High School, Rotary Club of Downey, Downey Police Department, Downey YMCA, and the Downey Kiwanis. Walmart also was the generous sponsor for the recent State of the City for Mayor Saab.

As a special bonus Manuel Rafael Mota Geronimo, more commonly known as Manny Mota, Major League Baseball outfielder who played for the San Francisco Giants, Pittsburgh Pirates, Montreal Expos, and was a pinch hitting specialist for the Los Angeles Dodgers was onsite to sign autographs. Mota was coach for the Dodgers from 1980 through 2013. His 34 consecutive seasons as a Dodgers coach was the longest in team history. Mota participated in the World Series as coach for the Dodgers in 1988, he has a total of five World Series appearances.

Multiple vendors passed out free goodies from Walmart water bottles to Coca-Cola products to pet coupons and De La Cruz herbal ointments. Rick Rodriguez, President Gangs Out of Downey led the crowd in the Pledge of Allegiance and the Warren High School Marching Band entertained the early hour attendees.

MAY EVENTS FOR OLDER ADULTS

Cerritos Senior Center Activities Week of 5-9-16

The Cerritos Senior Center offers a variety of recreational, educational, enrichment, fitness and wellness classes, health and human services, and special events for individuals 50 years and older. Registration for all classes is currently under way, unless noted otherwise. For programs that require registration and have a fee, please visit the Cerritos Senior Center. Seniors may also register for free information-only lectures by phone. Cerritos residents receive priority registration on all services. For more information, please call (562) 916-8550 or visit cerritos.us.

Please note: The Cerritos Senior Center does not allow soliciting nor endorse any agency, partner, instructor, vendor or presenter. Seniors should gather information to make the best personal decision on presented information.

AARP CarFit Event

CarFit is an educational program that provides a quick, yet comprehensive review of how well you and your vehicle work together. America Automobile Association (AAA), American Association of Retired Persons (AARP) and the American Occupational Therapy Association (AOTA) developed the program. CarFit technicians teach participants how to make their personal vehicle "fit" them to increase safety and mobility when they hit the road. During the appointment, a CarFit technician will help with the following:

- Review 12 key areas of your fit to your car such as adequate space from the steering wheel, proper seat belt use and properly adjusted head restraints.
- How to use and adjust your safety devices.
- Each checkup takes about 20 minutes – this is not a driving test or mechanical inspection.

To schedule your 20-minute appointment, please call the Senior Center, as spaces are limited. The event will take place in the Senior Center parking lot. Appointments are required for this free program, which is scheduled for Friday, May 20 from noon to 4 p.m.

Senior Fitness Center

Lose weight, stay fit and make new friends all year long at the Cerritos Senior Center Fitness Center. Membership is limited to Cerritos residents, age 50 or older, for a fee of \$50 per year. All seniors must attend a fitness orientation and submit a completed waiver to

qualify for membership. Please bring proper proof of Cerritos residency such as a driver's license, California ID card or other government-issued ID. The fee may be waived for those seniors proving a need or hardship based on federal income poverty guidelines.

In March, the Fitness Center reached its 10th Anniversary milestone. To celebrate, now through March 10, 2017, seniors who renew their membership and new members will receive a commemorative 10th Anniversary fitness towel. For more information, please visit the Fitness Center desk.

Fitness Center orientations are Mondays at 7:30 p.m. and Fridays at 10 a.m. Fitness Center hours are Monday through Thursday from 7:30 a.m. to 9 p.m. and Friday from 7:30 a.m. to 4:30 p.m.

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FRONTIER

Continued from page 1

plaining about customer service and technician service.

Jay H. from Cerritos said, "When you call you can tell it is either India or the Philippines. It is very annoying, they are hard to understand and are not trained to handle what is going on here."

One resident emailed that after two weeks the technician finally came to the house but "seemed not experienced" and had to call the office to get instructions on how to fix the problem.

"It was kind of sad," said the resident, "I had to watch him stay on the phone with other Frontier people for 30 minutes, the technician even got frustrated. I watched as the technician was transferred from de-

partment to department and finally had to call another number to reach yet another department."

"It is a very difficult time for these residents," said LCCN publisher Brian Hews, "these people when they call are completely exasperated with their service they're asking for LCCN's help, they're asking for the City's help. We are using the newspaper to put pressure on them, we are in touch with Frontier Corporate almost everyday, they want to know about the complaints."

"The Cerritos City Council sent out a press release to local media saying 'call the PUC and complain,' that was their way of handling the problem."

Media outlets reported that a representative from Frontier attended a Long Beach City Council meeting this past Tuesday talking about the problems.

No word from Cerritos City Council on whether a Frontier representative will speak at their City Council meetings.

Given the hundreds of calls and emails into LCCN, it is safe to say the meeting would be packed with angry residents.

Meanwhile area residents remain without service and some are older adults who are "sick and can't go out."

"Mr. Hews, I would like to be able to report that my phone service is back up, but unfortunately I cannot. {The} Tech was at my home on Friday May 5th for over 5 hours and was unable to get connection. It is my understanding that my phone was not "Provisioned". Not sure what that means but it sounds like I was no longer in the system and they need to re-build my connection. I witnessed him calling Frontier addressing himself as a tech and then being put on HOLD for up to 30 minutes sometimes. Very frustrating for both the technician and myself. Finally after being directed to 4 different departments, it was decided that my case

needed to be sent to another department and it would be another 3-4 days before I would get service."

Another resident emailed her phone was working but now she is receiving robocalls. "Does anyone know how to stop these robocalls calling all day long requesting for construction work? Every phone call sounds the same; stating they know us from a year ago, and want to do

some construction estimates. How can we stop this? Is Verizon and Frontier guilty of selling our phone numbers to contractors; even though I have non listed phone number?"

Realizing that you might not have a phone or internet, but if you do, please call us at 562.407.3873 so we can log your complaint or email us at editor@cerritos-news.net.

Free Paper Shredding, E-Waste, and Mulch Event

La Mirada and EDCO are sponsoring a free paper shredding, e-waste collection, and mulch event on Saturday, May 7 from 9 a.m. to 12 p.m. in the Community Gymnasium parking lot, 15105 Alicante Road.

Certified shredding trucks will be shredding all items onsite. Quantities are limited to three bankers boxes (10"x12"x15") per household.

TVs, computer monitors, printers, fax machines, VCRs, and other unwanted electronics will also be collected. No household hazardous waste material will be accepted.

Free mulch will be available for residents while supplies last. This is a self-serve, self-loading service, so please bring your own cans/bags and shovel. Limit of three cans/bags per vehicle. If planning to haul mulch in an open truck or trailer, remember to bring a tarp to cover the material.

This event is for La Mirada residents only and proof of residency (i.e. Driver's License or utility bill) is required.

For more information, call (562) 902-2385.

Sign up for Free C.E.R.T. Training in La Mirada

The City of La Mirada is offering free Community Emergency Response Team (C.E.R.T.) training by the Los Angeles County Fire Department.

This valuable course can help you protect family, neighbors, and others in an emergency situation.

The training program is a 20-hour all-hazards training. Lessons include fire safety, hazardous materials, disaster medical operations, and light search and rescue.

"During a disaster, first responders will not be able to reach everyone right away,"

says Emergency Preparedness Coordinator Andrew Vialpando. "Residents who are prepared are better able to protect and assist those around them."

The course will be held at the La Mirada Resource Center on three consecutive Saturdays, June 4, 11, and 18. Each session is held from 9 a.m. to 4:30 p.m. Space is limited.

For more information and to sign up, contact the La Mirada Resource Center at (562) 943-7277 or visit www.cityoflamirada.org.



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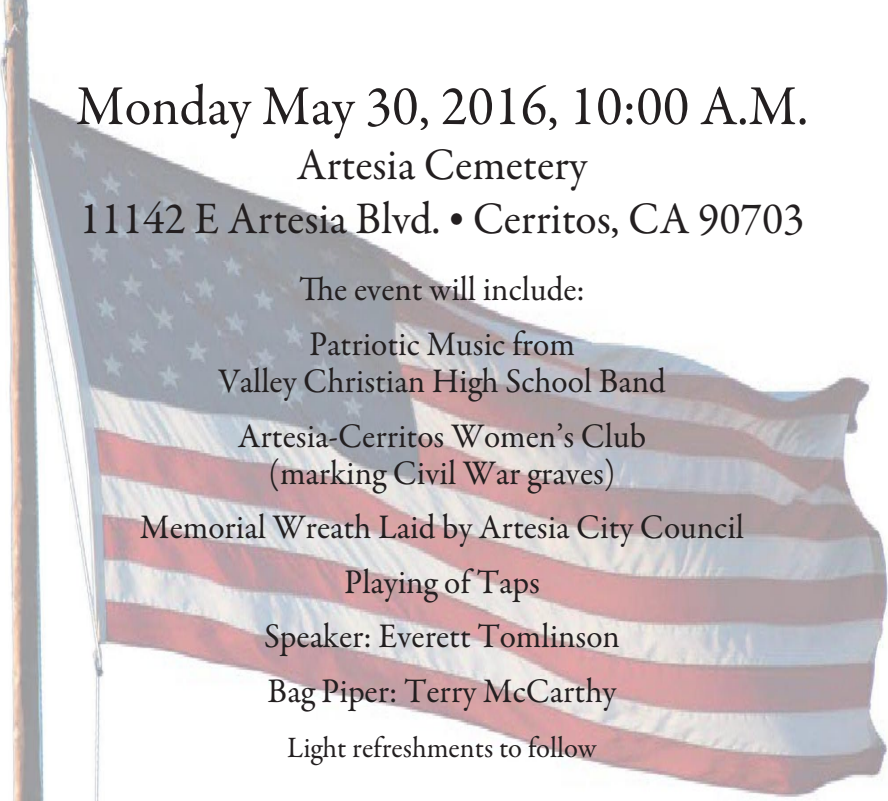
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CERRITOS COLLEGE TALON MARKS RECEIVES JOURNALISM AWARDS

State Journalism Conference Honors Excellence in Student Reporting

Cerritos College's Talon Marks newspaper team recently won awards at the annual Journalism Association of Community Colleges (JACC) state conference at the Burbank Marriott Hotel. The conference was attended by nearly 500 students and faculty from community colleges

throughout California.

The Talon Marks staff competed in the mail-in and on-the-spot competitions, and attended workshops in various areas of journalism.

Ethan Ortiz, Karla Enriquez, editor-in-chief, Kristopher Carrasco, online editor, and Briana Velarde, platforms editor took second place in the on-the-spot video journalism category, and Ethan Ortiz, news editor, was an honorable mention in

the on-the-spot new story category.

In addition, Talon Marks editors Karla Enriquez, Kristopher Carrasco and Gustavo Lopez presented a panel discussion about its recent breaking news coverage of two shootings across from the College. The College's Mass Communications Department Chair and Talon Marks Faculty Adviser Rich Cameron moderated the panel.



WINNERS: Pictured from (l-r) Karla Enriquez, editor-in-chief, Kristopher Carrasco, online editor, and Briana Velarde, platforms editor took second place in the on-the-spot video journalism category. Ethan Ortiz, news editor, was an honorable mention in the on-the-spot new story category.

Niemes Elementary Celebrates 25 years

By Tammye McDuff

ABC's Niemes Elementary celebrated its 25th anniversary this past week with many local officials attending the event including Senator Tony Mendoza; ABC USD Board Member Leticia Mendoza; Dr. Cheryl Bodger, Director of Elementary Schools; Dr. Rhonda Buss, Director of Secondary Schools; Ray Gaer, President ABCFT, and Hector Enciso, DELAC President.

Shelly Spiegel Colman, Executive Director of Californians Together also spoke and has a special connection with the school. Colman was one of the first bilingual teachers when bilingual education first came about and has been a major proponent for bilingual and dual language programs.

"We are not only here to celebrate this wonderful 25th anniversary, but to celebrate the success of the Dual Language Program," said Olympia Chen, President of the ABC School Board. Not only was April 29th the silver anniversary of the Dual Language Program [DLP] but that very day John H. Niemes Elementary School earned the highest honor a California school can receive, being named a California Gold Ribbon School.

Dr. Mary Sieu, Superintendent of the ABCUSD has been with the District for 26 years and voted in the program. "It has been a very long journey," notes Sieu, "it is very unusual to say that teachers have been with a school for as many years as these teachers have. This is a school where the intellect and imagination of children are challenged every day."

Certificates of Recognition were given to teachers along with plaques from the school and recognition from the ABCUSD. Teachers and their years with the school are: Connie Karimi [30 years], Isabel Almeida [28 years], Sandra Scoltock Martinez [24 years], Sandra Leal [23 years],

Raul Cerd and Anna Champlin [22 years], Monique Lisson Morres [20 years], Gabriela Ibarra [19 years], Alejandra Rey-



State Senator Tony Mendoza (D-Artesia) speaks to the crowd at Niemes' 25th anniversary celebration. Behind Mendoza is Niemes Principal Mariaelena Jimenez, to his left is his wife and ABC School Board Member Leticia Mendoza. Photo by Tammye McDuff.

noso [10 years], Cecilia Lopez Saucedo [3 years] and Josie Enciso [2 years].

"It is inspiring to realize that the Niemes Dual Language Program [DLP] began 25 years ago," says Principal Mariaelena Jimenez, "we are proud of our long standing, high quality program with the goal of educating bi-literate, well rounded students."

Despite numerous policy changes the DLP has successfully remained committed to the community. Earning the school numerous honors as a National Magnet School of Distinction, National Healthy School, Verizon Innovative School, and the Seal of Excellence from California Association of Bilingual Education and named in the top 10 schools by the Spanish Embassy. "Niemes is most certainly a unique school, with rare opportunities, distinguished programs and rigorous classes, but we are blessed with a dynamic staff and eager students," commented Jimenez.

Food was served as a fund raiser and student presentations went well into the night from Kindergarten classes singing La Bamba to recitations of Heroes Antiguo poems by 6th graders.

"In a world becoming more connected and competitive the knowledge of a sec-

ond language is an essential skill to hold," says Jimenez, "it is our responsibility as educators and parents to ensure we prepare them for a prosperous future ready for challenges and careers not yet imagined."

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PIHHealth.org/Mammogram



ABC ADULT SCHOOL HOLDS OUTSTANDING AWARDS CEREMONY



ABOVE: Students from ABC Adult School's Erhu (Chinese Violin) class performed at the Outstanding Student Awards Ceremony. BELOW: Students from the Parent Education Department performed "This Land is Your Land" at the Outstanding Students Awards Ceremony.



There was standing room only for the families and friends who attended the ABC Adult School Outstanding Student Awards Ceremony Apr. 28 at the Cerritos Library Skyline Room where 27 outstanding students received awards for their talents and scholastic achievements.

ABC Adult School Principal Dr. PaoLing Guo congratulated the students and their families for supporting them while they attended various adult school programs offered at ABC.

Assemblywoman Cristina Garcia also praised them for working so hard under difficult circumstances in order to achieve their goals "and to help make your dreams come true."

Career Technical Education Students George Chalagonian and Reynaldo Garcia also received Special Recognition as U.S. Veterans at the Outstanding Student Awards Ceremony.

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Music therapy was instrumental in the recovery for mental health patient, Cruz.



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SUBURBAN LEAGUE SOFTBALL: Cerritos rallies in late innings to clinch league's final automatic postseason berth

By Loren Kopff
@LorenKopff on Twitter

The Cerritos High and John Glenn High softball teams have endured very long 2016 seasons for different reasons. And it would only be fitting that Cerritos needed one more win in its final three games of the regular season to advance to the California Interscholastic Federation-Southern Section Division III playoffs, while at the same time eliminating Glenn from that opportunity.

The Lady Dons, who had twice lost one-run leads, scored three unearned runs in the top of the sixth inning and one more in the last inning to knock off the Lady Eagles 6-4 last Friday in a game marred by some frustrations. Coupled with a split against Suburban League tri-champion Norwalk High this past week, Cerritos will enter the playoffs as the fourth place representative with an overall record of 10-14-1. And it wasn't too long ago that the two-time defending league champions were floundering at 4-11-1 and 1-4 in league action after falling to La Mirada High 11-1.

"I just think it was [because] it's a new team, we have new girls and it's hard to adjust to that," said sophomore pitcher Jennifer Morinishi of the slow start to the season. "But I think now we've all kind of meshed together. We've all become one unit and I think that's why we've been winning."

On the other side of the field, the high expectations that Glenn has had for the past few seasons will once again go for naught as the Lady Eagles will miss the postseason for the 26th straight season, the longest

drought of any league team.

"The biggest difference, I believe, was we had some seniors in key spots that made plays [last year]," said Glenn head coach David Cruz. "The girls on this year's team are not doing the job with the game on the line. It seemed like every time we talked, our team makes mistakes in crucial situations. And it's just frustrating. That is the key word."

Cerritos grabbed a 1-0 first inning lead when sophomore first baseman Kiara Crockett-Pope's base hit brought in Morinishi, who had doubled to the left field gap. The Lady Eagles (8-13, 2-8 in league following the game) knotted the score in the bottom of the third when junior third baseman Ashley Armas singled with one out and came home when senior center fielder Alyssa Fajardo reached on an error.

Cerritos would regain the lead in the next inning when senior pitcher Destiny Enriquez walked sophomore designated player Kristina Mendez, who would later score on the first of five Glenn errors, which led to five of the six runs being unearned.

But the Lady Eagles rallied in the next two innings. Morinishi hit senior shortstop Erika Espinoza to lead off the bottom of the fourth and junior catcher Devany Esparza picked up the second of her four hits. Junior left fielder Destiny Rangel would be safe on a fielder's choice, which loaded the bases followed by an error and a sacrifice fly which would plate Espinoza and junior courtesy runner Jocelyn Ortiz respectively.

Glenn increased its lead to 4-2 when Morinishi walked sophomore designated

player Christina Shryock with the bases loaded, allowing Espinoza to score with two outs. But after that walked, Morinishi would not allow another Glenn runner to get to second base.

"It took a while for me to get into my groove and try to settle down a little bit," Morinishi said. "But there was a lot of support from my teammates that really helped me."

With one out in the top of the sixth, back to back walks issued to junior shortstop Lailoni Mayfield and Morinishi put the Lady Dons in business. Crockett-Pope then reached on an error, allowing the two runners ahead of her to come home and tie the game. Senior center fielder Alyssa Flores and junior right fielder Camryn McInerney each reached on a fielder's choice. But on the latter, Crockett-Pope scored on a controversial play as she appeared to be tagged out by Esparza but was called safe, much to the chagrin of Cruz.

"I saw [Esparza] tag her in the back, turn and take two steps, fall backwards and then drop the ball," Cruz said. "That to me is having control. But I'm not the umpire, so I can't make that call. But I disagreed with it, just because of where she travelled with the ball, and it was obviously on the transfer."

The final run came in the last inning when freshman second baseman Niki Ibarra was walked after seeing 10 pitches from Enriquez and later came home on an error. Crockett-Pope and Morinishi each had a pair of hits but the Lady Dons stranded 13 runners on base.

"We all kind of knew that the game

was going to be a little bit more scrappy and we were going to get more physical," Morinishi said. "But I think sometimes a little physical is good."

Glenn would leave 10 runners on base including the bases loaded in the fifth. Enriquez did all she could, throwing 146 pitches, allowing nine hits and walking six. Despite not advancing to the playoffs, Enriquez leaves Glenn as the school's winningest pitcher in at least 18 years. Entering this past week, Enriquez, who will be attending Bethune-Cookman University in the fall, had 23 overall wins in her four years, nine more than Vanessa Mendoza had during her time at Glenn from 2004-2007. The nine career league victories are also the most by any Glenn pitcher in at least 18 years.

"She's been the face of the program," Cruz said. "She pitches lights out most of the time and I wish we could have gotten her more wins so she could have a pedestal to stand on. But as it is right now, being 2-8 in league right now is frustrating, and I'm sure it's frustrating for her."

Cerritos will advance to the playoffs for the eighth straight season but will enter with a losing record for the first time since 2010. The brackets will be released on Monday with wild card action beginning on Tuesday and first round action commencing on Thursday.

"I'm really proud of our team that we were able to all come together and were able to perform well and we were able to do that all we could to win," Morinishi said.

OLYMPIC LEAGUE SOFTBALL: Playoff-bound Valley Christian starts early and fast against Village Christian

By Loren Kopff
@LorenKopff on Twitter

Following an 11-4 lost to Loara High on Apr. 2, it wasn't looking too good for the Valley Christian High softball team. The Lady Crusaders had just one win in their first 13 games as they prepared to

open up Olympic League action.

But fueled by a three-run bottom of the first inning and another stellar performance from senior pitcher Anna Collier, Valley Christian defeated Village Christian High 4-1 last Thursday to clinch third place and an automatic berth in next week's California Interscholastic Federation-Southern

Section Division IV playoffs.

Some could say that Valley Christian is in the playoffs as the third place team from the Olympic League and others can say that the team is in the postseason despite an overall record of 4-18, the school's worst mark since going 5-12 in 2000. But first-year head coach Nicole McGahey sees it a different way.

"I'd rather them see us as a team that does not give up and fights to the very end," she suggested. "We want to be a force to be reckoned with. I feel really confident with what our girls have done."

"Every year I've been on this team, our preseason... we've played highly competitive teams," said senior shortstop Chanel Varney. "So we don't go into that thinking we're going to dominate, but rather to get better. We use that as our opportunity to really improve for [league] play. We know that league is a totally different level and we know that we're competitive here."

After a perfect top of the first from Ciller, freshman left fielder Alex Burgess-Allen got the Valley Christian offense going when she singled on the second pitch thrown by Carley Gay. One out later, Varney and junior center fielder Brianna Lerma each singled to load the bases. On the very next pitch, freshman first baseman Katie Morewood's base hit to right field brought in the first two runs. Collier then followed that up with a groundout to score Lerma.

In the third inning, Valley Christian added its fourth run when Gay walked junior third baseman Kylie Carr to lead off the frame. After a groundout from Varney moved her to second, Lerma came up and doubled to left field for the final run. Through the first three innings, Valley Christian collected five of its eight hits. In the fourth, fifth and sixth innings, Valley Christian would have three hits and would strand two runners.

But the story would be Collier's pitching and the defense behind her. In the top of the second, Village Christian was

threatening to score and it began with Katie Ross reaching on an error. But freshman catcher Kyla Nunez-O'Leary threw her out at second. That play proved costly for the visiting Crusaders because they would put two runners on with two outs before Collier got Dakota Morgan to fly out to Lerma.

"That was a huge out for us," McGahey said. "That was a fast runner, too. We knew that Kyla had to step on that right away and she knew that too."

After that, Collier settled down a bit and threw six pitches in the third and 11 in the fourth before Morgan scored Village Christian's only run in the fifth when she doubled and came home on an infield single from Emma Wilson. Collier scattered six hits, struck out one and did not walk a batter in her final regular season home game.

Of the four-year varsity pitchers Valley Christian has had since 1999, Collier ranks second in overall victories with 35 and in league victories with 20. Only Melissa Dykema (2003-2006) is ahead of Collier with 53 overall wins and a sparkling 24-1 league mark.

"Anna is just like a rock for us," Varney said. "It's not only her spots, but her spin just really throws off people. Her pitching style is very different from anyone else in the league and I think that's her secret to her success. She's very dependable, she's a really hard worker and she's emotionally tough."

Burgess-Allen, Lerma and Varney all went two for three as Valley Christian, which fell to Maranatha High 6-2 this past Tuesday, finished 3-5 in league action. Valley Christian, which had previously lost to Village Christian 12-8, had losing streaks of four, eight and four before splitting its final four games. It will begin the playoffs either on Tuesday in a wild card game or Thursday in a first-round game. The playoff brackets will be released on Monday. Valley Christian has failed to get

See VALLEY page 12

NEWS AND NOTES FROM PRESS ROW

CERRITOS BASEBALL ROUTS NORWALK BEHIND ONE-HITTER FROM RODRIGUEZ

By Loren Kopff
@LorenKopff on Twitter

Four days after the Cerritos High baseball team clinched the school's first post-season berth since 1998, the Dons flexed their arms at the plate and on the mound against host Norwalk High. Senior pitcher Jamriel Rodriguez took a no-hitter into the bottom of the sixth inning and settled for a one-hitter as the Dons smashed the Lancers 11-1 this past Tuesday.

With one game left in the regular season, a May 12 home game against Norwalk, the Dons were sitting at 13-13 overall and 6-5 in the Suburban League. Cerritos has posted back to back double digit victory seasons for the first time since 1998 and 1999 and will have at least a non-losing league record since 1998.

Cerritos was still reveling in its thoughts of ending that long playoff drought as the

team walked onto the Norwalk field. The Dons had to endure a 20-minute rain delay last Friday against John Glenn High and pull out a 13-7, 10-inning win on the road.

"It's surreal," said Cerritos assistant coach Brooks Walling. "Eighteen years; who would have [thought] that? Glenn had a million chances to put the game away. They battled back and it was a wild one. In 10 innings, we put together one inning and put them away. There are no words to describe what these kids are feeling right now."

Against Norwalk (7-16, 2-9) Rodriguez was taking care of the hosts for most of the first five-plus innings. Rodriguez walked four and hit a batter through five innings but the Lancers would strand all five of those runners. Then with two outs in the sixth, senior designated hitter Antonio Guerrero was safe on a wild pitch after striking out. Two pitches later, he would score on an er-

ror and on the very next pitch, senior right fielder Andrew Martinez singled to center to break up the no-no. Rodriguez struck out nine and walked four for his fourth complete game of the season.

"His command wasn't really there," Walling said. "He struggled a little early. We have to get him back in the bullpen and dial him in where...we went to Carter [on Mar. 17] and knocked off the No. 4 team in the division and he didn't walk anybody. We have to get him back to that fiery, competitive mode."

Cerritos scored all 11 of its runs in the final two innings. The Dons sent 11 to the plate in the sixth and scored half a dozen runs. With the visitors holding a 1-0 lead, senior right fielder Jason Prieto-Burnham singled, freshman first baseman Bernardo DeLeon doubled and senior left fielder Erik Gomez singled to load the bases. Norwalk senior pitcher Julio Sanchez walked senior

center fielder Tyler Beyer to plate Prieto-Burnham and the rout was on.

Junior catcher Brett Wells had a two-run single later in the inning and added a two-run triple in the seventh. It was the third triple of the inning, following one from Gomez and junior second baseman Jonathan Estrada. In all, the Dons collected a dozen hits.

"I figured the monkey is off our back and we have nothing really to lose now," Walling said of the slow start. "We know we're in [the playoffs]; we're playing for seeding. But you're dealing with high school kids and they finally figured it out in the sixth inning."

In other baseball action, Gahr High was looking to complete its first undefeated San Gabriel Valley League campaign in over 18 seasons when the Gladiators hosted Dominguez High on May 12. Gahr en-

See CERRITOS page 12

CERRITOS GIRLS SOFTBALL ASSOCIATION ALL-STARS, SUMMER TOURNAMENT SCHEDULE ANNOUNCED

By Loren Kopff
@LorenKopff on Twitter

The newest 48 Cerritos Girls Softball Association all-stars, plus the managers, coaches and team moms, were recently announced, as were the summer tournaments that they will be competing in. All four teams will participate in the San Diego Memorial Day Tournament from May 27-30. After that, the teams are off to South Huntington Beach Tournament from June 3-5, followed by the next weekend in which teams may be in various locations. Then all four teams will be in the Chino Hills Tournament June 17-19 before the Amateur Softball Association 'B' District Tournament from June 24-26. The location

of the district tournament has yet to be determined.

8-Under All-Stars

Danielle Baca, Ava Ceron, Dalani Cooley, Anaya Granflor, Alyssa Hensgen, Nevaeh Leon Guerrero, Taylor Martinez, Kalie Matsuno, Alyssa Riley, Kayleigh Sutton, Mia Tapia, Emily Vargas.

Manager: Dan Hensgen

Coaches: Brent Matsuno, Jen Riley, Ed Sutton

Team mom: Eleanor Granflor

10-Under All-Stars

Bella Bulthuis, Haley Ceron, Nata-

lia Hill, Chanel Madrid, Ashley McCart, Alea Medina, Michelle Meza, Catherine Quibrantar, Maya Torres, Natalia Sanchez, Brynn VanderWal, Makayla Vanosse

Manager: Anthony Medina

Coaches: Cedric Hill, Jack Madrid, George Molina, Tony Torres, Jeff Vanosse

Team mom: Natalee Molina

12-Under All-Stars

Chelsea Azevedo, Daniela Barron, Katelyn Colvin, Alexa Diaz, Alexis Duenas, Breanna Lucero, Dy'Mond Manzo, Natalyn Membreno, Isabel Navarro, Sarah Ochoa, Adrina Urias, Mya Veliz

Manager: Jacob Moriel

Coaches: Gabe Azevedo, Luis Duenas

Team mom: Ana Azevedo

14-Under All-Stars

Estrella Anguiano, Amely Arrayga, Caitlyn Azevedo, Brooklyn Bedolla, Gemma Bulthuis, Abigail Hernandez, Kaylee Logan, Daisy Martinez, Maryellen Membreno, Kyla Nunez-O'Leary, Angelina Pool, Jillian Velazquez

Manager: Carlos Acosta

Coaches: Sal Bedolla, Brian Bulthuis

Team mom: Gina Bulthuis

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VALLEY

Continued from page 10

out of the first round three straight seasons after advancing to the quarterfinals in 2012. Valley Christian has advanced to the playoffs eight straight seasons and 13 out of the last 14.

"There were days where I thought there's no way we'll ever going to make this," McGahey said. "And then other days where we would come out and I would watch our girls practice and think they have the potential. It's just putting it to use at the right time."

"It's really exciting to be able to win," Varney said. "It's kind of ideal for us. I was just looking to come out and have some fun. I didn't know what was going to happen. I think we were just all in a great mood and in great spirits today."

CERRITOS

Continued from page 11

tered that game at 23-6 overall and 9-0 in league play. The 23 victories are the most since 2005. The Gladiators also went 24-6 in 1999.

Valley Christian High hosted Whittier Christian on May 12 and is hoping to get an at-large bid. The Crusaders fell to Whittier Christian 9-1 this past Tuesday and was 15-11 overall, 4-7 in the circuit and a game behind Whittier Christian. However, V.C. loses the tiebreaker to the Heralds, having lost the first two games of three games to them.

SOFTBALL

A wild final two weeks of the season has left the Suburban League with tri champions. Norwalk High split a pair of games with La Mirada High last week and Cerritos High this week to end the regular season at 13-9 overall and 9-3 in the league. La Mirada was stunned by sixth place Bellflower High 2-0 this past Wednesday, thus giving the league three teams tied for first place with Mayfair High being the other team to finish 9-3.

Gahr High completed its season with a 12-0 win against Dominguez High this past Tuesday to enter the playoffs at 22-5-2 overall and 10-0 in the San Gabriel Valley League. The Lady Gladiators outscored its league opponents 105-8 and had an earned run average of 0.47 in league action.

Whitney High was supposed to have played Crean Lutheran High this past Wednesday with the final automatic spot from the Academy League to be settled. However, a "miscommunication" between Crean Lutheran personnel forced the game to be a forfeit in favor of Whitney. As of late Wednesday, Whitney was awarded the victory and gets into the playoffs. However, Crean Lutheran was going to file a protest.



Los Cerritos Community Newspaper



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CITY OF NORWALK
NOTICE OF PUBLIC AVAILABILITY OF A NEGATIVE DECLARATION
NOTICE OF PUBLIC HEARING
TEXT AMENDMENT NO. 315
GENERAL PLAN AMENDMENT NO. 313
ZONE CHANGE NO. 355

Date: Wednesday, May 25, 2016
Time: 7:30 p.m. or as soon thereafter as the matter may be heard
Place: City Council Chambers, Norwalk City Hall, 12700 Norwalk Boulevard, Norwalk, CA 90650

Project Description: For the Planning Commission to consider the following applications filed by the City of Norwalk to: 1) conduct a Text Amendment to amend the Municipal Code to establish regulations for the Institutional (I) zone; 2) amend the General Plan to designate certain properties as Institutional on the General Plan Land Use Map and make statistical changes to the land use date contained within the General Plan; and 3) to rezone certain properties to the Institutional (I) zone.

The following properties are affected by the General Plan Amendment and Zone Change applications as follows:

Table with 8 columns: Assessor's Parcel Number, Address, Facility Name, Location Description, Existing General Plan Land Use, Proposed General Plan Land Use, Existing Zoning Designation, Proposed Zoning Designation. Rows include Metropolitan State Hospital, Former California Youth Authority, Norwalk/Santa Fe Springs Transportation Center, and Proposed First Start Center.

The following properties will be re-zoned to the Institutional Zone, consistent with their Institutional General Plan Land Use designation:

Table with 4 columns: Assessor's Parcel Number, Address, Facility Name, Location Description. Rows include Former Senior Center, Norwalk Library, LA County Fire Station No. 20, Norwalk Post Office, LA County Fire Station No. 115, and Norwalk Social Services & Alondra Library.

Environmental Review Information: Pursuant to the California Environmental Quality Act (CEQA) and the CEQA Guidelines of the City of Norwalk, this project will not have a significant effect on the environment and a Negative Declaration has been prepared for the proposed project.

Public Comment: Interested persons are invited to attend this meeting and be heard regarding this matter. Copies of the agenda report for the above-described project will be available for public review at the Community Development Department, Planning Division, Norwalk City Hall, 12700 Norwalk Boulevard, Norwalk.

More Information: Should you have any questions regarding this matter, please contact Beth Chow, Senior Planner, at (562) 929-5953 or bchow@norwalkca.gov.

Accessibility: In compliance with the Americans with Disabilities Act, if you need special assistance to participate in a City meeting or other services offered by this City, please contact the Community Development Department at (562) 929-5744.

Dated this 13th day of May 2016.

/s/ Kurt H. Anderson
Director of Community Development

ABC UNIFIED SCHOOL DISTRICT
NOTICE CALLING FOR BIDS

NOTICE IS HEREBY GIVEN that the ABC Unified School District will receive up to but not later than 11:00 a.m. on May 24, 2016 sealed bids for:

Bid ABC-1467 - Nutrition Services Equipment

All bids shall be made and presented on a form furnished by the District. Bids submitted conform to the terms and conditions stated on said form. Bids shall be received in the office of the Purchasing Department at 16700 Norwalk Blvd., Cerritos, CA., 90703 and shall be opened and publicly read aloud at the above stated time and place.

Published at Los Cerritos Community Newspaper 5/6 and 5/13/16

NOTICE TO CONTRACTORS CALLING FOR BIDS

NOTICE IS HEREBY GIVEN that the ABC UNIFIED SCHOOL will receive up to, but not later than 2:00 PM of the 23rd of May 2016, sealed bids for the award of a contract for:

Bid #ABC- 1470 Installation of Portable Building at Carver and Elliott Elementary School

All bids shall be made and presented on a form furnished by the District. Bids submitted shall conform to the terms and conditions stated on said form. Bids shall be received in the office of the Purchasing Department at 16700 Norwalk Blvd., Cerritos, CA 90703 and shall be opened and publicly read aloud at the above-stated time and place.

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NOTICE OF SALE OF ABANDONED PROPERTY

Notice is given that pursuant to sections 21700-21713 of the Business and Professions Code, Section 2328 of the Commercial Code, Section 535 of the Penal Code, 1812.607, that Cherry Carson RV Storage 4160 Cherry Ave. Long Beach CA, 90807, will sell by competitive bidding by Climer's Auctions (Bond #5181494), on or after May 26th, 2016 @ 10:30 a.m., property belonging to those listed below.

NAME
John Sweredoski

UNIT#
C30

This notice is given in accordance with the provisions of Section 21700 et seq. of the Business and Professions Code of the State of California. Sales subject to prior cancellation in the event of settlement between Owner and obligated party.

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NOTICE OF TRUSTEE'S SALE TS No. CA-14-652822-JP Order No.: 12-0115949 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 4/2/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

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Title Order No.: 8549584 Trustee Sale No.: 2015-00009 Reference No.: 700770 APN No.: 7012-007-053 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A NOTICE OF DELINQUENT ASSESSMENT DATED 11/7/2014. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE.

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Andrew J. Wassef, M.D.
Medical School: Howard University

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Albert M. Tsai, M.D.
Medical School: University of Pennsylvania School of Medicine

A Huntington Beach native, Dr. Tsai is board certified by the American Board of Orthopedic Surgeons and is a Fellow of the American Academy of Orthopedic Surgery. Dr. Tsai obtained additional fellowship training in sports medicine and arthroscopic surgery at the University of California, Los Angeles, where his duties included team coverage of the UCLA Bruins.



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